

Snoring and Sleep Apnoea Treatment

Ama has established both National and International expertise in the field. He is regarded as the leading UK authority on the management of snoring and obstructive sleep apnoea using mandibular advancement appliances, having completed a PhD in the field.



Ama provides a customised treatment for both Snoring and Obstructive Sleep Apnoea (a serious medical condition in which a person stops breathing whilst asleep with medical complications).

Treatment permits the lower jaw to be advanced in a gradual manner and so opening the airway and clearing the obstruction whilst allowing the patient to adapt more gradually to the device. This treatment is now both nationally and internationally recognised in the management of snoring and obstructive sleep apnoea.



If you have any Questions?

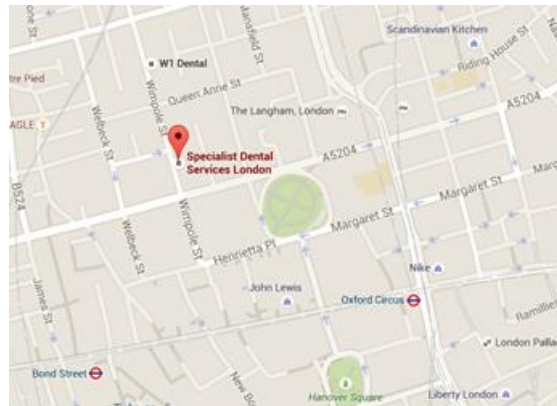
If you have any questions relating to either Orthodontic treatment or Snoring and Sleep Apnoea, and would like to arrange your Specialist Consultation with Ama, please contact us



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You can also find us on Facebook and Twitter



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**Interested in
straightening your teeth
OR
just a good night's sleep?**

Orthodontics is the art of achieving a beautiful smile, naturally.....



Snoring and sleep apnoea treatment can not only improve your sleep quality but also that of your PARTNER'S.....



Dr Ama Johal
Consultant Orthodontist

BDS, MSc, PhD, FDS RCS,
DMS, MOrth RCS, FDS
(Orth) RCS

Ama is a Senior University Academic & Consultant Orthodontist at Bart's and The London School of Medicine and Dentistry.

Both his clinical and research work has been rewarded with numerous National and International prizes from the British Orthodontic Society, European Orthodontic Society, British Dental Association, The Craniofacial Society of Great Britain, The General Dental Council and The Society for the Study of Prosthetic Dentistry. He is an invited lecturer, both nationally and internationally, appearing as a guest speaker at numerous conferences and has published widely in International journals.

Ama has been actively involved in the training of Dentists and Orthodontists for over 20 years. He is one of only 4 UK Orthodontists to be a member of the Angle Society of Europe, a group of Orthodontists dedicated to providing the highest standards of clinical care.

Who could have Orthodontics & what will the brace look like?

Orthodontic treatment can be provided at **ANY** age from childhood to adulthood, with modern braces which can be: tooth-coloured (Ceramic

Orthodontics is for ANYONE who is unhappy with the appearance of their teeth or bite – offering a natural solution.

braces), clear removable aligners (such as Invisalign®) or completely invisible inside (lingual braces).

Tooth coloured (Ceramic) Braces:



Clear aligners (Invisalign®):



Invisible Inside (Incognito®) Braces:



For more information on the braces we use, please visit our website:

www.SpecialistDentalServices.com

Orthodontics in **Children** is designed to treat a wide range of problems from:

- Crooked teeth
- Protruding front teeth
- Reverse bites
- Missing teeth unattractive Gaps between the teeth.

Orthodontics in **Adults** can be used to treat the same range of problems seen in children, with increasing numbers of adults now seeking treatment as the benefits of braces in achieving beautiful natural smiles is becoming more evident. With Ama's specialist training he can work with your dentist, periodontist and implantologist for a smile that looks as great as it feels.

How Do I Get Brace Treatment?

In the First instance, you will require a Specialist Consultation appointment with Dr Ama Johal, to discuss the options for treatment. Following this, brace treatment can be easily organised. A range of appointment times are available to suit children and adults.

