

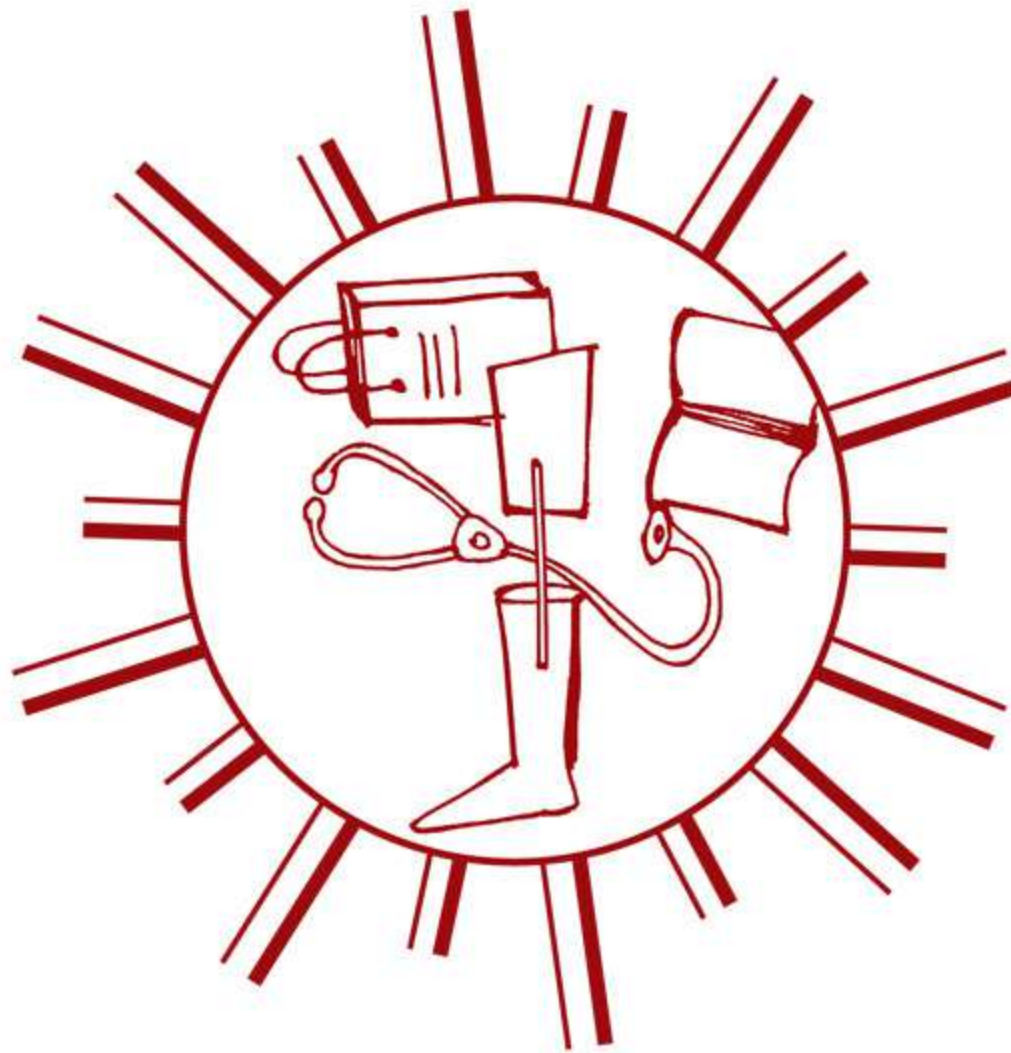


# KIRAN

Issue No. 11

annual newsletter

August 2008



## Reaching Out

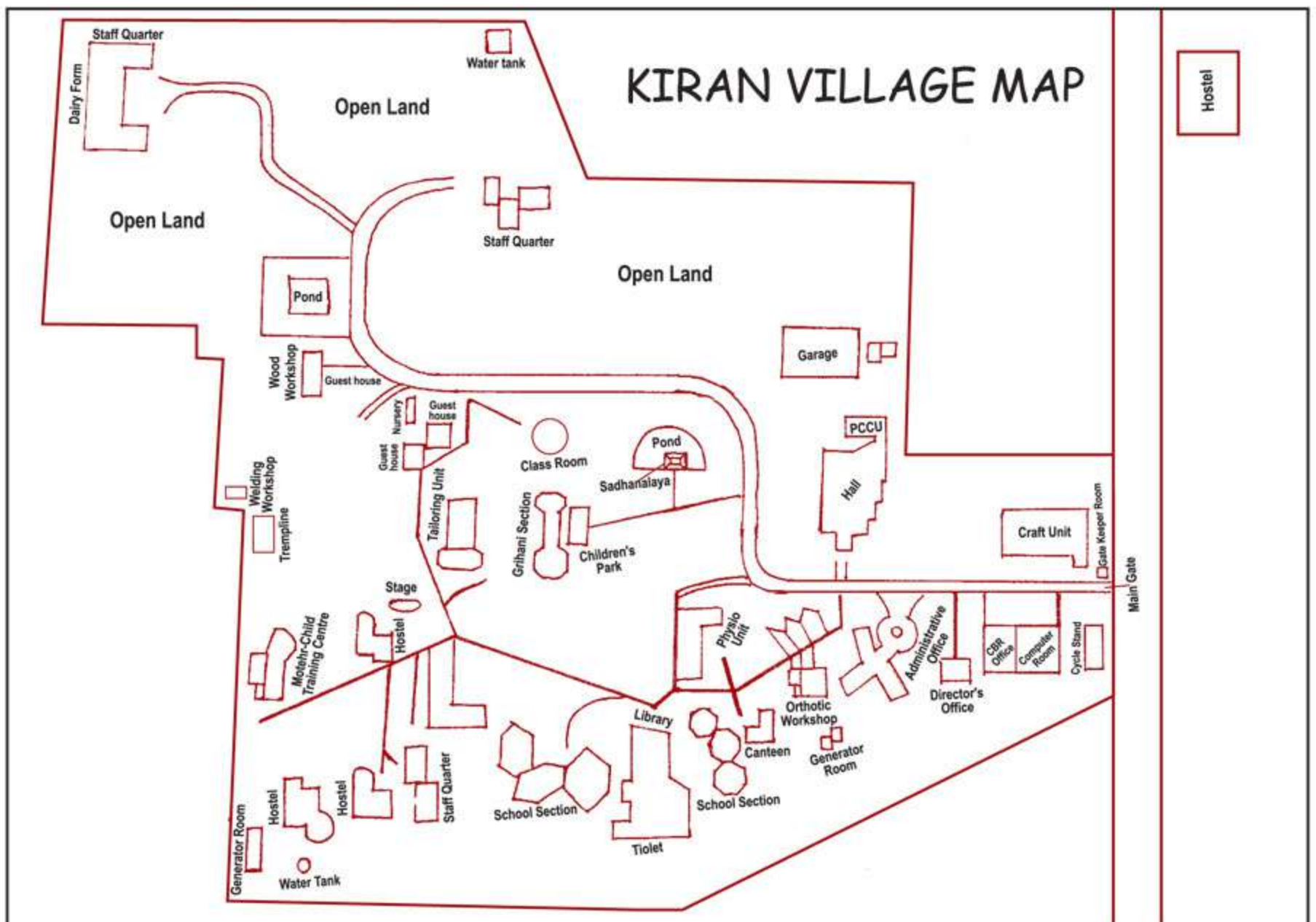
CENTRE FOR EDUCATION & REHABILITATION  
OF CHILDREN AND YOUNGSTERS WITH DIFFERENT ABILITIES

*For private circulation only*

# ANNOUNCEMENT

KIRAN Suryoday at B 30/1D, Gangabagh Colony Lanka, Varanasi - 221 005 is now converted into KIRAN's City Hostel & Awareness Centre. City Hostel will be helpful to our youngsters who are studying in Varanasi city. Now these youngsters can save their precious time for study than wasting time in travelling from KIRAN Village to Varanasi city and back everyday. Two new shops are now opened : **Suryoday Bakery Shop** and **Suryoday Handicraft Shop** at Assi and Dumrao Colony respectively. Addresses and contact numbers are given on back page. KIRAN Suryoday Sho.

**NOTE : Please use the above address for using COURIER Service.**







## **OUR SINCERE THANKS TO YOU!**

**Dear friends, project partners and our well-wishers,**

While remembering your goodwill and precious help, we express our thankfulness to you that without your help KIRAN would not be able to help to hundreds of needy disable children and their family.

To all of you, through this Newsletter, we extend our sincere thanks!!!

KIRAN's Newsletter is published annually by KIRAN Society. Its objective is to share with all our friends about the activities in KIRAN and to create a net of links among us so that together we can help towards more awareness about the life of differently-able people.

The newsletter is distributed free of cost. However, any contribution to defray the cost of production or even to cover the postal expenses will be highly appreciated.

For more information, please write to :

### **KIRAN Centre**

Madhopur, P.O. Kuruhuan

P.O. Box 5032, Varanasi - 221 005

U.P. (India)

Phone : 0542-2670165, 2670166

0542-2670569-0571

E-mail : [mail@kiranvillage.org](mailto:mail@kiranvillage.org)



## **CONTENTS**

Editorial	2
From Director's Desk	3
KIRAN Out-reach Service	4
Central India Needs Professionals	7
जीवन की एक झलक	11
कृपया इसे न पढ़े	12
मेरी पहली दिल्ली यात्रा	14
Obituary	15
My KIRAN Experience	16
संदेश मनीष भड़या का	18
Learning & Sharing	20
Surgery Camp 2008	21
धार्मिक सलिल का शैक्षणिक भ्रमण	22
Reaching Out	24
I.Q. Toys Workshop	25
कौशल, बर्हिगमन सोपान	27
सफलता की ओर बढ़ते हुए कदम	29
My KIRAN Experience	31
People with Different Abilities (Annual Report 2007-2008)	32
काकी माँ की याद में	45
Summer Camp 2008	46
What are the Needs?	48





## EDITORIAL

The growth of KIRAN does not mean only the expansion of its physical boundary. KIRAN's growth includes the expansion of its work periphery; work-experience of the organization & its employees; its environment; reliance & confidence of its beneficiaries - alumni, disabled children and their parents. More than this the like-minded people and organizations, stakeholders have their trust on KIRAN and on its work. Therefore, increased contacts, growing friendships and exchanges of expertise are factors of KIRAN's reaching out.

KIRAN is already in its way facilitating other organizations as a resource centre: for support of technical expertise, therapies, caliper and other mobility aids. Our short-term training activities: Mother & Child Training, Animator's Training have proved very useful and successful. We have initiated and are still in process to increase trades of vocational training. This year we have also expanded our Income Generation Program wider so as to facilitate more and more of our youngsters and their parents towards their social integration. Increasing demand of orthopaedic surgery undertaken in our camp has been an inspiration.

We are proud to say that our alumni have put their foot in universities, working in other organizations and some have their own business settlement.

The process of establishing a human resource training centre has already started. Our efforts to pioneering the idea of inclusive education in northern India is all set with necessary preparations.

At such a turning point, it is apt to go with the theme of the current issue of our annual Newsletter - REACHING OUT. Our children, staff and friends have contributed their write-ups, poems, pictures and activity-reports to exemplify that KIRAN is reaching out.

KIRAN Festival 2008 is likely to be held in different way. Like other years, I am hopeful that people will support us to make it successful.

With this, I thank all for their precious support - project partners, friends- donors without which KIRAN could not have helped out so many children with special need.

I also thank those who have contributed their efforts, directly or indirectly to bring out this issue successfully.

**Dr. D.K. Sahoo**  
Editor





## FROM DIRECTOR'S DESK

Dear friends,

If you are among those who have visited the KIRAN Village some years ago and come here again today, you would surely tell us that there is constantly something getting changed and built up again.... Yes, due to the first nature-friendly type of construction with mud-blocks, in 1996, we were obliged to re-do all the small buildings again. Although this was quite a lot of trouble and increase of cost, I finally am happy of it, since now our little houses have kept their natural, friendly look, but are strongly built. And on the top of it, our team of masons and general services have gained a lot of experience in this field... At present it is the CP-special-school-building which is undergoing this "transformation": we keep the roof as it is, supported by an iron structure, but un-do the mudblock-wall, then rebuild this one with baked bricks. This allows us to make some necessary changes in the size and arrangement of the rooms. After this CP-building there is only one more hostel and a part of the primary-school-structure with library which need to get re-done. The hostel is the one attached to our small swimming-pool which we shall now arrange in such a way that the children can use it also during the colder seasons, with a solar-energy-water-heating system. And the building will at last become the long-awaited "RAVI-NIVAAS" where our now 14 year-old Ravi will reside, along with 2-3 other CP-children whom we shall accept for a short term stay, so as to give a time of respite to the parents. We envisage that we can do this, because there is less need now for hostel-facility for polio-affected children, due to less new infections of this terrible illness; thank God, the vaccination-campaign has reduced the number of new cases.



But I intended to write a short word of introduction to this Newsletter which has as its theme "REACHING OUT" ... One might wonder what this information about our construction-works has to do with "reaching-out" ? Well, I very much think that beside those activities which we can easily register and write statistics about, there is another kind of reaching-out, And that is called: "THE SMILE OF A CHILD".

**Sangeeta J.K.**





## KIRAN OUT-REACH SERVICE

Our Out-Reach Service is the Unit intended for those children living far from KIRAN, whom we can reach by going to their own villages. Every two months, a team of 2 Physiotherapists (Mr. Srikanth and Mr. Rajkumar) and an Orthotechnician (Mr. Vinod) goes to 5 mission areas in the Districts of Varanasi, Ballia and Mau, run by Christian catholic religious, where social workers (animators) take care of the disabled children of those areas and refer them to us for professional advice. Our driver, Mr. Rajnath, after leaving the bus drive, becomes our secretary, with the duty of retrieving and ordering the files of the children we meet. After reviewing our archive files, we have found that until now more than 5000 children have been visited in our outreach camps. Since the beginning of my service in KIRAN in Feb. 2006, I have regularly taken part to these 6-days-long outreach camps. In each camp, we visit about 300 children; several of them are new cases. The majority are affected by polio (even though polio vaccination campaigns have been held in the last 5 years, still bouts of new cases are present in Uttar Pradesh, and anyway we are seeing children affected by polio 8-10 years ago and still without any proper rehabilitation treatment and aid), but many suffer from cerebral palsy.



The situation of cerebral palsy children is generally very poor. Most of the parents accompanying their children come to us without medical reports and any clear understanding of their clinical problems. History collection is difficult and several children receive medical attention for the first time, having being often visited before and treated only by local doctors, who are often quacks. Animators themselves have scarce knowledge of disability and rehabilitation. The rate of illiteracy of parents is very high, 70-80 %. Poverty is severe, children often are undernourished and almost all are anemic. We give them indications for proper exercises to be performed at home regularly, by or with the help of parents. The importance of their active and continual participation is much stressed. Medicines and exams as and when needed are prescribed and in case of very poor families the mission religious often intervene to economically sustain them. However, it is often difficult to win the cooperation of parents in the rehabilitation process, because it is difficult for them to understand its value for the





benefit of their child, the results being slow and partial, especially in CP. Often parents, even though motivated to perform exercises and give more attention to the disabled child, have little time during the day for them, being busy with the other, often many, children and with field work. So, several parents, because of wrong or too high expectations, stop coming to our follow-ups. For all these reasons, the goal of raising the **Awareness and Motivation of Parents** is an extremely important component of the success of our interventions. In order to raise them, we are giving bimonthly a **One-Week Training Course for Animators** and, separately, **for the Mothers of CP Children**, with good results. We observe that the mothers who received this training are among those who are more caring and able to cope with the problems of their children, and are more regular in coming to the follow-ups.

The activities of ORS continue every day in KIRAN Village, involving, Mr. Srikanth Kumar, the Unit-in-Charge, and two experienced Occupational Therapists, Mr. Gautam Kumar and Mr. Swivendra Kumar, who are also serving in the **Parents and Child Care Unit**. Children from the mentioned mission stations and other villages, near and far, in need of orthotic aids, especially calipers, hand splints and body braces, come here on appointment basis to receive measurements and the making of the aids. Our much skilled and experienced **Orthotic and Prosthetics Workshop** staff cooperates with them in a very good team-spirit.

