

## Korean Terms applicable to 5th Degree Black Belt



### SO-SAN

### 72 Moves

#### New Moves

Rear Foot Stance Forearm High Guarding Block	Dwitbal So Palmok Nopunde Daebi Makgi
Walking Stance Middle Vertical Punch	Gunnun So Kaunde Sewo Jirugi
Walking Stance Inner Forearm Middle Outward Block	Gunnun So An Palmok Kaunde Bakuro Makgi
Flying Front Snap Kick	Twimyo Ap Cha Busigi
Forward Double Step-Slide Turning	Apuro Ibo Omgyo Didigo Mikulmyo Dolgi
Walking Stance Knife-Hand High Inward Strike	Gunnun So Sonkal Nopunde Anuro Taerigi
Walking Stance Back Fist Reverse Front Strike	Gunnun So Dung Joomuk Bandae Ap Taerigi

### SE-JONG

### 24 Moves

#### New Moves

Fixed Stance Forearm High Guarding Block	<i>Gojong So Palmok Nopunde Daebi Makgi</i>
Diagonal Stance Twin Palm Pressing Block	Sasun So Sang Sonbadak Noollo Makgi
One Leg Stance Forearm Outward Block	Waebal So Palmok Bakuro Makgi
Walking Stance Palm Obverse Pressing Block	Gunnun So Sonbadak Baro Nollyo Makgi
One Leg Stance Back Fist Side Front Strike	Waebal So Dung Joomuk Yop Ap Taerigi
Fixed Stance Side Elbow Thrust	Gojong So Yop Palkup Tulgi
L Stance Knife-Hand High Guarding Block	Niunja So Sonkal Nopunde Daebi Makgi