

***“Everyone here respects the needs of the residents and are so helpful; the kindness and generosity of spirit touches the parts that medication does not reach”. Tedworth resident***

TO INSPIRE WOUNDED, INJURED AND  
SICK PERSONNEL AND RETURNING  
VETERANS TO LEAD ACTIVE,  
INDEPENDENT AND FULFILLING LIVES  
THAT **ENABLE** THEM TO REACH THEIR  
FULL POTENTIAL AND TO **SUPPORT** THEM  
AND THEIR FAMILIES, WHEN NEEDED,  
FOR LIFE.

# WHO DO WE SUPPORT?



- Opened July 2011
- Over 1300 unique individuals so far
- Army / RAF / Navy & Marines
- Wounded, injured & sick  
Serving & veterans & families
- 40% op wounded / 60% other causes
- Independent, mobile & self-medicating
- Residents & day visitors

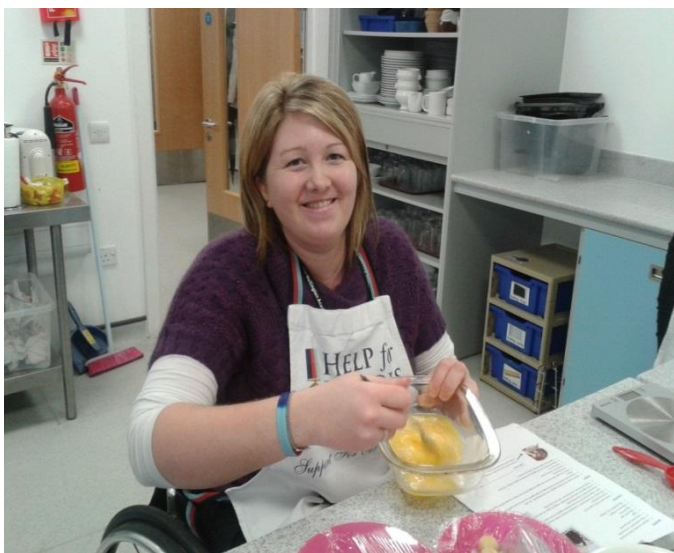
# WHAT DO WE DO?



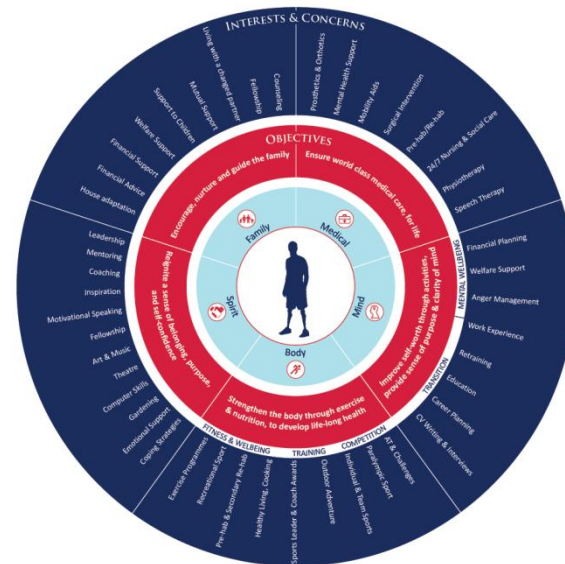
- Re-engagement
- Life Skills
- Respite
- Education and Training
- Psychological Wellbeing
- Health & Physical Wellbeing
- Welfare Support
- Recreation
- Fellowship
- Family Support



# HOW DO WE DO IT?



- Individual Recovery Programme
- Holistic Approach:
  - Mind
  - Body
  - Spirit
  - Family
  - Medical



# THE SUPPORT HUB (ONE STOP WELFARE SHOP)

- Over 60 specialist delivery agencies, local social services and charities working together to provide a joint solution
- Each contributing their specialist skills and services
- Residents can receive everything they need in one place



# SPORTS RECOVERY

- Number of participants on wider programme in 2013 = 1,800
- Number of events for 2013 = 300+
- Since the Paralympics = 80% increase on grants awarded for sport engagement
- Battle Back covers sport and adventure training on a daily basis at all Recovery Centres
- From grass roots to Paralympic level
- *Sports include:* Ice sledge hockey, BloKarting, skiing, wheelchair basketball, adaptive rowing, surfing, fishing, track & field and climbing



# BAND OF BROTHERS / BAND OF SISTERS






BoB = 2,847 / BoS = 1,696  
Rate per week = 30



## *Offers include:*

- Gordon Ramsay event, London attractions, BoS respite weekends, Top Gear filming days, F1 track days, Buckingham Palace Jubilee Garden Party and many, many more...
- BoB and BoS both offer a listening ear, support and fellowship to all members