Children affected by polio, due to the long standing retraction of leg joints, often need leg traction and surgical operation, before being able to wear the appropriate calipers. So, we invite parents to bring them to KIRAN Village, where we manage all the needed, with the help of two **Orthopedic Surgeons**, Dr. K.P. Agrawal and K. Agrawal. Dr. K.P. Agrawal performs on weekly basis surgical operations in his own clinic. Moreover, twice or thrice in a year, he invites a renowned pediatric orthopedic surgeon from Ranchi, Dr. A.K. Pandey, to join him in order to treat more children on charity basis. The post-operative treatment and rehabilitation of the children is given in KIRAN Village, where we can host them in four rooms of the newly built Outreach and Trainees Hostel, 8 beds for children and 8 for their carers. A few of the children operated are cerebral palsy cases, generally in need of tendon elongations at the lower limbs, in order to acquire a better, possibly independent, gait. Because of the greater complexity and the need of a longer postoperative intensive rehabilitation in cerebral palsy children, we have so far restricted the surgical interventions mostly to polio cases. In the near future, however, we'll have to cope with the high number of cerebral palsy cases, while polio cases are diminishing thanks to the vaccination campaigns.

The service of our Out-Reach Unit is much appreciated by children and parents and by our field partners. We have received requests to extend its activities to cover other mission stations in Uttar Pradesh and Bihar. In some of them, we have already held a few evaluation camps, and cooperation is going on. The number of children affected by disability in need of help in Uttar Pradesh is high. We are developing and refining proper strategies for reaching them, as many as possible, and we can do this also thanks to the





financial help and expertise of “**Disability and Development Partners**”, a Funding Agency from England, whose goals are in harmony with KIRAN's vision of an integrated development, physical, emotional, mental, spiritual and social, of the disabled/ differently-able children. With this purpose, we will soon integrate in our Out-Reach Service the regular presence and activity of a **Special Educator**, to address the need of cerebral palsy affected children, and especially of a proper education at home, and to favor their access to the normal schools, according to **our vision of realizing the just and full inclusion of these children and their families in the mainstream of the society.**

**Dr. Moreno Toldo**  
Medical Director

डा. मोरेनो टोल्डौ, न्युरोलाँजी विशेषज्ञ इटली देश के रहने वाले है। वह विगत कुछ वर्षों से किरणमें बच्चों को निःस्वार्थ सेवा प्रदान करते आ रहे ह । आपका सम्बन्ध पुर्नवास विभाग से है । वह अपनी डाक्टरी पेसे को सुदुर ग्रामीणों की सेवा में जोड़े रखना पसन्द करते है।

आपका कहना है कि किरण की विशेष सेवा (Outreach Service) में किरण के प्रशिक्षित कर्मचारियों के साथ-साथ ग्रामीण इलाको में निर्धारित संस्थानों के सामाजिक कार्यकर्ताओं तथा विकलांग बच्चों के माँ-बाप का सहयोग अत्यन्त आवश्यक है। ग्रामीण इलाकों में विकलांग बच्चों के माँ-बाप गरीबी की स्थिति के कारण चाहते हुए भी इस विशेष सेवा का लाभ पाने मे असमर्थ हो जाते हैं क्योंकि परिवार मे और लोगों की भी जिम्मेदारी उनके ऊपर होती है परन्तु किरण सेन्टर के ऑउटरिच सर्विस द्वारा चलाये जा रहे विशेष कार्यक्रमों के माध्यम से ग्रामीण लोगो की मानसिकता बहुत हद तक परिवर्तित हुई है एवं किरण के विकलांग बच्चों को समाज में पुर्नस्थापना के कार्यक्रमों में भागीदारी बनाकर अपने विकलांग बच्चों को शिक्षा, शल्प चिकित्सा एरां अन्य कार्यक्रम मे हिस्सा लेकर समाज मे प्रतिस्थापित होने की दिशा में अग्रसर हो रहे हैं ।

## ‘संघर्ष’

संघर्ष है हर रास्ते में, पर चलना जरूरी है।

मुश्किलें हैं, मुसीबतें हैं, पर हौसला जरूरी है।

दिखे न गर कोई रोशनी, पर ढूँढ़ना जरूरी है।

हो प्रतिकूल परिस्थितियाँ भी, पर लड़ना जरूरी है।

बिखरे गर उम्मीद तुम्हारी पर समेटना जरूरी है।

क्या हो सकता है अब आगे, यह सोचना जरूरी है।

**सुषमा जायसवाल**  
नर्सरी टीचर





# CENTRAL INDIA NEEDS PROFESSIONALS!

## On the way to developing our own Training Center.....

KIRAN Village in Madhopur is an evolving institution. Although our main focus is on children with polio and cerebral palsy, we also have severely disabled children who are not given access to rehabilitation and education by society. Even today, there are more cases of polio in the Indian states of Uttar Pradesh and Bihar than anywhere else in Asia.

Fortunately, at this time the number of cases of polio is gradually decreasing. However, as polio is diminishing the incidence of cerebral palsy (CP) is gradually increasing. CP is often associated with severe physical impairments, and also with impaired speech development and often some degree of mental retardation. The process of rehabilitation for CP



children is very lengthy and involved. It requires intense professional intervention from a wide-range of knowledgeable health professionals: teachers, social workers, speech and physio therapists etc.; not to mention expenses incurred for consultations with the family members of CP patients.

Unfortunately, in Central India the training of professionals in this field is still inefficient and the specific qualification for students specialized in CP rehabilitation is virtually nonexistent. KIRAN itself needs months of internship training and guidance for new employees before he can be placed in appropriate areas of expertise. If we like to provide further training to the specialised staff, they have to travel to Dehli, Kolkatta or even South India to get a useful professional input. This lack of proper training of professionals is also related to the fact that in general, in the state of Uttar Pradesh limited resources are given to disabled children. In fact, for children with CP there are no other qualified institutions to be found in the entire state.





In order to give the most appropriate support to the differently able children, we have developed a wide-range of strategies and a variety of interventions—ranging from social work in the villages to highly specialized schooling and therapy in our KIRAN Village. Since our mission is to give people with disabilities access to society and a deep sense of human dignity, we must provide a wide-range of high quality interventions. For this reason for many years now, our emphasis has been on achieving long-range and long-lasting results, for example we see this especially in our training of professionals.

With our initial years of experience behind us,

- Weeks of giving special training to animators in small villages of the dioses and the Indian Mission Society (IMS),
- Specific short term workshops for doctors specialized in the care of children in the surrounding area and the city of Varanasi,
- Days of orientation for project managers of other non-profit social service organizations as well as for school directors of the surrounding blocks.
- Two week trainings for social work educators of the Christian Children Foundations (CCF) who in many areas of Northern India work to reach and support disabled children from an early age onwards.

At last we can see the success of our strategies and interventions, as well as, discover our own potential to effect change. This clarity has led us to make an important decision:

We want to do more on the level of specialized training through the construction of a new training center for special educators and rehabilitation therapists. First we would implement a two-year Diploma Program based on a yet known method in India called “Module System”. Through the flexibility of this type of program our staff could take advantage of an opportunity to further their education on a part-time basis, and the support of international experts could be integrated in the training program in a more efficient way. Our goal is not only to pass on the professional knowledge we have gained from many years of experience but also the joy we feel in the work we do with physically challenged children. We want to train professionals in this part of India especially in the area of the severe disability associated with cerebral palsy, so they can become competent supporters of the weaker members of society.

Our initial plans are solidifying. We are in contact with the Rehabilitation Council of India (RCI). Architects have already drawn up the preliminary plans which include our expressed needs. The Indian KIRAN Society has approved a solid footing for the project.

After lengthy negotiations we have been successful in purchasing a suitable patch of land for the construction of this building next to the existing boundary of KIRAN Village. Already this year we plan to begin the construction work. Our building





requirements include a medium-size auditorium which can also be used for network and policy making seminars, a hostel for female students, and a library with reading material specific for the program. We are firmly convinced that this project will have a long-lasting effect on successfully integrating differently able children into society.

**Ivo M. Rusch**  
Quality Supervisor

श्री इवो रूस जो किरण सेन्टर मे क्वालिटी सुपरवाइजर के पद पर कार्यरत है, किरण सेन्टर को उत्तर मध्य-भारत में विकलांगता के क्षेत्र में एक सहायता केन्द्र के रूप में स्थापित करने की इच्छा रखते हैं। उनका कहना है, जब की पोलियो ड्रॉप अभियान के कारण भारत के अन्य राज्यों मे पोलियो रोगियों की संख्या काफी हद तक कम हुई है परन्तु उत्तर भारत राज्यों में इसका प्रतिशत अभी भी ज्यादा है, इसके अतिरिक्त मानसिक रूप से विकृत बच्चों की संख्या यथावत् है या बढ़ती जा रही है। इस परिस्थिति में इन बच्चो को पुनःस्थापित करने की व्यापक व्यवस्था होनी चाहिए वह उत्तर भारतीय राज्यों में विशेष व्यवस्था के साथ नहीं है। उनके हिसाब से विशेष मतलब उपयुक्त प्रतिशत तथा अनुभवी कार्यकर्ताओं से है।

विकलांग लोगों को समाज में पुनःस्थापित करने के क्षेत्र में किरण सेन्टर का विगत 18 सालों का जो अनुभव और विशेषाधिकार रहा है उस परिप्रेक्ष्य में यह संस्था आने वाले वर्षों में प्रशिक्षण जैसे कार्यक्रम के तहत थैरेपिस्ट एवं विशेष शिक्षक जैसे विशेषज्ञों को तैयार करके भारत मे विकलांगता के क्षेत्र मे एक विशेष सहयोग कर पाने का उम्मीद रखती हैं

## आओ नए प्रण लें

बाहर जायें, बाहर जायें पर्यावरण सुधारें, प्रदूषण रोकें।  
पेड़ से है जग का जीवन, लगायें अच्छे-अच्छे पेड़ आजीवन।।  
अन्यत्र जायें, अन्यत्र जायें, ज्ञान का प्रकाश सर्वत्र फैलायें।  
सब लोगों की करें भलाई, असहायों की न रुके पढ़ाई।।  
पर सेवा करें, परोपकार करें, दूर-दूर तक बेजुबानों की सुरक्षा करें।  
जीवों पे रखें दया भाव, मत मारो ताकि बने घाव।।  
तबबनेगाआपकेगुणोंकायोग, जबकरेंगेआपइसकादूर-दूरतकसदुपयोग।  
छोड़ें झगड़े और लड़ाई, इसी में है, हम सब की भलाई।।  
आओ मिलकर संकल्प चुने, आओ नए विकल्प चुनें।  
बड़ों का सम्मान करें, छोटों से करे प्यार।।  
हम मिल जुलकर रहें, सबसे करें उपयुक्त व्यवहार।  
करें अच्छी बातों का प्रयोग, करें बुरी आदतों का त्याग।।



### FRIEND

Fast for me  
Ready any time for me  
Inspires me ever  
Enjoys life with me  
Never forgets me  
Dear all time for me.

**राम दुलार**, विज्ञान अध्यापक





## सज्जन बनने का नुस्खा

वस्तु	तौल	क्रिया-
सच्चाई	21 तोला	उपरोक्त चीजों को मिलाकर परमात्मा की हाँड़ी (कड़ाही) में डालकर इश्केइलही के चुल्हे पर परखकर अग्नी में पकाइये। अच्छी तरह पक जाने पर निचे उतारकर ठंडा कर लें फिर शुद्ध मन के कपड़े से छानकर मस्तिष्क की शीशी में भर लें।
शराफत के आँवले	09 तोला	
उदारता का अर्क	03 तोला	<b>सेवन विधी-</b> सज्जनता के इस रस का प्रतिदिन सन्तोष के फल के साथ इंसाफ के चम्मच से सुबह-शाम सेवन करें।
वाणी की मिठास	08 तोला	
रहमदिली का छिलका	19 तोला	<b>परहेज-</b> क्रोध की मिर्ची, अहंकार का तेल, लोभ और धोखे का पापड़, दुराचार का अचार न खायें।
ईमानदारी की जड़	17 तोला	
संगठन के बहेड़े	03 तोला	<b>पथ्य-</b> नैतिकता का दूध लें।
परोपकार का बीज	10 तोला	इस प्रकार की औषधि के सेवन से आप निश्चित रूप से सज्जन बन जायेंगे।
सत्संग का रस	04 तोला	
स्वदेश प्रेम का रस	06 तोला	

सन्तोष कुमार पाण्डेय  
शिक्षक

## जागो किरण के प्रभात

अब जागो किरण के प्रभात  
किरण पर ओस बने बिखरे  
हिमकन आँसू जो क्षोभ - भरे  
बहनजी बटोरती अरुणा प्रभात।  
अब जागो किरण के प्रभात!!

थम - नयनों की ताराएँ सब  
मुँद रही किरण दल में है अब  
चल रहा सुखद यह मलय - बात  
अब जागो किरण के प्रभात!!

बहनजी की लाज समेटो तो  
कलख से उठ कर मेंटो तो  
अरुणांचल में चल रही बात  
अब जागो किरण के प्रभात!!



सोनू गुप्ता  
कक्षा VII B





# जीवन की एक झलक

जय प्रकाश  
पूर्व छात्र

किरण की महानता मेरे जीवन के लिए कितनी है, इसे लब्जो में बयान करना मुश्किल है, तथा इसे एक कागज के टुकड़े पर लिख देना कठिन है। मेरी कोशिश रहेगी कि मैं कुछ तर्कों द्वारा हृदय की भावनाओं को सिद्ध करूँ।

जिस प्रकार गुरु शिष्य को इतना प्रशिक्षित कर देता है कि वह अपने ही जीवन को अच्छी तरह जी सकने की कल्पना करने लगता है। ठीक उसी प्रकार से किरण ने मुझे उस मुकाम तक पहुँचा दिया है। अब मैं अपने आप को समाज का एक हिस्सा समझकर इस संघर्षमय युग में अपने जीवन को सामान्य तरीके से जीने के लिए संघर्ष कर रहा हूँ।

आज मैं इलैक्ट्रॉनिक्स की अपनी दुकान खोलकर चला रहा हूँ, और कुछ लड़कों को इलैक्ट्रॉनिक्स का काम भी सीखाता हूँ। अपनी जीविका भी, घर परिवार के साथ चला रहा हूँ। मैं हाईस्कूल पास हूँ। मेरा एक पैर पोलियो ग्रसित है।

मेरी दुकान का नाम है "जय किरण इलैक्ट्रॉनिक्स" मेरा एक सपना है, एक लक्ष्य है और अभी मुझे बहुत अधिक संघर्ष करना है, तथा मुझे अपनी दुकान को बड़े पैमाने तक पहुँचाना है, जिसे 'जय किरण कम्पनी' का रूप देना है, जिसके लिये मुझे दिन रात एक करके मेहनत करनी है, तब जाकर मेरा सपना पुरा होगा, क्योंकि कहा गया है कि स्वर्ग यहाँ नरक यहाँ सभी को एक बार भगवान मौका देता है चाहे वह बन जाये चाहे बिगड़ जाये ये हर आदमी के बस में रहता है।



मैथलीशरण गुप्त के अनुसार

**कुछ काम करो, कुछ काम करो, जग मे रहकर कुछ नाम करो।**

**यह जन्म हुआ किस अर्थ अहो, समझो जिससे यह व्यर्थ न हो।**

Jai Prakash, an ex-student & trainee is now proprietor of his own electronics shop "Jai Kiran Electronics" at Karaundi, Varanasi. He says KIRAN has taught him to struggle in the society so as to earn his own bread with dignity. Jai Prakash is a matriculate and a polio patient who walks with the help of caliper. He has a dream to set-up a company "Jai Kiran Company" for which he is toiling a lot to achieve success.





