



Course Syllabus

2 Day First Aid at Work Re-qualification

This course is aimed at qualified workplace First Aiders who's First Aid at Work certificate is due to expire or that is within the 28 day grace period after expiration.

Their original certificate may have been issued by any Approved training organisation.

The course offers a refresher of all subjects taught on the 3 Day Statutory First Aid at Work course:

- Aims and principles of first aid
- Prevention of cross-infection during first aid procedures
- Basic Life Support (CPR)
- Management of the unconscious casualty
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- How to deal with burns, poisoning and eye injuries
- Assessment and treatment of common major and minor illnesses e.g. epilepsy, diabetes, asthma
- Legal aspects of first aid at work - such as record keeping
- Managing cardiac circulation, asthma attacks and choking
- Management of fractures and dislocation

Certification

Upon successful completion of the course and final assessment, candidates will be awarded a nationally recognised First Aid at Work Certificate.

This will be valid for three years.

Next Step?

Contact our Learning & Development team at Aspen Wolf Ltd on 0191 581 1000 to discuss your specific training needs.