Background	Issues	Action/Outcome	Risk Rating (Red, Amber, Green)
<b>Sport &amp; Leisure</b>	<p>Served 12 years in 32 RA</p> <ul style="list-style-type: none"> <li>Was part of motor bike display team until accident on duty in 2001. Broken leg and suffered mild TBI.</li> <li>Fell 18 foot off truck in Iraq in 2005. Dislocated shoulders and hit head.</li> <li>Medically discharged in 2010</li> <li>Diagnosed recently with rare genetic joint disorder.</li> </ul>	<p>Introduced to JP at Phoenix Centre who put together a bespoke fitness programmed based on Jo's abilities and invited him to join the Hand Bike team at TH.</p> 	
<b>Health</b>	<ul style="list-style-type: none"> <li>Tires easily and joints dislocate.</li> <li>Had 6 operations on knee. Surgeon recommends amputation but Jo not keen.</li> <li>Jo 'blacks out' and falls quite frequently. He is concerned it's not always down to his legs giving way as GP believes.</li> <li>GP often away and Jo feels he's not being listened too.</li> </ul>	<p>Informed Jo about  Arranged for Blesma Bill to have a chat with Jo who introduced him to a soldier who had an elective amputation.</p> <p>Invited Jo and family to  information evening on 10<sup>th</sup> July at Tedworth House.</p>	

**Accommodation & Relocation**

- Jo has a 2 bedroom adapted bungalow and receives HB.
- No carpets and Jo trips on the rugs.

Arranged appointment with Chris Christopher RBL who paid for carpets



**Relationships & Family** (any issues?)

- Jo lives with wife Clare and 5 year old son Philip.
- Clare works 1 hour a day. She would like to work longer but worries about Jo falling.
  - Jo isn't left alone with his son in case he blacks out.
  - Jo says when he feels really low he tells his wife to leave him.

Clare is a member of BOS and attends coffee



mornings.  
A Canine Partner (see action above) might allow Clare to feel more confident leaving Jo alone and give them both more independence.

**Education, Training & Employment**  
Current level of education  
Employment aspirations






- Jo has a diploma in Health and Social Care.
- He has been told by his GP that it is unlikely that he will work again but Jo doesn't feel sitting at home is doing him good.
- Jo enjoys working with engines, making models and horses.




AS to make an appointment with Frances Fox



to discuss suitable volunteering options/possibly [Horse Back Uk](#)

Grants provided funding for Jo to attend Horse Back UK. Has been invited back by Jock and Emma to help in future courses.

<b>Education, Training &amp; Employment</b>	<ul style="list-style-type: none"> <li>• Jo has a diploma in Health and Social Care.</li> <li>• He has been told by his GP that it is unlikely that he will work again but Jo doesn't feel sitting at home is doing him good.</li> <li>• Jo enjoys working with engines, making models and horses.</li> </ul>	 <p>Recommended Pathfinder. Jo has completed Inspire and Enable phases and has had a vocational assessment and been assigned a mentor, completed CV workshop with Barclays. Applied for a job as a harbour master in Poole and waiting for interview!</p>	
<b>Drugs and Alcohol issues</b>	<p>No issues</p>		
<b>Attitude, thinking and behaviour</b>	<ul style="list-style-type: none"> <li>• Jo used to access mental health services at Headley court but support stopped when he was discharged</li> <li>• Reported finding it difficult to control his anger.</li> <li>• He said he had broken lots of objects around the home in frustration. Finding it hard to accept his illness and that he may not work again.</li> <li>• Jo believes he has undiagnosed PTSD</li> <li>• Jo said he doesn't go out because he feels so angry and worries he might get into fights.</li> </ul>	<ul style="list-style-type: none"> <li>• Appointment made for Jo to see Davis Deen (Wellbeing) to discuss anger management and sleep hygiene.</li> <li>• Appointment made with Pat from Combat Stress</li> </ul>  <p>Wrote a letter to GP on Jo's behalf asking for him to be considered for local mental health support and for his black outs to be investigated. Given new GP and receives local NHS support with MH and is undergoing tests into cause of black outs.</p> <p>Update – Much more positive, wife says she's 'got the old Jo back'.</p>	

<b>Independent Living</b>	<ul style="list-style-type: none"> <li>• Due to his black-outs, wife needs to be at home full-time with him – therefore, cannot live independently.</li> </ul>	 <p>CANINE PARTNERS</p> <p>A Canine Partner will make a difference.</p>	
<b>Money</b> <ul style="list-style-type: none"> <li>• AFCS</li> <li>• PAX</li> <li>• Debts</li> <li>• Benefits</li> </ul>	<ul style="list-style-type: none"> <li>• Received AFCS</li> <li>• No debts but struggles to make ends meet.</li> <li>• In receipt of DLA and War Pension</li> </ul>	 <p><b>Service Personnel &amp; Veterans Agency</b> An Executive Agency of the Ministry of Defence</p> <p>Chrissie SPVA gave Jo number for his local Welfare Manager to try to increase War Pension to 80%. (That way his wife can claim carers allowance)</p> <p>BMA advice appointment made through CAB</p>  <p>DLA was able to increase to higher rate mobility</p>	
<b>Other Support</b>	<ul style="list-style-type: none"> <li>• Jo is a Band of Brother</li> </ul>	<p>Regularly attends events. Has met Jeremy Clarkson and had a spinning lesson with Jenson Button.</p> <p>Appeared in the Sun when BA 1<sup>st</sup> Class lounge was opened.</p>	



# QUESTIONS?