## कृपया इसे न पढ़े

अन्दु प्रजापती

(कक्षा 11)

ऐसा क्यों ? किसी व्यक्ति को खास तौर से भारतीयों को यदि कोई काम करने से मना किया जाता है, तो वह जरूर करते हैं। यदि निर्देश दिया जाए कि परीक्षा में नकल करना मना है, तो छात्र छात्रा इस निर्देश को चुनौती समझकर नकल करने का प्रयत्न करते हैं। रिश्वत लेने से मना किया जाता है तो लोग अधिक रिश्वत लेने लगते हैं। ब्लैक करने के लिए मना किया जाता है तो लोग इस काम को व्यवसाय समझकर कारोबार बढ़ाते हैं। पानी का दुरुपयोग करने से



मना किया जाए तो लोग दो-दो घंटे नहाकर पानी का इस्तेमाल करना सदुपयोग समझते हैं। सरकार बिजली चोरी पर रोक लगाती है तो लोग बिजली चोरी कर अपना धर्म निभाते हैं। आखिर उल्टे चलने कि मानवीय परम्परा जो निभानी है। कुल मिलाकर तात्पर्य यही निकलता है कि "हम नहीं सुधरेगें" वाली नीति पर हमें चलना है। आप खुद को ही लीजिए- मैंने आपको प्रारम्भ में ही यह सब पढ़ने से मना किया था, परन्तु आप नहीं माने और इसे पढ़कर अपनी भारतीयता का परिचय दे दिया है। इस में आपका कोई दोष नहीं है। दरअसल हम भारतीयों की मनोवृत्ति ही कुछ ऐसी ही हो गई है।

Antu wonders, why it happens so - prohibited things are done willfully. People in India take it as a challenge to take or give bribe when at a large it is prohibited to do. When it is appealed to use water economically, people of Varanasi take it as their duty to take shower for hours. Government takes effort to check illicit use of electricity whereas public feel obliged using electricity inappropriately. Through a sense of humor he proves his realistic statement, "we have been habituated doing the wrong or opposite things!" while stating that "He had forbidden to read this" (his article), but as a habit of doing opposite, none followed him, but read this article.

We appreciate children's conscious thought like Antu's, which may guide us to increase our sense of awareness. (Editor)





## किरण सेन्टर के स्कूल में

आओ बच्चों तुम्हे पढाये किरण सेन्टर के स्कूल में!  
हीरे मोती पैदा करता, यह विद्यालय धूल में!!  
छात्र वृन्द तारे से चमके, शिक्षा के आकाश में!  
शिक्षा श्रेष्ठ यहाँ की होती, काशी के इतिहास में!!  
बढजाते है छात्र यहाँ के, फूल समझ कर शूल में!  
हीरे, मोती पैदा करता, यह विद्यालय धूल में!!  
सभी छात्र मिल रक्षा करते, विद्यालय के शान की!  
कण - कण में व्यापक वाणी, सामवेद के गान की!!  
छात्र यहाँ के कोमल अंकुर, से पौधे बन जाते है!  
सुरभि अनोखी आ जाती है, इस उपवन के फूल में!!  
हीरे मोती पैदा करता, यह विद्यालय धूल में!  
आओ बच्चों तुम्हे पढाये किरण सेन्टर के स्कूल में!!  
हीरे मोती पैदा करता, यह विद्यालय धूल में!!



शमशेर पटेल  
पूर्व छात्र

## जीवन का रहस्य

यही है महानता, कौन इसे है जानता ?  
जिससे बड़े अंधविश्वास, मत फैलाओ वैसी अज्ञानता!!  
मंजिल की दूरियों में, राह की कठिनाइयों में,  
होता है असफलता का आभास, निराशाओं की गहराइयों में!!  
प्यार सूत्र है बंधन का, ज्ञानता संकेत है नए बिहान का,  
दुश्मन सूत्र है विखंडन का, जिज्ञासा संकेत है प्राप्य ज्ञान का!!  
विशिष्ट ज्ञान है हुनरों की पहचान,  
मेहनत से ही हुनर प्राप्त करते है इन्सान!!  
मेहनत ही है अच्छे हुनरों का रहस्य,  
और हुनर ही है सफल जीवन का रहस्य!!

उमेश कुमार राय  
पूर्व छात्र





## मेरी पहली दिल्ली यात्रा

मैं दिल्ली पहली बार गई थी और मुझे दिल्ली बहुत अच्छा लगा। किरण से पाँच लोग स्टॉल लगाने के लिये दिल्ली गये थे। उन लोगों के नाम इस प्रकार हैं, अनिल भईया, सिबिल दीदी, संदीप भईया और ज्योति दीदी साथ में मैं भी गई थी।

कैण्ट स्टेशन से ट्रेन पकड़कर हम लोग दिल्ली स्टेशन पहुंचे। वहां से टैक्सी लिये हम स्विस एम्बेसी में 10 बजे पहुँच गये। वहाँ पर राजदूत की पत्नी से मिले और उनसे परिचित हुये उन्होनें हम लोगों के रहने का स्थान दिखाया और हम लोग वहाँ तीन दिन के लिए ठहरे। सबसे पहले दिन सामान खरीदने के लिए निकले तथा एक छोटे से बाज़ार गये, जिसका नाम उदय बाज़ार है। वहाँ पर हम लोग एक रोहित नाम के लड़के से मिले जो शारीरिक रूप से अत्यधिक अक्षम था, वह बोल नहीं सकता था और इशारे मे भी अच्छे से बात नहीं कर पा रहा था, क्योंकि उसका शरीर हमेशा हिलता था। फिर भी उसने हम सब का अच्छे तरीके से परिचय लिया और अपना परिचय भी दिया। वह इस अवस्था में होते हुये भी कम्प्यूटर का कार्य बहुत ही अच्छे तरीके से कर रहा है। जिसे देख कर मेरे मन मे यह विचार आया की यह इतने गम्भीर रूप से होते हुये भी इतना अच्छा काम कर सकता है, तो हम लोग क्यों नहीं कर सकते। हमलोग भी अथक प्रयास करें तो किसी भी काम को करने में कठिनाई नहीं आ सकती और हमलोग सभी काम को करने मे सफल हो सकते हैं। अतः हमे हमेशा अधिक प्रयास करते रहना चाहिये। इसके बाद सरोजिनी बाज़ार में विभिन्न प्रकार की दुकाने देखी और कुछ सामान भी खरीदा। हमें सरोजिनी मार्केट घूमना और देखना अच्छा लगा।

दूसरे दिन सुबह 10.00 बजे से रात्रि 9.00 बजे तक स्विस एम्बेसी में स्टाल लगायें तथा उसी बीच कुछ सांस्कृतिक कार्यक्रम भी देखे।

तीसरे दिन हम लोग बहुत ही प्रसिद्ध स्थानों पर घुमने गये जैसे – कुतुबमिनार, लालकिला जहाँ से भारत के प्रधानमन्त्री झन्डा फहराते है, इन्डिया गेट, राष्ट्रपति भवन जिसमें राष्ट्रपति बैठते है, रेल-मंत्रालय देखे, जिसमें रेलमन्त्री श्री लालू प्रसाद बैठते है तथा संसद भवन भी देखें। यह सब देखने के बाद वापस वाराणसी आने के लिये दिल्ली स्टेशन से शाम 6.30 बजे ट्रेन पकड़ी तथा दूसरे दिन 9.00 बजे वाराणसी कैण्ट स्टेशन पहुँचे एवं बस द्वारा किरण सेन्टर पहुँचे। दिल्ली तक ट्रेन का सफर बहुत ही मंगलमय रहा। मैं उन लोगों को धन्यवाद देती हूँ जिन लोगों ने मुझे दिल्ली जाने का शुभ अवसर दिया और उन्हे भी धन्यवाद देती हूँ जो हमारे साथ गये थे। इन्होने मेरी बहुत मदद कि और किसी भी चीज की कमी नहीं होने दी। मैं सभी





भइया, दीदी लोगों से बहुत ही खुश हूँ। इसलिए मैं एक बार पुनः दिल की गहराइयों से बहुत – बहुत धन्यवाद देती हूँ।

नंदिनी कुमारी  
क्राफ्ट यूनिट

Nandini Kumari, a trainee in Crafts unit recalls her experience of journeying for the first time to Delhi on a group tour for craft-exhibition. With great excitement she explains all details from the time of leaving Varanasi, journey by train to Delhi, Experience of exhibition in Embassy of Switzerland, New Delhi till they came back to KIRAN Centre. She recalls an unforgettable moment - the group met a paraplegic boy Rohit who in spite of sever disability was working as a computer operator in one shop of Uday Bazar, Delhi. He was an inspiration for all who met Rohit and amazed that disability can not be a hurdle to do something beautiful in life. Therefore, Nandini says, " we should take appropriate effort to do something in order to establish us in society."

members and friends.

### OBITUARY

Mr. Ful James served KIRAN Centre for 11 years as a farmer, electrician, tractor-driver and general maintenance assistant during his service period with great sincerity, friendly and honesty. He never said 'no' for any work at a any time and brought to the hospital in a state of deep coma. Since he had received injuries at many parts of his brain, in spite of doctors' sincere efforts his condition did not improve and finally he breathed his last at 7.50 on 6<sup>th</sup> August, 2008.



After a solemn ritual in the church, his body was buried at Chowkaghat Cemetery in the presence of staff and children of KIRAN Centre, his family





# My KIRAN Experience

**Mira Fischer**  
Volunteer

From the beginning of October, 2007 until the end of March 2008 I spent almost 6 months in Kiran village. Never before had I experienced such an intensive time. It was a time full of beautiful but also painful experiences. I was given access to a completely different world, a world I wouldn't have got to know otherwise. It is difficult to bundle up the colourful and contradictory experiences of my time in KIRAN and to describe them in a few lines. Therefore I want to concentrate on a few “pieces” that were important for me.

Two things appealed to me in a strong way: On the one hand the close connection of the people in KIRAN with music and prayer, on the other hand the way they lived their daily lives.

Already during the first week I was accepted in the midst of a group of young people, invited to participate in their music with my violin. The Swiss ambassador was expected to come next Monday, so students and teachers were eagerly practicing for a colourful cultural program. With love for the detail, that so many Indians have, the village was decorated. During this time of preparation a valuable friendship developed. Sandeep, a young musician, shared his love for music with me, taught me about Indian music and, at the same time, was open for Western music that was more familiar to me.

Especially at the beginning of my stay the attitude of the Indians towards time and life impressed me a lot, though it was also a great challenge for me. While in the West our daily lives mostly have to fit into a tight structure, and we are often in a hurry to fulfill all our duties, life in India seems to be more like a river. Value is set on slowness, on living the moment. Often I was walking through KIRAN village pursuing a certain task, when suddenly people would stop me and want to start a conversation. At first these situations were difficult for me because my western mind was already busy with the next appointment, the next destination, the next problem.

A beautiful and essential experience was cooking and celebrating together. I was lucky to be a guest at many birthday and other parties. People came together and shared their happiness, which was the only important thing. Outer circumstances and material things





did not matter. Of course, celebrating together included cooking together! For me it was a wonderful experience to sit on the ground and cut vegetables or to make Puris. Just to concentrate on this simple, but most fulfilling activity.

The contact with the children in the Special Education Department was very valuable as well. Here I spent most of the time. Above all I helped in a class with children with cerebral palsy, but I also got to know other children from the department. With them I made music or some creative handicrafts. I experienced joy, when the children responded to what I could give. Sometimes the response was a bright smile, sometimes the calling out of my name.

The time I spent with Ravi, a severely handicapped young man who lives in one of the KIRAN hostels, was very intense. His look reveals his deep individual relationship with certain people and his awareness and sensitivity. By encountering so many new things on the outside, a lot happened inside me, too: First of all, I broadened my horizon, I realised that there is so much more in our astonishing world than we get to experience in our limited daily environment. Moreover my attitude towards basic topics, such as “time“ and “life“ and “being together“ changed a lot. And finally: Through the difficulties I met I was confronted with myself, my abilities and inabilities.

At the end I want to say that my time in KIRAN was the greatest challenge in my life so far. I am grateful for this experience. I hope that in future many more people who are interested and who feel ready for it will be given the chance to do voluntary work in KIRAN. In my opinion age and qualification seem less important than maturity, readiness to be open for other people and their needs and a thorough preparation – on the side of the responsible people and the volunteer him- or herself.

From my own experience I can tell that it is very helpful if there are at least two volunteers at the same time. Then you can support each other in the work with the hostel children and you can exchange your experiences that sometimes are not easy to digest. Together you can enjoy the beautiful moments more!





## संदेश मनीष भड़या का

प्यारे बच्चों,

सुबह की पहली किरण के साथ आज जो अनुभव मुझे आप के साथ बाँटने का मौका मिला है उससे मैं बहुत प्रफुल्लित हूँ। दिनांक 2 दिसम्बर 2007 गंगा जी का किनारा आप सब को तो याद होगा। अस्सी घाट के किनारे हम सब सुबह से ही जुटे थे। मैं और मेरी संस्था के सभी छात्र बड़े ही रोमांचित थे। मौका था विश्व विकलांग दिवस की पूर्व संध्या पर लाखों दियों को सजाने का, साथ-साथ विकलांग दिवस मनाने का भी। महीने से जो तैयारियाँ, मीटिंग चल रही थी आज उसका अन्तिम दिन था। सभी बड़े खुश और व्यस्त थे, कोई रंगोली बना रहा था, तो कोई घाट को साफ़ कर रहा था, तो कोई



दियों को साफ़ कर रहा था। डा. तुलसी और सीबील अपनी जिम्मेदारियाँ में व्यस्त थे। आज हम उत्साहित थे, आज के दिन को ख़ुबसूरत कैसे बनाया जाए यह सब सोचकर सभी बहुत विचार विमर्श कर रहे थे।

घाट पर विकलांग दिवस मनाने का उद्देश्य यह था, कि हम लोगों को बताना चाहते थे- हम सब अपने क्षेत्र में कितने तैयार हैं। आप सभी की कला के प्रदर्शन से आपको समाज में वो सब हासिल हो जिसके लिए आप पूरी तरह से हकदार हो। इसलिए हमने चित्रकला, संगीत और नाटको का सहारा लिया। और आपको यह जानकर आश्चर्य होगा करीब 2000 लोगों ने पूरी तन्मयता से इस प्रोग्राम का लुप्त उठाया। जब से मैं किरण से जुड़ा हूँ मेरा सिर्फ एक ही उद्देश्य है आप सब को समाज की मुख्यधारा से जोड़ संकू। इस बार हमारी पत्रिका का भी यही उद्देश्य है। आप को बाहरी दुनिया से कैसे जोड़ा जाए? गंगा घाट पर आपके लिए आयोजित इस कार्यक्रम का भी यही उद्देश्य था। जब मैंने दो साल पहले एक छोटा कार्यक्रम अस्सी घाट पर किया था तो सोचा नहीं था, कि इस साल यह कार्यक्रम इतना बड़ा रूप ले लेगा। आप सब जो सेन्टर में इतनी मेहनत करते हैं, सीखते हैं उसका परिणाम सामने हो तो क्या बात है। मैं उन सभी शिक्षकों, स्टाफ को बहुत धन्यवाद देता हूँ जिन्होंने बच्चों को इस तरह तैयार किया कि गंगा तट पर एक मनोहारी शाम आपके नाम बन पाई। सभी कार्यक्रम समाप्त होने के बाद अब बारी थी घाटों को दिये से





सजाने की। क्या नजारा था। इसकी कुछ फोटो आप के लिए भेज रहा हूँ। मानो ऐसा लग रहा था कि तारे जमीन पर आ गये हो। आज के दिन हम सबने मिलकर एक संकल्प लिया हम पूरे कार्यक्रम को प्रतिवर्ष पूरे जोश के साथ मनाएंगे। दियों से सजी इस छोटी दुनिया को देखकर घाट पर आये प्रत्येक व्यक्ति यही कह रहे थे ये कैसी दिवाली है? हमने उन्हें बताया ये विशेष प्रकार से सक्षम बच्चों की दिवाली है। आप प्रत्येक साल यहाँ पर आइएगा, और बच्चों को प्रोत्साहन दिजियेगा। सही मायनों में बच्चों आप सब के लिए यह आयोजन करके हमारी टीम को बहुत खुशी हुयी। मैं इस कार्यक्रम के लिये उन सब लोगो को बधाई देता हूँ, जिन्होंने बहुत मेहनत से इस कार्यक्रम को सफल बनाया। जिसमें प्रमुख रूप से सुशील, कैन्हया लाल, आशीष, मनीष गुप्ता, सुनील, रुद्र कुमार, अनवर, सीबील, उदय प्रताप, नेहा, आनिल, पूजा, मनोज, डा. तुलसी, पवन जी, सतीश भाई, राजेन्द्र भाई, अन्नू भाई, डा. डी.के साहू जी और हम सब की प्यारी दीदी संगीता जे.के.जी का भरपूर सहयोग रहा। हमारे सोमोर्ड कंप्यूटर के सारे स्टाफ और विद्यार्थियों का भरपूर सहयोग रहा, जिन्होंने एन.जी.ओ नेटवर्किंग टीम (NGO Networking Team) के साथ मिलकर इस प्रोग्राम को सफल बनाया।

आप सभी का  
**मनीष उपाध्याय**

Mr. Manish Upadhyay, presently an Executive Member of KIRAN Society, is a computer professional in Varanasi. He has a soft corner to think for the welfare of disabled children, especially in creating awareness among people in different ways. The present writing is a review-cum-message of an evening cultural program held at Assi Ghat, Varanasi on 2nd Dec., 2007, evening before the International Day for Disables, 2008. The program was organized by the member organizations of the NGO Networking Team of Varanasi, where children of many NGOs participated very successfully. Children with multiple disabilities from different organizations presented colorful action-plays, painting workshop and exhibition, paper bag making and selling as awareness against use of polythene. Students of Somord Computers lighted hundreds of earthen lamps on steps of Assi Ghat which was a gjeat public attraction. There was a good gathering of public and the program was a great success.

