

Useful revision tips

Planning your revision

- Spread your revision out evenly – don't leave it till the last minute!
- Draw up a revision timetable including free time and stick to it. That way you will feel in control. You can enjoy your free time knowing that you are on schedule.

Find a technique that works for you. Here are some examples:

- Mind maps of key points from your exercise or textbook
- Notes summary from your exercise or textbook that you can use the night before as a reminder
- Writing key facts on revision cards and sticking them round your room
- Getting someone to test you on what you know
- Working through examples
- Talking out loud to yourself
- Using online websites eg Bitesize/My Maths/Mathswatch

Good wellbeing advice

- Have regular breaks - 45 minutes on and 15 minutes of break
- A little and often is much better than cramming for hours on end
- Reward yourself with your favourite TV programme or an ice cream at the end of a revision session
- Make sure you eat well and get plenty of sleep and fresh air and exercise.

And after all that hard work....

- Make sure you read the question paper properly when you get into the exam
- Make sure you do what you are asked to do!

Good luck everyone!