We're here for you



Our doors may be closed but we're still open.

Our friendly and supportive staff are on hand Monday to Friday 9.30am - 5pm. Leave us a message outside these hours and we'll be in touch.

Well-being

We offer advice, information and support to help you manage your mental well-being. Get in touch if you are feeling anxious or distressed.

Phone: 01256 476572 Email: well-beingbasingstoke@andovermind.org.uk

Carer Support and Dementia Advice

Providing advice, information and support to carers and people with dementia and memory problems. Contact us if you have any concerns.

> Phone: 01264 332297 (option 3) Email: enquiries@andovermind.org.uk

Providing services across Hampshire



Andover