

# BRITISH BURN ASSOCIATION

## NEWSLETTER: December 2018



Registered Charity No. 260167



### MESSAGE FROM THE CHAIR

Welcome to the 2018 BBA Newsletter. It doesn't seem long since I took over the chairmanship from Peter Drew at the Swansea Meeting in May. The Swansea Annual Scientific Meeting was an excellent meeting with a lovely venue on the Welsh coast. We enjoyed a variety of presentations and lectures. Dr Amber Young delivered a thought-proving AB

Wallace Memorial Lecture "Improving Outcomes for Patients with Burns - Why is Research the Answer?"

The BBA has recently published National Standards for Provision & Outcomes in the Adult & Paediatric Burn Care and these have been delivered to the Chair of the Major Trauma CRG and the Presidents of the Royal Colleges and professional Associations and Societies with an interest in burn care. I hope and expect that they will be adopted as the new specialised burn care service specification. I would also like to take the opportunity to formally thank Peter Drew, Pete Siggers and all the members of the Burns Standards Review Group who have spent many hours of hard work to produce this excellent document.

During the last 12 months we have launched our new, modern website which I'm sure you will agree looks brighter, fresher and is easier to navigate, particularly on mobile devices. The new members' area has a lot of content and if any member requires assistance with access, please contact Nechama Lewis for further details. Membership of the BBA brings many benefits, but unfortunately we will no longer be able to offer our members complimentary access to "Burns" journal after 31st December 2018. Our contract with the publishers was unable to be renewed. Members who would like continued access to the Burns journal are encouraged to liaise directly with the International Society for Burn Injury, membership of which includes complimentary print and digital access to the Burns journal.

At our 2018 Annual General Meeting in Swansea, I discussed the need to change the BBA legal status from our current status as an unincorporated association to a charitable incorporated organisation (CIO). I am pleased to report that work on this is well underway and we have instructed solicitors to assist with this complicated matter. The BBA constitution will require updating and I hope to be able to announce more details during 2019, but undoubtedly this change will strengthen our charity and preserve its reputation for the future.

The Executive Committee, Subcommittees and Special Interest Groups (SIGs) have continued their work with the various projects that form the core objectives of the BBA. The Pre-Hospital Care SIG has produced new clinical practice guidelines on First Aid Management and Burn Blister Management which have been published on the BBA website. Thank you to all concerned. Our 2019 Annual Scientific Meeting in Leeds will take place 8th to 10th May 2019. I look forward to welcoming you all to what is looking to be a very exciting meeting.

### EXECUTIVE COMMITTEE

**Chair:** Darren Lewis

**Deputy Chair:** Jane Leaver

**Secretary & Treasurer:**

Yvonne Wilson

**Committee Members**

Victoria Dudman

Katherine Elworthy

Nadeem Khwaja

Odhran Shelley

Kayvan Shokrollahi

### BBA SUBCOMMITTEES

**Prevention Subcommittee**

Chair: Victoria Dudman

**Education Subcommittee**

Chair: Katherine Elworthy

**EMSB National Organiser**

Nadeem Khwaja

**Research Subcommittee**

Chair: Yvonne Wilson

**Communications Subcommittee**

Chair: Kayvan Shokrollahi

### CONTACT US

#### British Burn Association

35 – 43 Lincoln's Inn Fields

London WC2A 3PE

T: 020 7869 6923

E: [info@britishburnassociation.org](mailto:info@britishburnassociation.org)

W: [www.britishburnassociation.org](http://www.britishburnassociation.org)

**Membership email enquiries:**

[info@britishburnassociation.org](mailto:info@britishburnassociation.org)

**EMSB email enquiries:**

[emsb@britishburnassociation.org](mailto:emsb@britishburnassociation.org)

## Education Subcommittee

Congratulations to Katherine Elworthy on her election to Chair of the Education Subcommittee. A vote of thanks to Jorge Leon-Villapalos, outgoing Chair of the Education Subcommittee for his hard work and achievements over his term of office.

## BBA Grants

Four different grants are available to BBA Members. These are:-

- ***The BBA Travel Grant***
- ***The Margaret Miller Travel Grant (for Nurses)***
- ***The BBA Research Grant***
- ***A Grant for Research into Methods of Preventing Burn Injuries in the Home***

The terms of the BBA Travel Grant, the Margaret Miller Travel Grant, and the BBA Research Grant are that applicants need to have been a BBA Member for at least 12 months to be eligible to apply. Grants will not normally exceed £1,000 or £1,500 for the Margaret Miller Travel Grant and further details and application forms for each grant can be found within the 'Education' section of the website, under 'Prizes and Grants'. Details on the Grant for Research into Methods of Preventing Burn Injuries in the Home will be released to the Membership in the next few months.

## Laing Essay

**Laing Essay Prize 2018:** 'Creative Ways of Working Psychologically with Young People following Discharge from the Burn Centre': Congratulations to winner Gemma O'Leary, Clinical Psychologist at Birmingham Children's Hospital.

**Laing Essay Prize 2019 now open to all involved in Burn Care:** The Essay, titled 'The Role of Simulation in Burns' should be of a maximum 5,000 words and in the style used by *Burns Journal*. Your Essay should use sub headings, contain an introduction, main body, discussion and conclusion as a minimum. The essay should be well referenced using the Vancouver referencing style. An abstract of up to 150 words should also be provided with your Essay and a list of up to 6 keywords. Three referees, appointed by the BBA, will judge and award the winner £500. The prize-winning Essay may be eligible for publication in *Burns* at the discretion of the Editor. **Closing date for applications: 5pm on 4<sup>th</sup> March 2019.** The winner will be announced at the BBA Annual Conference, May 2019. For further information, email: [info@britishburnassociation.org](mailto:info@britishburnassociation.org)

## Annual Conference Swansea 2018: Prizes

The BBA had the pleasure of awarding five prizes this year in Swansea. The Oral Presentation First Prize was generously supported by Scars, Burns and Healing Journal and awarded to Jozef Verbelen, Henk Hoeksema, Karel Claes and Stan Monstrey, UZ-Gent, Burn Centre, Belgium for a presentation entitled "Chemical Injury: Experience with an Advanced Approach". The Oral Presentation Second Prize was awarded to Peter Drew and Clare Baker, Welsh Centre for Burns & Plastic Surgery, Morriston Hospital, Swansea for a presentation entitled "Managing a Multi-Drug Resistant *Acinetobacter Baumannii* (MDRAB) Outbreak in a Regional Burns Centre: Methods, Consequences and Lessons Learned".

