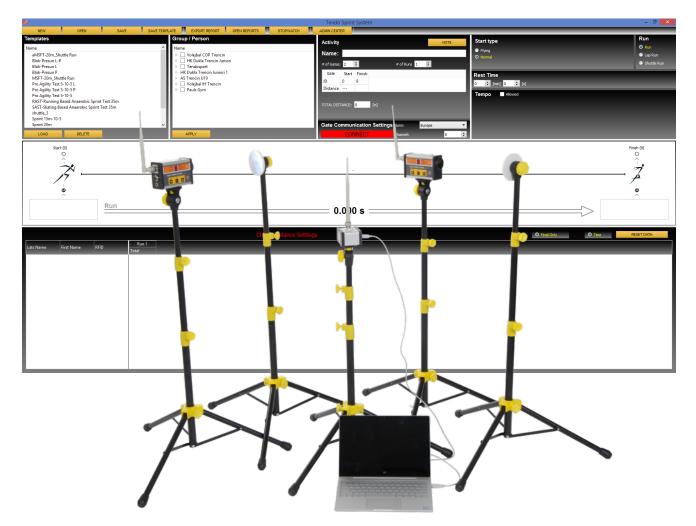


TENDO Sprint System

INTELLIGENT, WIRELESS TIMING SYSTEM

COMPUTER SOFTWARE

USER MANUAL



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QUICK SATRT GUIDE

- 1. Instal computer software
- 2. Instal TSS signal receiver driver
- 3. Setup the hardware
- 4. Start using TSS

1 SYSTEM INTRODUCTION

In order to use TSS system you will need following devices:







Photocell/reflector pair

TSS signal receiver

Computer Software Installation CD

Minimum computer requirements:

- Processor: 1.6 GHz, RAM 2 Gb
- Operating system: Windows 7, Windows 8, Windows 10, 32 bit or 64 bit.

2 INSTALLATION

If you are using a previous version of TSS computer software, please uninstall the old software first:

- 1. Click Start Setting Control Panel select Add or Uninstall program
- 2. Select Tendo Sprint System
- 3. Follow the information displayed on the computer screen
- 4. Click Uninstall

2.1. INSTALLATION OF THE NEW TENDO SPRINT SYSTEM

The computer program includes AutoPlay. Installation starts automatically after the installation CD is inserted into the computer.

If you are installing the computer software manually, follow these steps:

- 1. Insert the installation CD into the CD-ROM Drive on your computer
- 2. Select My computer and CD-ROM drive
- 3. Click the setup.exe file and follow the instructions displayed on the computer screen
- 4. After the installation, the new Tendo Sprint System computer software will be added to My computer and the icon for the new program will be displayed on the desktop

2.2 INSTALLATION OF TSS SIGNAL RECEIVER DRIVER

*Before the first use it is necessary to install TSS signal receiver driver

1. Insert the USB cable into the connector located on the signal receiver

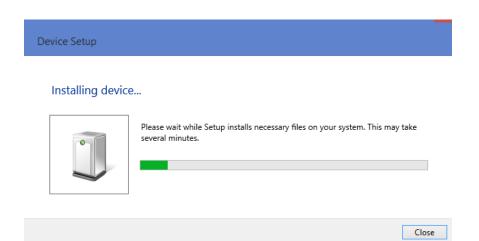
2. Insert the other end of the USB cable to a USB port on your computer

3. Your computer will detect the new device and install the TSS signal receiver driver

* Once the driver is installed the system is ready for use

If your operating system does not install the driver automatically, you will need to install the driver manually:

- 1. Find new hardware (Found New Hardware Wizard)
- 2. Search for the new driver and click Next
- 3. Windows will find a new USB device
- 4. Click to finish



3 HOW TO RUN TENDO SPRINT SYSTEM PROGRAM

Double click on the Sprint System icon to open a program window.

