

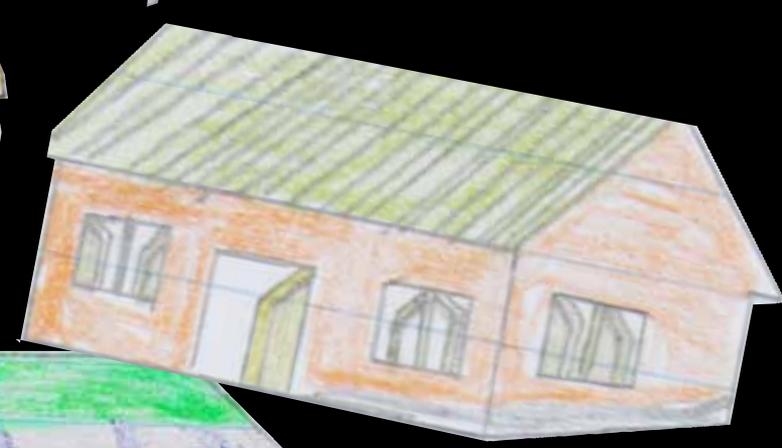
NKURINGO

Foundation Nursery & Primary School

March 2017

# NEWSletter

people to people



# RESULTS TIME

SEE INSIDE FOR MORE DETAILS

# YEARLY REPORT TO SPONSORS

Approximately four times a year the school children write to their sponsors. The older children actually write their letters themselves and as you can see the handwriting and English is very good. The very young children draw pictures for their sponsors and the teachers give them a little hand by writing something for them. It is lovely to see how the children progress year on year!

Remember you also can send letters to your children – they love to receive them and hear all about your families too!

At the end of every school year – just like here – the children receive their school report. All children hope for a good report and to get promoted to the next class. If a child does not do well enough they have to repeat the whole year again – so it is a tense time!

Sponsors are sent the reports – good or bad! You can see an example here! We may find it odd that there is an allocation of pens, books and toilet rolls – but in a country where nothing is wasted everything has to be accounted for!!!

When children receive letters from sponsors we receive a photo of the child holding their letter. Maybe some of you would be happy to send us photos of you holding the letters you receive from the children so we can put them in the newsletter!

We believe that such links with the children help all of us understand each other better and certainly lead to some wonderful friendships!!

**NKURINGO FOUNDATION NURSERY & PRIMARY SCHOOL**  
P.O BOX 36385 KAMPALA TEL: 0782193135  
Email: nkuringonusery@gmail.com

**TERMINAL REPORT**

NAME OF CHILD BUTAMUKAMA PROSPER CLASS P.1 TERM III  
AGE \_\_\_\_\_ SEX M YEAR 2016  
POSITION 2nd OUT OF 24

SUBJECT	MARKS	SCORE	REMARKS	INITIALS
ENGLISH	100	95	V-Good	
SCIENCE	100	66	Good	
MATHEMATICS	100	64	Good	
SOCIAL STUDIES				
RELIGIOUS EDUCATION	100	68	Good	
READING	100	66	Good	
ORAL				
HEALTH HABITS				
DRAWING				
WRITING	100	88	Very Good	
CLEANLINESS				
SINGING				
LANGUAGE DEVELOPMENT				
TOTAL	600	449	V-Good	

**MONTHLY REPORT**

MONTH	ENG	SCI	MTS	SST	RE	READ	ORAL	SING	DRAW	WRT	HB	LD	POSN
	98	88	88		96	99	96			78		643	1st

CLASS TEACHER'S COMMENT Excellent Promoted to P.2  
SIGNATURE [Signature]

THIS TERM ENDS ON 16/12/2016 NEXT TERM BEGINS ON 30/01/2017

REQUIREMENTS FOR NEXT TERM  
TOILET PAPERS 6 rolls PENS/PENCILS 5 BOOKS 12

HEADTEACHER'S REPORT It's a very good attempt keep it up.  
SIGNATURE [Signature]

I have read and observed all the report

NKURINGO FOUNDATION NURSERY AND PRIMARY SCHOOL,  
P.O-BOX 36385  
KAMPALA  
6-02-2017

Dear my Sponsor Tina Konietes

Thank you for your sponsorship, I'm very happy and working very hard. I'm now in a new class, primary four. I was promoted to that class.  
Hoping to see you here in Uganda. Let me know when you are in Uganda. I will be your obedient beneficiary.  
KAKURU POLYSMUS.  
Thank you.

