

How is Targeted Training funded?

Targeted Training is a specialist therapy that falls outside the remit for standard NHS funding.

Our team can submit an application to your local Clinical Commissioning Group to see if they will cover the cost of a course of therapy. If NHS funding is not available we are able to offer advice and discuss the different funding and fundraising options available. As a charity we are also able to offer assistance towards some of the cost. The full cost of a course of therapy is £6250.



How can I be referred to The Movement Centre?

We welcome self-referrals from families and referrals from healthcare professionals. If you would like us to apply for NHS funding, you will need to ask for a referral letter from one of your child's clinicians.



Get in touch

If you would like to find out more about Targeted Training please contact:

The Movement Centre,
The Robert Jones and Agnes Hunt Hospital,
Oswestry, SY10 7AG

Phone: 01691 404248

Email: therapy@the-movement-centre.co.uk

Website: www.the-movement-centre.co.uk

Targeted Training

Helping children gain movement control



The Movement Centre for Targeted Training
A Company Registered in England and Wales
and Limited by Guarantee
Company Registration Number 3713213
Registered Charity Number 1075549

The Movement Centre is a UK registered charity providing a specialist therapy called Targeted Training to help children with movement disabilities gain movement control.



Support is given directly beneath where control is an issue. As each child makes progress the level of support is lowered so that they can continue to develop movement control. This mimics the way in which movement control is naturally developed in a young infant; from the head downwards.



Your course of Targeted Training

Every child has an Initial Assessment to determine if Targeted Training is suitable. If so a specialist standing frame will be supplied. Targeted Training is specific and accurate and you will be given guidance and support to practise the therapy at home. Continuity is important and we ask families to commit to half an hour a day.

Around every 8 weeks we have a scheduled appointment with you at The Movement Centre, lasting 2-3 hours. During these appointments the support on the standing frame may be altered depending on the child's progress. A course of therapy lasts 9-12 months. You will have a dedicated Targeted Training Physiotherapist who will offer support and advice.

What is Targeted Training?

Targeted Training is a specialist form of therapy. It can help children with Cerebral Palsy, Global Developmental Delay, Down Syndrome and other problems affecting movement control to gain functional skills and independence. The therapy draws on specialist physiotherapy and bioengineering.

It is different from other therapies because it works by placing a child in an upright position, using equipment to provide stability and support.

How Targeted Training could help your child

As a result of a course of Targeted Training therapy children have learned to lift their head for the first time, sit unaided or take their first independent steps.

We believe that with the addition of a course of Targeted Training a child is three to four times more likely to gain functional skills than with conventional physiotherapy alone.

