# 2016/2017 SPEAR homelessness to independence

# **30 Years of Transforming Lives**

www.spearlondon.org Registered charity: 1122206



# "SPEAR gave me hope and a second chance in life"

- *loe* -



RICHMOND

UPON THAMES

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**SPEAR** has been transforming people's lives for 30 years. In 1987, after the tragic deaths of two rough sleepers on the banks of the River Thames, the local community came together to open a night shelter. Since then, SPEAR has also transformed as a charity and we now offer a range of accommodation options and support services to people across five South-West London boroughs, reaching hundreds of people each year. The local community remain at the heart of everything we do funding our services, volunteering in our projects and partnering with us on new initiatives. We want to take this opportunity to thank you for your commitment to SPEAR.

Sadly, our work is as important today as it was in 1987: the number of people coming through our doors has increased every year for the last five years. We continue to see more people with complex health and social issues; a lack of affordable accommodation makes finding routes out of homelessness very difficult. At the same time, a climate of financial uncertainty and cuts in services means we are having to do more work with less money. If recent trends continue, the demand for our services will continue to rise.

Our new strategic objectives will help us overcome these challenges. Over the coming years, we will increase accommodation options for people experiencing homelessness; we will continue to improve people's health, skills and employability; we will develop more partnerships and innovative services to respond to changing needs; we will invest in our staff; and we will involve the people who use our services in everything we do. By reaching these goals, we can continue to transform the lives of the people we work with, for as long as our services are needed.



Stuart Nevill. **Chief Executive** 



Jack Stephen, Chair

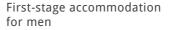




for men

24 hour supported accommodation

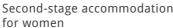
Young people's supported accommodation





Home-based support

Skills development service

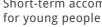






KINGSTON UPON THAMES

Short-term accommodation









**SPEAR** is a charity for people experiencing homelessness in South-West London. We build communities in which everyone has a place to call home, and provide the help needed to lead a fulfilling life. We recognise that homelessness is much more than just a housing issue, so we provide a range of accommodation and support services to help people reach their full potential



Homeless Health Link Service



Support to access the private rented sector

Established 2016/2017 or earlier

Established 2017/2018

# **Our Impact** Transforming...

### LIVES

**SPEAR** understands that every person is different. We help people with every aspect of their life, so they can fulfill their hopes and ambitions

people accessed **SPEAR's services** in 2016/17

### ACCOMMODATION

**SPEAR** provides different types of accommodation, with varying levels of support, suited to the individual needs of each person

We gave

women a home

rough sleepers in Ne Richmond

rough sleepers in Ne Sutton\*

### HEALTH

**SPEAR** helps people to improve their mental and physical health. Our Homeless Health Link service supports people to overcome the barriers they might face in accessing health care. We undertook an evaluation of the service in September 2016. Since it started in April 2015:

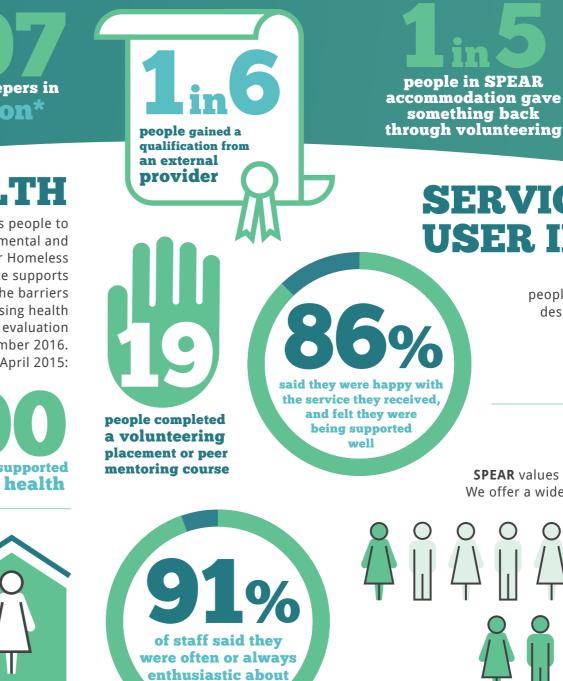
> people were supported with their health



of SPEAR's service users were under 25

SKILLS

**SPEAR** recognises that gaining new skills and building confidence is crucial for a positive future



their job



We found accommodation for 12 people a month



supported tenancies and 90% of people maintained their accommodation

## We secured funding from Big Lottery Fund to keep services running for another

100 GP

Registrations

We reduced use of emergency services by

## **WOMEN'S LIVES**

Women experiencing homelessness have often had different experiences to men. A tailored approach to supporting women is therefore essential. In 2016/2017:



We helped 100 people register with a GP

\*In Richmond, we classify new rough sleepers as those who are sleeping on the streets. In Sutton, we work with both those sleeping rough on the streets and other places, such as sofa surfing

## **YOUNG PEOPLE'S LIVES**

**SPEAR** provides accommodation and support for young people affected by homelessness. Our goal is to equip young people with the skills and tools to live and work successfully in the future

of young people

were supported into education, training or employment





### SERVICE **USER INVOLVEMENT**

**SPEAR's** Service User Involvement Group gives people the chance to get involved in running SPEAR, design their own activities and support their peers

> We asked all the people using and delivering **SPEAR's** services for feedback. 35 people responded to this service-user survey

### **OUR STAFF**

SPEAR values the skills, experience and diversity of our staff. We offer a wide range of training opportunities to help people develop a rewarding career

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1 in 6 SPEAR employees has experienced homelessness

8 out of 9 SPEAR trainee workers have gone on to professional roles in the social care sector

#### www.spearlondon.org

#### **Board of Trustees**

Jack Stephen, Chair Barrie Hatch, Vice Chair Charlotta Campanale Jonathan Cardy Alex Doig **Grant Healy Katy Kiely Duncan Richford Rachel Smith** leremy Theobald

