

HEIGHTWORKS TRAINING

- Duration:** 1 Day.
- Audience:** Any person who may have to perform a rescue whilst working at height.
- Course Aim:** To provide enough practical experience and education to competently perform an evacuation of an incapacitated climber from a structure by using an abseil rescue system.
- Syllabus:**
- Pre use inspection of a rescue system
 - Attachment to anchor points
 - Attachment to harness
 - Adjustment of rescue system
 - Descending with 1 person
 - Attachment to casualty
 - Descending with 2 people
 - Understanding suspension intolerance
- Prerequisites:** Suitable work at height qualification/experience.
Reasonable level of health, fitness and aptitude.
- Max. Ratio:** 6 Delegates to 1 instructor.
- Certification Expiry:** The certificate is valid for a maximum of one year.

Throughout the course, the student will be continually assessed and expected to complete a written and practical examination.

Only on successful completion of the whole course and examination will the candidate be issued with a certificate of competency.

This course is designed and delivered using BS8454 (code of practice for the delivery of training and education for work at height and rescue), IRATA international code of practice and equipment manufacturers technical instructions.

