

## **BREATHE-LINK UPDATES & RE-INSTALLATION GUIDELINES**

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## Breathe-Link Updates & Reinstallation

### 1. Overview

Due to the nature of the updates made for the Breathe-Link v.1.1.0. Update release there is an advised best practice procedure for Installing/Reinstalling the Breathe-Link Software. This document outlines the best practice for efficient use of any future Breathe-Link installations.

#### 1.1. List of Breathe-Link Software Versions

There are currently 3 available releases for the Breathe-Link Software

1. **K5 V.1.0.0.** This is the original & now legacy version of the Breathe-Link K5 software.
2. **K5 V.1.1.0.** The latest Breathe-Link Update software for the K5.
3. **K4 V.1.1.0.** The latest Breathe-Link Update software for the K4.

#### 1.2. Two Golden Rules

1. Always save the UserData directory before an uninstall or any significant modifications to your PC setup. See below in Appendix A (XP) & Appendix B (Vista & Windows 7) for detailed instructions.
2. Always create a new User Login before recording session data. Don't Use the Test, Sample example data that comes with installation of the software.

### 2. Best Practice Procedure for Breathe-Link Installations.

All users are advised to install the latest available version of BreatheLink software. If you are a new user and installing the latest v.1.1.0. Software for either the K4 or the K5 then the procedure is simple and you should follow the best practice for that installation.

#### 2.1. Fresh Installation of Breathe-Link Update Version 1.1.0. for XP Users (No previous installations of Breathe-Link software)

- I. Download Installation Package
- II. Double Click on setup1-1-0K5.exe or setup1-1-0K4.exe
- III. Follow onscreen instructions and install to default installation directory C:\Program Files\BreatheLink\

## **2.2. Fresh Installation of BreatheLink Update Version 1.1.0. for Vista & Windows 7 Users (No previous installations of BreatheLink software)**

- I. Download Installation Package
- II. Double Click on setup1-1-0K5.exe or setup1-1-0K4.exe
- III. Follow onscreen instructions and install to default installation directory C:\Program Files (x86)\BreatheLink\

## **2.3. Update Installation of v.1.1.0. Over an Existing BreatheLink v.1.0.0. K5 Installation**

### **2.3.1. XP (See Appendices for detailed instructions on each stage)**

1. Save UserData directory from old installation directory C:\Program Files\BreatheLink v100b\ (See Appendix A)
2. Download Update setup1-1-0K5.exe or setup1-1-0K4.exe
3. Uninstall Breathe-Link \*Only after saving UserData directory.\*
4. Install Update to Default Directory. C:\Program Files\BreatheLink\ If warned that the directory already exists click yes to confirm installation to that location.
5. Delete the newly installed UserData directory: C:\Program Files\BreatheLink\UserData\
6. Copy UserData directory saved in 1. Above into installation directory: C:\Program Files\BreatheLink\UserData\

### **2.3.2. Vista & Windows 7 (See Appendices for detailed instructions on each stage)**

1. Save UserData directory – from old Virtual Store location C:\Users\[Current User]\AppData\Local\VirtualStore\Program Files (x86)\BreatheLink v100b\ (See Appendix B)
2. Download Update setup1-1-0K5.exe or setup1-1-0K4.exe
3. Uninstall BreatheLink \*Only after saving UserData directory.\*
4. Install Update to Default Directory. C:\Program Files (x86)\BreatheLink\ If warned that the directory already exists click yes to confirm installation to that location.
5. Delete New UserData directory in installation directory:
6. C:\Program Files (x86)\BreatheLink\UserData\ If asked to confirm deletion click to confirm.
7. Copy UserData directory saved in 1. above into new installation directory:
8. C:\Program Files (x86)\BreatheLink\UserData\

## 2.4. Alternative Easy Approach for Updating K5 Software to v.1.1.0. with Vista & Windows7

1. Save UserData directory from old Virtual Store (Strongly recommended but not essential) (See Appendix B)
2. Download Update setup1-1-0K5.exe or setup1-1-0K4.exe
3. Uninstall Breathe-Link.
4. Install Update to old installation directory: Default for v.1.0.0. is C:\Program Files (x86)\BreatheLink v100b\  
(#Note: Make Sure that a /BreatheLink/ directory is not appended to the end of the path!)

