

COCCYGEAL INJECTION

What is a coccygeal injection?

The coccyx is your tailbone. When the joints in your coccyx become inflamed or irritated, they can cause pain, typically when sitting. This steroid injection works to provide relief from this pain. The injection will provide relief by reducing swelling and irritation in the joints of the tailbone.

Who is it for?

Coccygeal injections have benefited many patients suffering from a variety of coccyx pain sources:

- ◆ Prior Fracture
- ◆ Sprain / strain of the sacrococcygeal junction or intercoccygeal segments
- ◆ Tumor
- ◆ Degenerative changes



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What to expect:

The skin above the injection site is numbed using a local anesthetic. A needle is inserted into the coccygeal joints under fluoroscopy (x-ray) guidance. A mixture of numbing medication and steroid medication will be injected into and around the joints of your tailbone.



Ask Your Synergy Team

If you have questions regarding this or any other treatment option, just ask! Synergy brings together the best from multiple disciplines to provide a variety of treatment options. You have a team of specialists, focusing on your unique condition, and working together to develop the best possible solution.

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