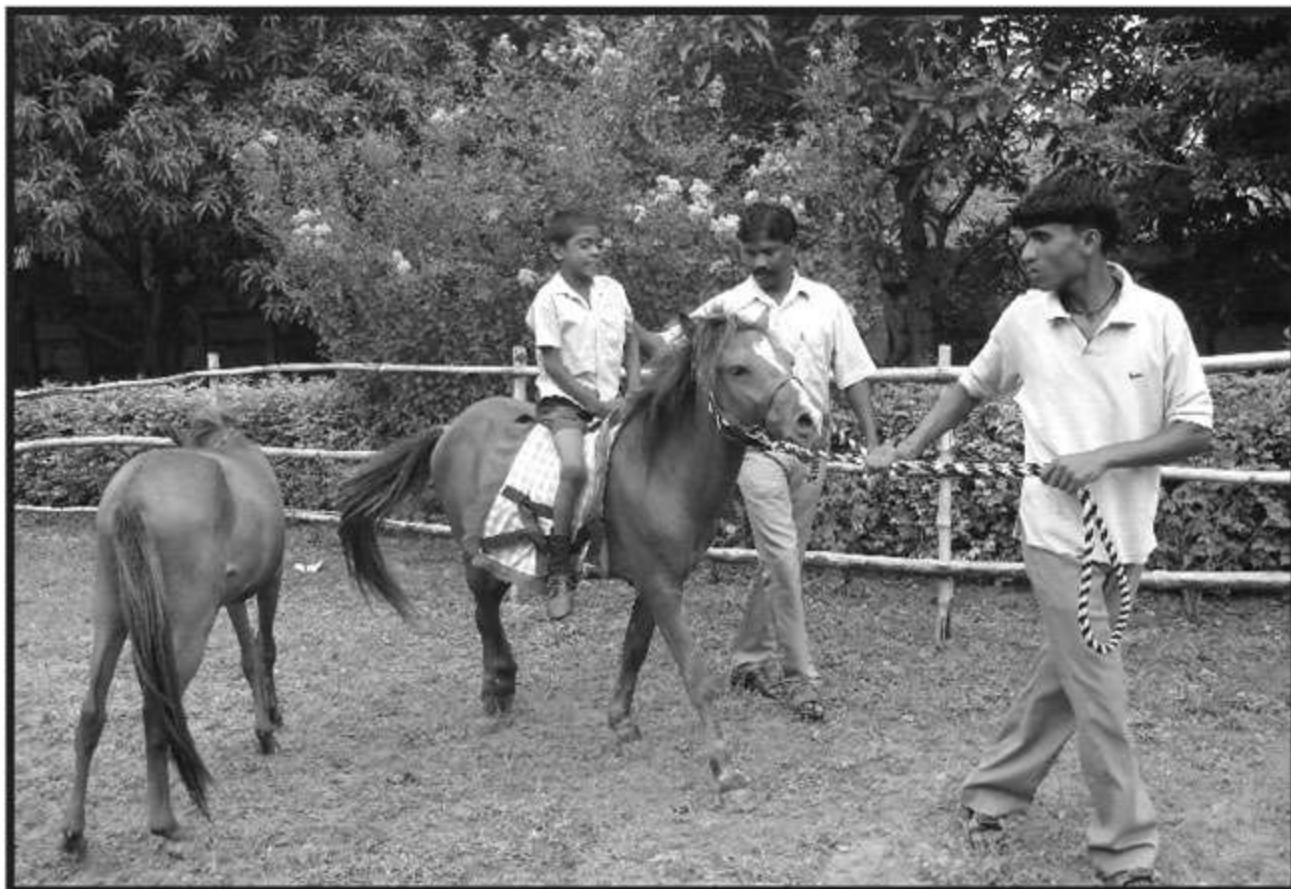




## LEARNING & SHARING

The year 2007 was the year of learning and sharing for the staffs of rehabilitation department. Through out the whole year the staffs got the exposure and chance to learn and work in a different way. They got a chance and platform to solve their quarries; simultaneously they also found opportunities to share their experience with the experts from different streams.

In order to uplift and upgrade the knowledge of staffs, the rehab department organized several trainings & workshops. Mainly rehab professionals attended these workshops. These professionals also got a chance to work



together with the experts, so that they could make understanding on handling different cases. The details of these workshops are given below:

### **Workshop on Cognitive Rehabilitation therapy**

Two weeks practical & theoretical workshop on cognitive rehabilitation therapy was conducted on 22<sup>nd</sup> Oct to 8 Nov 07 by Silwana (Physiotherapist), Daniella (Physiatrist), Analisa (Physiotherapist), Elena (Speech therapist), from DMR Dept. Civic Hospital, Schiu, Italy. The whole program was coordinated and facilitated by Dr. Moreno (Neurologist)

In this workshop the therapists discussed briefly on Behavioral assessment, Visual exploration assessment, Gait Assessment, Grasping and Handling Assessment. In later part of the workshop therapists took practical training on visual functional system exercises, Gait exercises, Grasping exercises. As a whole, the workshop provided a better understanding on Concept of movement, Observing child as a whole and Rehabilitation as project (from observation).





## **Workshop on Hippo therapy**

The physiotherapist and Occupational therapist of the unit received training of Hippo therapy. It was the Continuation of the previous training by Dr. Catrina Consolaro from Italy.

## **Workshop on Modification of Wheel chair**

Fifteen days workshop on modification of wheel chair was conducted for the Physiotherapists and occupational therapists on 12<sup>th</sup> Dec to 27<sup>th</sup> Dec 07 by Karin (Occupational therapist) & Patrizia (Physiotherapist) from Switzerland. In this workshop the therapist learned, how to modify the wheel chairs according to the condition of the child.

## **Workshop on KAFO for CP children**

A four days workshop was organized on KAFO for CP children on 17<sup>th</sup> to 19<sup>th</sup> Nov 07 by Mr. Hanspeter, Stastny from STASTNY Orthopedic & Rehab. Technik, Switzerland.

## **Workshop on Communication**

Workshop on Communication was organized by Ms. Florina (Speech therapist) from Switzerland on 4<sup>th</sup> & 5<sup>th</sup> Dec 07. In this workshop she focused on Symbol Language Tree:-Speaking as a result of Positive & over all development. The workshop also focused on development of language of a child through various stimuli present in environment (school, home) and how the language is connected with sensory motor integration and the uniqueness of every child.

**Vijay Laxmi Samal**

## **Surgery Camp 2008**

. Orthopaedic Surgery Camp of KIRAN Society was held in the Fracture's Clinic, Mahmoorganj from ... to ..., August, 2008. 23 cases of orthopaedic surgery and 3 cases of plastic surgery were taken up. The camp was organized under the supervision of Dr. K.P. Agrawal, Orthopaedic Surgeon, the Fracture's Clinic. Expert Dr. Anil Kumar Pandey, Ortho-paediatric surgeon from Ranchi, Consultant surgeon of KIRAN Centre was specially invited for the purpose. Other surgeons like Dr. Jayanta Tapodar, Dr. Kaushal Agrawal and Dr. Subodh Kumar's services made the camp success. KIRAN's trained staff were responsible for pre and post surgery services. We gratefully thank all surgeons for their kind services.





## धार्मिक स्थल का शैक्षणिक भ्रमण

मेरा नाम लालमणी कुमारी है। मैं गृहिणी की छात्रा हूँ। मुझे ये बताते हुए काफी खुशी हो रही है कि 'किरण सेन्टर' में आने से पूर्व मुझे अपना नाम भी लिखने या पढ़ने नहीं आता था, लेकिन आज मैं अपने विचार लिखकर या पढ़कर सभी को बता सकती हूँ।

दिनांक 06/02/08 दिन बुधवार को हम सभी विशेष शिक्षा विभाग के बच्चे और हमारी दीदी और भैया शैक्षणिक भ्रमण के लिए विभिन्न धर्मों के धार्मिक स्थलों को देखने के लिए गये थे। सर्वप्रथम हम सभी बी.एच.यू. स्थित विश्वनाथ मंदिर गये। मंदिर में दर्शन और घूमने के बाद हम सभी गुरुबाग स्थित सिक्खों के धार्मिक स्थल गुरुद्वारा पहुँचे। गुरुद्वारों में हम सभी ने प्रार्थना की तथा लंगर में सम्मिलित होकर प्रसाद ग्रहण किया। गुरुद्वारा कर्मियों के आवभगत से हम सभी

अभिभूत हुए। उसके बाद हम सभी नदेसर स्थित मस्जिद पहुँचे। मस्जिद भ्रमण के बाद पास में ही चर्च की तरफ मुड़े। चर्च में हमने प्रभु ईसा मसीह की मूर्ति को दीवार में लगे देखा। उनके पूरे शरीर में कील ठोंकी गयी थी। वहाँ बैठकर हमने प्रार्थना की तथा शान्ती का अनुभव किया। चर्च में ही नीचे भूतल में प्रदर्शनी देखने गये जहाँ हमने ईसा मसीह के जीवन की सारी घटनाओं को प्रदर्शनी के माध्यम से देखा, जो मुझे बहुत अच्छा लगा और ईसा मसीह के बारे में काफी जानकारी प्राप्त हुई।



इस तरह से हम सभी ने हिन्दू, मुस्लिम, सिक्ख और इसाई धर्म के प्रार्थना घरों में जाकर विभिन्न धर्मों के बारे में काफी जानकारी प्राप्त की। उसके बाद हम सभी बस में बैठकर अपने-अपने घर की ओर प्रस्थान किये। इस तरह से मेरा ये शैक्षणिक भ्रमण काफी यादगार रहा, मेरी अब तक की ये सबसे सुखद यात्रा थी। मैं किरण द्वारा प्राप्त ज्ञान को जहाँ भी रहूँगी फैलाने की कोशिश करूँगी और इस संस्था की आभारी रहूँगी।

लालमणी कुमारी  
गृहिणी छात्रा

Ms. Lalmani, a student of Grihini Course writes her experience of an exposure trip to religious places. Teachers, volunteers and children of Special Education section joined this tour on 6th February 2008. Starting from Vishwanath Temple of B.H.U. they visited the Sikh shrine- Gurudwar at Guru Bagh followed by the mosque and Red Church at Nadesar. In Gurudwar they joined in the common dining (*langar*) where devotees are given free cooked food. Children and teachers interacted with





priests and devotees who explain about the Sheikh religion and rituals. The group joined prayer at mosque as well as at church. At Red Church they visited the gallery where the life history of lord Jesus Christ was displayed through mural paintings.

In this way, taking children on exposure trip to religious places helped learning multi-religions and culture practically better than learning through books in class room.

## भारत-मेरा देश

भारत जैसा सुन्दर और महान देश दूसरा कौन सा है जिसके उत्तर में हिमालय जैसा विश्व प्रसिद्ध पर्वत है। इस पर्वत को हम देवताओं का स्वर्ग कहते हैं, प्राकृतिक सुषमा का भण्डार कहते हैं, पवित्र निर्मल जलाशयों का अंगार है, बर्फ से ढके हीरो की तरह चमकते पर्वत मानो, ये भारत के सिर का ताज हो। उत्तर का प्रहरी कहें या संसार का सौंदर्य कहें सत्य होगा। इस पुण्य भूमि का भारत के इतिहास से गहरा संबन्ध है। मंदिरों का यह क्षेत्र है। तीर्थ यात्रियों के लिए यह धर्म भूमि है और सैलानियों के लिए स्वर्ग है। विशाल हिमालय पर्वत की श्रेणियाँ कश्मीर से असम तक फैली हुई हैं इन श्रेणियों में अमरनाथ, बद्रीनाथ, केदारनाथ, गंगोत्री, यमनोत्री आदि अनेक तीर्थ स्थान हैं और यहाँ प्रदूषण का तो नाम ही नहीं था। दूर-दराज के लोग प्रकृति और शुद्ध वातावरण का आनन्द लेने यहाँ आते हैं, हरियाली, खुशहाली और समृद्धि से यह देश भरपूर था। सभी लोग भारत को सोने की चिड़ियाँ कहते थे और न जाने कितने प्रकार के जाति, धर्म, भाषा-मजहब और न जाने कितनी विभिन्नता पायी जाती है। अतः भारत को एकता में अनेकता का प्रतीक माना जाता है। भारत के लोग एक-दूसरे से प्रेम और अटूट विश्वास करते थे, ऐसा था भारत लेकिन अब?

लोग अपनों पर ही विश्वास नहीं करते अब क्यों नहीं कहते भारत को सोने की चिड़ियाँ? अगर ये प्रश्न लोगों से पूछा जाय तो लोग उत्तर देते हैं कि अंग्रेजों ने भारत पर सौ साल राज किया और इसे लूटा।

हम क्या कर रहे हैं मार-पीट, चोरी-डकैती, दंगा-फसाद, बम विस्फोट क्या यही है वो भारत जहाँ खुशियाँ पायी जाती थी। अंग्रेजों ने तो सिर्फ लूटा था और हम इसे बर्बाद कर रहे हैं। जहाँ देखो वही भ्रष्टाचार क्या यही रह गया है?

हमारा वर्तमान ऐसा है तो भविष्य कैसा होगा? दंगे-फसाद जैसे कितने अत्याचार से ग्रस्त होता जा रहा है भारत क्या पहले जैसा था क्या अब भी वैसा ही है?

भारत की तरह न कोई देश था न है और न होगा।

सपना जायसवाल

एन आई ओ एस





## REACHING OUT

For Vocational department “Reaching Out” is a very suitable expression.

In our vocational units Art & Design, Wood Workshop - I.Q. Toys, Bakery, Horticulture and Tailoring, especially differently able youngsters get training according to their abilities and interests.

Some of our trainees have already been in KIRAN for their school education. Other ones, who live in remote villages are reached by the services of KIRAN and entered only for the vocational training.



During this period our trainees go through different learning processes. In their training unit they get professional training to develop working skills, social abilities and general knowledge.

With the guidance of their unit in-charges, social worker and HoD, their thoughts are “Reaching Out” in imagining and planning about their future. What they will do after the training? Where they will find a job? How their lives will go on...

In vocational training there is also a very practical way of “Reaching Out”- trainees are going for exposure- one-day, one-week, one-month out of KIRAN to get new experience and to improve their working skills. This will enhance their knowledge and working capacity. “Reaching Out” can also be – to go with some of our trainees to different melas for Exhibition and Sale of the products made in our vocational units, which gives proud and creates awareness in the society.

The final “Reach Out” will be at the end of the vocational training, when our trainees go out of KIRAN with all their achievements, knowledge and working skills to lead an independent life in the society.

