## **NSAC** Publication

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# Healers Do and Don't

#### **Healers Do**

- Do remember to prepare yourself to serve Infinite Intelligence (God), Spirit healers, and others
- Do remember to attune to the healing Spirit energies
- Do remember to put the sitter at ease, have them think love and beauty
- Do remember to learn the local ordinances
- Do remember to open with a silent prayer for the sitter's highest and best good
- Do remember to trust the Infinite and request Spirit to send what is needed
- Do remember you are a representative of Spiritualism and act with honor
- Do remember to break the vibration between sitters by rubbing or rinsing the hands
- Do remember to give a healing with love and compassion
- Do remember the polarity of the hands, right-positive, left-negative
- Do remember to thank God for the positive healing energy

#### Healers Don't

- Don't prescribe or suggest
- Don't manipulate or massage
- Don't promise to cure all ailments or ills
- Don't give messages while giving the healing as this breaks the sitter's attunement
- Don't talk or pray out loud during the healing as this disturbs others
- Don't wave your hands and arms about flamboyantly—this distracts
- Don't give healing when sick with a cold or flu, etc.
- Don't forget that all healing comes from God and you are the instrument
- Don't ask questions about the condition, let your Spirit healers guide you
- Don't forget to live your religion so that you are an example of health and peace
- Don't forget you are not infallible and only God knows what is for a soul's highest and best good

### Spiritualist Healer

A Spiritualist Healer is one who, either through one's own inherent powers or through Mediumship, is able to impart vital, curative force to pathologic conditions.

### **Prayer for Spiritual Healing**

I ask the Great Unseen Healing Force
To remove all obstructions from my mind and body
And to restore me to perfect health.
I ask this in all sincerity and honesty
And I will do my part.
I ask this Great Unseen Healing Force
To help both present and absent ones
Who are in need of help,
And to restore them to perfect health.
I put my trust in the love and power of God.

## **NSAC** Declaration of Principles

(concerning healing)

- 6. We believe that the highest morality is contained in the Golden Rule, "Do unto others as you would have them do unto you."
- 7. We affirm the moral responsibility of individuals, and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
- 8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.
- 9. We affirm that the precepts of Prophecy and Healing are divine attributes proven through Mediumship.



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