7		Tendo Sprint System[clear]		_ 🗇 🗡
NEW OPEN	SAVE SAVE TEMPLATE EXPORT REPORT OPEN			ADMIN CENTER CONNECT
Templates	Group / Person	Activity	NOTE Start type	Run
Name	^ Name	Name:	Flying	O Run
30-15m	Tendosport	Ø of Gates: 2 ♥ Ø of Runs 1 ♥	Normal	Löp Run
400m			St	art Reset Time: 2 💿 🔹 Shuttle Run
aMSFT-20m_Shuttle Run		Gate Start Finish	Rest Time	System
Blok-Presun L-P Blok-Presun L		ID 0 9	0 🗣 [min] 0 🗣 [s]	Units: Metric
Blok-Presun P		Distance	Tempo Allowed	
mmtest		TOTAL DISTANCE: 0 [m]	Tempo Tameo	
MSFT-20m_Shuttle Run				
Pro Agility Test 5-10-51	Y			
LOAD DELETE	APPLY	Communication OFF Chan	nel: 0 오	
Start (0)				Finish (9)
0				0
<u> </u>				Ŷ.,
<u>~</u>		*		7
				7
ė				۲
	-			~
	Run	0.000 s		~
		0.000 3		
			 Final On 	Y TIME RESET DATA
Lats Name First Name	RFID Run 1			
That turns	Total			
1				
1				
1				

3.1 ADMIN CENTER

Admin Center is used to set the system, add individual athletes to the system, create groups, and assign RFID chips to the athletes.

_ 0 >
CONNECT
Run
Run

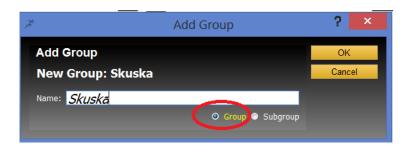
By clicking Admin Center, new window will open. Here you can add athletes' details and create groups. The added groups and individual athletes will be then possible to use throughout the program.

7			Admin Cen	ter		Y ×
Group Name			Person Not Assigned			CLOSE
Tendosport						RFID
			Surname	Name		SETTINGS
						EXT DISPLAY
						ABOUT
ADD	DELETE	EDIT	ADD	DELETE	PERSONAL INFO	

3.1.1 CREATE A NEW GROUP

To create a new group:

- 1. Click "ADD" located under the Group section on the left side
- 2. New window opens
- 3. Write down a name of the group
- 4. Click OK
- 5. New group is created



Make sure "Group" is selected when creating another group

3.1.1.1 CREATE A SUBGROUP IN AN EXISTING GROUP

You can create a subgroup in an existing group by selecting "Subgroup"



To create a subgroup:

- 1. Choose a group for which you want to create a subgroup
- 2. Click on the group of your choice
- 3. Click "ADD"
- 4. New window opens
- 5. Select "Subgroup"
- 6. Write down a name of the subgroup
- 7. Click OK to create a subgroup in the group

Groups can also be deleted ("DELETE") and names changed by clicking "EDIT"

3.1.2 ADD NEW ATHLETES AND THEIR DETAILS TO DATABASE

If you click on a group and the group is associated with particular athletes, the athletes' details will appear on the right side of the window.

www.tendosport.com



- 1. Click "ADD" located under the Person section
- 2. New window opens
- 3. Fill in the details in the **Details** table and **assign a group** to the athlete (located at the bottom right of the Personal Info window

Ŧ		Personal Info		? ×
Picture		Details		ОК
		Last Name:		CANCEL
		First Name:		
		Date of Birth: -		
		Sport:		
		Position:		
		Height:	cm	
CLEAR	UPLOAD	Weight:	kg	
Note:				
		Associated in Groups:		
		Group		
		P Tendosport		

If you do not associate the athlete with a group, the newly created athlete will be added to the database as "**Not Assigned**"



- 4. Click OK
- 5. New athlete is added

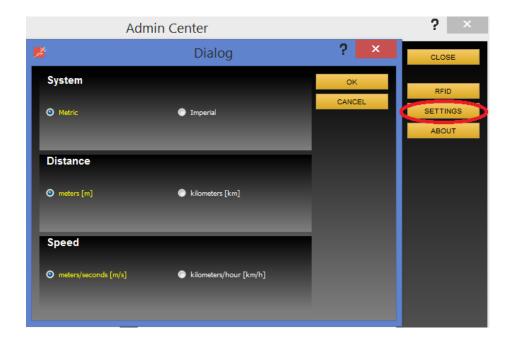
To edit athletes personal details:



- 1. Select an athlete whose details you want to edit by clicking on their name
- 2. Once the name is selected, click on "PERSONAL INFO" button
- 3. To save new data, click OK

3.1.3. SYSTEM SETUP

Click "**SETTINGS**". A new window for setting measurement units opens. Here you can choose whether the program will use English system "**Imperial**" or metric system "**Metric**", meters or kilometres.



Select the chosen system, distance and speed units and click OK.