The posters were once again divided into three categories. The best Burn Care Poster Prize was awarded to Rowena Martin, Simon Booth, Teniola Adeboye and Baljit Dheansa, McIndoe Burn Centre, Queen Victoria Hospital for their poster entitled "Can Using Smart Phone Technology Empower Patients to Perform Wound Dressing?". The runner-up was Ben Eden-Green, Rowena Martin, Tom Dawes, Will Shippan and Joy Curran, McIndoe Burn Centre, Queen Victoria Hospital for a poster entitled "Methoxyflurane to Manage Breakthrough Pain during Burn Wound Dressing Changes". The best Prevention Poster Prize was awarded to Janine Evans and Claire Poole, Welsh Centre for Burns, Swansea for a poster entitled "Health Promotion with Older Adults Through Burn Prevention Programmes: A Role for Occupational Therapists". The runner-up was Samantha Tancock, Louise Elwell and Janine Evans, Morriston Hospital, Swansea for a poster entitled "Kitchen Safety for Older Adults: A Collaborative Campaign to Prevent Increasing Prevalence of Flame Burns and Scalds in over 65's Occurring in the Kitchen". The best Research Poster Prize was awarded to Dallan Dargan, Anirban Mandal and Kayvan Shokrollahi, Mersey Regional Burns Centre, Whiston Hospital for a poster entitled "Hand Burns Surface Area: A Rule of Thumb". The runner-up was Majid Al-Khalil, Abhi Yennunandan, Karen Coy, Anna Davies and Amber Young, Scar Free Foundation Centre for Children's Burns Research, The Bristol Royal Hospital for Children for a poster entitled "Fever Patterns and Post-Burn Complications: A Three-Year Study in a Regional Paediatric Burns Centre".

# The Burns Game:

## Educational Board Game to Improve Core Burn Care Knowledge



The Burns Game was developed by **Focus Games Ltd.** in partnership with the **British Burn Association** and **Birmingham City University**. The purpose of the game is to bring key information about acute burns management in an engaging and interactive format. The game matches the core burn care competencies and knowledge requirements, which can be used for initial staff induction and follow up team training updates. The content covers the initial approach to management of burns of various aetiologies, severe and minor burn injuries, as well as the requirements for referral and transfer to a specialist burn service. The Burns Game is reflective of the advances in burns first aid, burn shock, inhalation injury and burn fluid resuscitation in line with EMSB and ATLS principles, and is attentive to the key elements of burn assessment and wound management.

The Burns Game delivers awareness, knowledge and practical burn care skills through face-to-face, reflective discussions, stimulated by questions and scenarios presented in the game. These conversations allow participants to explore and discuss new ways of working amongst their peers and to share their knowledge and experience to learn from each other.

*'The Burns Game is an exciting and innovative way of broadening the knowledge base of anyone working with burn-injured patients. Everyone, from fire service personnel and first-aiders through to specialist hospital staff will find it challenging. The BBA is proud to have helped develop the game and hope players everywhere find it both educational and entertaining.'* **Peter Drew, Chairman of British Burn Association.**

The game is simple to play and manage. It is a competitive, discussion based game for between 4-12 players and games usually last between 45 and 60 minutes. It can be played with or without a facilitator. It can be used for informal workplace learning, or as part of more structured training programmes, everything you need is in the box! The game allows the players to be selective about the learnt content and be adapted to suit the training needs of the burns team.

*'As a Burns and Plastic Surgeon, I am all too familiar with the misery that burn injuries cause families throughout the country every year. Birmingham City University has used its expertise in medical education to develop this game together with the British Burn Association and Focus Games Ltd in order to improve the initial management of burn injury, which can greatly improve the final cosmetic and functional result for the individual patient.'* **Professor SLA Jeffery, Consultant Burns and Plastic Surgeon, The Birmingham Burns Centre.**

More information: [www.burnsgame.com](http://www.burnsgame.com) == Twitter: [@BurnsGame](https://twitter.com/BurnsGame)  
== Price: £60 (exc. VAT, P&P).

<http://journals.sagepub.com/doi/pdf/10.1177/2059513117690012>

Whittam AM and Chow W. An educational board game for learning and

teaching burn care: A preliminary evaluation. Scars, Burns & Healing, Volume 3, 2017. DOI: 10.1177/205951311690012



# Emergency Management of Severe Burns (EMSB)

The EMSB course continues to be in high demand in the UK. The work of the lead centres hosting courses (Midlands: Nottingham, Birmingham; London & SE: Chelsea & Westminster, Chelmsford, East Grinstead; North West: Manchester, Liverpool; Newcastle to include Scotland; South West: Bristol, Swansea; and Military) continues. There remains no active faculty in Ireland or Scotland; candidates from Ireland are welcomed onto other UK courses.

The course attracts a large number of applicants from burn services. The demand for pre-deployment courses for the military has led to strengthening of the military faculty and an increased number of military courses (mainly at Strensall, near York). We continue to advertise courses on the College of Emergency Medicine website and are targeting other relevant websites to increase the number of candidates from emergency and pre-hospital backgrounds.

## Candidates Courses held in 2017/18

We are running on average 10 courses per year. Recent candidate courses have been run:

DATE	LOCATION	CANDIDATES	COMMENTS
14/9/17	Chelsea & Westminster	23 candidates	20 passes
10/11/17	Liverpool	22 candidates	20 passes
23/11/17	Military course, Strensall	21 candidates	18 passes
3/3/18	Birmingham	18 candidates	18 passes
8/3/18	East Grinstead	23 candidates	22 passes
27/4/18	Manchester	22 candidates	15 passes
16/6/18	Chelmsford, London	23 candidates	21 passes
29/6/18	Nottingham	22 candidates	19 passes
22/8/18	Military, Strensall (Instructor course)	8 candidates	
23/8/18	Military, Strensall	24 candidates	13 passes
14/9/18	Bristol (Instructor Course)	11 candidates	
15/9/18	Bristol	22 candidates	20 passes

220 candidates participated in the 10 courses with 34 candidates failing at least 1 element of the course. This was a slightly lower pass rate than that of previous years (84.5% vs 86% and 90%).

From these courses recommendations to join the faculty were offered to:

9 candidates for instructor training

40 as coordinators with instructor potential

19 as coordinators

## Instructors Courses

We are continuing to run once yearly instructors courses (maximum 12 places) and this year also ran a Military Instructor course

22/8/18 - 8 candidates (all passed)

14/9/18– 11 candidates (all passed)

## Coordinator courses

A course is being planned for 2019.

The coordinator manual has been updated to provide guidance for coordinators as well as continuing to look at various options for improving the makeup on courses and teaching coordinators this essential skill.

## Course Updates

We have updated the manual to fit in with the UK/BBA guidelines on a number of areas. Following the difficulties encountered using Dropbox to disseminate course materials (mainly them being deleted by mistake), an 'EMSB faculty' section on the new BBA website, accessible to EMSB faculty only, is now active.

The UK Senate continues to receive suggestions/ questions around the future of the course development including revalidation for EMSB and pre-course e-learning / MCQ in advance of the course. We are aware that ANZBA is making good progress with this and look forward to receiving an update on the new course format.

## Overseas Course requests to Senate/BBA

The UK EMSB Senate has received a number of enquiries from overseas centres asking for assistance with running EMSB, mainly in Europe. The UK EMSB faculty are keen to support this activity. An enquiry has been made to ANZBA by Senate to see how this could be facilitated and we look forward to working together on this.

## U.K. EMSB Senatep

The Senate that oversees the running of EMSB in the U.K. on behalf of the BBA has met in March and September 2018. This is our opportunity to review course feedback, update contents and faculty lists, budget issues and to plan future courses. We remain committed to delivering a high quality course that is accessible.

## Course Agreement

We are very grateful to ANZBA for the agreement to move to biannual exchange visits. We would like to thank ANZBA for their continued support of the EMSB course in the UK.