# Who's Who? Leader of the Liberal Democrats

#### **Executive Team**

**Stuart Nevill**, Chief Executive Lesleigh Bounds, Director of Operations Sved Ali Nagi, Finance Director

# Fundraising

This year, lots of brave supporters took on challenges for SPEAR. Events included Swimathon, Run to the Somme, the Brighton Marathon, Hackney Half Marathon and Ride London

# Volunteering

Volunteers' roles included IT, literacy and maths tutors; **SPEAR** ambassadors; receptionists at **SPEAR** projects; and volunteer fundraisers

# What are the things I'm most proud of

Moving towards asset-based working, to explore people's strengths and abilities Improved data collection with new service user and fundraising databases We were awarded ISO 9001, which shows our commitment to delivering guality services **Becoming a London Living Wage employer** • We developed an early intervention model for working with households at risk of homelessness

- Lesleigh Bounds, Operations Director -



We reached over 4,000 people in the local community through presentations on homelessness to local councils, health and social care professionals, schools, community groups, faith groups and local fairs

## Volunteers what we do

Kate and Sarah are a stylist and a de-clutter expert respectively. They help people to build confidence through professional styling with donated clothes

# Finances

Patron

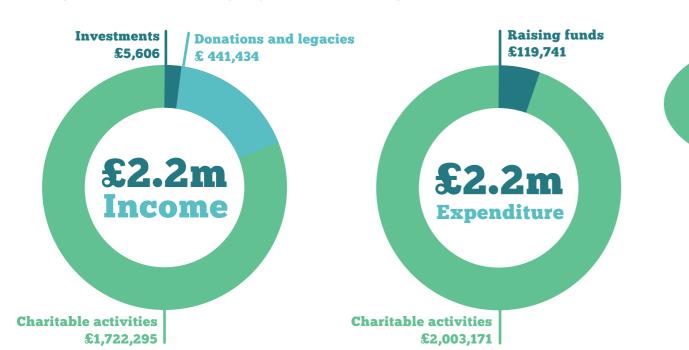
The Rt Hon Sir Vince Cable

and MP for Twickenham:

appointed Patron of

**SPEAR** in 2016

Over the past 5 years, SPEAR has increased revenue by nearly 50%. In 2016/2017, revenue exceeded £2million. Growth is largely as a result of our statutory and charitable partners investing in our programmes. Thanks to their funding, we are able to effectively respond to the increasing need for homelessness services.



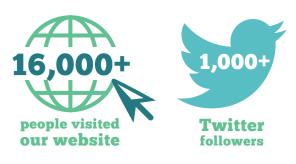
# Would you like to get involved?

To become a SPEAR ambassador, please contact supporters@spearlondon.org To donate to SPEAR, please go to www.justgiving.com/SPEARLondon To volunteer for the charity, please contact volunteer@spearlondon.org

\*Cost worked out by looking at average salaries for each type of role



# **Community Involvement**





How your money can help

could pay for an outreach worker to work a shift, to help find people sleeping rough and make them safe



could buy four thermal sleeping bags, keeping rough sleepers warm during cold winter nights



could fund a new home-starter kit full of essential items for someone moving into a new property



could support nearly 20 people to receive a thorough health assessment



could support one person to develop new skills and find a job, turning their lives around for good



Thank you for every donation of time, energy, financial support and gifts in kind given to SPEAR in 2016/17. Over 400 companies, individuals, community groups, schools, faith groups, charitable trusts and foundations supported us. We cannot list you all, but your support is greatly appreciated.

All Hallows Church **Barnes Workhouse Fund Charlotte Wade Charity** Clare King Charitable Trust Friends of Galsworthy House Greggs Hampton Fuel Allotment Charity Here-East Kew Fete **Orleans Park School Raynes Park High School Richmond Parish Lands Charity Richmond Team Ministry** Squires Garden Centre St Elizabeth of Portugal RC Church Waitrose St James's Parish Church, Hampton Hill

St Anne's Church, Kew St George plc St Margaret's Fete Stephen Roberts Memorial Trust Streetsmart The 29th May 1961 Charity The Ashcroft Charitable Trust The Berkeley Charitable Foundation The Double 'O' Charity The Golden Bottle Trust The Monument Trust Twickerati Try Twickenham Waitrose

Thank you also to our partners and commissioners, including the Department for Communities and Local Government, the London Borough of Merton, the London Borough of Sutton, the London Borough of Wandsworth, the Royal Borough of Kingston upon Thames and the London Borough of Richmond upon Thames.

### Rob's Story

I used to have a good job, good friends and a home. Then a few years ago, my life imploded. I was drinking and losing everyone around me. After I left the place I shared with my girlfriend, I quickly ran out of money and had nowhere to stay.

Luckily, my ex still cared and got in touch with **SPEAR**. They moved me into a place in Twickenham. I thought I was moving there to die. I kept on drinking, lost all confidence and the ability to cope with life. There were more ambulances, more hospitals, more worry.

But **SPEAR** persevered. They were patient with me. They gave me a plan. Eventually I woke up and chose life. I chose to accept help. I chose the future, not the past. I went to AA and counselling and stopped drinking. Hour by hour, day by day, week by week, I worked at it and slowly won back the trust of the people I had hurt.

**SPEAR** have helped me learn to love life. I have ambitious plans now. Rob 2.0 will be a better version of the Rob that was at his best before all this. Between the time I was sat outside a building, on the street, drinking, sitting in urine, dressed in hospital 'lost and found' clothing and with life ebbing away, and a meeting yesterday with Google, there was a bridge. That bridge was **SPEAR**. I can never thank them enough.

Rob, right, with his business partner at Google's offices