

TVA News Bulletin April 2019



Actively supporting the contribution of
individuals, through voluntary action.
Charity Registration No: 1097079
Company No: 4603713



www.tvawales.org.uk
Charity Registration No.
1097079

In this bulletin:

TVA's News: -

- The good news continues!
- A very busy couple of months!
- GAVO/TVA - Gwent Third Sector Management Network Event - Thursday 9th May 2019
- Volunteers Week: June 1st - 7th 2019
- TVA hosting 'Afternoon Tea Celebration for Volunteers'
- 'Ladies Day Afternoon Tea' - Widdershins
- 'Turn2us' - Helpline Service for those struggling financially

- Do you know anyone who is struggling financially and looking for some support?
- Coffee, Cake & Info Day - Torfaen MS Group
- Invitation to LGBTIQ Gypsy, Roma & Traveller Conference - 4th July, Cardiff Bay
- Volunteer with Llamau's 'Youth Homeless Helpline'
- April is Bowel Cancer Awareness Month!
- Volunteer Opportunities this month!

TORFAEN VOLUNTARY ALLIANCE - THE GOOD NEWS CONTINUES!



TVA would like to take this opportunity to highlight just how active Torfaen Voluntary Alliance (TVA) is and share the continued good news. During the one month of March TVA had **382** visitors through their reception door at Portland Buildings. All were met and welcomed by our, small, but very dedicated staff team.

These numbers represent how active, and proactive, TVA is, as an organisation, and the added value that we bring.

During April, as of today, the 30th and considering this also includes the Easter bank holiday period, Torfaen Voluntary Alliance has actively engaged with **41** organisations through various interactions.

We hope you agree that this is good news worth sharing and we are happy to say we are receiving very positive feedback!

For support/information, please contact TVA by e-mail at info@tvawales.org.uk or telephone our reception on 01495 742420.

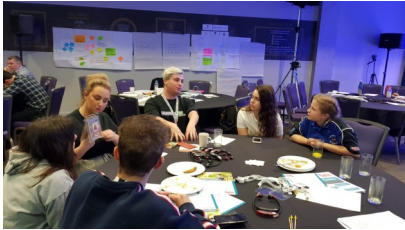
Alternatively visit our website www.tvawales.org.uk,



Llywodraeth Cymru
Welsh Government

TVA HAVE HAD A BUSY COUPLE OF MONTHS!!

Youth Volunteering Showcase Event, Cardiff City Stadium, 21st March: TVA attended this event which was organised to recognise and celebrate youth volunteering. TVA took members of our Youth Led Grants panel and a representative from a funded project. The panel also had the opportunity to watch the Volunteering Matters 'Safe Males Mate Crime' video a Torfaen Youth Led Grant funded project.



gofad3 Third Sector Event, Cardiff City Stadium 21st March : Anne Evans and Aimi Morris from TVA attended this event. Aimi is pictured below with the First Minister of Wales, Rt Hon Mark Drakeford AM. TVA members of staff also attended and supported The Third Sector Support Wales stand.



One Voice Wales Annual Conference & Awards, Builth Wells, 28th March: Callum Jones, from TVA attended and supported this event. Pontypool Community Council won the award for 'Youth Engagement,' this was due to their work establishing a Youth Council and twinning trip to France last year, again supported by TVA.



Pontypool Community Council Annual Dinner, 5th April: Callum Jones from TVA attended this event where guests celebrated Pontypool Community Council's win for Youth Engagement.



Callum Jones is pictured above with (left to right) Lord Murphy, Nick Thomas-Symonds, MP, Cllr Matthew Ford, Caitlin Takel, Member of the Youth Council, Cllr Gaynor James, Callum Jones, TVA and Cllr Anthony Hunt, Leader of Torfaen.

Gwent Third Sector Volunteer Management Network

Limited spaces
available!



Cefnogi Trydydd
Sector Cymru
Third Sector
Support Wales

Book your
place now!

Thursday 9th May, 9am - 12.30pm Blaenavon Workmen's Hall

This is our first Network of 2019 and a learning event for anybody who works with, and supports, volunteers across Gwent.

Based on feedback from our last event, the focus this time will be Recruitment & Retention, Involving Young People and using Social Media to promote your Organisations and Opportunities. This along with updates for the sector with presentations from key note speakers (detailed below) will ensure that you feel more supported and up to date with your Volunteer Management.