**Dates of 2019 Candidate Courses:**

15 February – Manchester	28 February–1 March - Strensall (Military)
2 March – Birmingham	12 March – East Grinstead, London
	30 March - Belfast
28 June – Nottingham	6 July – Chelmsford
	29 -30 August – Strensall (Military)
7 September – Bristol	13 September – Chelsea & Westminster, London
	14 October - Newcastle
14-15 November – Strensall (Military)	22 November – Liverpool

*Nadeem Khwaja, National Organiser, EMSB UK*

# Annual Conference: 8<sup>th</sup>-10<sup>th</sup> May 2019

## Passing the Torch



### A warm welcome to Leeds

On behalf of The Pinderfields Burn Centre

The Organising Committee from the Burn Services at Pinderfields Hospital will be delighted to welcome you to Yorkshire for the 52<sup>nd</sup> Annual Meeting of the British Burn Association in 2019.

We have chosen a city-centre venue for the meeting at the Queens Hotel in Leeds, with the Conference Dinner at the nearby Royal Armouries, which we hope will produce a compact and sociable meeting.

The BBA has seen generations of professionals with a passion for burn care. Our theme – **‘Passing the Torch’** – invites us to consider how best we can train and enthuse our future colleagues and successors to ever better achievements and standards of care.

Our invited speakers will reflect this theme.

See you in May.

*Alan Phipps, Burn Services at Pinderfields Hospital  
on behalf of the Local Organising Committee*

## BBA Annual Conference: Sponsorship of Overseas Delegates

The BBA is offering sponsorship for up to two Overseas Delegates from low income countries\* to attend the BBA Annual Conference at the Queens Hotel, Leeds on 8 – 10 May 2019.

Sponsorship comprises the cost of the conference registration fee and does not include travel and accommodation costs. Overseas Delegates must be supported by two existing BBA members and must not currently be working in Europe, North America or other high income countries\*.

To apply, please submit a written application to the BBA office by **Monday 28<sup>th</sup> January 2019**. The application should include:

- Your reasons for wishing to attend the BBA Conference
- A description of how attendance would benefit work in your home country
- The name and contact details of two supporting BBA members.

The Executive Committee will consider applications and grant sponsorship at their discretion.

\* Low and high income countries are categorised using International Monetary Fund rankings, in a similar way to that used by the ISBI.

#### Low income countries

Afghanistan, Algeria, Angola, Bangladesh, Benin, Bhutan, Bolivia, Botswana, Brazil, Bulgaria, Burundi, Cameroon, Central African Republic, Chad, Czech Republic, Chile, Columbia, Congo, Costa Rica, Cuba, Dominican Republic, Ecuador, Egypt, El Salvador, Ethiopia, Gabon, Ghana, Guatemala, Guinea, Guyana, Haiti, Honduras, Hungary, India, Indonesia, Ivory Coast, Jamaica, Jordan, Kampuchea, Kenya, Laos, Latvia, Lebanon, Lesotho, Liberia, Libya, Macedonia, Madagascar, Malawi, Malaysia, Mali, Mauritania, Mauritius, Mexico, Mongolia, Morocco, Mozambique, Namibia, Nepal, New Guinea, Nicaragua, Niger, Nigeria, Pakistan, Palestine, Panama, Paraguay, People's Republic of China, Peru, Philippines, Poland, Romania, Rwanda, Senegal, Sierra Leone, Slovak Republic, Somalia, South Africa, Sri Lanka, Sudan, Syria, Tanzania, Thailand, Togo, Tunisia, Turkey, Uganda, Uruguay, all former USSR countries, Venezuela, Vietnam, Yemen, Yugoslavia, Zambia, Zaire, Zimbabwe.

#### High income countries

Argentina, Australia, Austria, Bahamas, Bahrain, Belgium, Canada, Cyprus, Denmark, Fiji, Finland, France, Germany, Greece, Hong Kong, Iceland, Iran, Iraq, Ireland, Israel, Italy, Japan, Korea, Kuwait, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, New Zealand, Norway, Oman, Portugal, Puerto Rico, Qatar, Saudi Arabia, Singapore, Spain, Sweden, Switzerland, Taiwan, Tobago, Trinidad, United Arab Emirates, all UK countries, United States

# Overseas Delegate Report 2018

**Dr Ayesha Hanna, Assistant Professor,  
Sir Salimullah Medical College, Bangladesh**



*Ayesha Hanna with Peter Drew*

The trip to the BBA Conference on 11-13 April in 2018 was really a memorable trip for me. The 51st British Burn Association Annual Meeting, held in the Great Hall at the new Swansea Bay University Campus was very lovely as well as enjoyable and included all scientific sessions and social functions – drinks reception in the Great Hall bar and restaurant and the Annual Conference Dinner in the National Waterfront Museum at Swansea’s historic dockyard.

I learnt a great deal from this well-structured conference. I think the speakers communicated effectively. The invited speakers explored different subjects and gave insight and new dimension to the topics discussed. All the research work was qualitative and informative. The venue beside the Bay, food and entertainment were excellent and enjoyable. The coach transfer system was well organized.

The theme for the meeting - “Preparing for Disaster” is a hot topic at the moment and the conference touched all aspects of this. My country, Bangladesh is also a victim to disaster in relation to burn injuries. We are facing many challenges every day and I would like to develop a preventive programme to include pre-hospital level management, psychological, rehabilitation and research work. I believe in future these programmes will help us to overcome many challenges regarding burn injuries.

I must give special thanks to the Local Organizing Committee who had arranged such a wonderful conference. Finally, I would like to express my special gratitude to the BBA Executive Committee who had granted this BBA delegate sponsorship to me.

*Dr Ayesha Hanna  
Assistant Professor, Plastic Surgery Department  
Sir Salimullah Medical College & Mitford Hospital, Bangladesh*

## Communications Subcommittee

It has been a busy few months, and the BBA has just completed the updated Burn Care Standards document which will imminently appear on the website.

KS undertook a live national BBC News interview on 5<sup>th</sup> November during BBC breakfast to highlight the dangers of fireworks and provide key messaging to the public. BAPRAS who has an external PR agency acting on its behalf had launched a fireworks labelling campaign the same day with collaboration and dialogue via the Royal College of Surgeons and BSSH but not the BBA. Having navigated the issues of communication with BAPRAS, the BBA assisted awareness of their campaign through its platform that day.

Ongoing national work pending includes the National Mass Casualty concept of operations plan and related work which will be relayed to the membership when available.

There is some concern and lack of clarity over the impending closure of the Northern Burn Network, the largest of the four UK burn networks. Information and clarity is awaited from the CRG and commissioners.

On behalf of the membership, we thank Peter Drew for his excellent work as Chair and welcome Darren Lewis as he takes up the mantle.

*Kayvan Shokrollahi, Communications Subcommittee Chair*

## Prevention Subcommittee

The Subcommittee met during the BBA Conference in Swansea in April 2018 where Ken Dunn stepped down as Chair of the committee. We thank Ken for his leadership over the past few years and devotion to the cause of raising awareness of Burn Injuries and their Prevention.

### **National Burn Awareness Days**

#### **2017**

Last year saw another successful Burn Awareness Day with many Burns services taking part as well as local fire services and charitable organisations. The success would not have been possible without the support of Children's Burns Trust (CBT). They produced a toolkit for helping services to organise events as well as investing in a twitter campaign which achieved 60,000 contacts.