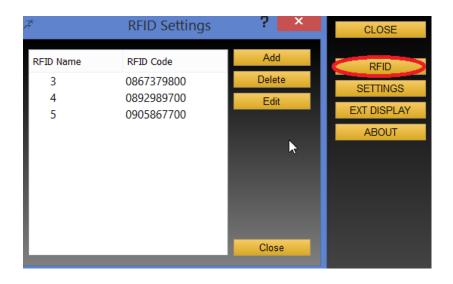
3.1.4 EXTERNAL DISPLAY

Click "**EXT DISPLAY**". Here you can set a display backlight. Select "**Enable Backlight Settings**" to choose the backlight intensity from 1 to 10. To save the new settings click OK.

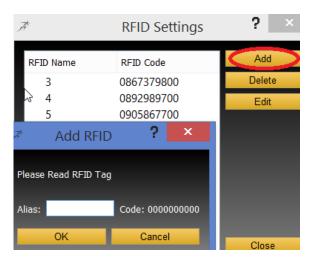
3.1.5 LOADING RFID CHIPS INTO THE SYSTEM AND IDENTIFYING ATHLETES BASED ON THE RFID CHIPS

To load new RFID chips into the system, the entire Tendo Sprint System must be connected to a computer, and the RFID chip reader must be attached to a photocell.

Click "**RFID**". A new window opens. Here you can add new RFID chips ("**Add**"), delete previously added chips ("**Delete**") and change names of the chips ("**Edit**").



3.1.5.1 ADD A NEW RFID CHIP



- 1. Click "Add". A new window opens
- 2. Touch the chip reader with a new chip (RFID bracelet). The chip code will appear
- 3. Create a name under which you want the chip to be stored. Any characters can be used (numbers, letters, signs, etc.)

It is imperative that the "**RFID bracelets**" are visibly labeled with this name for its identification when assigning the chip to a particular athlete.

4. Click Ok to save

To change an already stored name of the RFID chip, select the appropriate chip and click "**Edit**". Change Alias and click OK to confirm.

4 CREATE A TRAINING/TEST TEMPLATE

Before starting a training/test, create a database of templates of specific trainings (tests). To create a training use "**Activity**" window (located in the middle of the top part of the program window)

Activity	,			NO	TE	Start type		Run
Name:						 Flying Normal 		 Run Lap Run
# of Gates:	2 🌻		# of Runs 1 🔮	1		St	tart Reset Time: 2	
Gate	Start	Finish				Rest Time		System
ID	0	9				0 🖨 [min] 0 🖨 [s]		Units: Metric 🔻
Distance					_	Tempo Allowed		
TOTAL DIST	TANCE:	0 [m]				. –		
Gate Co	ommui	nication Settings		Norm: Eu	rope 🔻			
	(Communication O	FF	Channel:	0 🖨			

- Enter the name of the training/test. In order to be able to identify the template later.
- Enter number of photocell/reflector pairs used in the training/test "# of Gates"
- Enter number of runs used in the training/test "# of runs"
- Select a **type of the photocell** (its function) the type/function of the photocell MUST be the same as the photocell's setting. It is a number from 0 to 9 (see Hardware Manual for photocell's settings)
- * We recommend that you mark the start photocell with the number "0" and the finish photocell with the number "9". Numbers 1-8 can be assigned to split photocells.
- * For a correct communication of the computer software with the photocells, it is essential that the numbers of the photocells that represent their function are identical with the settings in the computer (Gate ID)



- Select the **distance between the photocells** (start, finish, split). Enter the values, press Enter or click anywhere in the program window to confirm.
- The program calculates "Total distance" automatically



* Setting a correct distance is necessary for calculating the speed

Select "Start type":

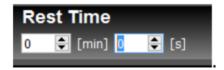
- Flying Start The system begins to measure when the first photocell is interrupted
- Normal Start The system begins to measure when the athlete leaves the first photocell

Select "Run" type:

- Run The system uses start and finish photocells (eventually intermittent photocells if connected).
- Lap Run Only one photocell is used (Start = finish)
- Shuttle Run Run with start and finish photocells, where the finish photocell becomes the start photocell after the finish photocell was crossed. (running back and forth)

Select "System". Select Metric or English (Imperial) measurement system

Select "Rest time":



Choose the length of the rest time. The rest time between runs will be also shown in a table at the bottom of the program window.