NKURINGO SCHOOL  
06/12/2017.

Dear my Sponsor Tina Konietes

Thank you for sponsoring me. I am studying very well at school.

Wish you a happy new year.

NKURINGO FOUNDATION NURSERY AND PRIMARY SCHOOL  
P.O. BOX 36385  
KAMPALA  
6-02-2017

Dear my sponsor, Mrs. [Name]

Thank you for your sponsorship. I'm very happy indeed and working very hard. I'm now in a new class, primary four. I was promoted to that class.  
Hoping to see you here in Uganda. Let me know when you are in Uganda. I will be your obedient beneficiary.  
IVAN TUMWEZIGYE  
Thank you.

NKURINGO FOUNDATION NURSERY AND PRIMARY SCHOOL  
P.O. BOX 36385  
KAMPALA  
06/12/2017

Dear Eileen

Thank you for your support towards education. I'm very happy for the gifts you sent. I like them all. Behind is attached report form for you to see how I performed last term.

Kind regards  
Pamela

NKURINGO SCHOOL  
06/12/2017.

Dear Beverly and Ian Moleworth

Thank you for sponsoring me. I am studying very well at school.

I wish you a happy new year.

Enjoy my writing and report for me to see how I am at school.

Best wishes  
Nina Catherine

NKURINGO FOUNDATION NURSERY AND PRIMARY SCHOOL  
P.O. BOX 36385  
KAMPALA  
06/12/2017.

Dear my sponsor, Mrs. [Name]

Thank you for your support towards education. I'm very happy for the gifts you sent. I like them all. Behind is attached report form for you to see how I performed last term.

Wishing you well.  
From Isaac Mugebe

# BLOSSOMS

## BLOG

**M**Y NAME'S BLOSSOM and I'm a 22 year old student paramedic, I've grown up and live in a small village in the East Sussex countryside.

Just before Christmas I had the absolute pleasure of meeting Janet and Steve at a local event where some mutual friends introduced us. After hearing about their work in Nkuringo and telling them a bit about myself, my Ugandan adventure really came to life.

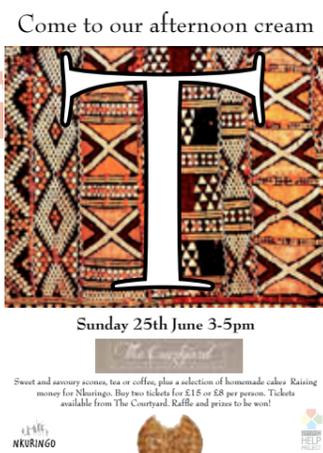
I'm currently training as a paramedic and have always aspired to work internationally, whether that be in a disaster setting or with development in mind. I've grown up with a love of travelling and have spent numerous holidays abroad with my family. Africa is a continent I've not yet had the chance to properly explore so I'm keen to discover a new culture and meet new people.

I'd always wanted to spend my summer volunteering to gain more experience and had been looking at various gap year companies but they all seemed so impersonal. The Singing Gorilla Projects and the Nkuringo Green Hill Health Clinic was perfect. The small community clinic with big goals is somewhere I hope to use my skills to the greatest potential and learn from everyone involved.