#### **2018**

This year's event was held on Wednesday 17<sup>th</sup> October and was again supported by CBT. There was an increase to the social media influence with double the number of tweets using the hashtag #BeBurnsAware than in 2017. CBT led with the theme of the cost to the NHS. I do apologise for not disseminating this theme further and would aim to have a strong theme next year for us all to link in with our local projects. A further report will be completed when feedback from services has been received.

### **Fire Health Initiative / Burn Prevention Strategy**

There has been a delay to the launch of the Burn Prevention Strategy following a reorganisation of the Fire and Rescue Service and the creation of the National Fire Chiefs Council. Ken continues to liaise with his contacts in the Fire Service.

### **Future Plans**

We are planning to hold an interim meeting to discuss plans for the upcoming National Burns Awareness Day as well as other projects, such as the SafeTea campaign and Stay Safe week for older people.

Following the launch of the new BBA website this year, we also plan to update and increase the information within the Prevention section of the website.

*Vicky Dudman, Prevention Subcommittee Chair*

## Research Subcommittee

The last meeting of the BBA Research SIG was held at the Annual Meeting in Swansea, 11-13 April 2018. Although the Research SIG has 128 members this was a small gathering due to the time constraints at the Annual Meeting.

Since then Dr Mark Brewin, clinical scientist at Salisbury, has been able to complete his application and submit to the NIHR for a grant for his proposed study on the effectiveness of early treatment of hypertrophic burn scars with pulsed dye laser. The members of the Research SIG have, over the last few years, supported him in the development of this proposal and it is great that he has now been able to bring it to the point of submission.

Over the coming year the subcommittee plans to strengthen its ties with the Scar Free Foundation, and this should be helped by the presence of Charlotte Coates, from the Foundation, sitting as a charity representative on the Subcommittee.

To widen engagement of BBA members, we are seeking local research representatives. Details of how to apply will be sent in an email to all members.

The next meeting of the SIG will be held in London on 12<sup>th</sup> February 2019. If you would like to join before that date please enquire via Nechama Lewis.

*Yvonne Wilson,  
Research Subcommittee Chair*

## Psychosocial Special Interest Group

### Psychosocial Hot Topics!

Psychosocial developments at the Centre for Appearance Research (UWE Bristol) include the parents' burn support website, and the development of the CARE Burn Scales.

Dr Jennifer Heath has been researching the psychosocial impact of a child's burn injury on parents. The findings suggest that many parents would value having access to information about coping, as well as the perspectives and experiential knowledge that other parents have. However, there can be limited opportunities to meet other parents and emotional and practical barriers can make accessing professionally-led support difficult. Many parents felt that support could be provided online.

Jennifer has been busy working with a web design company to create a parent-focused peer-informed supportive website. The website shares parent stories, information regarding the common experiences of parents when their child is injured, and coping strategies. There will also be information and tips on how to support a child through different aspects of burn care and treatment, and the opportunity for parents to feedback into the future development of the website. She hopes to release the live website on National Burn Awareness Day and will send information about the site directly to paediatric burn services. For more information, contact [jennifer3.heath@uwe.ac.uk](mailto:jennifer3.heath@uwe.ac.uk)

What are the CARE Burn Scales? The CARE Burn Scales are a portfolio of burn-specific patient reported outcome measures (PROMs) to assess health outcomes in those affected by a burn injury. They are the only PROMs which have been developed and validated with burn patients in the UK receiving treatment in the NHS Burn Service. The scales were developed and validated using a large scale, multi-centre study involving over 1600 people whose lives are affected by burns. They are now ready for clinical and research use in the NHS Burn Service.

There are 4 versions:

- \* Child Form (for children aged 0-8 which is parent reported)
- \* Young Person Form (for young people aged 8-17)
- \* Adult Form (for adults aged 18 and over)
- \* Parent Well-being Form (to assess health and support needs for parents supporting a child with a burn).

To find out more and download a copy of the scales visit:  
[www.careburnscales.org.uk](http://www.careburnscales.org.uk)

Other news from the Psychosocial SIG...

The SIG are pleased to have a team of representatives from across the regional networks, including Dr Sarah Gaskell, Dr Helen Watkins, Dr Laura Shepherd and Dr Bridie Grant, involved in the review of the National Standards for Provision and Outcomes in Adult and Paediatric Burn Care.

In October, the SIG will be welcoming Dr Natalie Holman and Dr Rachel Mumford into their new roles as Chair and Secretary of the BBA Psychosocial SIG.

*Jen Heath, BBA Psychosocial SIG Chair*



# Burns Therapist Interest Group

Following the publication of the Standards of Physiotherapy and Occupational Therapy Practice in the management of Burn Injured Adults and Children in June 2017 the BTIG membership has undertaken an audit to ensure these new standards are being met. Data was collected from both adult and paediatric patient records, including both inpatient and outpatient settings. The data collected was concerning the Occupational Therapy and Physiotherapy assessment, treatment and interventions.

The audit evidenced a lot of good practice, with the core area of range of movement and scarring scoring very highly. **Overall Percentage Compliance nationally was 84.4%**

Where there was need for respiratory physiotherapy, all services were highly compliant. The areas which did not score so well, tended to be aspects of therapy that are not required for certain patients such as strength assessments, altered sensation and oedema. The failure to meet the standard was not necessarily because therapy was lacking, rather the evidence in the documentation was lacking.

Each individual service had similar results with similar overall levels of compliance. There were some differences reflecting the variation in caseload between services but we found a consistent level of therapy meeting the standards across all services.

The audit has highlighted some problems with documentation rather than problems with patient care. As a group of therapists we are now working collaboratively to identify solutions, including increased use of computerised record keeping and use of preformatted records to prompt therapists to record negative findings such as no additional analgesia required or no oedema present.

The use of scar outcome measures is an area which we continue to work, ensuring we are routinely using in clinical practice. Functional assessment we aim to improve on and achieve 100% compliance with.

A second audit is planned for early 2019. This will allow more time for the new standards to bed-in, as they had only been introduced three months prior to the audit on this occasion. It will also allow time for the changes to practice and documentation to be instigated. Therefore we hope to show an improvement in the compliance on completion of this work.

The group met during the BBA Annual Conference in Swansea for the first of the biannual meetings for the year. Janine Evans and Menna Davies from Swansea had organised a very informative breakout session on clinical research with local therapists who had undertaken PhDs as well as a presentation from Dale Edgar from Perth. It stimulated very useful discussion on ways to incorporate research with clinical caseloads and how to undertake higher levels of formal study.

In October we had a clinical skills training day organised on the topic of Management of Hand Burns. Southmead Hospital kindly hosted and we had an exciting program covering both adult and paediatric topics. We are very pleased to be able to deliver a low cost training day for burn therapists for the second year, following the success last year of the management of neck burns study day.

*Rachel Wiltshire, BTIG Chair*

## Burns Therapist Interest Group

### Report on Management of Hand Burns Clinical Study Day



The theme of this year's Burns Therapist Interest Group clinical study day was management of hand burns. Southmead Hospital in Bristol kindly hosted and the program was very interesting and informative with some presentations from speakers from Bristol and further afield.

The program began with a detailed presentation on anatomy of the hand. This was followed by the surgical challenges of managing a burned hand and the importance of a multidisciplinary approach. For the paediatric burn therapists we had a very

interesting presentation on management of children with palmar burns, led by Lorna Stanyer from Manchester. The group then had thought provoking discussion on mechanical tension and the influences on scarring, facilitated by Amanda Dufley.