**Sibylle Graf**  
HoD Vocational Deptt. &  
**Prama Pathak**  
Social Worker

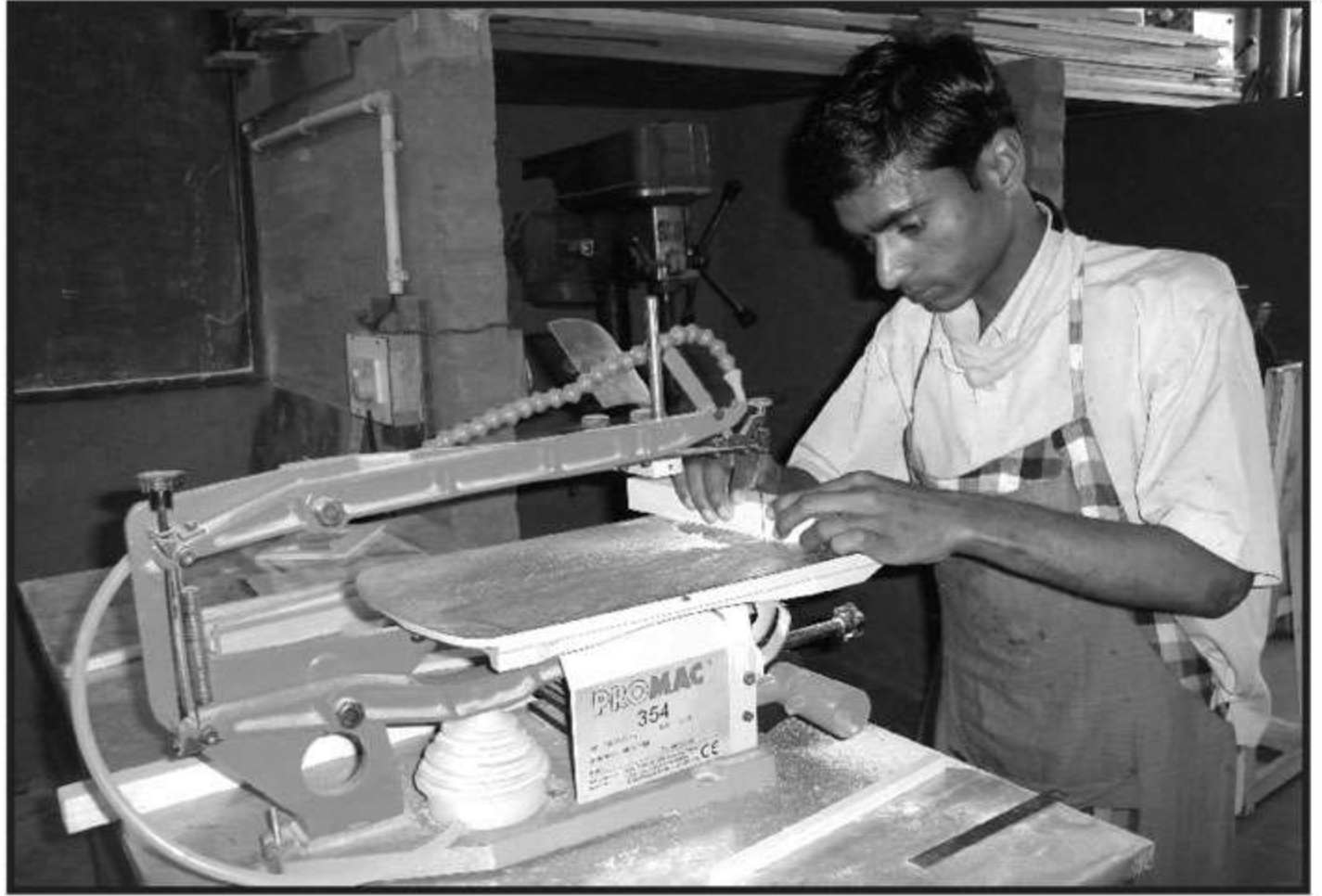




## I.Q. TOYS WORKSHOP के प्रशिक्षण छात्रों का शैक्षिक यात्रा

सबसे पहले हमारे वोकेशनल विभाग के एच.ओ.डी. सिबिल दीदी, सोशल वर्कर प्रमा दीदी और हमलोगों के इन्चार्ज संजय भईया एवं वुडवर्कशाप के पूरे ट्रेनिंग किरण सेन्टर से 9.30 प्रातः बनारस सिटी के भ्रमण के लिए गये। उसके बाद हम सभी लोग सबसे पहले अन्ध्रापुल गये उसके बाद हमलोग सबसे पहले एक दुकान में गये जहाँ पर फर्नीचर का काम हो रहा था और वहाँ पर हमलोगों ने लकड़ियों के बारे में पूछा तो वहाँ के वर्कर ने लोकल लकड़ियों के बारे में बताया और वहाँ पर सब लोकल ही लकड़ियों की फर्नीचर जैसे खिड़की, दरवाजा, चौकी, मेज, कुर्सी, टबल इत्यादि बनाते थे और लकड़ियों के नाम भी बताये। सबसे अधिक कम से कम 80 प्रतिशत आम की लकड़ियों का ही उपयोग होता है। इसके आलावा और भी लकड़ी जैसे महुआ, नीम, चिलबिल, सफेदा (लिपटस), कटहल, अकेशियाँ, बबूल, पीपल इत्यादि लोकल लकड़ियाँ प्रयोग करते हैं।

उसके बाद हम लोग आरा मशीन पर गये और आरा मशीन को पास में जाकर देखा। मैंने आरा मशीन कभी पास से नहीं देखा था आरा मशीन देखकर मुझे अच्छा लगा और वहाँ के लोग आरा मशीन पर बहुत तेज काम करते थे और वहाँ पर हमने आरा मशीन के बारे में जानकारी लिया। आरा मशीन दो प्रकार की होती है।



1. वैण्डसा मशीन
2. ट्राली मशीन (बड़ी मशीन)

ट्राली मशीन पर बड़े-बड़े बोटे को चौकर चौरस और हल्का किया जात है तब उसके बाद वैण्डसा मशीन पर लकड़ी को सहज जैसे पटरा, लम्बर, कड़ी, धरन इत्यादि का काम किया जाता है। इन आरा मशीन में दो या ढाई इंच के ब्लेड का प्रयोग करते हैं, ये ब्लेड का रोल होता है और इसे साइज और नाप से काटकर पीतल और सुहागा से जोड़ा जाता है। आरा मशीन में चैन लगा होता है। चैन का प्रयोग साइज के लिए किया जाता है। चैन ऊपर निचे होता है ब्लेड पर ग्लैण्डर से तेज या धार करते हैं बन्दर छाप ( ) का सबसे अधिक प्रयोग करते हैं।

वहाँ पर सब लोग गीली लकड़ियों पर काम करते थे। गीली लकड़ियों पर काम आसानी से किया





जाता है गीली लकड़ी पर कील आसानी से धंस जाती है। और सूखी लकड़ी पर कील ठोकने से लकड़ी फटजाती है ये सब लोकल लकड़ियों पर काम करते थे।

उसके बाद हम लागों ने लंच किया और लंच में छोला बटुरे खाये और आईस्क्रीम सहित कोल्ड क्रीम काफी भी पिये। उसके बाद हम लोग सोनारपुरा गये। वहाँ पर गीता साँ मिल एण्ड कम्पनी था जो सोनारपुरा की सबसे बड़ी दुकान थी वहाँ पर भी हमने मशीन के बारे में, लकड़ियों के बारे में, प्लाईवुड और लेमिनेट शीट के बारे में जानाकरी ली। वहाँ पर सभी प्रकार की लकड़ियों के बारे में जाना, लोकल और ओरिजनल दोनो लकड़ियों के बारे में जानकारी ली उसमें एक नयी प्रकार की लकड़ी को जाना जिसका नाम भैयल था वह लकड़ी अमेरिका में पाया जाता है। वहाँ पर हम चाय भी पीये, वहाँ पर सभी लोगों ने अच्छा व्यवहार किया ये सब बातें हमको अच्छी लगी।

फिर उसके बाद हमलोग खोजवाँ गये जहाँ पर लकड़ियों के खिलौने बनाये जाते थे वहाँ पर लोग बहुत तेज (फास्ट वर्क) करते थे और वहाँ पर पत्थर के भी खिलौने बनाये जाते हैं। यह सब देखकर बहुत अच्छा लगा। क्योंकि मैंने पहली बार यह सब जगह का भ्रमण किया उसके बाद पत्थर के खिलौने देखने गये वहाँ पर साफ्ट पत्थर से खिलौने बनाये जाते थे। और पत्थर पर काट विग भी होता था। उसके बाद वहाँ पर चमड़ा रंग बनता था वहाँ पर गये वहाँ उन लोगों ने बहुत अच्छे ढंग से प्रैक्टिकली करके चमड़ा रंग बनाने की विधि को दिखाया तथा अच्छे तरीके से सीखाया और समझाया।

**निष्कर्ष :** एक्सपोजर ट्रिप हमलोगों को बहुत ही अच्छा लगा। मैं पहली बार ये सब जगह गया और वहाँ का काम देखा ये सब मुझे बहुत ही अच्छा लगा।

नयी-नयी बातें सीखने और देखने को मिला ये भी मुझे बहुत अच्छा लगा। रेस्टूरेन्ट में जाना भी बहुत अच्छा लगा।

धन्यवाद! संजय भईया सिबिल दीदी और प्रमा दीदी जो आप लोगों ने इतने अच्छे-अच्छे जगह पर भ्रमण कराया। ये सब मुझे बहुत अच्छा लगा।

**राजेश गुप्ता, ट्रेनि**

The trainees of the IQ Toys Workshop of the Vocational Department had a chance to go on an exposure trip to other wood workshops of Varanasi city together with their HoD Ms. Sibylle Graf and Unit-in-charge Mr. Sanjay Albert. Mr. Rajesh Gupta, Trainee, Wood Workshop reveals his experience of this exposure trip.

At first they visited to a wood workshop at Andhrapool where usual furniture are prepared and sold. There they interacted with the workers and owner of the firm. The trainees got to know type of wood, their nature, in which work these are used, etc. Rajesh confesses that earlier he had not even seen a saw-mill. All trainees got fascinated to see machines working so fast and cutting big wood-logs in no times into different shapes and sizes. In that firm they got to know about different saw-machines and other machines used for cutting and processing wood. They also visited another shop at Khojwa where wood toys are made. There they got to know about different soft wood used for making toys.

This was a useful exposure trip for trainees. Many of them had first time chance to go out even in their own city. While visiing different wood workshops, trainees also enjoyed lunch and refreshment in restaurants.





## कौशल, बर्हिगमन सोपान

राजेन्द्रनाथ राय

शोसल इम्टग्रेसन मैनेजर

आज प्रतिस्पर्धा के युग में बाहरी संसाधनों को प्राप्त करना दिन पर दिन कठिन होता जा रहा है लेकिन दुरुह नहीं है। हमारा इतिहास इस बात का साक्षी रहा है कि कभी भी किसी ने भी किसी को भी उसके हक को आसानी से नहीं दिया। लेकिन यह अक्षरशः सही भी नहीं है लेकिन इतना जरूर कहा जा सकता है कि जब कभी भी सत्य पर आधारित हक की लड़ाई हुयी है उसमें सत्य ही हमेशा विजयी हुआ है। तदोपरान्त बाहर में एक साम्राज्य स्थापित हुआ है।



आज हम जिस बर्हिगमन की बात करना चाहते हैं वह ऐसे लोगों से सम्बन्धित है जो हमारे ज्ञान के अनुसार भिन्न तरह से बहुत ज्यादा ही सक्षम है।

हम क्रमशः समाज के एक बहुत बड़े वर्ग को अपने भिन्न तरह से सक्षम बच्चों के कला-कौशल के प्रदर्शन से उनकी पहचान समाज में स्थापित करने की कड़ी में अग्रसर हैं और अपेक्षित सफलताएँ भी हमारे सामने आती जा रही हैं।

आज अनेक विषमताओं के बाद भी हमारे बच्चे वाराणसी जनपद के लगभग हर स्कूल तथा यूनिवर्सिटी में अपनी प्रतिभा से अपनी छवि विखेरने में लगे हैं।

कई बच्चे बाहर अपने कार्यों से दूसरों को प्रभावित कर रहे हैं तथा जो बच्चे अपना रोजगार हम लोगों के सहयोग से कर रहे हैं आज वे अपने परिवार पर आश्रित नहीं हैं बल्कि उनका परिवार उनके ऊपर आश्रित है। आज हम समाज के सभी सहृदय व्यक्तियों से अनुरोध करते हैं कि भिन्न तरह से जो सक्षम बच्चे हैं उनको कमजोर समझकर उनके हक के साथ खिलवाड़ न करें बल्कि मानवतावादी दृष्टिकोण का परिचय दें। समाज का सकारात्मक दृष्टिकोण ही सही मायने में इन बच्चों के बर्हिगमन में एक सार्थक पहलू हो सकता है और





यह बच्चे अपने आप को समाज से जोड़ने में सहजता महसूस कर सकते हैं।

हम सभी मिलकर अपने बच्चों की क्षमता का परिचय कराने के लिए विगत कई वर्षों से भिन्न-2 प्रकार के कार्यक्रम शहरी क्षेत्र में आयोजित करते चले आ रहे हैं जैसे इस वर्ष 2 दिसम्बर 2007 को अन्तर्राष्ट्रीय विकलांग दिवस की पूर्व संध्या पर अस्सी घाट का वह नजारा जिसमें हमारे बच्चों ने अपनी जबरदस्त क्षमता का परिचय अपनी पेंटिंग और गायन से दिया जिसका समापन दीपोत्सव से हुआ और सभी को सोचने के लिए मजबूर कर दिया कि हाँ यह बच्चे भी समाज के एक प्रमुख अंग हैं और हर प्रकार के कार्य करने की क्षमता रखते हैं।

इसी प्रकार दिनांक 5 मार्च 2008 को डी.एल.डब्ल्यू. स्पोर्ट्स स्टेडियम वाराणसी में किरण सेन्टर और अम्बेडकर विकलांग विद्यालय के बच्चों के बीच खेला गया मैच जिसमें बच्चों ने जमकर चौके और छक्के लगाये और अपनी क्षमता का परिचय दिया अगर वह सक्षम नहीं है तो कैसे नहीं है।

यहाँ मैं समाज को एक अच्छी सोच विकसित करने के लिए एक प्रश्न छोड़ना चाहूँगा कि मेरी सक्षमता की परीक्षा आप कब तक लेंगे? हम अपनी वेदना को एक भाव के रूप में प्रस्तुत करते हैं जो हमारे बच्चों के बर्हिगमन की बाधाओं को दूर करने में मददगार साबित होगा।

अरे मैं सक्षम हूँ चारो, मुझे तुम अक्षम मत समझो।  
मेरा हक मुझको दे दो तुम, हमें तुम मध्यम मत समझो॥  
बजायेंगे ताली हम सब, एक साथ मिल-जुलकर।  
विश्व बन्धुत्व कामना होगी, साकार मिल - जुलकर।  
मुझे भी राह दे दो तुम, हमें तुम बज्जर मत समझो  
अरे ... सक्षम... चारो, मुझे ... अक्षम ... समझो।

Mr. Rajendra Nath Rai, Social Integration Manager expresses satisfaction that few youngsters under KIRAN's care have put their foot in colleges and universities. Some have established their own income-generation establishments. However, he bewails that still people call them disable. Rajendra suggests that people must change their attitude towards these challenged people. Their social right should not be packed down, rather to be offered to them. They must not be counted as excluded rather non-excluded part of our society. This will help them to live their life on their own accord in stead of living under other's mercy.

Mr. Rajendra Nath has organized sports and other physical activities among differently able children in past years. He says people have witnessed the talents of these children. He wonders how long then society will take test of their abilities?





