

The White House Medico-Legal Services

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Liz Lambert BHS_c (Hons), SROT Occupational Therapist Case Manager

Experience

Liz gained her Degree in Occupational Therapy in 2000, from York University. She is a member of BAOT and HPC. She has worked with children with a wide range of Neurological, Orthopaedic, and Hand Injuries at Sheffield Children's Hospital for the past 12 years.

She has also worked privately with Adults and Children for the past 3 years. This has covered a wide spectrum of disabilities including hemiplegia, acquired brain injuries, amputation and cerebral palsy. Liz has experience of working in hospitals, homes and schools.

Liz started her career in Durham, working with adults with orthopaedic, surgical and neurological conditions. She then went onto specialise in Paediatrics at the Sheffield Children's Hospital. In this role Liz has worked with children and their families to facilitate complex discharges.

She has specialised further into the areas of Neuro Rehabilitation and Hand Injuries. Liz has provided assessments, treatment planning, goal setting and treatment implementation for numerous complex cases. She has expert splinting skills and has excellent knowledge of seating, aids, equipment and adaptations.

Membership and Affiliations

HPCP Registered

British Association of Occupational Therapists (BAOT) Case Management Society of UK (CMSUK)

Key Skills

Liz is able to build a rapport quickly with children and adults and her experience and knowledge base equips her with the ability to carry out comprehensive assessments of needs, provide recommendations for treatment and care packages and work holistically with clients and their families.

Liz is very experienced in liaising with multi disciplinary agencies and can ensure the needs of her clients are met. Goal setting is key to this and Liz can offer support and advice to help clients set specific, measurable, achievable, realistic and timely goals.

Liz has a common sense approach and is extremely organised being able to work to tight deadlines. She has the ability to put people at ease and achieve effective outcomes for her clients and families.

Expertise

- Assessing individuals immediate and future needs;
- Assessing for adaptations in homes and schools;
- Working with children and adults with acquired brain injury, amputation, orthopaedic and hand injuries;
- Working with complex family situations;
- Working effectively within a multi-disciplinary team;
- Supervising therapists and assistants;
- Goal setting and coordinating treatment packages;
- Experience of working with children in a minimally conscious state;
- Facilitating transitions e.g. hospital to home, primary to secondary school;
- Accessing funding through private and statutory avenues.