There was opportunity for case discussions, led by Janine and Menna from Swansea, and question and answer sessions with Tim Burge, Burns surgeon.

Other highlights of the afternoon included presentations on splinting, pizza putty and new technologies for scar management - physiotouch and skinpen.

Once again, we had very good attendance and managed to deliver a high quality clinical study day at very low cost to participants and received excellent feedback. Many thanks to all those involved.

*Rachel Wiltshire, BTIG Chair*

## Informatics Special Interest Group

The inaugural meeting of the BBA Burn Care Informatics Special Interest Group was held during the Annual Meeting in Swansea.

The group was established to support and promote a wider understanding of the use of data in burns research, education and prevention. The group's scope of interest includes applications of the national Burns Injury Database, data analysis and broader topics relating to analytics tools and data collection.

Members of the group presented and discussed a number of potential data-related projects, with a view to their expansion over the coming year.

The Informatics SIG would like to extend a warm welcome to any interested parties, and given the nature of the group, it is envisaged that most communication and discussions will be conducted online.

The group will be chaired by Mr Paul Drake (Consultant Burns & Plastic Surgeon, East Grinstead) and aims to meet annually at the BBA Scientific Meeting.

*Paul J H Drake, Informatics SIG Chair*

## Dietetic Special Interest Group

Since September 2017 Tig Bridge (Burn Dietitian at Nottingham University Hospitals' Burn Unit) has been representing the dietetic profession as a part of the Burn Care Standards & Outcomes review. Tig is the first Dietitian, in the 17 year history of the standards, to be included in the review group/committee since the *National Burn Care Review (NBCR): Standards and Strategies for Burn care* was first published in 2001. This professional addition to the review group has enhanced Burn MDT representation for this significantly important activity and ultimately improved the quality of the standards relating specifically to nutrition and dietetic care. The Dietetic profession is thrilled to have been a part of this review and looks forward to collaborating on future Burn Care activities.

At the BBA Conference in Swansea, Tash Kershaw (Burn Dietitian at St Andrew's Burn Centre), shared the results of a study evaluating *The Effects of weight loss on the physical functional outcomes of burn survivor*. The results highlighted that patients who lose  $\geq 10\%$  weight loss during their inpatient stay had significantly lower Functional Assessment for Burns (FAB) scores on admission and at discharge. Length of stay (LOS) and percentage weight loss were independently predictive of low FAB scores, whilst TBSA was not. The take home message was to ensure optimal nutrition support and effective strategies are used to moderate the hypermetabolic response throughout patient stays to minimise total weight loss to  $< 10\%$  in adult burns.

Finally, this year it has been concluded that the Dietetic SIG serves very few members of the BBA and subsequently has had a limited impact on improving nutritional care across UK Burn services. Knowing that nutrition plays a significant and essential role in the treatment and recovery from Burn Injury it was felt important to consider how the SIG can adapt to better serve Burn MDT professionals and, ultimately, burn injured people. As a result the group is to undergo a metamorphosis and become the BBA Nutrition SIG. Considering that excellent nutritional care relies heavily on a whole team approach, it is far more appropriate to have an inclusive SIG that welcomes all Burn Professionals, who share an interest in nutritional care. This change will be proposed at the next BBA Conference AGM in Leeds 2019. We would love to hear from members of the BBA if they would be interested in joining the Nutrition SIG and to hear thoughts about what can be done to make it as effective as possible. Please feel free to contact us with any initiatives you feel should be taken forward.

*Tig Bridge (Burn Specialist Dietitian) & Natasha Kershaw (Burn Specialist Dietitian)*

## Nurses Special Interest Group

### Advance Notice Date for your Diary - Nurses SIG Day

On 26<sup>th</sup> February we will be having a day at Chelsea and Westminster for Nurses focusing on current issues and nurses influence in burn care. If there are any specific topics/issues you would like covered please let Jane Leaver [Jane.Leaver@bcu.ac.uk](mailto:Jane.Leaver@bcu.ac.uk) or Kate Elworthy [Katherine.Elworthy@chelwest.nhs.uk](mailto:Katherine.Elworthy@chelwest.nhs.uk) know. More details to follow shortly.

**\*\*STOP PRESS\*\***

Sara Boylin, Junior Sister at Chelsea & Westminster Hospital will assume Chairmanship of the Nurses SIG

## Burn Clubs & Camp Special Interest Group

In various areas of the Burns Service, people talk about the 'Burn Journey' and I believe that it is working with clubs and camp that this journey is really witnessed. Many children and families join clubs or camps when they need a little or a lot of support following their burn injury. Over time, transitions and ups and downs, often they become supporters as well as beneficiaries in their own right. A number of clubs now have volunteers who are older burns survivors or family members of burn survivors that offer their time and own life experiences which can in the right way be very helpful to others earlier in their journey.

This year representatives from 13 different clubs/hospitals attended meetings including nurses, ward managers/matrons, play specialists, psychologists, other hospital staff, current and retired fire service professionals, researchers and volunteers from a variety of backgrounds. A further six clubs/hospitals receive minutes from meetings and other relevant information that is circulated amongst the group.

In the main the group share ideas and experience relating to safeguarding, fundraising, recruitment of volunteers, insurance and Burns Awareness Day. This year topics for discussion have also included changes relating to GDPR, peer on peer abuse, risk assessment and planning for volunteers, children and young people who may be gender transitioning to attend residential camps, Burn Care Standards, supporting Young Adults and staff time for Burn Club/Camp events

SIG members also provide brief feedback on events and activities they have organised, what has been successful, what could be improved and what type of services different centres offer. In general all clubs and camps provide support through a mixture of residential camps, family weekends, days out and structured workshops. The clubs also provide a limited amount of support to help facilitate a National Young Adult support weekend.

Similar to last year, across England, Scotland and Wales over 500 children/families have been supported by clubs, and this has only been possible through the good will and hard work of staff, fundraisers and commitment of volunteers giving around 1000 days of their time between them.

Across the country, clubs are planning to continue this support in 2019, and we would like to thank all our volunteers, fundraisers, staff, and all those that have made the support in 2018 possible. We would like to add a special thanks to The Children's Burns Trust, Firefighters Charity, Dan's Fund, Katie Piper Foundation and the Burns Camps Charity who have all continued to help clubs support their members and families in 2018.

The Burn Clubs and Camp SIG holds three meetings a year with an additional meeting at the BBA conference. If you would like any further information about the Burn Club/Camps SIG or would like to volunteer any of your time, fundraise or help in anyway please contact your local club directly or [martin.palmer@meht.nhs.uk](mailto:martin.palmer@meht.nhs.uk) who will be able to provide the relevant details.

*Martin Palmer, Burn Camp SIG Chair*

## Revising the National Burn Care Standards

I am pleased to say that the Burns Standards Review Group (BSRG) is now approaching the end of the process of reviewing and revising the National Burn Care Standards published in 2013. The process has taken over a year, with seven long meetings and many hours spent at the computer reading, amending and re-drafting. The product of all this hard work - 'Standards for Provision and Outcomes in Adult and Paediatric Burn Care' – presents a set of professional standards for burn care produced by BBA members in collaboration with the National Burn Care Operational Delivery Network Group (NBODNG).