## 2.5. Fixing XP Installation if UserData Directory has Not Been Saved

If the user has uninstalled Breathe-Link before saving the **UserData** directory, it may still be possible to use the data that has been saved in the UserData directory after the uninstallation.

1. Breathe-Link already Uninstalled otherwise: Save UserData directory from old installation directory **C:\Program Files\BreatheLink v100b\** (See Appendix A) & continue as in 2.3.1. above.
2. The installation directory should be left with the **UserData** Directory containing all new users and no BLUD file.
3. Save **UserData** directory from old installation directory **C:\Program Files\BreatheLink v100b\** (See Appendix A)
4. Download Update **setup1-1-0K5.exe** or **setup1-1-0K4.exe**
5. Install Update to Default Directory. **C:\Program Files\BreatheLink\** If warned that the directory already exists click yes to confirm installation to that location.
6. Copy all the user directories left in the **UserData** directory saved from 3. above into the newly installed **UserData** directory: **C:\Program Files\BreatheLink\**
7. Finally edit the **C:\Program Files\BreatheLink\ UserData.blud** file to enable BreatheLink to access all of your user ditrectories.
8. Open the **C:\Program Files\BreatheLink\UserData\UserData.blud** file in Notepad or WordPad.

It should look like this:

```
[StartUserDataFile]
[NoOfUsers]
1
[UserList]
1,Test,Sample,25,12,1969,110,193,Male,Met
[EndUserDataFile]
```

7.2. Change the third line from the current number to that number + the total number of old user directories that were copied from the old **UserData** directory in 6 above.

7.3. For each of these user directories:

**C:\Program Files\BreatheLink\UserData\[Last Name], [First Name]\**

e.g.

**\Redgrave, Steve\**

then add data to the lines subsequent to the line:

*1,Test,Sample,25,12,1969,110,193,Male,Met*

Above. Use the following order (be careful not to add extra spaces):

Number,LastName,FirstName,DayOfBirth,MonthOfBirth,YearOfBirth,Weight,Height,Gender,**Met**

7.4. Once the data has been entered save the File as a text file:

File name: *UserData.blud*

Save as type: TextDocument

7.5. Here is a finished example:

[StartUserDataFile]

[NoOfUsers]

**5**

[UserList]

*1,Test,Sample,25,12,1969,110,193,Male,Met*

**2,Redgrave,Steve,1,5,1962,105,194,Male,Met**

**3,Pinsent,Matthew,10,7,1969,110,193,Male,Met**

**4,Radcliffe,Paula,5,6,1974,62,183,Female,Met**

**5,Turner,Andy,1,2,1975,220,72,Male,Imp**

[EndUserDataFile]

## Appendices

### A. Saving the UserData directory from Last Installation Directory (XP)

#### i) Make Hidden Files Visible

From **Start** Select **Control Panel**

From **Control Panel** Select **Folder Options**

Select **View** Tab

Under **Advanced settings**: in the **Hidden files and folders** section select **Show hidden files and folders**.

#### ii) Copy UserData Directory from Installation Directory to Desktop

Navigate to Installation directory:

default for v.1.0.0. is **C:\Program Files\BreatheLink v100b\**

default for subsequent installations is **C:\Program Files\BreatheLink\**

& Copy the **UserData** directory to the desktop or to another safe location.

### B. Saving the UserData directory from Virtual Store (Vista & Windows7)

#### i) Make Hidden Files Visible

From **Start** Select **Control Panel**

Select **Classic View**

From **Control Panel** Select **Folder Options**

Select **View** Tab

Under **Advanced settings**: in the **Hidden files and folders** section select **Show hidden files and folders**.

#### ii) Copy UserData Directory from Virtual Store to Desktop

Navigate to Virtual Store:

default for v.1.0.0. is **C:\Users\[Current User]\AppData\Local\VirtualStore\Program Files (x86)\BreatheLink v100b\**

default for subsequent installations is **C:\Users\[Current User]\AppData\Local\VirtualStore\Program Files (x86)\BreatheLink\**

& Copy the **UserData** directory to the desktop or to another safe location.