## सफलता की ओर बढ़ते हुये कदम

श्री. संतोष कुमार, सुपुत्र. श्री.बदर पटेल निवासी ग्राम-बनियवरां, पोस्ट-आयर, जिला-वाराणसी जो किरण सेन्टर के पूर्व छात्र हैं। संतोष कुमार जो पोलियो ग्रसित शारीरिक रूप से विकलांग होने के बावजूद अपनी महत्वाकांक्षा तथा अथक प्रयास के कारण अपने जीवन के 23वें साल में सफलता की ओर सराहनीय कार्य किया है।

प्रत्येक दूसरे माह होने वाली City Youth Meeting, जिसमें किरण से वर्तमान में जुड़े बच्चे, जो पहले कभी किरण से प्रत्यक्ष रूप जुड़े हुए थे और आज भी अप्रत्यक्ष सम्बन्ध बनाये हुये हैं, से मिलने का मौका मिलता है। वहीं मुलाकात हुई संतोष कुमार से जो कि 13 वर्ष की अवस्था में 1995 में



किरण से जुड़ा। किरण में ही उसने अपनी यू.के.जी. से 5वीं कक्षा तक की पढाई की।

18 वर्ष अवस्था में ही संतोष को आत्म निर्भर बनने की ललक थी और आत्मनिर्भर बनने की प्रथम सोपान की ओर बढ़ते हुये व इसी आशा के साथ श्री.राजेन्द्र राय, सोशल इन्टीग्रेशन कोआडिनेटर, किरण सेन्टर, के पास एक दुकान के लिये जमीन के सम्बन्ध में बात करने आया। संस्था द्वारा आय उपार्जन कार्य के तहत मदद हेतु मिले 10,000 रू. से उसने जमीन ली तथा किरण के समक्ष प्रमाण प्रस्तुत करने पर उसे पुनः 5,000 रू अनुदान राशि दिया गया जिससे उसने चाय-पान की दुकान खोली।

परन्तु संतोष एक महत्वाकांक्षी युवक था और सदैव आगे बढ़ने को तत्पर था तथा उसके कदम इतने में रूकने वाले नहीं थे। अतः उसने थिसाई जाकर इलेक्ट्रानिक्स की ट्रेनिंग ली और दूसरे कदम की ओर बढ़ाते हुये उसने अपनी एक बैटरी मरम्मत की दुकान खोली। साथ ही उसने संस्था की मदद से 15,000 रू. द्वारा अपना पुराना जो व्यवसाय था जारी रखा, परन्तु उसमें थोडा परिवर्तन कर चाय-पान के स्थान पर किराने की दुकान प्रारम्भ किया।

सन्तोष का बढ़ताहुआ कदम इतने में स्थिर नहीं हुआ। किरण का सहयोग उसके साथ बना हुआ था





और उसके सपने रूपी पंख नीले आकाश को छूना चाहते थे। उसने पुनः किरण के सहयोग से 2 बिस्वा जमीन खरीदी व एक पुराना ट्रैक्टर से कृषि कार्य प्रारम्भ किया। पोलियो से ग्रसित होने पर भी विकलांगता कभी उसके आड़े नहीं आयी। इस बीच सेन्टर से मिले अनुदान को संतोष अपनी मेहनत व इच्छा शक्ति द्वारा वापस भी करता रहा। कृषि कार्य को सुचारू रूप से चलाने के लिये उसे एक नये ट्रैक्टर की आवश्यकता हुई तथा आत्मनिर्भरता के तीसरे कदम की ओर बढ़ते हुये उसने 50,000 रू. लोन लेने की इच्छा पुनः किरण के समक्ष रखी, और हर बार की तरह सिस्टर संगीता, संस्थापक निदेशिका, किरण सेन्टर, ने उसके आगे बढ़ते हुये कदमों को पुनः एक आधार देते हुये यह अग्रिम सहायता मंजूर की। इसके साथ कुछ ग्रामीणों के गारण्टी पर बैंक से ऋण लेकर संतोष ने एक नया ट्रैक्टर खरीदा। आज संतोष अपने नये ट्रैक्टर के साथ अपनी 2 बिस्वा जमीन में कृषि कार्य करते हुये अन्य ग्रामीणों को भी कृषि कार्य में ट्रैक्टर की सेवा उपलब्ध करवाने जैसे व्यवसाय में व्यस्त है।

पिछले वर्ष उसने वैवाहिक जीवन में कदम रखा, उसकी जीवन संगिनी किरण की ही एक पूर्व छात्रा है। संतोष की महत्वाकांक्षाएं मुक्त आकाश में स्वतंत्र उड़ान भर रही है, तथा उसके सभी व्यवसाय प्रगति के पथ पर अग्रसर हैं, जो निःसंदेह किरण के और बच्चों के लिये आत्मनिर्भर बनने के लिये प्रेरणा का स्रोत बनेगी।

**डा.डी.के.साहू, प्रशासक  
प्रमा पाठक, सोशल वर्कर**

This is a success story of an ex-student – Santosh Kumar, a polio patient who walks with the help of caliper. This write up is based on an interview with Santosh.

Santosh studied in KIRAN from U.K.G. till class 5th. After his study he determined to established himself in the society. With the financial help (micro-credit)of KIRAN, he started small business of tea-snacks shop in his village. Santosh is a laborious, sincere and ambitious personality which helped him to climb the stair of success one after another. From tea-shop to battery repairing shop, now he is owner of two tractors. He says, his physical-disability has never obstructed in his progress where he had to do a lot of physical work. He himself drives tractor while plowing and transporting goods for villagers.





## My KIRAN Experience

Rafaela Faifer  
Volunteer

In the past I never thought that I'll once go to India.... Now I can say, it was the best decision that I came here. It is a great experience for my life and a very good preparation for my social education study which I will start in summer 2009.

I remember my first impression when I arrived in Varanasi in March this year. There were many cows, a lot of people and honking vehicles on the road - a typical Indian scene.

I was surprised when I arrived in the beautiful green KIRAN Village.

Since my first day in KIRAN I felt welcome and accepted. I met a lot of open and helpful people, who made the start in a new culture easier for me.

During my five month volunteer work in KIRAN I got experience in many different Units.

I was involved in the new Tea stall project. And gave shop keeper Rajkumar support in his new training. In the KIRAN bakery I was teaching new recipes for cakes and biscuits.

Also I spent an intensive time caring for Ravi. In June we went to Asansol with Ravi and Rahul for holiday. Two weeks we could stay in Asha Niketan. For me it was very interesting to experience the idea and concept of Asha Niketan communities.

I knew already before that I will be in India during the hottest season.

First time in my life I felt what it means to manage temperatures of more than 40 degrees. Luckily I was able to manage without any problems.

Every week I enjoyed going to Varanasi on my free day. The city is the opposite of KIRAN Village - A big crowd of busy people, loud sounds and a lot of rubbish and dirt. But I like Varanasi's energy and holy atmosphere with all its temples, especially the Ghats and Ganga.

I got to know KIRAN Center as a sunray for the children and youngsters with different abilities. Thanks to KIRAN they get the chance to manage their lives more and more independently. So the name of KIRAN really means what it is – a ray of hope into lives.

During my stay and my work in the KIRAN Center I learned a little bit about the Indian culture, language and way of life. I like the hospitality, the warm kindness and the humor of the Indians.

Sometimes it was also not so easy because of the different languages and there was some misunderstanding.

I had a great time in KIRAN and I am very grateful for this experience. I take all the smiling, hope, courage and energy of these children home with me.

*If you are open and interested in other people and culture, it will open your horizon.*





# PEOPLE WITH DIFFERENT ABILITIES... NOTHING SPECIAL... NOTHING UNUSUAL...

## ANNUAL REPORT 2007-2008

KIRAN calendar is always filled with activities and celebrations which emphasize the principle of sharing with each other. The 250 children and youngsters who receive education and training, as well as over 4000 children who are followed up in the villages, together with the 105 staff-members build the big KIRAN-family here in Varanasi.

Below are the activities of the past year :

### Statistical View of Activities At a glance

- 118 Children are enrolled in Primary School unit
- 44 Children are enrolled in Special education unit
- 14 girls have taken admission in Grihini class
- 25 girls have taken admission in Tailoring class in Majhwan & Sikhar block in Mirzapur district.
- 183 Children are enrolled in Social integration unit
- 99 Out going students are studying in various normal schools in Varanasi
- 43 Children are under the Income Generation program
- 41 Children are under Career Guidance
- 86 Children are taking physiotherapy
- More than 4000 children are attached with outreach service
- 30 youngsters are getting vocational training in different trades
- 5 Mother's & Child Training Programs were held during the year.
- 18 Scoliosis children were examined by Dr. Daniela.
- 20 Wheelchairs were modified after the workshop on Modification of wheelchairs by Karine & Patrizia
- Assessment, Evaluation & Proper guidance to 190 children with Speech/ language problems
- 6 children of special education are getting education with Augmentative Alternative Communication Board
- ENT evaluation and Audiometric Test of 17 children by Dr. P.K. Pal





- 366 custom made Aids & Appliances supplied and 350 ready to use applicances (Wheelchair, tricycle, crutches etc) from Orthotic workshop in 2007-08
- Parents and Child Care Unit has given its services to 843 children.
- 3987 children were followed up by out reach team through selected out reach stations of Eastern Uttar Pradesh.
- Through out the year 62 Operations were done of Post Polio Residual Paralysis (POLIO), Cerebral Palsy (CP), Cleft lips ad burn cases.
- Under Community Based Rehabilitation program two medical camps, two training of tailoring for community girls and one training for school teachers were organized.
- "*Bal Diwas Mela*" was organized by teachers for all students on 14th Nov. 08
- 14 children took part in adventure Camp at Darjeeling organized by Himalayan Nature and Adventure foundation.

### **A step towards education ...**

#### **En-lighten to life**

The overall development is the basis

and required need of any child on this earth.

KIRAN's aim to take care of cognitive development for differently able children, along with their physical development, happens when teachers as well as therapists work closely together for better development of each child.

Thus it offers overall development for the children of KIRAN village.

The new scholastic year began for teachers from 1-07-07 and for students from 9-07-07. Teachers took advantage of this one week time to prepare themselves, classrooms and study material and to welcome their students. As soon as the school opened, we took admission for 43 vacant seats.

#### **Why Social Integration...**

It is our great concern to integrate the students up to maximum extent possible into mainstream. We support them by offering general education in normal schools and vocational trainings in and outside of Kiran. We also help them for searching job placement as well as encouraging them for self employment, by which they can stand in the society in a better way.

This year two surveys cum awareness meetings were organized in slum areas of Chittupur and Bazardiha.

We have received computers, sweaters for the students and sewing





machines in donations through PR activities.

### **Vocational Training Unit Aimed Towards Economic Independency**

In the beginning of 2007 the vocational unit expanded itself. Now it's a new department with five different training groups horticulture, bakery, art & design, tailoring and wood-workshop.

It is very much true that "The Way is the Aim". What our trainees can achieve during their vocational training in KIRAN Centre will help them to integrate in the society, as well as to profit of the different possibilities to become more and more independent, skilled and self confident. So in the future they can lead their lives with dignity and self-determination.

Through this training the youngsters could learn different techniques of manufacturing art-work, wood-work and handcrafts like screen printed cards, hand painted scarfs, batiks, different embroidery work and handmade paper bags etc. Horticulture, baking bread &



cakes and tailoring are also part of the training

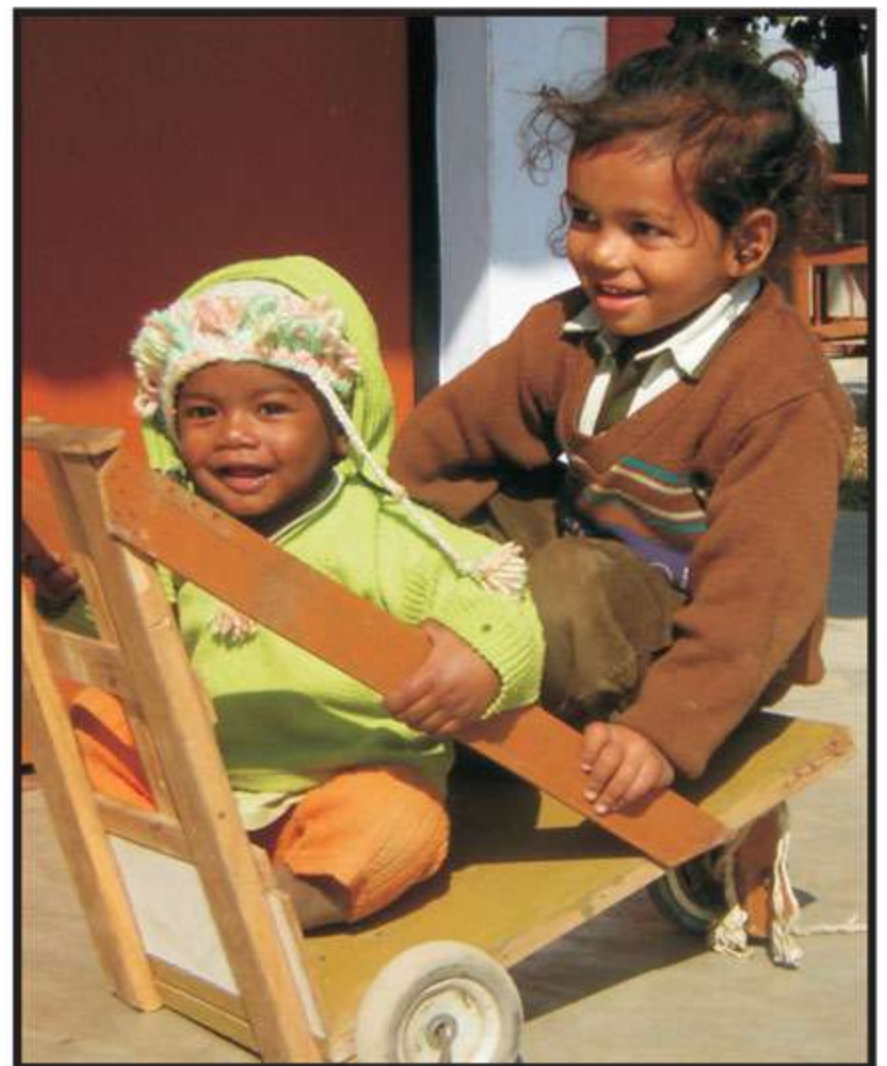
### **Our Hostel Facility**

Although we are convinced that no hostel can replace a family, there are some students for whom it is a great help to be able to live and study for some years in the KIRAN Village.

Besides a hostel for elder boys in the city, we have a boys- & a girls-hostel, and one for the trainee-boys in the KIRAN Village. All together 56 students are staying here under the regular guidance of well experienced care takers.

### **Our new building... for trainees as well as outreach patients**

We were happy to get our new hostel





building for trainees in August 2007. Here we welcome also out-reach patients for their pre and post operative care.

At present 15 trainees are living in this hostel. They stay together in small groups of three, manage their own food marketing, cooking and cleaning. In this way they can improve their social competence, learn how to manage household things and how to make a



budget.

Surely it is impressing to see how our hostellers arrange their daily life, how they help each other and how they organise special hostel events, like birthdays or farewell parties.

### Exposure Visits

- Exposure to other religious places, public places and historical monument are also important for the children. Therefore our children os special education visited to Church,



Mosque, Gurudwara & Temple, as well as public places like railway station and post office.

- The girls of Grihini class went to Cinema hall for watching a historical film (Jodha Akbar) in the month of february and March 08.
- 14 children took part in Adventure Camp at Darjeeling organized by Himalayan Nature and Adventure foundation.
- Our trainees from wood workshop went to visit local carpenters as well as mill and wood toy manufacturers in Varanasi (December 2007).
- In December 2007 three trainees and two staff members went to display and sell KIRAN vocationa products at a 'Mela' in Swiss Embassy in Delhi.
- One special exposure was also for our "trainees". All trainees and staff of vocational





department went for a picnic. They cooked together and visited the fort.

### **Picnics... the real refreshment & enjoyment**

Along with regular study our children also go for Picnic. This year we



had organized Picnic for all students in three phases.

**12th Mar. 08**

**Saranath**

92 Young

children attended



**14th Mar 08**

**Windom Fall**

24

Hostellers attended.

**19th Mar. 08**

**Allahabad**

109

Students attended

### **Our Community Based Rehabilitation program in mirzapur district**

#### **Our Special activities in Mirjapur 08**

Door to Door survey of 23 new villages, 271 PWDS/ CWDs were identified.

Six new individual Income Generation programs were started

#### **Summer Camp in the village**

In the month of May 07 a ' residential summer camp for one week' was organized at St. Poul's school Adalpura, our CBR project area in Mirzapur district. In this camp 120 Children and 20 volunteer participated

The children participated in different activities like Puppet show, Dance, Painting, Craft work, Bead work, Wood work, singing etc. The Camp concluded with a final presentation ceremony and cultural programs among all the children, their parents, Teachers of various schools and influencing persons of the area.