The project was first conceived by NHS England, through the Major Trauma CRG in early 2017. As the BBA Chair at the time I was asked to chair the BSRG, working alongside the NBODNG chair, Mr. Peter Saggars. The group was asked to produce a set of Professional Standards, indicating what burn care professionals deem essential and desirable for high quality and effective burn care. We took the 2013 NNBC 'National Burn Care Standards' and the BBA's 'Outcome Measures for Adult and Paediatric Services' (2<sup>nd</sup> edition) as a starting point for the process.

The BCRG included BBA members working in all of the professional groups constituting the Burns MDT and from all four ODNs. As the BBA's remit also covers Scotland, Northern Ireland and the Republic of Ireland, involvement from these areas was invited. Many thanks to all those involved for their hard work and perseverance.

The aim of the BSRG was to produce Standards that will ensure optimal care and the best possible outcome for burn-injured patients and their families in years to come. The final draft of 'Standards for Provision and Outcomes in Adult and Paediatric Burn Care' was circulated to BBA members for comment in September and I am pleased to say that this resulted in a number of excellent observations and suggestions. Thank you to everyone who took the time to respond.

I hope the published document will prove effective and I look forward to seeing it translated in full into the NHS specification for specialised burn care.

*Peter Drew. Burn Standards Review Group Chair*

## Burns Audit Compendium Update

Since being launched earlier this year, the Burns Audit Compendium has generated a lot of interest from across the country. We are still looking for more submissions from the whole multidisciplinary team; therapists, dieticians, nurses, anaesthetists, plastic surgeons, psychologists, social workers, microbiologists, ambulance crew or anybody else that is involved in burns care.

The idea is to create a collection of burn care audits that will be freely available on the BBA website.

The purpose of the compendium is:

- 1) to prevent needless duplication of audit standards
- 2) to develop a uniform approach to burn care audit nationally
- 3) to enable burn unit to be compared

This is a great opportunity to become involved in a national audit project that can help shape burns care standards and aid research.

We have a template for submission which is available by e-mailing the address given below.

If you have any questions or would like to receive an example or template please contact [burnsaudit@gmail.com](mailto:burnsaudit@gmail.com)

*Declan Collins, Research SIG Member*

# International Burns Injury Database (iBID)

In addition to the regular updates sent to burn services from the iBID office it is once again timely to consider how the iBID is contributing to the aims of the Association:

## **Clinical Care**

The data put into iBID has been the sole source of information used to generate the quarterly clinical Quality Dashboard reports produced by NHS England since 2014 which are used to monitor burn service activity and clinical standards compliance.

As mentioned elsewhere in this newsletter, the Get It Right First Time (GIRFT) programme will be using data from iBID to develop and refine metrics to assess burn service delivery both now and in the future as part of successive cycles of GIRFT assessments.

The development of the telereferral module has undergone thorough testing and refinement in Greater Manchester over the last 12 months. It has produced significant improvements to the patient's pathway, especially for those smaller injuries that simply require outpatient assessment. The system is being rolled out nationally and is free to all burn services and requires no installation or on site IT administration.

<https://cloud.3dissue.com/2883/3770/28522/PMFADJ18> (page 15)

<http://referrals.mdsas.com> (needs NHS net to access)

The simplicity of the system to use has been well received and has resulted in the platform being rolled out to cover plastic surgery trauma and OrthoPlastic referrals in addition to skin cancer and community wound management.

The delayed plans to roll out a Burn Facility expansion in the South East of England has been reactivated and was based on iBID data analysis previously undertaken. Initiation of the services on the two sites in Oxford and Barts & The London are awaited.

## **Research**

The database continues providing data to support research into burn provision and care on several fronts. There have been over 300 presentations and publications based on iBID data to date. There are also four PhDs underway which are reliant on the data from iBID.

## **Prevention**

A separate report regarding the activity of the Prevention Subcommittee is included in this Newsletter. Suffice to say that most of the activity undertaken relies on the injury causation information from iBID. The National Burn Awareness Day in October was the fifth such event reliant on iBID data which over the last couple of years has shown an interesting reduction in the number of injuries being seen or admitted. The relevance of this reduction will be monitored to see if it continues.

## **iBID Plans**

To facilitate these processes, changes have been made to the database design with an expected software release in late autumn. This will incorporate the ability to receive information and images automatically from the telereferral system on the acceptance of a referral.

Following user requests the ability to record staffing levels within a burn service for each shift has been added to the system. Various other improvements and refinements have been made to the wound mapping module which calculates TBSA more accurately than even experts can achieve and we very much hope that in the future we will be incorporating the ability to record PROMS alongside other outcome measurement tools already established in the software.

*Ken Dunn, MD, iBID*

# Getting It Right First Time (GIRFT)

You may be aware of the NHS Improvement driven Get It Right First Time (GIRFT) programme of service reviews, which started with orthopaedics in 2012. Information about the services involved and the already published reports is on this web site:

<http://gettingitrightfirsttime.co.uk/>

I was recently appointed as the National Clinical Lead for Plastic Surgery, Hand Surgery and Burn Care. My task over the next two years is to take forward the GIRFT programme which, in brief, intends to reduce inequity in service provision, be that by virtue of access to service or the process of care employed. It is also intended to reduce any inequality of clinical outcomes. In addition, the process will explore the potential for cost savings by way of centralised purchasing and explore means to reduce litigation costs to the NHS.

There is considerable emphasis on ensuring that any metrics derived to support current and future provision are based on data and numeric analysis rather than other softer forms of evidence. To this end all available data sources are to be explored to evaluate their utility in providing support to objectively derived, clinically meaningful metrics which in the case of Burn Care will be derived almost entirely from iBID.

There is already a blueprint for a staged and sustainable implementation of recommendations and a means of monitoring progress to inform future commissioning cycles.

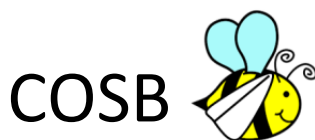
The process will apply to the NHS in England but I have already had positive discussions about the potential of applying the results to Wales. I have yet to start a conversation concerning Northern Ireland and Scotland or indeed the Republic of Ireland but intend to initiate these if possible.

I am particularly keen to ensure that the process should involve input from the front-line clinical teams but also avoid re-inventing the wheel by making sure I interface with my clinical GIRFT colleagues as well as the National Clinical Directors and members of the relevant Expert Working Groups (EWG) and the Specialised Commissioned Services Clinical Reference Groups (CRG). It is also important for me to appreciate what activity and plans exist within each Burn Care ODN.

Discussions to date have recognised the differing stages of development of national plans concerning Plastic Surgery, Hand Surgery and Burn Care, especially the lack of defined standards for any service other than Burn Care.

I trust I can count of your support with this important work stream? Should you have any questions, please do not hesitate to contact me.

*Ken Dunn, National Clinical Lead, GIRFT*



## Core Outcome Set for Burn Care Research

Through systematic review, The Scar Free Foundation Centre for Children's Burns Research in partnership with the University of Bristol have identified that there are hundreds of different outcomes reported in research papers regarding burns. This makes it difficult to compare and identify the most effective interventions.

The COSB team are conducting a survey involving healthcare professionals and patients, to identify the most important outcomes to measure within burn studies. Two questionnaires will lead on to a consensus meeting where the outcomes will be discussed; with the end goal being the creation of a core outcome set for all future burn studies to report. This will make evidence synthesis possible in burn research, providing a stronger basis for clinical decision making.