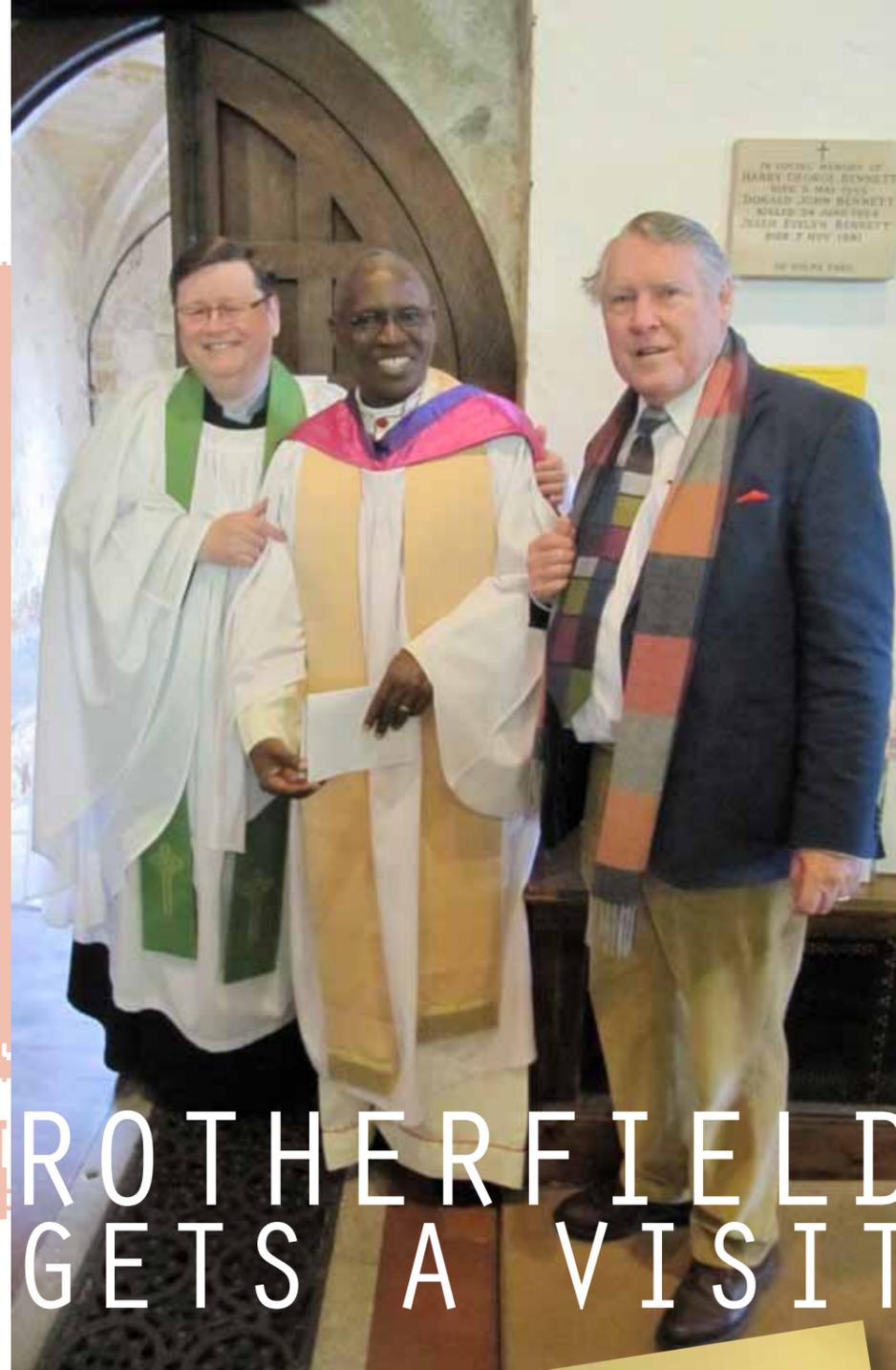
The contact I've had from everyone involved has been absolutely wonderful and I'm so excited to meet everyone in July. Things are coming together, I've now booked my flights and am arranging a couple of fundraising events to hopefully go towards medical equipment. In May I'm also going to be taking part in the London 2 Brighton challenge, walking 100km non-stop. My aim is to complete it in under 24hrs and raise as much money in sponsorship as possible.



02/01/2017 11:26



**Above:** Some other events where Blossom is trying to raise money for her trip to Nkuringo, a Quiz night and Cream Teas.



