

Siblings:

Parenting, Managing and Supporting Families



A one day workshop for adopters, foster carers and professionals who parent, care for or work with families with siblings.

Date: **Friday 15th May 2020**

Time: **9:00am - 4:30pm**

Location: **The Ridgeway Centre**

Featherstone Road, Wolverton Mill South, Milton Keynes MK12 5TH

About the workshop

SFCS is delighted to once again welcome Denise Golding and Zach Gomm to Milton Keynes. Denise and Zach are certified instructors of **The Great Behaviour Breakdown (GBB)** by Bryan Post. Their **Live Life and Love Healing** courses focus on an attachment-based parenting approach which uses techniques and strategies directly from **GBB**.

Previous delegates of this course have said:

“Zach and Denise have changed our family life. I’ll be forever grateful. So glad I did their GBB siblings course while I can still have a strong impact on our kids’ life.” - A.G.

“To see the siblings dynamic as communication instead of naughty behaviour is a revelation.” - S.C.

This training programme acknowledges the importance of educating parents and professionals to enhance parenting and support skills in order to meet children’s needs.

This workshop offers a ‘toolbox’ of techniques to use with siblings and those caring for them. The course draws on attachment theory and current neuroscience, and shares similarities with PACE, offering a relational approach to addressing feelings underneath challenging behaviours. Delegates will learn strategies for multiple and complex behaviours often presented by siblings in placement.

Benefits for delegates:

- *An understanding of the trauma bond and roles of siblings*
- *The importance of staying regulated (for parents and children)*
- *Practical attachment-based strategies to support children and parents to manage challenging behaviour*
- *An overview on how early experience impacts brain development for siblings who have experienced neglect and trauma*
- *Consider the impact of neglect and adverse early experiences have on a child and how this impacts on the new family including birth children in fostering, adoption and connected persons placements*
- *Learn strategies that will support parents and other care-givers in caring for siblings who have a ‘trauma bond’*
- *Understand the importance of reducing parental stress in order to promote secure attachments and techniques which support this*

About Denise Golding

Denise is a Senior Social Worker, Counsellor and Supervisor with over 30 years working in Child Care and has extensive experience in the field of family placement and adoption support.

Denise is a certified instructor of **The Great Behaviour**

Breakdown (GBB) and is trained in DDP (Dyadic Developmental Psychotherapy) Level 1 & 2 as well as in Theraplay® Level 1.

Denise has a postgraduate diploma in Psychosynthesis Counselling as well as diplomas in the Therapeutic Application of the Arts and in Psychotherapy skills with children and adolescents.

Denise is HCPC and BACP registered.



About Zach Gomm

Zach is a foster carer and has fostered many children over the past years. He is the adoptive father of his long-term 21 year old foster son, who he has parented successfully using The Great Behaviour Breakdown (GBB). Zach is a certified instructor of GBB and is trained in DDP Levels 1 & 2, and in Theraplay® level 1.

Denise and Zach have been delivering **GBB** training for over 7 years throughout the UK and Ireland.

Denise also offers face to face counselling and therapy for individuals and families, and Zach offers online webinar support to parents.

Costs

Standard rate tickets for the conference are £120, which includes all handouts, lunch and refreshments on the day.

However, we are offering a **limited number of reduced rate tickets (£75 each for the whole conference)** to SFCS adopters only.

These reduced rate places will be allocated on a **strictly first come, first served basis**, so we strongly recommend that you **book your place as soon as possible**.

Timings for the day

- 9.00am – Registration opens
- 9.30am – Workshop begins
- 4.30pm – Workshop ends

Register

To book your place, please complete and return the booking form on the back page of this leaflet.

Please note, if you are an SFCS adopter, you should call 01908 572700 to reserve your reduced rate ticket before returning your form.

Cancellation policy

This booking form constitutes a legally-binding contract between you and St Francis' Children's Society (SFCS). Cancellations will be subject to a £10 cancellation fee. We are unable to give refunds on cancellations made less than 21 days prior to the event or for failure to attend the event.

Notice of any cancellation must be made in writing. Substitute participants will be accepted until 7 days before the day of the event. Should SFCS cancel the event for any reason, you will receive a full refund.

Booking Form

Siblings: Parenting, Managing and Supporting Families

Denise Golding and Zach Gomm

Friday 15th May 2020 - Milton Keynes

St. Francis'
**CHILDREN'S
SOCIETY**
www.sfcs.org.uk

BOOKING INFORMATION

Title _____ First Name _____ Surname _____

Position _____ Organisation _____

Address _____

Postcode _____

Tel _____ Email _____

Dietary Requirements _____

I would like to book the following places (please enter quantities):

Standard delegate rate - £120

SFCS adopter - £75 (maximum two reduced rate tickets per family).

Total amount payable £ _____

Name of additional delegates	Email addresses	Dietary Requirements

PAYMENT DETAILS

Please note that bookings are not confirmed until full payment has been received.

☐ I enclose a cheque for £ _____ (made payable to St Francis' Children's Society)

☐ I would like to make a BACS transfer

Account Name: St Francis Childrens Society. Sort Code: 60-13-28 Account No: 58503757

Please use "CONF + your surname" as reference for your payment.

☐ Please invoice my agency _____

Contact Name (accounts) _____

Address (inc. postcode) _____

Email address _____ Purchase order number _____

Please send your completed booking form with payment details to:

St Francis' Children's Society, Collis House, 48 Newport Road, Woolstone, Milton Keynes, MK15 0AA.

Tel. 01908 572700

Email: admin@sfcs.org.uk

website: www.sfcs.org.uk