This explains it in more detail (3 minutes):

<https://youtu.be/9DYH072uPrQ>

If you would like to take part, please go to: <https://is.gd/cosbresearch>

The COSB Team 😊

 [COsBresearch@gmail.com](mailto:COsBresearch@gmail.com)

 COSB research

 @COsBresearch

 <https://youtu.be/9DYH072uPrQ>

# The Scar Free Foundation Centre for Conflict Wound Research

On 13 November, the Foundation's Patron HRH the Countess of Wessex, opened the Scar Free Foundation Centre for Conflict Wound Research at the Queen Elizabeth Hospital Birmingham. The Centre, made possible with a £3m donation to the Foundation from the HM Treasury LIBOR fines fund, will be the first military and civilian wound research centre of its kind in the world, and aims to minimise the psychological and physical impact of scarring among armed forces personnel and civilians wounded in terrorist attacks.

The Centre will undertake the following projects:

- The first clinical trial in humans of a battle-ready, transportable dressing, which can be used in the field of conflict to help the skin heal with reduced scarring – this has potential civilian use e.g. at the scene of traffic accidents and other severe trauma.
- Pilot of tailored psychological treatments to help seriously injured armed forces personnel cope with life with an altered, scarred appearance. This project will involve veterans from recent operations in Iraq and Afghanistan, recruited through The CASEVAC Club (which represents injured veterans).
- Development of improved laser treatment to correct historic scarring amongst veterans and civilians.

The Scar Free Foundation Centre for Conflict Wound Research has been established in partnership with the University of Birmingham, University Hospitals Birmingham NHS Foundation Trust, the Centre for Appearance Research at the University of the West of England, and the CASEVAC injured veterans club. Professor Naiem Moiemem, former President of the BBA will lead work at the Birmingham Centre. Professor Di Harcourt will lead the psychological arm of the study at the Centre for Appearance Research, University of West of England.



## The Scar Free Foundation Student Electives in association with the British Burn Association

Scar Free Foundation Student Electives fund medical, paramedic, nursing and psychology students wishing to undertake a small-scale Elective research project focused in the areas of burn medicine and care either in the UK or abroad. All applications are externally reviewed and the funding available per student is £1,200 to support projects of 6-8 weeks.

Students are invited to submit their own project ideas or apply to undertake a project supervised by a Scar Free Foundation Supervisor. To find out more please visit: <https://scarfree.org.uk/research/funding>

**The deadline for applications is the 8<sup>th</sup> of March 2019**

## Secretary/Treasurer Update

### Membership Fees 2019:

I am pleased to confirm that there will be no increase to membership fees for 2019 and fees will remain as follows:

Doctors and Consultant Nurses/AHPs	£75pa
All other staff	£50pa
Students studying for primary degrees and retired members	£30pa

### Income Tax Relief in Respect of Annual Membership Fees:

The British Burn Association has been approved by the Commissioners for HM Revenue and Customs under Section 344 of the Income Tax (Earnings and Pensions) Act 2003 with effect from 6<sup>th</sup> April 2014. The Association's name will therefore appear in the list of approved bodies.

# Articles from the Burn Community

*Opinions expressed in the articles below do not necessarily reflect the views of the BBA*

## Better Together: How the Fire and Rescue Service Can Support the Burns Community

The Fire and Rescue Service and burns community in the United Kingdom are seeing a number of initiatives at national and local level to work more closely together on areas of shared interest. Kent Fire and Rescue Service is at the forefront of this and their approach provides an illustration of some of the opportunities available.

2018 marked a welcome and significant step towards improving the advice, prevention and operational response for burn and scald injuries in Kent. This is being achieved through closer collaboration between the burns community and Kent Fire and Rescue Service (KFRS). David Wales, KFRS Customer Experience Manager and BBA member, stated:

“Our research identified that most people, quite rightly, do not think they will experience a fire and as a result are not always receptive to prevention advice. This is further compounded by the variety of messages given by various organisations, which often only deals with their particular interest. Whilst understandable, this does mean the public receives fragmented and sometimes conflicting advice. We felt we could serve them better by taking time to test our assumptions and improve our understanding of the customer journey and perspective”

Ann Millington (Chief Executive, KFRS) said:

“We want to ensure we provide the best service to our customers (both the public and professional colleagues) through new types of partnerships, based around customer experience and needs. We will do this by ensuring we contribute to the end-to-end experience and not just focussing on our direct involvement. The BBA and other specialists have the professional expertise and knowledge about burn and scald injuries and we have an extensive reach in to our communities. Bringing these together seems a very simple and beneficial approach.”

Using recognised sources of expertise allows KFRS to have confidence it is providing evidence based and current advice, and helps the public receive common information wherever they access it.

KFRS has been strengthening its links and support in a number of ways this year. These have included impactful talks to KFRS managers by Kristina Stiles (LSEBN Lead Nurse), Alison Tweddle (CBT) and Jennifer Fitt (DFFB), which were filmed and shared with all personnel. Eight junior managers attended the BBA Pre-Hospital Burn Care Education Seminar in February, which they found inspiring and informative, creating a real sense of awareness and enthusiasm. Station open days all now include burns and scalds information with the KFRS website also using BBA/CBT advice ([KFRS preventing burns and scalds](#)). In addition, KFRS are actively supporting National Burn Awareness Day this year (which the National Fire Chiefs Council are also promoting).

David presented the 2017 “Saving Lives Is Not Enough” report at the 2018 BBA conference, which has since become a KFRS corporate project with increasing national and international interest. This will enhance the emergency response to burns; improving patient experience and outcomes. Subject to discussions, this initiative will also extend the KFRS’s response to attending scald and other thermal injuries with the South East Coast Ambulance Trust. KFRS would be able to provide first aid and the crucial 20 minutes water cooling at scene.

Alison Tweddle (Manager of CBT and BBA member) summarised the initiative saying:

“We really welcome the closer links between the burns and fire communities. They will benefit both the public and the professional bodies engaged in prevention or care anywhere along the patient journey.”

*David Wales, Research Manager, Kent & Fire Rescue Service*



# The Katie Piper Foundation Residential Burn and Scar Rehabilitation Centre: A Personal Perspective

My name is Krissie Stiles and I am a burns nurse.

Since qualifying 15 years ago, I have been part of the outstanding NHS family, working at the Queen Victoria Hospital as the burns specialist nurse. As a burns critical care nurse, I have admitted the most severely injured patients, spending many shifts by the bedside during their sickest hours. I have worked alongside the operating theatre team, watching the burn debridement and skin graft application, ensuring these were dressed appropriately for the most favourable outcome. I have held my patient's hands through disappointment of infective complications, graft failure, through painful and traumatic dressing changes, and I have been there by their side as they took their first post-injury steps. I have nursed burn survivors on the burns ward as their condition and strength improved and treated their remaining wounds in the burns outpatient clinic.



*Krissie Stiles*

For the last 5 years I have also worked closely with non-specialist clinicians in the pre-hospital, trauma, emergency and community setting as the regional Burn Care advisor, educating them about the importance of initial interventions and how those can impact the patient's outcome. I often quoted the words of Professor Fiona Wood, who said that "every intervention from the time of injury is responsible for scars our patients wear for the rest of their lives".