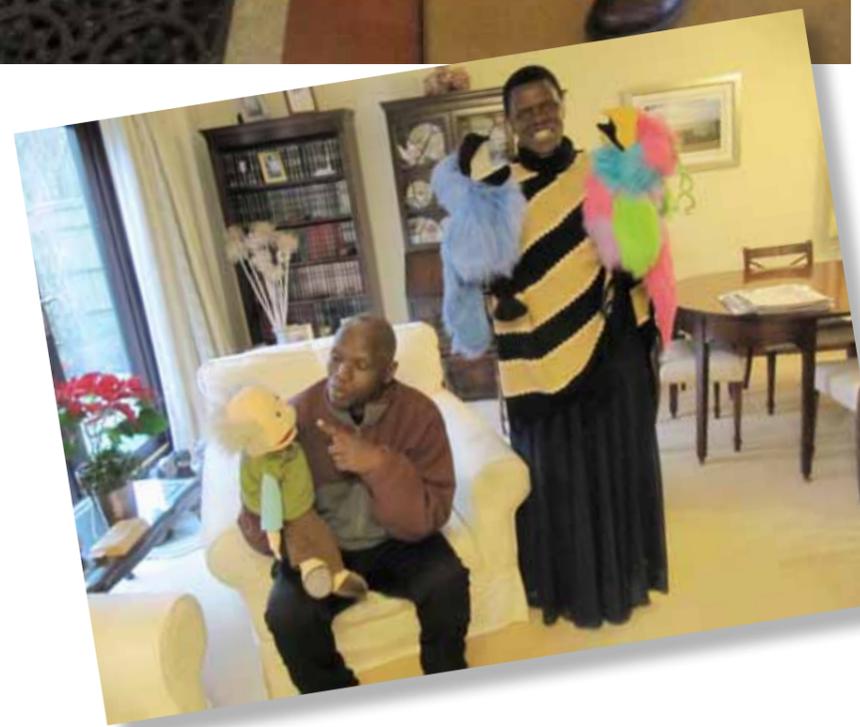
**S**T DENYS' Church was pleased to welcome two special visitors on Feb 19th: the Very Revd Benon Kityo (Dean of Namirembe Cathedral in Kampala) and his wife Bilhah. During the service, Revd Nigel Mason interviewed Dean Benon who, assisted by a Powerpoint presentation, spoke of the Cathedral's long history and its centenary celebrations in 2015, as well as its ongoing ministry today. Dean Benon also celebrated and administered Holy Communion.

After the service the couple chatted to church members, including one who, with her late husband, had farmed in Kenya for many years, and another who spent 25 years of his career in various parts of Africa, including 2½ years in Entebbe. He was able to greet a surprised Dean Benon in Swahili!

Dean Benon and Bilhah very much enjoyed their visit and took great interest in the church's activities - especially Messy Church and Puppet Tree, the puppet ministry featured at Family Services. Dean Benon was seen taking many photos around the church!

Kampala is a long way from Nkuringo - over 450 km - but it was good to learn more about Uganda and its people.

**Denise Honey  
Reader  
3rd March 2017**



Puppet Tree was formed in 2004 and has been performing regularly at the Family Services at St Denys on the first Sunday of each month ever since. We currently have 9 puppeteers and over 50 puppets so there is plenty of scope for anyone who wants to join us and have a go!

# YOUR GENEROSITY IS OVERWHELMING

Every month we are so proud to bring you news of your generous donations and the difference these donations are making to the lives of people in the community. Donations vary from the purchase of water filters for families; bunk beds for the new dormitories; desks and chairs for the new classrooms – to hens and goats for the children we sponsor or the communities we support.

Where possible we bring you photos of these gifts when they are received – but these photos cannot possibly convey the great difference you are making to the lives of these people. Donating goats or hens means eggs, milk and nourishment for the poorest among the community. A water filter can save the need to collect and burn wood to boil water to drink. Each bench, desk, chair or bunk bed will serve hundreds of children over the coming years – giving them the opportunity to learn in a comfortable environment.

We cannot thank you enough for all your help.

Remember – every penny you donate goes straight to the communities. You can either specify what you want your money spent on or leave it to the communities to ensure it is used to best effect. In all cases you will receive feedback and photos.

Want to get involved? Contact us for further information.



## CHILDREN NEEDING SPONSORS

These local children are poor and either unable to start or continue at school because of lack of money. If you or any of your friends could help one of these children by sponsoring them you will make a real difference! Please contact us if you can help.

AGE 5

**GRACE ARINEITWE** Age 5. She is 7th of 8 children and is from Kahurire Village within Nteko Parish.

AGE 10

**ALEX KICONCO** Age 10. Has only a mother, his father died. He is 3rd of 5 children and is from Kashija Village in Rubuguri.

