

feeding better behaviour, learning and mood

the gut, brain and nutrition connection

2015 evening seminar programme

by Food and Behaviour Research



- Bristol: Thursday 26 February
- Manchester: Wednesday 1 April
- University of Warwick: Thursday 30 April
- Sheffield: Thursday 28 May
- Edinburgh: Thursday 25 June

Seats from £15 per person

visit fabresearch.org for full details

01463 667319 events@fabresearch.org

Discussions include:

- **Nutrition and behaviour and learning**
- **Evidence-Based Dietary Interventions for Behaviour and Learning**
Dr Alex Richardson, Senior Research Fellow at the Centre for Evidence Based Intervention, University of Oxford; Founder Director, FAB Research
- **How to influence food choices in the context of current family food culture**
- **Nutrition science in practice**
David Rex RD, Care & Learning Directorate, Children's Services, Highland Council, and
Kevin Williamson, Senior Nutritionist, Rotherham Doncaster and South Humber NHS Foundation Trust



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