#### **Our Outreach Services :**

Through our Outreach services we





reach out to children of far off villages in the surrounding districts of Varanasi. Our outreach team examine the children and takes remedial measures - to bring them within rehabilitation process through therapy, education, training and counselling. If surgery is necessary, the child is brought to Centre for their pre-



and post-operative care. For KINAN children a team of Ortho surgeons in Varanasi city is involved in caring for corrective surgeries within of affordable means.

### 2007-08 Statistics



We worked with 770 new children with disabilities

3987 children were followed up during the year

### Operation Camp

62 children received surgery during 2007. The Post Operative care & rehabilitation has been given them in our outreach hostel itself. all the operations were conducted in fracture's clinic, Mahmooorganj, Varanasi by Dr. K. P. Agrawal & Dr. A.K. Pandey.

#### Operations during 2007

44	PPRP*
05	CP*
05	Cleft lips
08	Burn case
62	Total operations

PPRP = Post polio Residual paralysis

CP = Cerebral Pals

### Parents and Child -Care unit (PCCU):

When the child comes along with his parents, PCCU is the entrance door for them. From here they receive guidance for further development for their child. The basic principle in which PCCU works with every new child is that 'to work only on parent's priority in order to encourage them to work with the





child'.

After some development is seen, it (PCCU) sensitizes the parents and facilitates better interaction between the child and the parents followed by implementation of developmental plan, carefully made by the various developmental professionals.

### **Current Status of our PCCU unit in 07-08 children visited**

**260 new children visited during the year**

**583 children were followed up during the year**

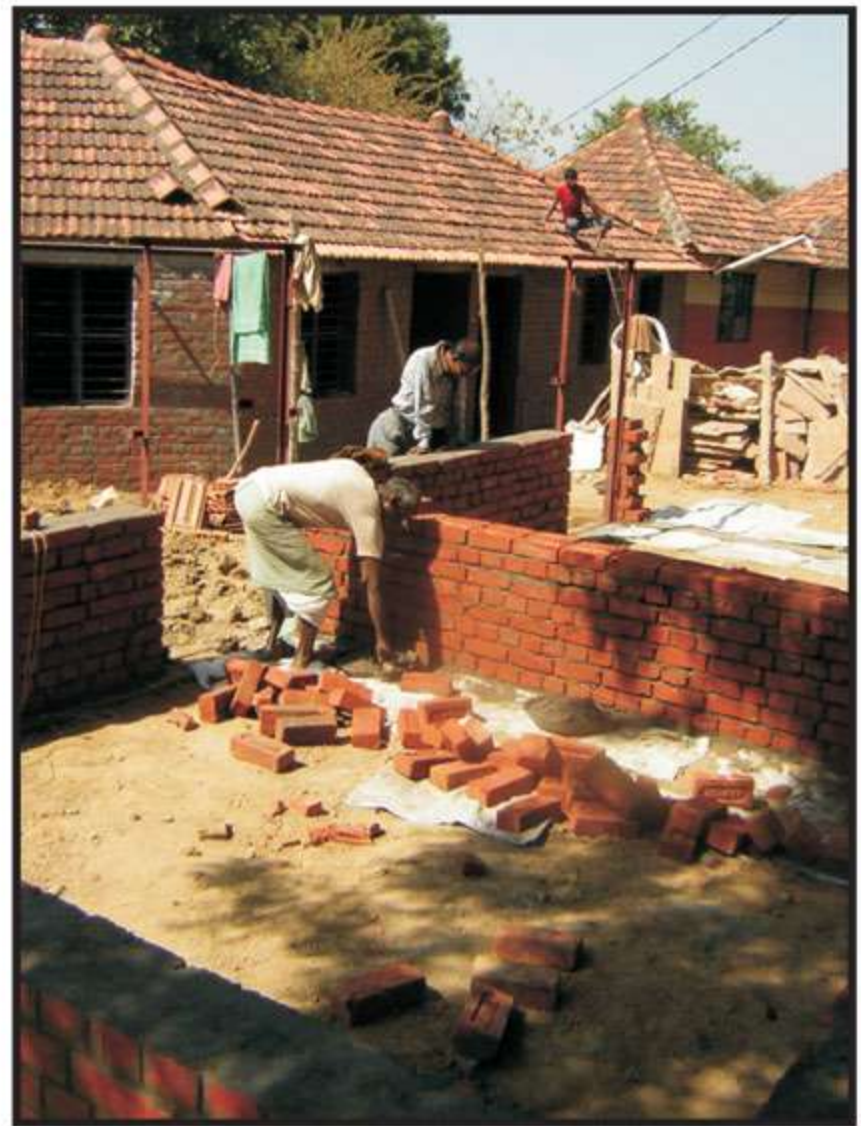
considering the great importance of the parents in the development of the neurologically impaired child. PCCU tries to support parents in a special way, so as to enable them to face the challenge with courage and competence.

### **Our General Service unit**

To make all these activities possible, the many services in the field of transport, farming, canteen and maintenance have been very important too. We were happy to receive in April 07 a new bus for the transport of children and staff, maintenance works have been very busy with the reconstruction of two of our old mudblock buildings, a new store-room and the repair of our boundary - wall. The fact that we can harvest regularly fruits,

vegetable and grains from our fields is a joy for us too. And when in summertime we gladly take shelter under the many big trees in the KINAN village (we counted recently that they are 763 trees!), We remember with gratitude all those who have helped us build this beautiful Village.

**A different step towards generating awareness through conducting**



### **Trainings**

#### **Mother and child Training program**

For mothers with a cerebral palsy affected child, it is extremely difficult to know how to handle the situation, unless





proper guidance and support is given. Therefore Mather and child training program is Organised. It's a residential training program in which five mothers together spend one week in the Centre premises so as to learn how to care for their child in the best way possible.

During 2007, five training programs were organized in which twenty three children along with their mothers participated.

### **Our Animator's Training Program**

The team of our Outreach Unit visits regularly different Healthcare Centres of other NGOs in the villages. To make our visits constructive and useful, there is great need of trained village-animators.

In order to generate greater awareness of this need, three animator's Training Programs were conducted in 2007. The animators were from network NGOs & out reach areas of our Centre. Total thirty eight Animators took participation in this training program.

### **14 days residential training for CBR workers**

This residential training program was organized from 29th Jan.to 9th Feb. 07 aimed to develop an understanding on disability and rehabilitation among the CBR workers in the villages, as well

as to build capacity and skills in physiotherapy, counseling and management of CP. Lestures, demonstrations & practicals at a proportion of 40% and 60% were followed throughout the training.

### **Trainings & Workshops for Upgrading our skills...**

We are always bringing new approaches for skill development of staffs and this year we had organized different trainings and workshops to incorporate global creative approach towards development.

- The physiotherapists and Occupational therapists received training on Hyppotherapy in the month of august 07. It was the continuation of the previous training by Dr. Caterina consolaro from Italy.
- A 2 weeks practical & theoretical workshop on cognitive





rehabilitation-therapy' was conducted in the month of December 2007 by Silvana (physiotherapist), Dr. Daniela (physiatrist), Annalisa (physiotherapist), Elena (Speech therapist), from schio, Italy. The whole program was coordinated and facilitated by Dr. Moreno (Neurologist).

- A fifteen days 'workshop on conducted for the physiotherapists and occupational therapists in the month of December 07 by karin (Occupational therapist) & Patrizia (physiotherapist) from Switzerland.
- Workshop on communication was organized by Ms. Florina (Speech therapist). She focused on Symbol Language Tree :- Speaking as a result of Positive & over all development.
- Two workshops were organized on KAFO for CP children in the month of November & March 2007 by Mr. Hanspeter, Stastny from STASTNY Orthopaedic & Rehab. Technik, Switzerland.
- On 11th October 07 training on 'Need based Teaching material development' was gives to our teachers by Malaika (special educator).

- On 29th march 07 Tom (special educator) and Silke (occupational therapist) organized training on sensoty Integration.
- In the Month of april one week training program on 'Hydrotherapy' was given to the thearpists by Ms. Barel from Halliwick Association, London

#### **Administration, a supporting organ...**

The department of Administration supports all these services with maintenance, farming, transport, secretariat, accounts, PRO activities, receiving guests, organizing and managing celebrations, etc.

- An exposure tour was organized on 5th April, by CBR unit for Headmasters of all government primary and middle English school of CBR field.
- On 15th day of April the Website of the Crafts Department ([www.kiranvillagecraft.org](http://www.kiranvillagecraft.org)) was launched.
- A large patch of land adjacent to garage was purchased on 5th of May for establishing a building for Human Resource Training.
- Summer Camp of children on the theme Environment, which was concluded on 7th -230 with exhibition of products, stage show, puppet show, etc. RTO, Varanasi





was invited as chief Guest, but on his behalf the ARTO (Admin.) Mr. K.D. Singh chaired as chief Guest of the occasion.

- The Independence Day was celebrated with gaiety - the theme of cultural celebration was "Celebrating Birth Centenary of sardar Bhagat Singh" Children played an action play "rang de vasanti" Prof.C.B.Dwivedi, Rtd. Prof of Psychology, B.H.U. was the Chief Guest.
- Outreach and trainees Hostel was inaugurated by Dr. Amod Prakash, President of KIRAN Society on 24th on August, in Presence of many members of KS and other invited guests. Priests of Hindu, Christian and Muslim religions recited extract of their respective sacred text in process of inauguration of the building.
- Staff Annual Picnic to " Lekhnia Dari" on 23rd November, was an occasion of recreation, where all staff enjoyed it very much.
- The International Disability day on 2nd of December was celebrated the evening before at Assi Ghat. It was organized by the NGOs Network. Students of SOMORD Computech, Sakambari Complex, Bhelupur Varanasi contributed their

participation by organizing the entire program - the entire Assi Ghat was decorated with 100,000 earthen lamps. Cultural programs by different NGOs, papre-bag making and exhibition for sale, drawing competition and exhibition marked the occasion. Dr. A. Halm, CMO, Varanasi was the chief Guest.

- 26th January the Republic Day Celebration - Dr. Sunderlal Gupta, former Reader Political Science, MGKV, Varanasi.
- The Executive Director offered on excellent gift to all staff - "Tare jameen pe" was shown to all staff in JHV Mall on 8th February.
- 1st workshop of a series of 6 workshops on motivation 'Organizational Leadership" for Unit Incharges conducted by D.k. sahu on 16th February.
- A Friendship Cricket Match was organized in DLW stadium on 5th of March which was played between the children of KIRAN Centre and children of Ambedkar Vikalang Vidyalaya, Varanasi. Mr. Manpodia, the chief Commissioner of Income Tax was the chief guest.
- General Manager, BHEL visited KIRAN Centre on 12th of March





and assured to undertake a project to provide equipments for physiotherapy.

### **New provision for our staffs**

- All employees of KIRAN Centre insured under accidental and Health insurance.

### **Our visitors and Expert Collaborators**

- Visit of Mr. Dominique Dreyer, His Excellency the Ambassador of Switzerland in India visited KIRAN on 7th October. An action play on "amaanat" was staged by the group of artists from prerana kala Manch.
- KIRAN Center welcomed Mr. & Mrs. keller, the president of KIRAN Foundation, switzerland on 5th November. Mr. Urs keller spent a month - long time to assess the activities of KIRAN Centre and met KIRAN Society members in scheduled meetings.
- Ms. Florina (Speech & language Therapist), switzerland.
- Ms. Silvana, Dr. Danniela, Ms. Elena, & Ms. Annalisa Cognitive Rehabilitation Therapy team from Italy.
- Dr. Caterina Consolaro (Hippotherapist), Italy
- Dr. Arth (Child Specialist) America

- Mr. Hanspeter Stastny (Certified Orthotist), Switzerland
- Ms. Mallaika (Special Educator), kanada
- Ms. Barel (Hydrotherapist), Lanada

### **Awards**

- Sister Sangeeta received a prestigious award from the Brandenberger Foundation in Switzerland on 8th December, for her sincere contribution to the social welfare in India.
- Our senior teacher Fulkumari Ming got "VISISTH SIKSHIKA" award through prof. Surendra Singh Kushwaha at Maitri Bhawaan. Varanasi on 29th Sep. 07

### **Success stories**

Finally our two trainees found employment outside of KIRAN . One trainee from art & Design is now working as a craft teacher for another NGO in Varanasi.

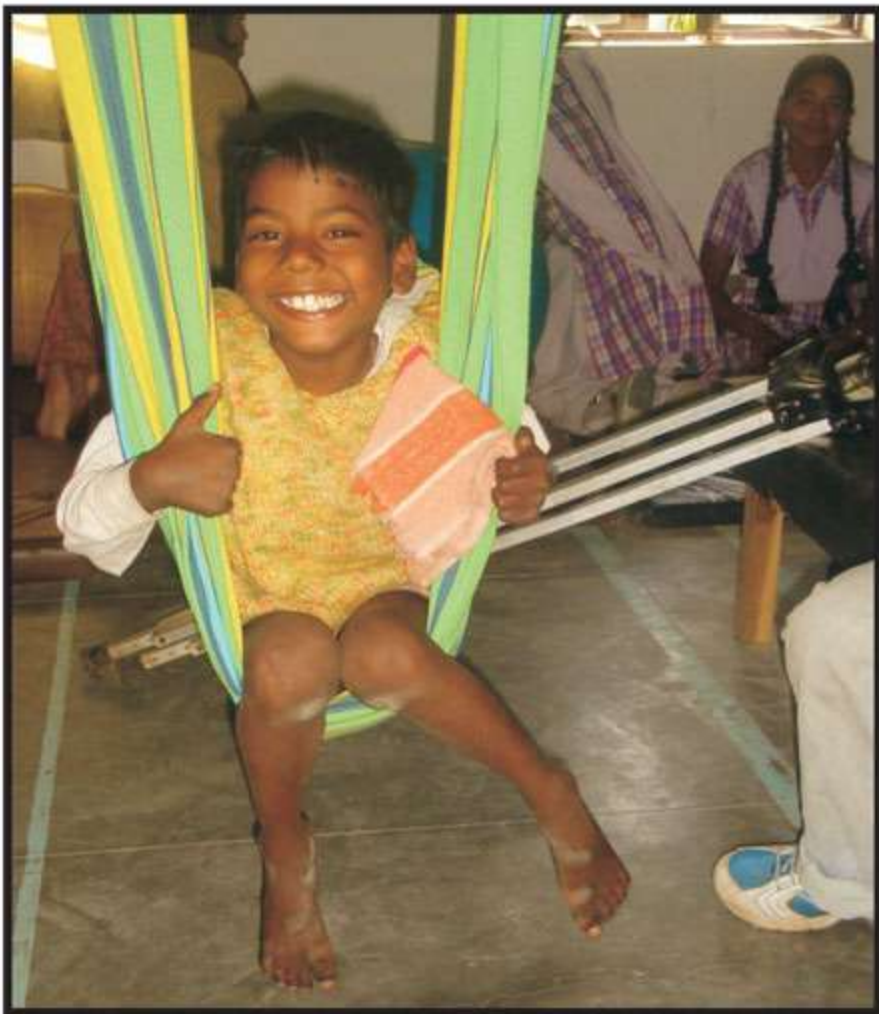
And the other one of Horticulture has got opportunity to work as a gardener in the swiss Embassy in Delhi in May 2008.

We are pleased about their success and wish them all the best on their way and for their future life.





Our way is not soft grass. It is a mountain path  
With lots of rocks But it goes  
upwards, forwards Towards the sun  
Ruth Westcimer





## Big Thanks!!!

We remember with gratitude all the many friends and partners who so generously and faithfully support us since years and thus made this KIRAN Village and its services a life - giving reality.

