Constantia von Holst



Constantia von Holst was born in 1804. Her parents were Matthias Holst and Katherine Rogge, and her brothers were Gustavus and Theodor. Constantia had a very close relationship with her parents and brothers, which is shown in her letters. She also shared her family's artistic talents and was a good singer — she hoped to train as a professional singer and become an actress.

Constantia also helped her brother Theodor by posing as a model in a number of his paintings – he also painted two portraits of her. However, her family did not have enough money to send her for any artistic training. She therefore secured her financial future by marrying a Professor of Languages, with whom she had four children.

Nothing more is known about Constantia's life or her death.