AGE 7

**COLLINES TAREMWA** Age 7. He is 3rd of 4 children and is from Kitahurira.

AGE 16

**GERALD AYINEMBABAZI** Age 16. Has only a mother, his father died. He is 1st of 2 children and is from Higabiro Village in Rubuguri Parish.

AGE 9

**EVALYNE TUSHABE** Age 9. She is 5th out of 5 children and is from Kahurire Village in Nteko Parish.

AGE 7

**JORAM AKAMPURIRA** Age 7. He is 3rd of 4 children and is from Kasherikamwe within Nteko parish.

AGE 12

**TOPHIL HABARUHANGA** Age 12. He is 3rd of 6 children and is from Kahija Village in Rubuguri.

AGE 8

**AQIRA KAMAHORO** Age 8. She is 2nd of 3 children and is from Nyabaremura Village in Rubuguri.

As the rainy season is now here with a vengeance, work on the classrooms and dormitories is speeding up. In fact as you will see elsewhere in this newsletter we already have some children sleeping in the new dormitories – even if they do need a bit of finishing off!

Here you can see some of the school children inspecting the upper floor where the new dormitory is situated. When the new group of children from the HIV group started school recently – thanks to so many kinds sponsors out there – their parents and guardians were invited to inspect this new building. It may seem hard to believe to us – but many of these people had never seen a building on two floors before and were truly intrigued at such a feat of engineering. How anyone could build a house that had an upstairs was amazing. I wonder what they would make of some of our skyscrapers!

We still have money to raise to complete this building but you can see it is already almost serviceable and just needs a little push to get there!



# THE ROOF IS ON



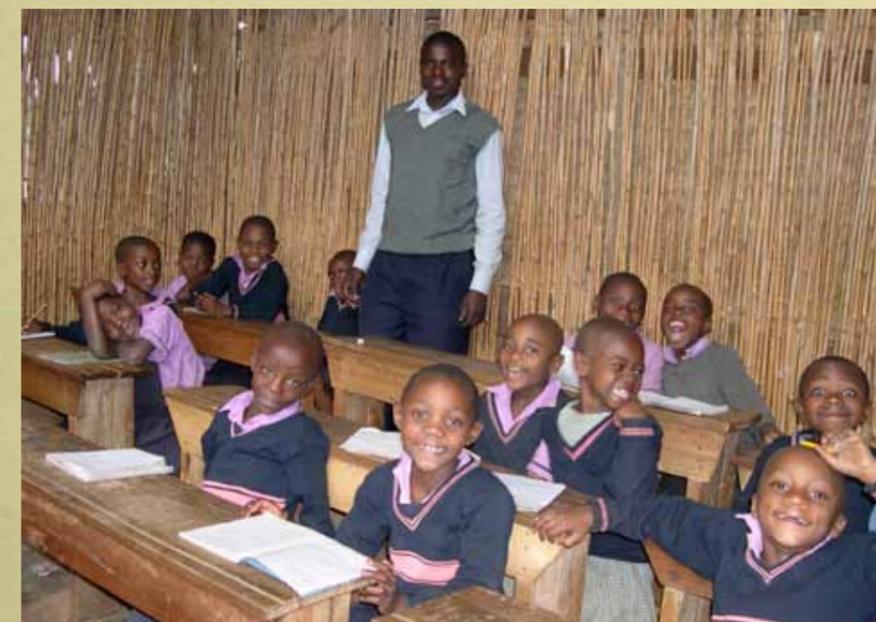
Foundation Nursery & Primary School Staff

## ALEX TUMUSIIME

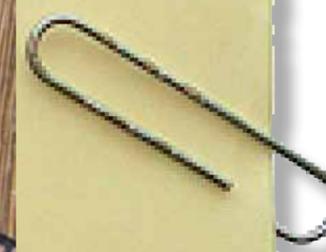
We thought it would be nice for you to get a better understanding of the people who make the Nkuringo Foundation Nursery and Primary School tick. Each month we try to focus on one member of staff. All are important and all have a different role to play. This month we focus on a teacher ALEX TUMUSIIME

Alex teaches Primary One. He is 24 years old and unmarried. He comes from the Village of Igabiro in the Rubuguri Parish. He has worked at the school since June 2016. He has a certificate to teach Lower Primary. He teaches the children local languages but also English. He is also a health and sanitation teacher. At this age the teachers focus on Mathematics and Religious Education. "Religious education is important to ensure the children have good morals and also the love and respect of God".

