

Numerous surveys have shown what any manager experiences on a daily basis: there is a correlation between coaching and increased business productivity. However, many management programmes only cover the concepts and theory behind effective coaching – and leave leaders unprepared for applying a coaching leadership style on a daily basis.

Objectives

This 2-day workshop will provide a strong grounding in deploying the coaching leadership style as a method that will develop human capital within organisation. It is designed for leaders who want to gain practical knowledge and skills to become a more effective coach.

During this hands-on workshop, each participant will have the opportunity to learn more about themselves and apply this knowledge to various coaching practices.

For Who

- Leaders and managers who are looking for enhancing their coaching skills
- Leaders who wish to establish a coaching culture in their organisation
- First-time supervisors who need to learn how to coach to maximise organisational output

Key Takeaways

- Personal Coaching Style Inventory
- Coaching Journal

“Excellent course leader and role model”

“Practical tips based on real life experiences!”

Workshop Outline

HEAD: Essential Knowledge

- What is coaching & why is it important
- Coaching Situations
- Roles in a coaching relationship
- Create the Coachable Moment
- The GAINS model

HEART: Paradigm Shift

- Attitude needed of a Coach
- Shifting to a Coach Approach
- Coaching Style and its Impact on Coaching Engagement

HANDS: Essential Coaching Skills

- SBI Feedback
- Listening & Silence
- Discovery Questioning
- Acknowledging
- Celebrating