



Shelter Nova Scotia **Volunteer Meal Support**

The Meal Support Volunteer will support Shelter Nova Scotia's facilities in providing meals to the guests we serve. The tasks involved will vary from day to day, and week to week however the main goal is to provide meal support to the Client Support Workers on shift and keep the kitchen and common area clean and sanitized.

This position will require strong attention to detail and food safety, as well as working under pressure to cook and serve a meal for 55 Shelter Guests who stay with us at Metro Turning Point. Our goal is to provide meals that bring nourishment, comfort and fullness to the guests while they have a safe and dignified experience.

Volunteer Responsibilities

Meal Support

- **Following daily menu and recipes**
- Assisting in meal preparation in conjunction with the employees
- Cooking for up to 55
- Serving the meal at the specified times
- Ensuring food is at proper temperature
- Ensuring food safe guidelines are met
- Ensuring coffee, tea, mugs, sugar, whitener are stocked at all times in common area
- Putting out donations of food, such as fruit, muffins as they arrive

Communication between volunteers and employees are key, regarding tasks that may need to be done or were not complete on volunteer shift.

Maintaining Kitchen standards

- Kitchen Organization
- Keeping cupboards organized
- Keeping Fridge clean and tidy
- Discarding out of date food in fridge and cupboard
- Sanitizing counters
- Cleaning floors and sinks
- Sanitizing tables and counters in the common area
- Stocking cutlery, sugar and whitener supplies in common area
- Replenishing bins of sugar and whitener
- Wiping down stoves/oven