

Focused on
your needs



Rumbling Bridge
Huntington's Unit



Balhousie Care Group
sharing your care

www.balhousiecare.co.uk

Welcome to our purpose-built Huntington's Unit at Rumbling Bridge, where we provide two dedicated units that support specific care needs to sustain a high quality of life.



Our dedicated, spacious and therapeutic environment can support up to 17 male and female residents at any time.

- All staff trained by Scottish Huntington's professionals
- Respite and rehabilitative support
- Relatives' lounge with games, TV, computer etc
- Therapy room: providing physio, occupational and speech therapies
- Relatives' support group, in association with Scottish Huntington's Association
- Planned activity days and trips.

“

I have confidence in the staff and service here, I know my husband is receiving the care he needs. We're both very happy.”

Our caring community

Our Huntington Unit provides a supportive environment that delivers high quality care to meet individual needs.

We offer a community here, in which service users, family and friends can find the full range of ongoing support and advice they need. Indeed we are proud to work closely with the Scottish Huntington's Association in developing our care.

Our scenic location and extensive formal gardens provide a tranquil environment that residents find very therapeutic.

Residents enjoy a regular programme of outings and daily activities reflecting individual needs and wants: from walks in the garden and art, to indoor skittles in our games room.



“

It's good and a nice and quiet environment. The staff are great, we've such a wonderful relationship.”



En-suite bedrooms can be decorated and personalised. While living areas and corridors cater for all mobility needs.

Supportive space

We offer respite and rehabilitative support as well as long-term care.

The Huntington Unit offers spacious rooms, corridors and living areas that cater for all degrees of mobility. Here we ensure comfort, peace and dignity for each resident, every day.

Bedrooms can be personalised and our family room offers a relaxed area to replicate home life. Enjoy watching DVDs together; play computer games or board games; create arts and crafts; or share a cup of tea or coffee and enjoy an opportunity to relax together.



Caring transition

Our highly trained multi-disciplinary team works closely with families to ensure a smooth transition into full-time care, when that level of support is preferred. Our person-centred care approach embraces therapeutic interventions that deliver positive outcomes, helping individuals maintain a high quality of life.

Care planning

Our adaptive care planning, on-site therapy room and mix of public and personal space delivers a completely personalised care and lifestyle package.

Therapy sessions help with mobility, clinical needs and associated pain or anxiety.

Each personalised care plan involves exercise, therapies, social interaction and nutrition, and we work to ensure we meet current best practice, with input from the wider health team, GPs and Huntingdon's specialists within local NHS Trusts.

Regular professional training, delivered in-house and through external specialists – including the Huntingdon's specialist with NHS Tayside – also ensures we are constantly offering residents the highest level of care available.

To find out more about the specialist care we provide, or to arrange a visit, please call: 01577 840478 or email: angela.wallace@balhousesicare.co.uk



Through our Resident Council we reflect residents' group decision-making in social events, food preferences and our diary of regular activities.



“There's a great selection of meal choices and the food is always lovely.”

A caring,
supportive
and informed
community,
focused on
your needs.

Rumbling Bridge Care Home

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