Book your place now - <https://t.co/q4xD1H2O4Z>

Key Speakers:



1. Fiona Liddell, Volunteering Development Manager, Wales Council for Voluntary Action will be updating you on the national support and resources available to you.

2. Felicitie Walls, WCVA Volunteering Grants and Youth Development Manager will share information on youth volunteering developments

and Grants available to you and give advice on how to involve young people in your Organisation.

3. Steven Hall, Implementation Consultant, Team Kinetic, will talk you through the changes to the Volunteering Wales website and the functions available via the platform, to help you to recruit and manage your



Volunteers effectively. He will then invite questions from the floor.

<https://volunteering-wales.net/vk/volunteers/index.htm>

4. Digital Communities Wales, will deliver an information session on how to effectively use Social Media to engage with your Volunteers.



<https://www.digitalcommunities.gov.wales/>

You will have the chance to meet your CVC Volunteering Support Team, from GAVO and TVA who cover Blaenau Gwent, Caerphilly, Monmouthshire, Newport and Torfaen and find out how they can support you with 'all things volunteering' and go through some Top Tips for Recruitment & Retention.

<http://tvawales.org.uk/what-we-do/volunteering/>

In addition, you will be invited to take part in Table Talk Discussions about topics that are important to you, followed by Questions and topical discussions.

Don't miss this opportunity to:

Come along to chat, network with others (last 45 minutes of the Event), share ideas and best practice. You can find out what is happening in other parts of Gwent by taking the time to visit the Information tables available, throughout the morning. You can also find out more about registering on Info Engine, the online directory of Third Sector services in Wales <https://en.infoengine.cymru/>



GAVO and TVA Volunteering staff will be on hand to provide you with information, advice and wider support throughout the whole Event and we look forward to seeing you there.

VOLUNTEERS WEEK (JUNE 1st - 7th)

Volunteers' Week is fast approaching and TVA are planning to visit local voluntary organisations and their volunteers throughout this week.

Does your organisation recruit volunteers? We would love to come and meet them this Volunteers' Week 2019.

'Afternoon Tea Celebration'

TVA are also planning a celebration during the course of this week; this will take the form of an Afternoon Tea; if you are a volunteer and would like to attend or would like to bring along a group of your volunteers, please contact Callum to book a place; details below. Further information on this event will follow nearer the date.



Let us know how you are celebrating, please feel free to get in touch on 01495 742465 or callum@tvawales.org.uk



Ladies Day Afternoon Tea

Featuring live music from
Ellen Williams and Rhiannon Pritchard
Soprano and Piano



Guests will be welcomed with a complimentary glass of bubbles to enjoy with their vintage afternoon tea.

You could also be in the running to win our Best Dressed competition.

"Dress To Impress"

19th June 2019, 2:00 pm-3:30 pm
Widdershins Centre
£9.99 per person

Contact 01495 769264 to book.



Age Connects Torfaen is the operating title of Age Concern Torfaen

Independent • Local • Listening

www.ageconnectstorfaen.org

Charity Number: 1172466

TURN2US



Turn2us, is a national charity providing practical help for people who are struggling financially. They are currently carrying out a project to raise awareness of their helpline:

Freephone Helpline: 0808 802 2000

Monday to Friday 9am to 5:30pm

In particular, we are hoping to promote our helpline service to older people and people with disabilities in your area to find out what financial support may be available to them.

Over 9.4 million people visited the Turn2us website last year and their helpline handled 65,000 calls from people who needed help understanding their benefit entitlement or finding charitable grants they are eligible for. In particular they offer:

- **A Benefits Calculator** – so people can find out what welfare support they are entitled to; and
- **A Grants Search** – where they can help people find financial support from over 1700 charitable funds.

Turn2us are contacting charities and organisations that may work with older or disabled people to see if you would be interested in receiving leaflets, posters and other marketing materials to promote their helpline to the people you support. Please let me know if you would like me to send you some.

In addition, if you are interested in finding out anything more about their services or ways in which you can work together please don't hesitate to get in touch with them.

For more information on the support/training Turn2us provides for intermediaries, please visit - www.turn2us.org.uk/Working-With-Us

Do you know anyone who is struggling financially and looking for some support?