You can see that the children in his class are very happy!



NKURINGO



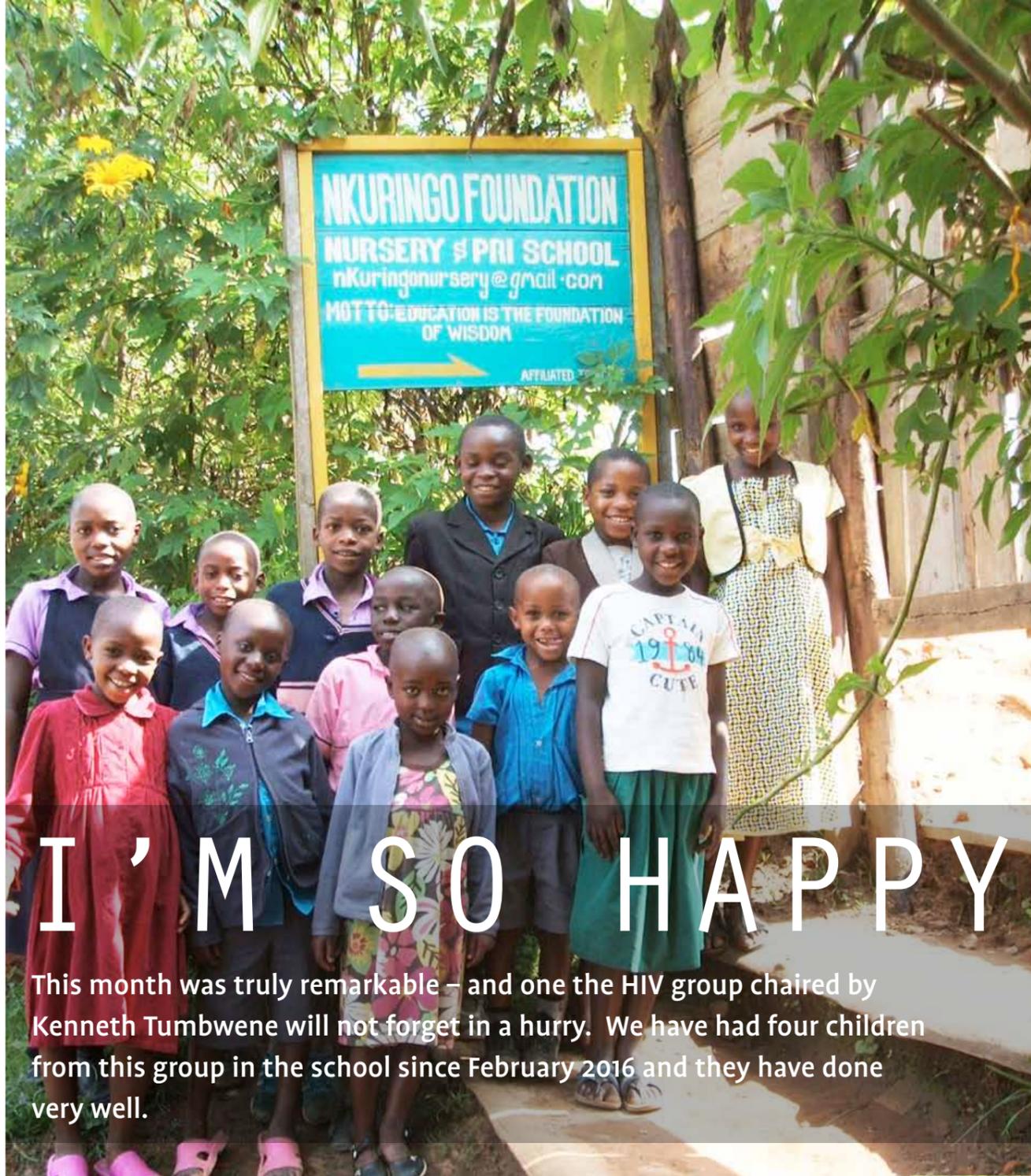
## WORMS!

