

Hetton Lyons Tristar Relay 2019 Selection Policy

Introduction

The aim of the Hetton Lyons Tristar Relay is to provide a race based experience of the exciting mixed team relay racing format. Selection to the 2019 Hetton Lyons Tristar Relay will be determined by the selectors appointed by Triathlon Scotland and will be made in line with this aim.

Tristar 2 and 3 athletes are very much developing and learning, this should be the absolute priority in all races. Racing covers two pillars of the Athlete Development Framework - Intelligent Racing and One Day One Race. Athlete should be supported to develop their knowledge, skills and understanding in both. The British Triathlon Athlete Development Framework contains more information and can be found here: https://www.britishtriathlon.org/adf

This is an additional race opportunity for Tristars 2 & 3 at Hetton Lyons on **Saturday 20th July 2019**. This is separate from the IRC Event.

To be eligible for selection, participants must have a valid Triathlon Scotland membership prior to the start of the selection race. They must also be living in Scotland or be an active member of a Triathlon Scotland Affiliated Club.

Triathlon Scotland will be entering up to four teams in the Tristar relays and the following places are available for **each team** (note the number of teams will depend on both race starts allocated to Triathlon Scotland and athlete availability):

Category	Age	Boys Selected	Girls Selected
Tristar 2	11-12	1 athlete	1 athlete
Tristar 3	13-14	1 athlete	1 athlete

The selection panel will consist of:

- IRC Team Manager (Chair)
- IRC Team Coach 1
- IRC Team Coach 2

Selection

The Hetton Lyons Tristar Relay selection event has now been confirmed for **Sunday 23rd June 2019** for Tristar 2 & 3 at the National Youth Triathlon Championships, hosted by Fusion Triathlon Club at Bellahouston Park.

All athletes that wish to be considered for selection for the Hetton Lyons Tristar Relay are required to express their interest by completing the form at the link below by **17:00 on Friday 14th June 2019 Wednesday 19th June 2019:** <u>https://goo.gl/forms/8Qh0pd2REe16UGLc2</u>

Athletes will be selected to a pool for the Hetton Lyons Relays with the racing make up each team being at the discretion of the IRC selection panel.

Tristar 2 (11-12): The first two eligible finishers (male & female) at the selection event on 23rd June will be selected. The selection panel will select the third and forth team members by taking in to consideration eligible athletes' performances from earlier in the year, up to and including the selection event.

Tristar 3 (13-14): The first two eligible finishers (male & female) at the selection event on 23rd June will be selected. The selection panel will select the third and forth team members by taking in to consideration eligible athletes' performances from earlier in the year, up to and including the selection event.

If it becomes clear in advance of the confirmed selection event that this event will not take place the selection panel reserve the right to issue an amended policy. If for any other reason, the selection event does not take place, the selection panel will select all team members by taking in to consideration eligible athletes' performances from earlier in the year, up to the date of the selection event.

Athletes will be notified of their selection by **Wednesday 26th June 2019**. If an athlete does not take up an offer of a place on the team, that place will roll down to the next eligible athlete until all positions have been filled.

For this race athletes are expected to get themselves to the race (TS would encourage athletes to car share with others travelling). Triathlon Scotland will provide coaching support at the race and cover the entry fee.

Selection Review

Please follow the link below for the Triathlon Scotland selection review policy http://www.triathlonscotland.org/wp-content/uploads/2015/06/Selection-Review-Process.pdf

Further Information

If you require further information on this selection policy or wish to clarify anything, please contact the National Development Manager at development@triathlonscotland.org or call 01786 466 903