There are services across Torfaen that can help people who are in financial difficulty. They can offer support with benefits and debt advice, offer hardship support to purchase gas, electric and basic household items and provide foodbank vouchers.

Building Resilient Communities Financial Inclusion Team

Helen Jenkins 01495 742855/07834555055 Helen.Jenkins@Torfaen.gov.uk

Citizens Advice

Call 03444 77 20 20 or email reception@torfaencab.org.uk or call into one of our [offices](#) or outreach locations.



Hafan Cymru (Family Support)

Vanessa Morris 07788 649 Vanessa.Morris@hafancymru.co.uk

Hannah Berry 07768507604

Hannah.Berry@hafancymru.co.uk



Bron Afon Community Housing (Tenancy Support)

Jade Glastonbury 01633 620444 jade.glastonbury@bronaafon.org.uk

Melin Homes - Money Advice Team email: moneyadvice@melinhomes.co.uk or call 01495 745910.

Supporting People Housing Support Services

Services funded through the Supporting People Programme can help people who may be at risk of losing their home or struggling to access accommodation to meet their needs. We have a range of options to assist including financial inclusion support, 1-2-1 support tailored to your needs, rop in surgeries or supported housing. Call Gateway on 01495 766949.



Sianny



Torfaen & District MS Group



Coffe, Cake and Information Afternoon

Friday 3rd May, 2019
1.30pm - 3.30pm
St Mary's Church Hall,
The Highway, New Inn, Pontypool,
NP4 0PH
We look forward to welcoming you there!

We're the MS Society. Our community is here for you through the highs, lows and everything in between. We understand what life's like with MS. Together, we are strong enough to stop MS.

02921678926/07850514242 Sian.Tucker@mssociety.org.uk mssociety.org.uk



Multiple Sclerosis Society. Registered charity nos 1139257 / SC041990. Registered as a limited company in England and Wales 07451571



INVITATION TO LGBTIQ Gypsy, Roma & Traveller Conference

The National Assembly for Wales, Cardiff Bay, Cardiff, CF99 1NA
Thursday 4th July 2019 – 18.00pm – 20.00pm

Jane Hutt, Deputy Minister and Chief Whip will open the event

The Romani Cultural & Arts Company (RCAC) is proud to invite you to the LGBTIQ Gypsy, Roma & Traveller (GRT) Conference. The event, hosted by National Assembly for Wales, will feature Dr Daniel Baker (England) and Christine Lee (Wales) plus guests including Vera Kurtic (Council of Europe/Serbia) Dezsó Mate (Hungary). This varied range of speakers with their diverse areas of expertise will open up debate regarding LGBTIQ issues as they relate to GRT individuals and communities.

This event is one of many that RCAC is currently co-ordinating. We are excited to be giving a 'minority within a minority' a platform and a voice. This LGBTIQ GRT conference presents a unique opportunity to participate in discussion with an international panel of inspiring speakers.

Dr Daniel Baker, Romani artist, curator and academic says: "Discussions regarding the significance of intersecting identities are more important than ever. By recognising commonalities across difference through shared experience and knowledge we move closer toward a more caring society."

Isaac Blake; Director of the Romani Cultural & Arts Company says: "An open, tolerant society cannot pick and choose which groups should merit tolerance and understanding. Every individual living on our beautiful planet deserves to be judged on their own words and actions; not on their race, nationality, religion, sexuality or family background. Let's stand together and be proud of the amazing diversity that humanity encompasses."

Christine Lee, Romani Cultural and Arts Company Community Champion says: "Meaningful change for the LGBTQI Gypsy, Roma and Traveller community is not going to come from just knowing more information, but from doing something with it."



'Volunteer with the Youth Homeless Helpline'

The #YouthHomelessHelpline is looking for volunteers to answer calls and help at risk young people to access support and keep themselves safe. If you are driven to end youth homelessness and can donate your time and skills, we'd love to hear from you <https://www.llamau.org.uk/.../Cate.../volunteering-opportunities>



Youth Homeless Helpline

Not sure where you're going to sleep tonight?
We're here to help you when you need it most.

Freephone 0800 328 0292

END YOUTH CYMRU

Llamau

'Help Shape the future of Environmental Volunteering in Torfaen!'

