





Health Assured

Health Assured is one of the leading Employee Assistance Programme (EAP) and Occupational Health (OH) providers in the UK dealing with many of the UK's leading organisations across private, public and non-profit sectors. With vast experience and a proven track record in delivering innovative and robust solutions which benefit employees and drive best value for employers.

Our staff have many years of experience of dealing with EAP's and all the issues which surround stress related absence, well-being and preventing employee litigation.

Health Assured provides a range of products and services, ranging from Traditional EAP Telephone Assistance programmes to Assured Absence Management combining traditional EAP support with Occupational Health services.



What is an Employee Assistance Programme?

An Employee Assistance Programme is provided by employers for employees, to help them deal with personal and professional problems which could be affecting their workplace performance, productivity, health and well-being.

A confidential telephone helpline is available and dependent on the nature of your employee's issue, telephone and face to face counselling can be provided by fully qualified professionals.

Why should I offer this service to my employees?

Within any workplace environment employees can have problems or issues they are dealing with. Different people cope and manage these issues in different ways, occasionally these will be brought to your attention, impacting on your time and company resources. The effect of these issues could result in short or long term absence or a decline in workplace performance. By providing an Employee Assistance Programme you will be demonstrating a "duty of care" to your employees, ensuring they can have immediate access to help and advice 24 hours a day, 7 days a week, 365 days a year.

For a modest cost you will be providing a benefit to your employees; which has real value and currently they have no access to. The cost of one day's SSP (Statutory Sick Pay) is more than the premium, in most cases, payable for each employee, per annum.

How will my employees benefit?

By having unlimited availability to telephone helplines 24 hours a day, 365 days a year, your employees have immediate access to counsellors who will be able to assist with any personal problems or issues they may have. Counsellors will provide practical support, guidance and recommend appropriate solutions to address the difficulties they are dealing with.

Employees can receive structured telephone counselling or up to eight sessions of face to face counselling, ensuring they are taking positive actions which can help them personally and professionally.

How will my business benefit?

By providing support to your employees through an Employee Assistance Programme you're demonstrating a "duty of care", emphasising your commitment to their health and well-being.

By providing access to a highly skilled and professional network of counselling professionals you can concentrate on running your business, safe in the fact, your employees are well looked after. It is proven fact, long and short term absenteeism is reduced by providing Employee Assistance Programmes. Immediate support is available and employee productivity improves as a result of the employee being able to tackle their problem.

Why Health Assured?

- Unlimited telephone helpline access 24/7, 365 days a year.
- Health Assured is the only EAP provider in the UK to be endorsed by the Stress Management Society.
- The only provider with "Active Care". Day one intervention for stress, providing the employer with Occupational Health support on the first day an employee provides a doctors certificate for stress, anxiety or depression.
- The only EAP provider to offer 8 sessions of face to face counselling against an industry average of 5 or 6.
- Inclusion of Cognitive Behavioural Therapy (CBT) with the face to face sessions.
- The only provider to include HSE approved personal coaching and lifestyle tool as standard.
- The provision of Online Health Assessments of which a recent audit showed 38% of users felt significantly healthier and had better lifestyle habits within just 90 days.
- Web based launched presentations, e-mail broadcasts of the benefits and individual employee leaflets and wallet card.



Health Assured provides... Marketing Support

Health Assured tailor a marketing programme to meet your exact requirements. We will provide all the documentation, posters, web presentations, employee leaflets and wallet cards, quarterly management information and a dedicated account manager.

Health Assured Online

Our online health portal provides each and every member of staff with instant and unlimited access to emotional support video content and fact sheets together with fitness videos and informative, yet easily digested medical information sheets.

State of art personal coaching tool and health assessments sit here too. These include fitness and nutritional advice to encourage active health promotion and wellness - a key function recognised in reducing absence levels in the workplace.

Online pre-commencement tools are also an effective way of screening every new recruit joining your organisation. Minimising the risk for employers at the time of appointment and ensuring compliance with the Equality Act 2010. Every report is individually reviewed by the clinical team and a telephone consultation is undertaken if clinically required at no additional charge.

Active Care - Day 1 intervention for stress

It's not an exaggeration to state Active Care has revolutionised the EAP market. Moving the model from passive, reactive care to proactive and interventional, for the immense benefit of both employer and employee.

Active Care, the Day 1 occupational health intervention for stress related absence is a unique and highly significant element of the Health Assured offering. A qualified Occupational Health Nurse will engage the individual employee in a supportive and impartial manner to gain an understanding of their specific needs.

This early, specialist intervention achieves very positive outcomes, with some 94.7% of employees returning to work within 14 days of the consultation.

Other Services

Health Assured provides a suite of additional services to employers across the UK:

- Return to Work Interviews
- Telephone Occupational Health Consultations
- Face to Face Occupational Health Consultations
- Post trauma support onsite
- Health Screening
- Onsite health surveillance
- DSE assessments
- Mediation services

You don't have to be an EAP customer to enjoy our additional services.

To find out more call us on 0844 8922 493 or visit our website at www.healthassured.co.uk

Health Assured - Enhanced benefits at a glance.

Our core EAP products - packed with additional benefits to deliver better support for employees and greater value for you the employer.

	Telephone Assistance Plus	Traditional EAP Plus	Assured EAP	Assured Absence Management
Telephone Helplines	✓	✓	✓	✓
Structured Telephone Counselling	✓	✓	✓	✓
Post Trauma Support	✓	✓	✓	✓
GP Call Back & Medical Advice	✓	✓	✓	✓
Commercial Legal Advice for HR	✓	✓	✓	✓
Online Health Portal	✓	✓	✓	✓
Online Health Assessments	✓	✓	✓	✓
Online Personal Coaching Tools	✓	✓	✓	✓
Active Care	OPTIONAL	✓	✓	✓
Face to Face Counselling (8)		✓	✓	✓
Cognitive Behavioural Therapy		✓	✓	✓
Serious Illness & Accident Support		✓	✓	✓
Pre-commencement Screening			✓	✓
Night worker screening			✓	✓
Health Surveillance Audit			✓	✓
OH Management Referrals				✓
Legal Indemnity £100,000				✓

The fastest growing EAP in the UK, with good reason! Health Assured provide the most comprehensive benefits available from any EAP company in Europe, highly competitive rates, supported by levels of customer service which are second to none.



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