CHEF'S SOUP OF THE DAY 6
Served with rustic bread and butter.
Contains: 1,7,9
SMOKED SALMON 12.50
Guinness bread, lime ricotta cheese spread, red onion and crispy capers.
Contains: 1, 3, 4, 7, 8, 12
BEETROOT \& PLUM TOMATO SALAD 10
Rocket leaves, buffalo mozzarella and balsamic glaze. Contains: 7, 10, 12

URBAN FOX SMOKED FISH CAKES 8
Smoked haddock, salmon and cod with rocket leaves, confit beetroot and dill tartar sauce. Contains: 1, 3, 4, 9, 10

RASPBERRY GLAZED DUCK PÂTÉ 8
Caramelised onion chutney, grilled ciabatta and crispy bacon. Contains: $1,3,6,7,8,12$

GRILLED PRAWNS 9.50
King prawn skewers on a warm mixed quinoa salad with grilled vegetables.
Contains: 2, 8, 9, 10, 11

## HAM HOCK RILLETTE 8

Slow braised ham hock with pickles, capers, herbs and tempura poached egg, served on grilled ciabatta. Contains: 1, 3, 4, 10

QUINOA \& MIXED BEAN SALAD 11 Rocket leaves, tomatoes, cucumber and red onion, tossed in house dressing. Contains: $8,9,10,11$

CAESAR SALAD 8 / 10 FOR MAIN ADD CHICKEN OR PRAWNS + 3
Cos lettuce, crispy bacon, Grana Padano cheese, tossed in Caesar dressing. Served with sun-dried tomato crackers. Contains: 1, 3, 4, 7

## MAINSO

## SIGNATURE DISH //

## STEAK FRITES 25

8 oz grilled rib eye with grilled mushroom and tomato served with chips and peppercorn sauce Contains: 1, 4, 7, 12

## STRIPLOIN STEAK 27

8 oz grilled Striploin, mushroom and onion fricassee with mashed potatoes and pickled red onion petals. Contains: 7, 9, 10, 12

## GRILLED LAMB CHOPS 28

Organic quinoa ratatouille, grilled courgettes, confit cherry tomatoes, basil pesto and toasted almonds.
Contains: $8,9,10,11$

## GRILLED PORK BELLY 15.50

With mixed bean cassoulet and house light pickled vegetables. Contains: 9,10

GRILLED CHICKEN FILLET 16
Mashed potatoes and broccoli with red wine sauce. Contains: 7, 12

## GRILLED SALMON 19

Crushed baby potatoes, grilled fennel wedges, roast pepper and tomato
sauce vierge. Contains: 4, 7, 9
SEAFOOD BISQUE 18
Prawns, octopus, mussels, salmon and cod, cooked in a rich prawn bisque sauce, with cream and fresh dill.
Served with ciabatta bread. Contains: 1, 2, 4, 7, 9

## CHEF RECOMMENDS //

PAN FRIED SEA BREAM 19
Warm niçoise salad and sea asparagus with caper
butter sauce. Contains: 4, 7, 10

## WILD MUSHROOM PAPPARDELLE 15

Fresh wild mushrooms cooked in a tarragon truffle cream sauce and Grana Padano cheese. Contains: 1, 3, 6, 7, 9

PRAWN LINGUINE 18
Tiger prawns, cherry tomatoes in prawn bisque with rocket \& capers. Contains: $1,2,3,4,6,7,9$

CHIPS 3.50 Contains: $1,3,4$ // SWEET POTATO CHIPS 4 Contans: $1,3,4$ // STEAMED VEGETABLES 3.50 Contans: 7 MASHED POTATOES 4 Contoins: 7 // HOUSE SIDE SALAD 3.50 contrins: 10