The council would like to invite all existing or new environmental volunteer groups in Torfaen to a workshop on **Saturday 11th May** between 10am-12pm at Pontypool Active Living Centre. The aim of the workshop is to:

- engage with all environmental volunteering groups, including those that may not have contacted the council previously
- discuss what type of support environmental volunteer groups need going forward
- discuss what the council can do to help retain existing volunteers
- discuss promotional materials and ideas for environmental volunteering

If you are an environmental volunteering group and would like to send a representative (or two) along to our workshop please email rosie.seabourne@torfaen.gov.uk or call 01495 762200.

Bowel Cancer Awareness Month

CANCER RESEARCH WALES
YMC HWIL CANCER CYMRU 

Every year over **2,000 PEOPLE** 
are diagnosed with Bowel Cancer in Wales.



It is the **2nd BIGGEST** **CANCER KILLER** in Wales.

920
PEOPLE DIE
every year from





 **IF** bowel cancer is diagnosed **AT THE EARLIEST STAGE** of people will survive **95% FOR 5 YEARS**

DONATE TODAY!

Help us to continue saving lives and funding world class research.



- Scan our QR Code
- Visit cancerresearchwales.co.uk
- Or call 02920 316 976

 /cancerresearchwales
 @cancer_wales

crw@wales.nhs.uk | 029 2031 6976 | cancerresearchwales.co.uk

Registered Charitable Incorporated Organisation No: 1167290
Statistics from Public Health Wales (<http://www.wcis.wales.nhs.uk>, retrieved March 2019)



Garnsychan Partnership—Furniture Restorer

At the Circulate furniture recycling scheme, our team of volunteers restore donated furniture to ensure it is in a condition to be resold. From sanding and painting, to adding the finishing touches, there's a lot to be done. When furniture cannot be salvaged we use the materials to make items such as plant pots and bird houses, so nothing goes to waste! This is a great opportunity for anyone interested in carpentry and hands on roles. Volunteers have the opportunity to help out with deliveries, warehousing and portable appliance testing.

**VOLUNTEERS
WANTED!**

Interested in these opportunities?

Want to get involved?

Give us a call on 01495 742420

TVA —Torfaen Youth Grant Panel Member

Are you aged between 14 & 25? If yes, then we need your help to make up the Torfaen Youth Panel of 2019/20. This is a great opportunity to get involved and have your say on what youth led projects are funded in your area.

Torfaen Youth Grant is aimed at funding a range of small volunteering projects and activities that are led and carried out by young people. Applications are selected and recommended by the youth panel.

For more information or to get involved, contact us on 01495 742420.

Garnsychan Partnership—Gardening and Landscaping Volunteers

At 'Growing The Veg Box' we grow our own fruit, vegetables and herbs for community members to purchase at a lower cost than they could elsewhere. We are always looking for green-fingered volunteers to help with our project. From growing veg and maintaining the garden, to harvesting and weighing produce, there's plenty to get stuck into! We provide a supportive environment with an excellent team to work with.

Garnsychan Partnership—Lunch Club Volunteers

The Lunch Club is a great example of the way in which Garnsychan Partnership supports the local community. We provide a tasty and nutritious three course meal and a warm and friendly atmosphere to the older people in our community. We have one paid chef, and a team of dedicated volunteers. Without them, we just couldn't provide this service. We are looking for volunteers to help with food service and preparation.

Citizens Advice Torfaen—Trustee

Citizens Advice Torfaen are looking to enrich its Board of Trustees.

Each individual member of the trustee board has a responsibility to contribute to the discharging of the board's duties. They can do this by:

- Maintaining an awareness of the business of the bureau
- Taking responsibility for their own learning and development
- Regularly attending, preparing for and taking a full part in meetings
- Actively contributing to setting policy and strategic direction, defining goals, setting targets and evaluating performance
- Monitoring whether the service complies with its governing document, whether it meets Citizens Advice standards and how well the advice needs of the local community are being met
- Monitoring the financial position of the bureau and ensuring that it operates within its means and objects, and that there are clear lines of accountability for day-to-day financial management
- Supporting the development of the bureau through participation in agreed projects
- Actively seeking to further the strategic objectives of the bureau, and acting in the best interests of the bureau at all times
- Maintaining confidentiality about any sensitive/confidential information received in the course of duties as a trustee.