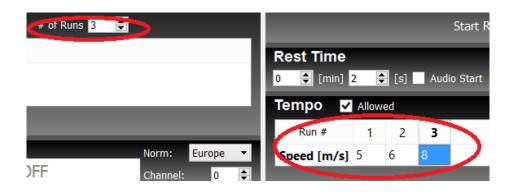


- If the time is *longer than 1 second,* it is possible to select "Audio Start", which will signal the start of a new run after the rest time has elapsed.
- If the rest time is within 2-3 seconds, the audio start will consist of a single beep.
- If the rest time is *longer than 4 seconds*, the audio start will consist of two short beeps and one long beep each separated by one second.
- * Audio Start does not trigger the measurement. The measurement is only trigged by interruption the beam of the photocell.

Setting "Tempo":



If you allow tempo (select "Allowed") - the photocells will maintain the selected pace via an audio signal



The rate of pace can be selected for each run separately. Speed units are based on unit settings in Admin Center.

Select "Start Reset Time":

Reset time is a time for a start photocell during which the measurement does not stop after the interruption of the photocell but each interruption of the beam in the set time (Start Reset Time) triggers an new start from "0".

The "**Start Reset Time**" setting only works for "**Lap Run**", i.e. only when a single photocell is used, which has a double function (start = finish).

If the reset time is, e.g. 2 seconds, each interruption of the photocell until the set time (e.g., 2 seconds) does not stop the measurement, but starts measuring from the beginning.

If the system uses separate start and finish photocells, each interruption of the start photocell starts a new measurement until the finish photocell or first intermittent photocell (if connected) is activated.

You can save the template of the training (test) by clicking "Save Template" located in a menu bar.

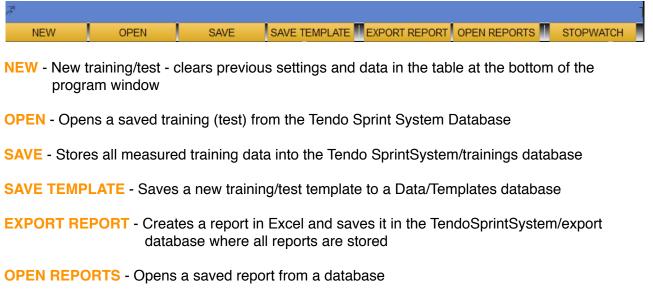
<i>F</i>						1
NEW	OPEN	SAVE	SAVE TEMPLATE	EXPORT REPORT	OPEN REPORTS	STOPWATCH

Note in activity window:

Activity	/	NOTE
Name:	Blok-Presun P	
<i>#</i>	Note	?
Note		OK
	l⊋	Cancel
Picture		
		Start
Shuttle R	un 2.5 m	
	Clear	Upload

Click "**Note**" to open a window where you can write a note about the training template. You can add an image to the note by clicking "**Upload**" Click OK to save the new data

4.1 MENU BAR



STOPWATCH - The program opens a display window for the measured values

7	Stopwatch	? 🗙
Name:		
Total Time:		
	00:00.000	
	00.00.000	
Split Time		
	•	
Info:		
_		_

Each compartment of the display window can be zoomed in/out or stretched via your computer's mouse



5 START THE MEASUREMENT

1. Setup the photocells according to the Hardware Manual instructions



2. Connect TSS receiver to your computer via a USB cable



3. Switch on the photocells and set the photocells (*see hardware manual*) according to their function.



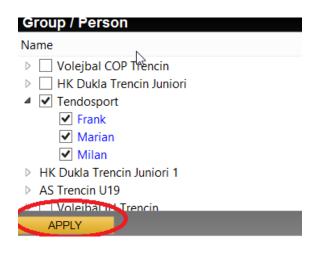
You can easily check the photocell's function by pressing any button on the photocell. The function number will be displayed on the LED display of the photocell for 5 seconds.
E.g.
"0" - startup

"**1 - 8**" intermittent "**9**" - finish

- "**9**" Tinish
- * Check the **communication channel** and **frequency range norms**. They must match the settings in the TSS program.
- * If you want to create more than one trajectory, each path has to have a different communication channel
- 4. Select a training template in the "**Templates**" window and click "**LOAD**". The selected training will be uploaded to the program and shown in the "**Activity**" window.

