

## Is there an eligibility criteria?

The adult carer support plan or young carer statement is used to make a decision about whether you meet the Perth and Kinross local eligibility criteria. If you are eligible, the local authority has a legal duty to provide personalised and targeted support to meet your agreed outcome.

For more information on the Perth and Kinross eligibility criteria please visit:  
[www.pkavscarershub.org.uk/What-are-the-eligibility-criteria](http://www.pkavscarershub.org.uk/What-are-the-eligibility-criteria)

## What happens if I am not eligible?

If you are not eligible for Self-Directed Support, we will provide you with information and advice about alternative sources of support.

## Are there any charges?

The person you care for may be charged for some of the services they receive to support them.

The law in Scotland is clear that carers must not be charged for services they receive to directly support them in their caring role.



Our project compliments the Support Choices Project developed by Outside the Box and the Care and Well-being co-operative. They will be supporting people in Highland Perthshire to organise their own care and support.

If you are an unpaid Carer and would like to find out more about Self Directed Support and social care options please contact **Billy Morrison**, PKAVS Self Directed Support Worker on:



☎ 01738 567078

✉ [billy.morrison@pkavs.org.uk](mailto:billy.morrison@pkavs.org.uk)

You can also find out more by visiting our website:

[www.pkavscarershub.org.uk/PKAVS-Self-Directed-Support-Project](http://www.pkavscarershub.org.uk/PKAVS-Self-Directed-Support-Project)

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## PKAVS Self-Directed Support Project



To find out more about PKAVS visit:  
[www.pkavscarershub.org.uk](http://www.pkavscarershub.org.uk)

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Perth & Kinross Association of Voluntary Service Ltd (PKAVS) is a registered Scottish charity (SC 005561) and a Scottish company limited by guarantee (SC086065).

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Helping unpaid Carers to understand self-directed support and access community based services

[www.pkavscarershub.org.uk](http://www.pkavscarershub.org.uk)



Do you support a parent, partner, child, sibling or friend as a result of their illness, condition or disability?

If so you are an unpaid Carer.

PKAVS Carers Hub supports Young Carers (age 5-15), Young Adult Carers (age 16-25) and Adult Carers (age 26+).

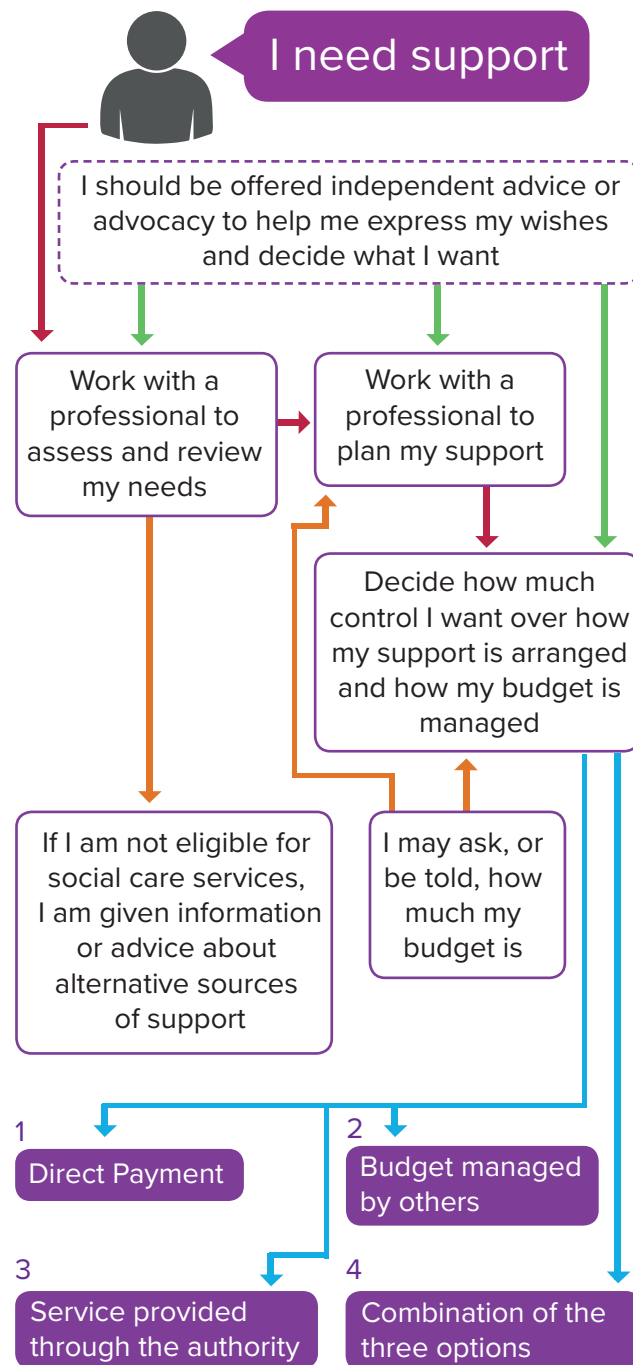
We have recently received funding from the Scottish Government's Support in the Right Direction programme, managed by Inspiring Scotland to launch PKAVS Self-Directed Support Project.

PKAVS Self-Directed Support project helps unpaid Carers who live in Perth and Kinross access the social care and support which best fits their needs and the person they support.

Our project wants to ensure that:

- Carers know about and understand Self-Directed Support and options for social care
- Carers feel more informed, listened to and less stressed about the process
- Carers are more prepared and confident to engage with Self-Directed Support and social care

We will provide information on the local Self-Directed Support process and help Carers establish their own personal outcomes, as well as providing information on what is available in the community.



Source: Audit Scotland

## What is Self-Directed Support?

Self-Directed Support is the way that social care and support is organised in Scotland. Self-Directed Support allows you to have choice and control at the level you want.

The person you care for may already be accessing Self-Directed Support, but as a Carer you may also be eligible for Self-Directed Support for your own support needs.

## How can I access Self-Directed Support?

All unpaid Carers have the right to an adult carer support plan or young carer statement. Completing an adult carer support plan or young carer statement starts a conversation with a worker about the things that are important to you in your life, often described as outcomes. This can be the pathway to accessing Self-Directed Support.

## What can I use Self-Directed Support for?

This depends on what is agreed in your adult carer support plan or young carer statement and what can help you to achieve your personal outcomes.

To find out more about PKAVS visit:  
[www.pkavscarershub.org.uk](http://www.pkavscarershub.org.uk)