*Friends of Luxembourg*

*Friends of Italy*

*Golden sufi centre, U.K.*

*Stitching Liliane Funds*

*The Annenberg foundation, USA*

*SO- HUM Foundation, USA*

*World Child Foundation*

*Kiran Foundation, Switzerland*

**Indian Donor Organizations**

*Bharat Heavy Electricals Ltd, Varanasi.*

*Hindustan Petroleum Corp. Ltd.*





## काकी माँ की याद में

जीवन के प्रत्येक उस क्षण में जब हम किसी भी प्रकार की शारीरिक अथवा मानसिक पीड़ा का अनुभव करते हैं मुख से एक ही शब्द निकलता है- 'माँ', 'माँ' शब्द से एक ऐसी सुखद अनुभूति होती है जिसपर अवस्था का कोई प्रभाव नहीं पड़ता। माँ कस रिश्ता जन्म से ही जुड़ता है, ऐसा नहीं है। मातृत्व का भाव रिश्तों की निकटता से भी जन्म लेता है- ऐसा मेरा मानना है। 2005 के समर कैम्प के दौरान, जब किरन सेन्टर में मेरा पहला प्रवेश था तो बच्चों के हॉस्टल 'ज्ञानाञ्जली' में सफेद साड़ी में लिपटे उस सौम्य व्यक्तित्व के लिए बच्चों के मुख से माँ शब्द सुनकर ऐसा ही लगा था। इलाज के लिए भर्ती बच्चों को दूध का गिलास थमाती उस तेजस्वनी के प्रति मन में श्रद्धा स्वतः ही जन्म ले बैठी। दूर-दूर से आये बच्चों को घर की याद न सताये, इसके लिए काकी माँ का आँचल हमेंशा ममत्व की छाँह दिए रहा। समर्पित भाव से, चेहरे पर सरल मुस्कान लिए अनवरत कार्य किए जाना, जिसमें बच्चों का हित छुपा हो, यह काकी माँ -'अर्चना दास'- के लिए अत्यन्त सहज था।



सेवानिवृत्त होकर आज वे अपने बच्चों के बीच लखनऊ चली गई हैं किन्तु किरण के बच्चे, उनके अभिभावक और पूरा किरण परिवार उन्हें अपने पास महसूस करता है। किरण परिवार उनकी समर्पित सेवा के लिए सदैव आभारी रहेगा।

**शुचिस्मिता पाण्डेय**

प्रिंसिपल

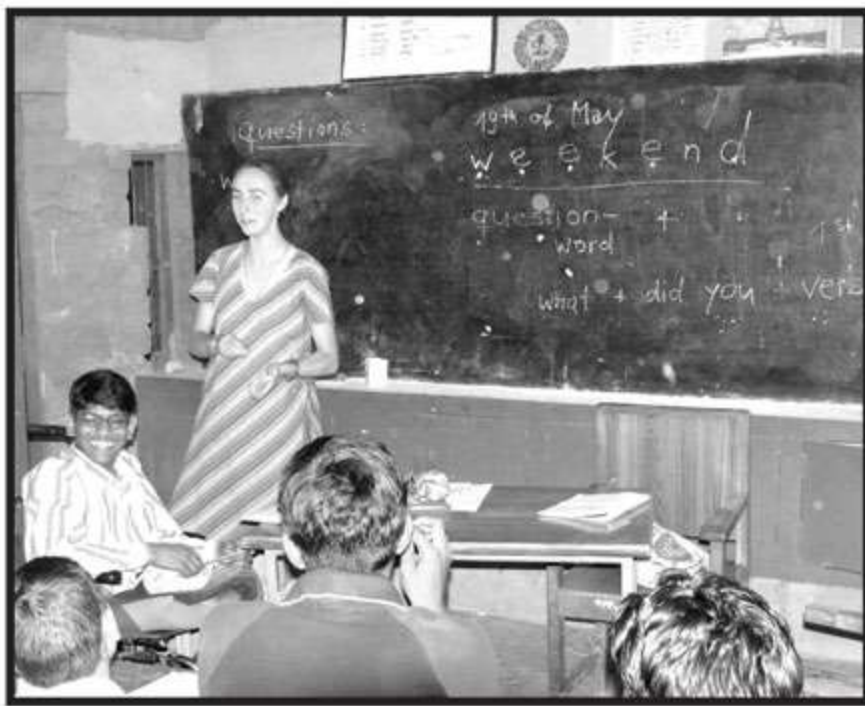
Mrs. Archana Das, known very much as Kakima in KIRAN campus was serving as a hostel-care-taker in KIRAN since last 11 years (from very beginning of its building at Madhopur. Many children brought up under her motherly care who are now grown up, either working in KIRAN or outside. As a cook, she was so good to prepare indigenous Indian food, and feeding both children, volunteers with so affectionately. All volunteers and guests, both Indian and abroad know her and appreciate her food and loving nature. Kakima retired from her job in May 2008. She was given a warm farewell while all putting all into an emotional situation. She had to go back to her own family - daughter and grand-children, however, we all shall miss her.





## SUMMER CAMP 2008

Like previous years, a ten days fun - filled residential summer camp was organized for children (both girls and boys) in KIRAN Centre from 12th to 22th May. It aimed to give children an atmosphere where children can learn belongingness, share their things and work together. Keeping away the curricular activities, efforts were taken to encourage children to show their hidden talents through acts of their hobbies - while learning and practicing natural arts - painting, role - playing, learning languages and other skills in a playful way.



Seventy five children including passed out & current students. children from CBR field - Mirzapur participated. Among them fifty one children were physically challenged and twenty four



were normal. along with our staff and teachers, sixteen volunteers including students of Banaras Hindu University and ' Nai subha ' took interest to participate.

all participant children were divided into four groups: Muskaan, Ekta, Karuna, and Sahayog. From each group children took part with their own choice in different activities like: Learning





Computer, Spoken English class, Pottery, Painting and Craft, Music, Dance, and Drama.

Daily activities : The day's activities starts early at 5 o' clock with meditation, yoga, trampoline & swimming exercises, outing, and Gardening. Coming out, children attain afresh the morning assembly at 8 :30 am.



Scheduled activities continue from 9 o' clock to 12 noon. join the second session from 3 :30 pm to 4 :30 pm. At 5 o' clock in the evening they enjoy sharing their individual and group experiences with one another. Enjoyment does not stop here. Before going for dinner, they go for games - both indoor & out door as per their choice and ability. Telling and listening story as part of our old tradition is felt alive in this residential summer camp. As soon they finish their dinner. they gather to tell and listen stories.

Sundays were planned planned for boating on river Ganga in the morning



and watching motching movie in the evening. Children enjoyed watching ' Tare Zamin Par' an educative film. Children, teachers, staff and volunteers exhibited the entire camp activities through performance and exhibited on 21st May 08. Mr. Chandra Kant, representative from Hindustan Petroleum Company Ltd. was guest of honour of the occasion.

Camp - fire marked the happy conclusion of the camp where children enjoyed singing, dancing freely - var var aaye ye din ... let these days come again and again!





## WHAT ARE THE NEEDS?

### (हमारी आवश्यकताएँ क्या हैं)

- ★ “**प्रोग्राम 365 दिन**” इस कार्यक्रम के तहत आप रु. 1000/- मात्र देकर वर्ष के 365 दिनों में से आपके द्वारा चुने हुये किसी एक दिन में किरण के बच्चों को दोपहर का भोजन दिया जायेगा, जिसमें आपकी दानराशि शामिल होगी।
- ★ “**आइये एक बच्चे को चलायें**” इस कार्यक्रम में आप रु. 5000/- तक दान दे सकते हैं। आपके दान के सहयोग से हम जरूरतमंद बच्चे को सहायक उपकरण (बैसाखी व जूता) उपलब्ध करवा सकते हैं ताकि वह खड़ा हो और चल सकें...
- ★ “**आइये एक बच्चे को पढ़ायें**” इस कार्यक्रम में भाग लेकर आप रु. 1000/- दान दे सकते हैं और इस प्रकार आप बच्चे को स्कूल की किताबें और अन्य अध्ययन सामग्री दिलवा सकते हैं, जिनके गरीब अभिभावक इस बोझ को उठाने में अपने को असमर्थ पाते हैं।
- ★ “**आइये बच्चे को स्वस्थ होने में मदद करें**” इस कार्यक्रम में सहयोग देकर आप रु. 500/- दान दे सकते हैं। आपके इस सहयोग से हम एक जरूरतमंद बच्चे के लिये सर्जरी के बाद की दवाइयाँ या अन्य जरूरतों को उपलब्ध करवा सकते हैं।
- ★ “**आइये सामान खरीदें**” इस कार्यक्रम में भाग लेकर आप कम से कम महीने में एक बार हमारी दुकान सूर्योदय से खाने का सामान या अन्य सामग्री खरीदने के लिये सहर्ष जायें और इस प्रकार से आपके इस सहयोग से हमारे विभिन्न प्रकार की क्षमताओं वाले विकलांग नवयुवकों की जीविकोपार्जन का रास्ता मुहैया हो सकेगा।
- ★ “**Program 365**”—by participating in this you will pay Rs. 1000/- only to pay for the noon-meal of all the KIRAN children on any particular day, which you can choose.
- ★ “**Let a child walk**”—by participating in this program you donate Rs. 5000/- . With your donation we shall pay for the appliances (caliper) which a needy child must get, so that she/he can stand and walk....
- ★ “**Let a child study**”—by participating in this program you will pay Rs. 500/- and thus we can provide the school-books and study-materials to a child whose parents cannot afford it.
- ★ “**Let a child get well**”—by participating in this program you will pay Rs. 500/- and this will allow us to buy the necessary medicine for a child, either after surgery or at any occasion of need.
- ★ “**Let me go shopping**”—by participating in this program you will make the commitment to purchase food and other items from our SURYODAY-shop at least once in a month, and thus encourage our disabled youngsters to earn their living...





# AN APPEAL!

India is now projected internationally as a developing country. Few Indians score atop in the list of richest of the world. However, it can not be avoided that poverty and un-development still have their root deep into the Indian society. In the name of few advantageous rich Indians, the down-trodden many should not be overlooked.

Under the above circumstance, we sincerely appeal to people and corporates, both Indian and international to realize the fact and feel responsible to help for the welfare of the needy people in India. In this process, KIRAN may share a bit for its vocation to help and empower the needy people in India.

Yes, I would like to contribute towards a healthy and happy childhood for children with different abilities. Please accept my contribution of :

Rs. 6000/- "let a child walk"

Rs. 1000/- "Programme 365 days"

Rs. 1000/- "let a child study"

Rs. 500/- "let a child get well"

Cheque/Draft No. .... Date..... Amount.....

Name .....

(In case of Program 365 Days, give occasion and date)

Address .....

.....

Telephone No. .... E-mail .....

(All contributions are exempt from Tax under 80-G of Income Tax Act 1961)

Contributions made by Cheque/Draft should be in favour of

**'KIRAN Society'** and be addressed to—

The Executive Director

**KIRAN Centre**

Madhopur, Kuruhuan (PO)

PB No. 5032, Varanasi - 05, U.P. India

Mail your enquiry to: [administration@kiranvillage.org](mailto:administration@kiranvillage.org)





A Ray of Hope into Lives

**OPENING SOON!**

**SURYODAY**

**KIRAN'S CITY SHOPS**



## SURYODAY HANDICRAFT SHOP

Visit us and find beautiful items

- Garments
- Purses & Bags
- Fashion Jewellery
- Cards
- Paper bags
- Wooden IQ-Toys
- ... and much more

## SURYODAY BAKERY SHOP

Come and taste our delicious

- Brown Bread
- Choti Bread
- Muesli
- Chocolate Cake
- Banana Cake
- Butter Biscuits
- Chocolate Biscuits
- Peanut Butter
- ... and much more

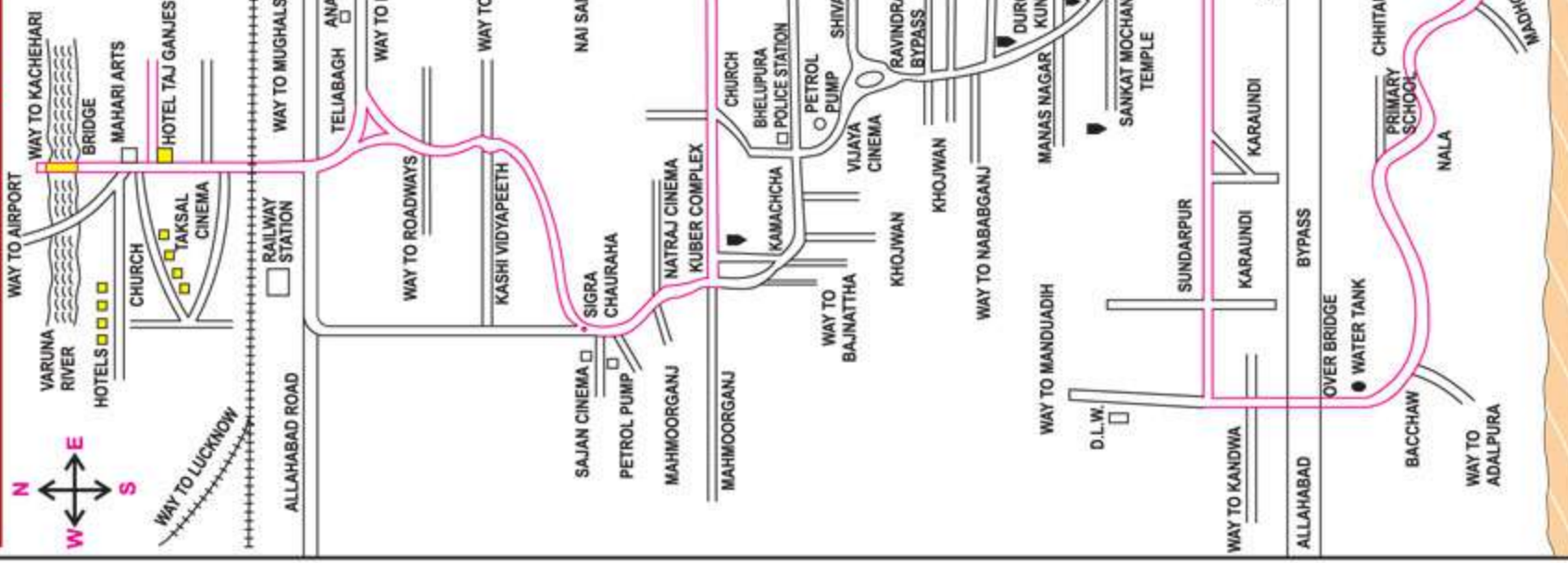
**ALL OUR PRODUCTS ARE PROUDLY  
MADE BY DIFFERENTLY ABLE PEOPLE**

B 1/122 Plot No. 42,  
Domraobagh Colony  
Phone : 9838555823

B 1/109, Assi, Varanasi  
(Near Hiy-fa Hotel)  
Phone : 9838555824

## VARANASI MAP

- NOTE :-
1. MAIN ROAD TO KIRAN
  2. ROAD
  3. BYPASS
  4. TEMPLE
  5. RIVER
  6. RAILWAY LINE
  7. HOTEL
  8. KIRAN CENTRE SURYODAY SHOP



## VARANASI MAP



# Welcome to



# KIRAN



DEAR FRIEND!

IF YOU KNOW AMONG YOUR FRIENDS OR NEIGHBOURS ANYONE WHO HAS A PHYSICALLY DISABLED CHILD, PLEASE DO NOT LEAVE THEM WITHOUT CARE!

TELL THEM TO CONTACT THE KIRAN-CENTRE FOR ANY INFORMATION, COUNSELLING OR TREATMENT

प्रिय मान्यवर,

यदि आप अपने मित्रों के बीच अथवा पास-पड़ोस में किसी विकलांग बच्चे को जानते हैं तो कृपया उसे इस तरह बिना देखभाल के न छोड़ें। उन्हें किरण सेण्टर से सूचना, काउंसिलिंग या इलाज के सम्बन्ध में सम्पर्क करने को कहें।

ADDRESS : **KIRAN CENTRE**, MADHOPUR, KURUHUAN P.O.  
VARANASI - 221 005, U.P., INDIA

**Please note our contact numbers :**

Phone No. : 0542-2670165, 2670166

and visit our website at **[www.kiranvillage.org](http://www.kiranvillage.org)**

**PICK UP SERVICE :** EVERY WORKING DAY AT 8 A.M. AND 10 A.M. THE KIRAN-BUS LEAVES FROM KIRAN CITY HOSTEL AT LANKA TO KIRAN-CENTRE, MADHOPUR.