myoka

WELLNESS PROGRAMS

MYOKA.COM

MYOKA SPAS WELLNESS PROGRAMS ARE DESIGNED TO PROMOTE YOUR HEALTH, PEACE OF MIND, BEAUTY AND VITALITY. WE SUGGEST VISITING THE SPA ON REGULAR INTERVALS TO MAXIMIZE THE THERAPEUTIC BENEFITS AND MAINTAIN WELLBEING.

NON-SURGICAL FACIAL PROGRAMS

SIGNATURE PROGRAM (6 SESSONS) © 55mins / 85 mins €400 / €450

Myoka Signature Facial Cavitation & Ultrasound Aromatherapy Facial PAÑPURI Lotus Defence Facial Oxygen Facial Vitamin C Facial

CUSTOMISED FACIAL PROGRAM (6 SESSIONS) © 55mins / 85 mins €450 / €500

Cavitation & Ultrasound Mesotherapy Radio Frequency Microdermabrassion Acid Peels Frost Peel Dermal Roller

Combination of two treatments can be performed in one session depending on concern.

LA PRAIRIE PROGRAM (6 SESSIONS) © 90 mins €625

Caviar Lifting & Firming Facial Swiss Cellular Anti-Aging Facial Ultimate Rejuvinating Platinum Facial Revitalizing & Perfecting Radiance Facial Gentlemen's Services

ANTI-CELLULITE PROGRAM © 55mins x 6 sessions / 12 sessions €400 / €650 Dermomassager (Vacuum/Roller) Therapy Radio Frequency Firming Treatment Lipo Cavitation Treatment Mesotherapy Ultrasound Lymphatic Drainage Massage Algae Body Wraps & Scrubs Parafango Body Wrap Manual Anti-Cellulite Massage Cellulite Reduction with Mocro Needling (Derma Roller)

BODY MIND & SOUL PROGRAMS

BASIC MASSAGE BODY PROGRAM (6 SESSIONS) © 55 mins / 85 mins €400 / €450

> Myoka Signature Massage Stress Buster Massage De-stress Massage Mum-to-be Massage

HOLISTIC PROGRAM (6 SESSIONS) © 55 mins / 85 mins €450 / €500

Hot Stone Massage Thai Massage Chinese Massage Balinese Massage Lomi Lomi Massage Reflexology PAÑPURI Massage Lymphatic Drainage Massage

AYURVEDIC PROGRAM (6 SESSIONS) [©] 55mins / 85 mins €450 / €500

Abhyanga Elakizhi Navarakizhi Naranakizhi Udvarthanam Shirodhara*

* Included in the 85mins program.

BODY PROGRAM (6 SESSIONS) © 25 mins €250

> Indian Back Massage Hot Stone Back Massage Indian Head Massage

Oriental Head Massage PAÑPURI Body Scrub Foot & Leg Massage Hydrotherapy Bath Foot Reflexology Radiance Facial

Each session will be designed by your personal therapist to suit your needs. The session may include any face or body treatments within the time frame of the course session.

DEEP TISSUE PROGRAM (6 SESSIONS) © 45 mins / 55 mins / 85 mins €300 / €425 / €550

All 85mins massages can be redeemed with the 85min DeepTissue Therapeutic Program.

NAILS CARE PROGRAM (6 SESSIONS) © 55 mins €230

Myoka Manicure Myoka Pedicure Myoka Shellac Manicure (including soak off) Myoka Shellac Pedicure (including soak off)

TERMS & CONDITIONS

The Myoka programs are non-transferable to other individuals or other Myoka spa locations. Booking is essential. Not valid with any other offers.

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