Habimana Happy Isaac of the Nkuringo Green Hill Health Centre sent us this photo and commented:

During the rainy season we expect worm infestation to increase because most of the people in the community don't have shoes and their skin gets soft walking in mud. These worms are soil transmitted helminths or geohelminths - a group of intestinal worms belonging to the class of nematode. Examples of these worms include *Ascaris lumbricoides*, *Ancylostoma duodenale* and *hookworm*. These infect the intestines and are transmitted via infected soil. *Ancylostoma duodenale* (hook worm) is the most common during the rainy season - this occurs when larvae hatched from eggs in the soil and penetrate the soft skin.

We need more shoes!



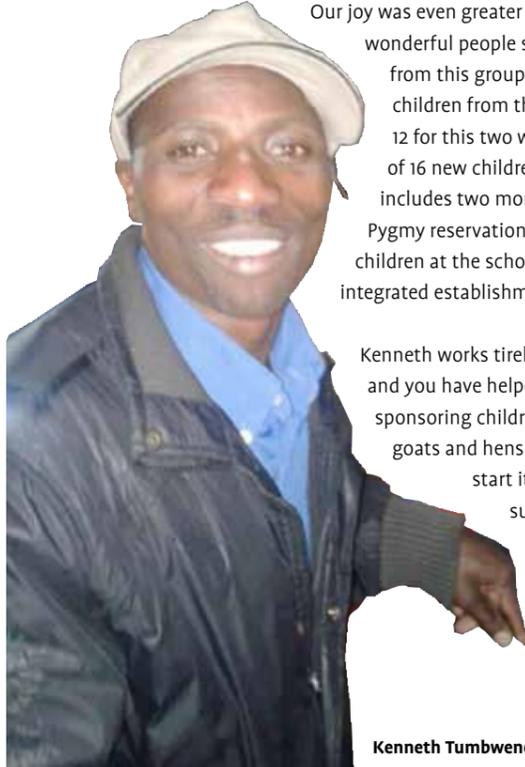


# I'M SO HAPPY

This month was truly remarkable – and one the HIV group chaired by Kenneth Tumbwene will not forget in a hurry. We have had four children from this group in the school since February 2016 and they have done very well.



IT IS NOT easy for these children – who are all negative but have families that are HIV positive, often ill and desperately poor. I promised Kenneth that as soon as the dormitories were complete and there was more space in the school I would try and take the number sponsored from his group up to 12. I expected it would take all year but asked him to choose the 8 most needy children (in order) to have them ready for sponsorship. I stipulated it had to be four boys and four girls as we always sponsor as many girls as boys. Kenneth gave me the list at the beginning of March 2017. To cut a long story short we were all crying with joy as one after the other each of these children received a sponsor. Two started school within two days of the list going live and the following week they were joined by Seven more. Yes Seven – giving us a total of Nine to start within a two week period. As Kenneth was taking a photo for me of the last girl to make it onto the list a friend of hers started crying. Little Dorith wanted so much to go to school as well. Kenneth asked me as a big favour – if anyone was able to take Dorith as well he would be eternally grateful. Well Dorith got her wish. She and Roseti were put on Facebook on Sunday morning – 5th March – and at 11pm Ugandan time they were told they were going to school the very next day! So we now have thirteen very happy children from this group – all raring to get into uniform and show everyone how hard they can work!



Our joy was even greater because not only did you wonderful people sponsor nine children from this group – we also had three more children from the community – making it 12 for this two week period – and a total of 16 new children this year – which also includes two more children from the Batwa Pygmy reservation. We now have 12 Batwa children at the school making this a truly integrated establishment!

Kenneth works tirelessly to help the HIV Group and you have helped so much not just by sponsoring children but also in providing goats and hens to give this group the kick start it needs to become self sufficient and have hope that their children will have a better future. We will bring you more photos when these children receive their new uniforms!

Kenneth Tumbwene

## OTHER CHILDREN HAPPY TO HAVE A SPONSOR!

We always said as soon as the new classrooms and dormitories were completed we would bring more needy children into the school. So many of you have opened your hearts to these children giving them hope where they had none. It is amazing to think that £110 can give a child an education, bed and board for a year. The one off cost of a school uniform is £12 and with that you have given not only a child a future but you have saved a family too. These children are the future generation and their key to a better life lies in receiving a good basic education. We are not looking to turn out a nation of doctors (although I am sure some will make it!) – but even if they just obtain their Certificate of Education they are already open to so many more opportunities. We know we cannot change the world – but if everyone helped just one person to a better life we would all benefit!

