



Locations Offering Pelvic Health:

- BELLEVUE - Bellevue Physical Therapy P: 425.454.1405 | F: 425.635.9340
- KIRKLAND - Totem Lake Physical Therapy P: 425.823.8631 | F: 425.814.4731
- LYNNWOOD - OrthoSport Physical Therapy P: 425.670.9991 | F: 425.670.9995
- MARYSVILLE - Reaction Physical Therapy P: 360.658.8400 | F: 360.658.2606
- PUYALLUP - Sunrise Physical Therapy P: 253.256.4807 | F: 253.256.4809
- SEATTLE - South Lake Union Physical Therapy P: 206.486.3344 | F: 206.832.4733
- SEATTLE - University Physical Therapy P: 206.347.0414 | F: 206.502.1010

PATIENT NAME _____

PATIENT PHONE _____

DATE OF BIRTH _____

DIAGNOSIS

OBGYN/MUSCULOSKELETAL

- Coccydynia
- Diastasis recti
- Groin/Pubic pain
- Ligament laxity
- Low back pain
- Sciatica
- Sacral pain
- Other _____

PELVIC FLOOR PAIN/TENSION

- Abdominal pain
- Constipation
- Dyspareunia
- Endometriosis
- Interstitial cystitis
- Levator ani syndrome
- Menstrual pain/disorders
- Piriformis syndrome
- Pudendal neuralgia
- Sexual dysfunction
- Testicular pain
- Urinary frequency
- Urinary retention
- Urinary urgency
- Vulvar pain
- Vaginismus
- Other _____

PELVIC FLOOR WEAKNESS

- Cystocele
- Enterocele
- Rectocele
- Urethrocele
- Uterine prolapse
- Other _____

INCONTINENCE

- Fecal incontinence
- Mixed incontinence
- Stress incontinence
- Urge incontinence

POST-SURGICAL CONDITIONS

- Bladder repair
- Cesarean section
- Episiotomy
- Hernia repair
- Hysterectomy
- Laparoscopy
- Mastectomy
- Post-radiation
- Post-prostatectomy
- Other _____

TREATMENT

Evaluate and treat as indicated _____ times/week for _____ weeks

Other _____

Contraindications _____

Physician Signature X _____ Date _____

Physician Name (printed) _____ Phone _____

LOCATIONS OFFERING PELVIC HEALTH

BELLEVUE

Bellevue Physical Therapy
11711 NE 12th Street, Suite 3-A
(Behind Bellevue Medical Imaging)
P: 425.454.1405 | F: 425.635.9340

KIRKLAND

Totem Lake Physical Therapy
12910 Totem Lake Boulevard NE, Suite 105
(Look for SmarTek21 sign above entrance)
P: 425.823.8631 | F: 425.814.4731

LYNNWOOD

OrthoSport Physical Therapy
19217 36th Avenue W., Suite 102
P: 425.670.9991 | F: 425.670.9995

MARYSVILLE (SMOKEY POINT)

Reaction Physical Therapy
2704 171st Place NE, Suite 103
(Across from Starbucks, next to The Wine Shop)
P: 360.658.8400 | F: 360.658.2606

PUYALLUP

Sunrise Physical Therapy
17528 Meridian East, Suite 205
(To the left of Fred Meyer entrance, off 176th St. E)
P: 253.256.4807 | F: 253.256.4809

SEATTLE

South Lake Union Physical Therapy
1000 Dexter Avenue N, Suite 320
(In second building on right, off Aloha St./Dexter)
P: 206.486.3344 | F: 206.832.4733

SEATTLE

University Physical Therapy
906 NE 45th Street
(Corner of NE 45th St./9th Ave.)
P: 206.347.0414 | F: 206.502.1010