



CARER SUPPORT WORKER Job description

Job title: Carer Support Worker

Location: The Carer Support Worker will work in the

individual's home and in the local community

Day to day responsibility: Care Manager

Hours: Minimum of 16 hours

Overall responsibility: Operational/Registered Manager

Main aims of the post

To provide support to carers and the people they care for by providing practical and emotional support. This will involve the provision of personal and social care, respecting confidentiality at all times within an equal opportunities framework.

Duties to include

- To assist with personal hygiene, for example helping the person with care and support needs to have a bath or shower, to go to the toilet or to care for their skin or hair.
- 2. To assist with dressing / undressing, choice of clothes and personal appearance.
- 3. To support the person with care and support needs with their medication.
- 4. To assist with mobility including the use of wheelchairs, hoists etc.
- 5. To assist with a therapeutic programme designed by a medical professional.
- 6. To provide emotional support, companionship and a safe environment for those in need of supervision and help.
- 7. To carry out basic first aid in the case of minor accidents.
- 8. To report any concerns of abuse or the welfare or safety of any adult or child to a line manager / nominated person / person on call.

www.carmarthenshirecarers.org.uk
Crossroads Care...the people Carers turn to
Gofal Croesffyrdd yw'r bobl mae gofalwyr yn troi atynt

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Charity Registration Number/Rhif Elusen Gof 1121666. Crossroads Care Sir Gâr Limited is a company limited by guarantee registered in England and Wales number/mae yn gwmni cyfyngedig trwy warant Cofrestrwyd yng Nghymru a Lloegr rhif 6199277. Registered Office/Swyddfa Gofrestredig: Suite 11, Tŷ Myrddin, Old Station Road, Carmarthen, SA31 1LP. Crossroads Care is a collective mark/Mae nod masnach Gofal Croesffyrdd yn nod cyfun.

- 9. To undertake specialised tasks as agreed and following appropriate training, for example, administration of medication by specialised techniques, toe nail care and assistance with oxygen therapy.
- To support the person with care needs to access activities outside their home, for example community activities, shopping or attending medical appointments.
- 11. To provide support with organised group activities for people with care needs.
- 12. To prepare meals and drinks and assist individuals with eating / drinking.
- 13. To look after pets.

Health and safety

- 14. To implement, operate and maintain safe systems of work in accordance with Carers Trust policies, procedures and guidance, training and associated risk assessments.
- 15. To report to your manager any issues of concern relating to significant foreseeable risks, incidents (including near misses) and / or accidents which give cause for concern in relation to safe systems of work (affecting your own health and safety or that of others affected by your work activities).

General

- To be committed to safeguarding and promoting the welfare of vulnerable adults and children.
- To work at all times within the philosophy and policies of Carers Trust.
- To comply with the Health & Safety at Work Act 1974 and with Carers Trust policy, paying particular attention to the reporting of dangerous situations.
- To respect the personal choice and lifestyles of colleagues, carers, and people with care needs, ensuring that Equal Opportunity principles are applied at all times.
- To comply with the Code of Conduct.
- To undertake any other duties that may be considered commensurate with the level of the post and that are set out in the care plan.

Person specification

Essential	Desirable
Experience	 Experience of providing care. Experience of working with vulnerable adults and/or children.
Qualifications	
Commitment to undertake Health and Social Care Diploma level 2 within two years of appointment.	 Health and Social Care NVQs level 2 or 3 / Health and Social Care Diploma level 2 or 3.
Skills and abilities	
 Able to develop good working relationships with carers and people with care needs while maintaining appropriate personal boundaries. Able to work independently and take initiative while working within Crossroads Care policies, procedures, guidance. Able to demonstrate care and respect for vulnerable adults and children. Able to demonstrate good verbal and written communication skills. 	
Knowledge	
Understanding of the importance of confidentiality.	 Understanding of the needs of carers.
Other	
 To be committed to safeguarding and promoting the welfare of vulnerable adults and children. Able to work in the area covered in a time and cost effective manner. Drivers will only be permitted to carry service users if they have held a driving license for at least one year and have no more than six points on their license. Applicants must be willing to undergo screening appropriate to the post, including checks with past employers and the Criminal Records Bureau. 	