**Thanks again to our wonderful Sponsor Community**



Ivan



Prossy



Julius



Matayo



Regegius



Comfort



Gerusha



## TECHNOLOGY IS A WONDERFUL THING

IT'S THE rainy season now, so there is water everywhere. In puddles, in buckets in big water tanks, they are all filling up. But in a few weeks the rains will stop and the struggle of getting enough water to drink, to cook to wash and bathe will become the daily burden. The Nkuringo Green Hill Health Centre has a 5000 litre water tank, two 3000 litre water tanks and a 1000 litre tank. The water is essential to keeping the centre functioning. Later this year a toilet and shower block will be built close by to support the facility. To ensure that water is provided all the year around, not just in the rainy season, a pipeline is being constructed to provide water from a spring source 400 metres below down a hillside.

At 2130 metres high the NGHH



is located at one of the highest points in the district. The challenge of course is how to move water 400 metres up a hill without the recourse to a pumping system that uses fossil fuels or electricity. At the same time a system needs to be employed that is sustainable and carbon neutral.

In Bude Cornwall there is a company called **Water Power Technologies** which has a pumping technology based around a hydraulic ram. Singing Gorilla Projects is engaging this company to build a hydraulic ram technology facility to move the water from the spring up the hill. This will be done by staging the water in 3000 litre water tanks every 50 to 75 metres up the hill. Not only will the system be able to "step" the water up the hill but will also provide water tank facilities at staging points on the hill for the community to use.

The technology is quite simple to understand. It takes in water at one "hydraulic head" (pressure) and flow rate, and outputs water at a higher hydraulic head and lower flow rate. The device uses the water

Left: The water tanks at the NGHH



Above: The slope to move the water up

Right: A staging point where a tank will be placed



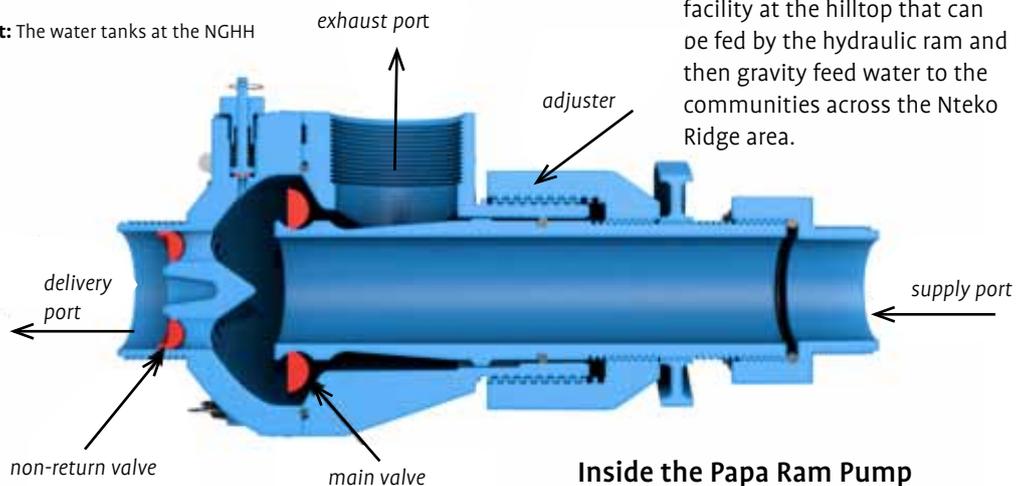
hammer effect to develop pressure that allows a portion of the input water that powers the pump be lifted to a point higher than where the water originally started. A water hammer is the pressure that is created when water is forced to change direction.

As a 2018 project we will look to extend this by looking at servicing a wider area. 100 metres above the health centre

is a flat top hill called the "top of the World". There are plans emerging to build a reservoir facility at the hilltop that can be fed by the hydraulic ram and then gravity feed water to the communities across the Nteko Ridge area.



The spring at 400 metres below the NGHH



Inside the Papa Ram Pump