NEW	OPEN	SAVE S
Templates		
Name		
Pro Agility Test	5-10-5 L	
Pro Agility Test	5-10-5 P	
Pro Agility Test	5-10-5	
RAST-Running B	ased Anaerob	ic Sprint Test 35m
SAST-Skating Ba	ased Anaerobi	c Sprint Test 35m
shuttle_3		
Sprint 15m-10-5	5	
Sprint 20m		
Seriet 20m-10-2	0	
LOAD	DELETE	

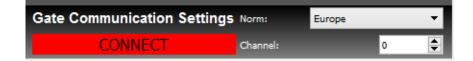
5. Select a group (or a specific person) and click "APPLY".



The selected group will be displayed in the result table at the bottom of the program window

				Final Only O Time RESET DATE
Lats Name	First Name	RFID	Run 1 otal	
Lats Marrie	riist wanne	NNU	otal	
rank		3		
Aarian		4		
vilan		5		

6. Set the communication with photocells via "Gate communication settings"



* The photocells' settings and the program's setting **MUST** be the same for communication. **Norm**: Standard set by a continent

Channel: Communication channel from "0" to "3"

7. Click "CONNECT"

8. Connection is OK

program indication - START button above the result table turns green and simultaneously a green box with words "**Receiving OK**" appears in the Gate Communication Settings panel

START	Meass	suring STOPPED
Lats Name	First Name	RFID
Frank		3
Marian	N	4
Milan	2	5

TOTAL DISTANCE: 30 [m]	
Gate Communication Settings	Norm: Europe 🔻
Receiving OK	Channel: 0 🚔

Photocell's indication that the connection is OK - the top LED bulb flashes red while the LED Power flashes green



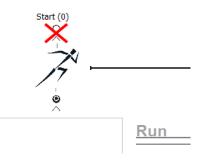
9. One of the photocells is not communicating

program indication - START button above the result table turns green while the Gate Communication Settings panel is flashing green/red with words "**Receiving OK/FAILED**", respectively.

START	Meass	uring STOPPED
Lats Name	First Name	RFID
Frank		3
Marian	N	4
Milan	2	5

Torricozonnicer ov [m]	
Gate Communication Settings	Norm:
Receiving FAILED	Channel:
TOTAL DISTANCE: 30 [m]	
Gate Communication Settings	Norm: Europe 🔻
Receiving OK	Channel: 0 🚔

Simultaneously a photocell without the connection is flashing.

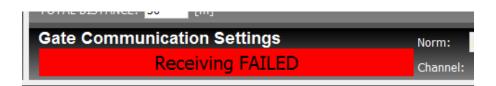


Solution - Make sure the photocell is switched on and has the same setting as the program setting

10. None of the photocells is communicating

program indication - START button above the result table turns green and simultaneously a red box with words "**Receiving Failed**" appears in the Gate Communication Settings panel

START	Meass	suring STOPPED
Lats Name	First Name	RFID
Frank		3
Marian	N 1	4
Milan	2	5



Simultaneously all photocell are flashing.



Solution - Make sure the photocells are switched on and have the same settings as the program settings

6 THE MEASUREMENT

If the connection is OK, you have set a training/test and entered athletes, you can start the measurement.

1. **Select a person** by click on their name. If you have RFID chips, after touching the chip reader with a RFID chip bracelet, athletes will be switched automatically based on their assigned chip.

* If you do not click the START button, the results will not be recorded in the result table

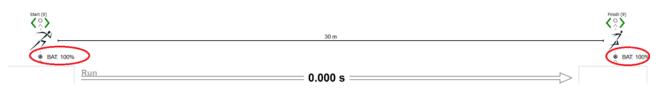
First Name	RFID
	3
N	4
13	5
	irst Name

- 2. Click "START" to start the measurement which will be written down to the results table
- After the "START" button is pressed, the "START" button changes into a "STOP" button via which the measurement can be stopped at any time.
- Re-click the "STOP" button to resume the measurement which will be written down to the result table

STOP Meassuring STARTED			TED
_ats Name	First Name	RFID	Run 1 Total
Frank		3	
Marian		4	
Vilan		5	

6.1 GRAPHIC PANEL

• If the program communicates with photocells, the information about the **battery charge** of individual photocells is also displayed in the graphic panel.



• The graphic panel also displays graphical information about start and finish of the measurement



6.2 RESULT TABLE

All measurements are recorded in the result table.

You can choose between "speed" and "time"



Split data are also available if the split photocells are connected.

• If split photocells have been used, you can choose the results individually in each section (**Individuals**) or as a resultant time of a single section from start (start of measurement) to finish (**Sums**).

The "RESET DATA" button deletes the data from the result table without deleting the athlete's data