

PLAY IS IMPORTANT FOR EVERYONE, NOT JUST CHILDREN. IT HELPS US COPE WITH STRESS, BUILD RESILIENCE AND IS GOOD FOR OUR HEALTH AND WELLBEING. IT PROVIDES FREEDOM FROM THE STRUCTURE OF OUR EVERYDAY LIVES.

THIS SUMMER, THE CHELTENHAM TRUST IS INVITING YOU TO COME AND PLAY WITH US AT CHELTENHAM TOWN HALL, PITVILLE PUMP ROOM, WILSON ART GALLERY & MUSEUM, PRINCE OF WALES STADIUM AND LEISURE AT CHELTENHAM.

THE WILSON HAS INVITED ARTISTS TO TRANSFORM OUR THIRD FLOOR GALLERY INTO A SPACE WHICH INVITES YOU TO EXPERIMENT, PROBLEM SOLVE AND EXPRESS YOURSELF THROUGH PLAY. LEISURE AT CHELTENHAM HAS ACTIVITIES FOR CHILDREN, OR FOR THE INNER CHILD WITHIN, AND CHELTENHAM TOWN HALL IS BRINGING BACK CIRCUS FOR YOUNG AND OLD!

HAVE A LOOK AT DIFFERENT WAYS TO PLAY BELOW AND FIND ALL DETAILS AND BOOK TICKETS ON OUR WEBSITES: WWW.CHELTENHAMMUSEUM.ORG.UK; WWW.LEISUREATCHELTENHAM.COM; WWW.CHELTENHAMTOWNHALL.ORG.UK



ONGOING

WORLD OF WONDERS! GALLERY FOR UNDER 5s Let your eyes be dazzled! Let your imagination soar! Play, touch, crawl and sing in our new gallery for little people and their families, carers, friends and fellow adventurers. **The Wilson**

WORLD OF WONDERS TRAIL, Pick up a trail at the information desk to explore our galleries and find objects from around the world. *Runs throughout the summer holidays*, The Wilson FREE

DISCOVERY TOURS FOR FAMILIES AND THE CURIOUS Hear the stories The Wilson collection has to tell. *11:15am Tuesdays and Fridays in August,* **The Wilson FREE**

PLEASE TOUCH! OBJECT HANDLING STATION, Join us to get hands on with some special objects from the museum. 3.15pm Tuesdays and Fridays in August, The Wilson FREE

HIDDEN CHELTENHAM Pick up a beautifully illustrated map from The Wilson with twelve central locations pinpointed, and set off on a town centre trail to find the hidden stories each one reveals.

The Wilson FREE

TOYS AND GAMES For the summer holidays our new Star Objects as part of our ongoing exhibition A Window Into the Wilson are vintage toys and games from the collection. Come and see what children played with from the Victorians to the 1950s. *Runs throughout the summer holidays*, **The Wilson FREE**

THE PLAY ZONE Come and join in with our Ofsted registered holiday club! Activities include daily swimming, glow sports, cooking, outdoor exploration, art, design and more. 8:30am – 6pm Runs throughout the summer holidays, Prince of Wales Stadium, Full day £25, Half Day £20

SENSE AND PLAY UNDER 5s Engage and develop your baby's senses through sound, light and touch. *10.15am – 11.00am & 11.15am – 12.00pm, Wednesdays*, Leisure At Cheltenham £4.10

THE SOFT PLAY PARTY UNDER 5s Dive right into our weekly Soft Play Party with a bouncy castle and stimulating circuit with plenty of fun and games alongside. *10:30am – 11:15am, Fridays,* Leisure at Cheltenham £2.20/ £4.20 / £5.30

GET PLAYFUL IN THE GYM! Exercise doesn't always have to feel like exercise. Why can't training be fun? Come and try throwing, catching, hanging, climbing, pushing, pulling, racing and problem solving at the gym. **Leisure at Cheltenham FREE TO GYM MEMBERS**

QUEENAX HIIT CIRCUIT (PLAYGROUND FOR GROWN-UPS) Get playful in the gym with our new Queenax Rig! A versatile and engaging piece of kit that allows users to exercise using a full range of functional movements. We have monkey bars, ropes, bungee's, tyres, punch bag and more! 12:45pm -1:15pm Monday and Thursday, 5:30pm - 6pm Friday, Leisure at Cheltenham FREE TO GYM MEMBERS

SPECIFIC DATES IN AUGUST

SWIMMING CRASH COURSES This four day intensive programme for stage 1&2 will see your child enhance their all-round swimming. *9:15am -10:15am & 11:15am -12:15pm*; Week One 31st July - 3 August; Week Two 14 -17 August, Leisure at Cheltenham £23.50

DIVE TASTERS A fun opportunity to try out diving. Participants will need to be water confident and be able to independently return to the poolside of the diving pit. **10am & 10:45am, 2 Aug, 16 Aug, Leisure at Cheltenham £7**

TIGER'S MIND BY CHRIS CUNDY Enjoy and discover the music of Cornelius Cardew in this playful interpretation by Chris Cundy. Chris Cundy will be in residence during the exhibition. Special live performances at 3PM Saturday 11 August bring Cardew's unusual musical scores, including The Tiger's Mind to life. *Wilson opening hours 4 - 14 August*, The Wilson FREE

ART WITH SHADOWS Get creative with shadows and silhouettes. Draw and paint striking images inspired by movement, shapes and poses. *11am - 1pm Monday 6 August & Friday 10 August*, The Wilson £5

HOLIDAY CRAFT Each of these holiday sessions has a different craft process or activity to learn, along with painting and drawing animals and artefacts from the museum collection. **10:30am -12:30pm & 1.30pm - 3.30pm, Wednesdays from 8 August, The Wilson £3.50**

THE ART OF RANDOMNESS What if art became a game of chance? The roll of a die could change the outcome of a painting completely. Come along and get creative in the most random way.

11am - 1pm Monday 13 August & Friday 17 August, The Wilson £5

WATER POLO A chance to come and try this exciting sport in our diving pit and be introduced to the basics of the sport. *10am - 11am 7 Aug, 1pm - 2pm 14 Aug* Leisure at Cheltenham £7

BLINDFOLD ART Art is hugely visual, so what happens when we just rely on our other senses? Come and find out! 11am - 1pm Monday 20 August & Friday 24 August, The Wilson £5

SYNCHRONIZED SWIMMING Come and enjoy an introduction to this amazing sport hosted in our teaching pool. *1:30pm - 2:15pm 20 Aug & 24 Aug* Leisure at Cheltenham £6

INVESTIGATING TOYS! Inspired by the August Star Objects of vintage toys in in the Window Into The Wilson exhibition, join us for a morning of play. Drop in and investigate, play with and make your own toy. **10:30am -12:30pm, Tuesday 21 August, The Wilson FREE**

CIRCANELO Circanelo is gestural theatre, dance and acrobatics; it's spontaneity, surprise and fun; enthusiasm, tenderness and ingenuity all in one. Live from the streets of Galicia and Portugal comes trained circus clown Alfredo Pérez Muíño, direct to the Pitville Pump Rooms this summer! **4pm, Tuesday 28 August, Pitville Pump Room £7.50** / **£5.50**