



Black Lion Swimming Club

Affiliated to M.A.S.A., K.C.A.S.A., S.E.S.E.R, R.L.S.S.

Black Lion Development Meet

7th March 2020

License No: 3SE200491

PROGRAMME OF EVENTS

Saturday 7th March 2020

Session 1

- | | |
|---------------------------|-------|
| 1. 100m Individual Medley | Boys |
| 2. 100m Freestyle | Girls |
| 3. 50m Freestyle | Boys |
| 4. 50m Breaststroke | Girls |
| 5. 100m Breaststroke | Boys |
| 6. 100m Backstroke | Girls |
| 7. 50m Backstroke | Boys |
| 8. 50m Butterfly | Girls |
| 9. 100m Butterfly | Boys |

Warm Up: 08:30

Start: 09:30

Session 2

- | | |
|----------------------------|-------|
| 10. 100m Individual Medley | Girls |
| 11. 100m Freestyle | Boys |
| 12. 50m Freestyle | Girls |
| 13. 50m Breaststroke | Boys |
| 14. 100m Breaststroke | Girls |
| 15. 100m Backstroke | Boys |
| 16. 50m Backstroke | Girls |
| 17. 50m Butterfly | Boys |
| 18. 100m Butterfly | Girls |

Warm Up: tbc

Start: tbc