Five months ago, I was offered an opportunity I could not refuse – to join the Katie Piper Foundation as the Head of Clinical Services to nurture the charity's ambition to achieve a world in which scars do not limit a person's function, social inclusion or sense of wellbeing and to facilitate the provision of rehabilitation and support during recovery to burns survivors.

The decision to transition out of the NHS was not easy - leaving the support of my professional family, the team I 'grew up' with, the bedside of patients and shoulders of colleagues who had taught me so many lasting lessons. Admittedly, I was excited to have been given an incredible opportunity to make a difference alongside an outstanding team of peer supporters, therapists and clinicians, and on behalf of an inspirational high-profile organisation. But I also wanted to justify the faith placed in me to develop and lead a new residential rehabilitation centre.

What is my "why"? It's simple. What my NHS journey has taught me is that saving lives is not enough. Each life saved must be a life worth living. Surviving survival is something no one should ever be facing alone. So, as we spread our wings, we strive to support our patients as they build theirs.

Historically, the National Burn Care Review suggested that the aspirational aim of burn care is to "return the patient to their pre-injury state" and referred to the patient as the "leader" of the burns multidisciplinary team. As the KPF



*Care at Residential Burn and Scar Rehabilitation Centre*

residential rehabilitation centre opens its doors to the UK adult patients with burns and scars, I am hopeful that our rehabilitation referral and care pathway will be the foundations of a dialogue for collaboration and integration between the NHS and charity burn services to complement and support our patients' journeys to recovery. Whilst we are truly "standing on the shoulders of giants", I am incredibly proud to be part of the team and community that holds the patient's voice at the heart of its care.

I couldn't be more excited about the next chapter of my professional journey and would like to summarise my aspiration in the words of Jane Goodall: "What you do makes a difference, and you have to decide what kind of difference you want to make."

## WOULD YOU LIKE TO CONTRIBUTE TO THE NEWSLETTER?

If you have a 'hot topic' to address or developments in your centre which you would like to share with colleagues via the BBA Newsletter, please email Nechama Lewis at the BBA Office: [info@britishburnassociation.org](mailto:info@britishburnassociation.org)

*The Executive Committee and Staff of the BBA wish Members a very happy festive season and all the best for the new year.*



# CHARITY CORNER

Burn Charities do invaluable work in supporting patients. Catch up on the work of 2 UK Charities



## Interburns

Interburns has been highly active over the last 12 months in all three of its principle activities – Training, Education & Research. Last year saw the establishment of the NIHR Global Health Research Group on Burn Trauma at Swansea University which is a collaboration between the Centre for Global Burn Injury Policy & Research (CGBIPR) and Interburns with a number of other global partners, including academic and operational. Following on the successful model of

Advanced Burn Care programmes in Rehabilitation and Nursing, international participants from India, Nepal, Bangladesh, Nepal, Afghanistan, Palestine, Ethiopia, Nigeria, Ghana, South Africa and the USA gathered at the CGBIPR to develop the framework for ABC Surgery which will be delivered at the Interburns Training Centre in Nepal in November. A similar international participatory approach was used in Ethiopia to develop a Basic Burn Care programme which will focus on management of minor burns and is aimed at the primary health care level and is being delivered in Addis Ababa in October 2018. Interburns has also made significant contributions to the WHO-EMT Technical Working Group on Burns, establishing recommendations for the management of mass burn casualty scenarios, focusing on the resource poor environment. Prevention activities are being developed with partners in Nepal, Ethiopia and Palestine after completion of community based surveys in each country and will be delivered and evaluated over the next 2 years. Our website is also being updated and we have been undertaking a study to understand the requirements and access to digital and online learning resources which will inform a comprehensive digital strategy making all our material freely available. Essential Burn Care continues to be delivered by our partners in many countries and further training of trainers is taking place this October in Ethiopia and the French language version of the EBC Manual is now complete and awaiting publication. Our training centre in Indore has been exceptionally busy not only with fellows from around the world gaining insight and experience, but also hosted a very successful dedicated 5 day training programme for members of the paediatric burns team from Kabul, Afghanistan.

For further info please see [www.interburns.org](http://www.interburns.org) or contact [office@interburns.org](mailto:office@interburns.org)

Follow us on twitter @interburns

## Scottish Burned Children's Club (SC032376)

2018 has seen the Scottish Burned Children's Club celebrate our 17<sup>th</sup> birthday on St Andrew's Day (30<sup>th</sup> Nov), and we have to admit we don't know where the years have gone, but we do remember every child and family that we have had the opportunity to help in those years.

This year has seen our membership rise, sadly due to an increase in burn and scald injuries in Scotland. However, we have now greater experience in helping those that need it most. We are continuing to work in collaboration with COBIS and Sharon Ramsey (Queen Elizabeth University Hospital) who continues to refer children to us for post trauma/hospital support, along with working the other hospitals across Scotland. We had our highly successful summer camp at the Bendrigg Trust on the border of the Lake District and North Yorkshire Moors, which caters for wheelchair and non-wheelchair users in equal set-up during all the activities. September saw us venture for our first time to East Lothian for the East Links Family Fun Park, where newly registered families got to meet and engage with some of our older members and gain a level of understanding exactly what we can do for each of the families in a tailored way, should they need it.

We have continued also our strong campaign against fireworks and their sale to the general public. We teamed up this year with the Scottish Fire & Rescue Schools delivery Team in Greater Glasgow and delivered a coordinated awareness campaign around fireworks and illegal bonfires. This work is fronted by Ben McCabe an 11 year old boy who was struck in the chest by a firework when he was 4 years old. Ben has been the poster boy for our campaign for the last 5 years and is now comfortable holding TV and radio interviews on the subject very competently by himself which not only makes his family proud but we too at the SBCC have immense pride in helping Ben deliver this vital safety message across Scotland. We now have engagement with an MP in Westminster and MSP's from the Scottish Parliament on this campaign.

The second weekend in December sees us host our Christmas Family Therapeutic Weekend at Netherud House in the countryside just south of Edinburgh. There are 8 families coming together to meet up for the first time and hopefully gain a great experience from the activities and fun to be had.

We would like to wish everyone in the BBA and the wider burn fraternity a very Merry Christmas & Happy New Year.



# British Burn Association Annual Meeting

**Wednesday 8th May -  
Friday 10th May 2019**

Organised by: The Pinderfields Burn Centre

The Queens Hotel  
City Square  
Leeds  
LS1 1PJ

Challenging Scientific Programme

National & International Speakers

Full Networking Programme

Trade Exhibition

Meeting venue centrally located next  
to train station

For more information, registration &  
Special rates for Students please visit  
the Conference Website:

**[www.conventus.com/bba](http://www.conventus.com/bba)**

Conference Secretariat  
Conventus LLP  
T: 00 44 (0)1722 742603  
E: [bba@conventus.com](mailto:bba@conventus.com)



**“Passing The Torch”**



Abstract submission  
deadline - **12.00 Noon**  
**2nd January 2019**



Early - Bird Registration  
deadline **1st March 2019**



Online Hotel reservations  
available

**Members:**

Earlybird £275.00; Regular £310.00

**Non Members:**

Earlybird £355.00; Regular £390.00

**Day Delegate:**

Member £120.00; Non-Member £200.00

*All Undergraduate Students (studying for  
their primary degree) - half price if  
booking by the early-bird deadline – this  
does not include the Conference Dinner.  
Students to submit a letter from their  
institution with their student number.*

## Save the Date