

Mt. Carmel Center Beacon



For Veterans

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Mt Carmel Center Grand Opening and Ribbon Cutting On July 29th, after four months of

serving veterans and families at Mt. Carmel, we held our *official* Grand Opening and Ribbon Cutting Event. We were honored to have several guest speakers including Senator Corey Gardner and Congressman Doug Lamborn. Each of them emphasized the importance of our community coming together to assist our local veterans and families and how excited they are to know of the great work our Mt. Carmel team is doing. Micky Hunt, Deputy Executive Director from the Colorado DMVA and Sallie Houser-Hanfelder, Director ECHC, Department of Veteran Affairs also spoke on behalf of Colorado Veterans and Families. Thank you to all who were able to attend this great event, and for those who have not yet had the chance to visit Mt. Carmel...Come on by!



Mt Carmel 2nd Annual Patriot Day Event

On September 7, Mt. Carmel held its' 2nd Annual Patriot Day Event at the Norris Penrose Event Center. For the past two years, Mt. Carmel has collaborated with the Coalition to Salute American heroes, Feed the Children, Care and Share and Pikes Peak Community College to thank our local military community. This year 4 kidzsports also contributed to the event by providing free sports equipment for children of our heroes.

Mt. Carmel identifies service members and veterans in our community and thanks them for their service and sacrifice by presenting them with with non-perishable food, fresh fruits and vegetables and toiletry items. This year Denver Bronco's MVP Randy Gradishar personally thanked our guests with a Broncos calendar donated by one of our financial partners, imortage. Each year this event gets bigger with donations, gifts, collaborating partner s and volunteers.

We are proud to say we thanked 400 military households and over 1000 people. What better way to spend our National Day of Service than by thanking our military community on Patriot Day.

Mt. Carmel 2nd Annual Golf Tournament!

A beautiful day, a hole in one and funds raised for Veterans and their families was cause for celebration at the 2nd annual Mt. Carmel Golf Tournament, this year held at the Sanctuary Golf Course in Castle Pines on August 10th. Thank you to our lead sponsors Re/Max, Phil Long Dealerships, FedEx, Strategic Financial Partners, Freedom Honda, Craig Hospital, 5 Star Bank, El Pomar, and KOAA.



The Voice of Our Clients

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Cheryl Christie
Senior Program Manager

Aaron Kiewicz
VIP Program Manager

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Peer Navigators

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Marilyn Twaites

"My Peer Navigator experience was outstanding, and I would highly recommend them to other service members who are transitioning into the civilian world. I must say that I was probably quite a challenge to prepare for an interview, but Aaron and team was patient and determined to help me master my interviewing skills. This team truly cares about you as a person and helping you succeed. The company also assisted me in getting business attire for my interviews, which helped tremendously. This is a great program for transitioning veterans, and without their help I would still be without a job. Thank you Peer Navigator Team!" Denitas

"Aaron Kiewicz was my Peer Navigator through a tough military transition and a dark time in my life. Suffering from chronic PTSD and court-martial he was always available and offering support even when I said I was good but was really not. Even after my separation he has stayed in touch and been supportive. He got me enrolled in Hire Heroes that actually assisted me with finding employment in another state. He even reviewed and personally edited my resume. Having little clothes, Aaron also procured resources to get me business casual outfitted for my new job. He provided an ear for me to vent when I had no other outlet. I can honestly say that the Peer Navigator program and Aaron saved my life." Torri

Partner Corner

Introducing one of our new partners: **Monica J. Griffith**, Life and Leadership coach, owner of Guiding Light Coaching (<http://www.guidinglightcoaching.com>)



Monica is a Professional Certified Coach (PCC) with the International Coach Federation (ICF). She received accredited coach training at the Academy for Coaching Excellence in Sacramento, and has logged over 800 hours in individual and team coaching. Additionally, Monica received her Master's in Organizational Leadership at Chapman University. She contributed over 30 years as a corporate leader with teams of associates in several states.

Coaching supports the individual in 'overcoming overwhelm'! In coaching sessions, the client becomes clear about what has meaning and relevance in his/her life; how to create clear, specific and intentional goals; to craft and achieve authentic actions; how to quiet that negative self-talk that keeps one from moving forward.

Along with individual coaching, Monica will be providing seminars and workshops in behavior, trust and communication. The next seminar (Creating a Season of Simplicity!) will be held on Thursday, November 3, 2016, from 1:00 - 2:20 PM. Join her and be prepared to create a holiday of joy and ease.

Monica has office hours at Mt. Carmel on Fridays from 10 AM to 2PM. Appointments can be made by calling the front desk, 719-309-4714.



LeaderQuest is an IT and project management training firm dedicated to the success of our students. Our goal is to assist those individuals who have an aptitude for technology-based careers, achieve success through earned certifications and marketability. Certifications range from Tier I compliance, entry-level, help desk, to systems and network administration, cyber security, and project management.

Over 95% of our students achieve these certifications at no out-of-pocket cost. Our skilled Career Training Consultants work one-on-one with individuals to determine a funding need and reach out to partner organization to make student education possible. Some of these partners include non-profit organizations such as the Mt. Carmel Center of Excellence, Pikes Peak Workforce Center and the VA.

The amazing partnership with mt. Carmel has allowed our students to capitalize on immediate resources by having essential assets under one roof. Also, limiting the time spent seeking these resources, allows students to gain employment quicker and/or gain certifications so that they can maintain their current positions.

Our Employer Relations Manager works closely with each student to assist with resume writing, LinkedIn marketing techniques, and interview strategies. LeaderQuest also offers various workshops that are FREE and open to the public at the Denver and Colorado Springs branches as well as at the Mt. Carmel Center, monthly.

For more information please reach out to LeaderQuest's Regional Employer Relations Manager or call Mt. Carmel Center of Excellence to schedule an appointment or obtain additional information, 719-309-4714.

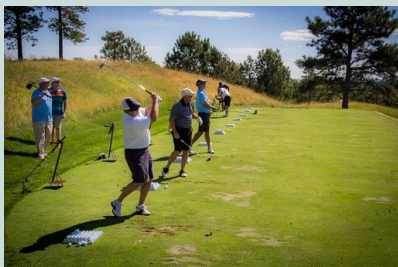
Kimberly Archer
Regional Employer Relations Manager
karcher@leaderquest.net
719-309-1420

"Meet and Greet" COE's New Employee

By Angela Ann Cesario

The Center of Excellence is happy to announce the addition of Cheryl Christie. Cheryl Christie succeeds Jacque Bauer, who now fills the role of Partner Development Director, as Senior Program Manager for Greet and Connect and Veteran and Family Resource Center. It is Cheryl's job to manage the activities of the Peer Navigator Generalist personnel who direct clients to the correct resources required to service their needs. She is responsible also for the Greet and Connect volunteers. Cheryl makes good use of the two Master's degrees she holds in Counseling and Clinical Psychology. A busy military wife, who, while managing deployments, children and a military career husband, Cheryl managed to pursue an education via Capella University on line. After eleven years as a military wife, Cheryl's focus and primary satisfaction comes through her continued interaction with the military and military families. She likes the leadership responsibilities of her job as well as being part of a team helping veterans. The hardest thing for her is accepting that certain things cannot be changed and that she must let go of those things. Personable, hard-working and engaged in life, Cheryl wants to be known primarily as a good mother who is instrumental in raising successful children.

Mt. Carmel 2nd Annual Golf Tournament at Sanctuary Golf Course



**Our Sincerest thanks to our many contributors and supporters.
Thank you for Helping Us Help Ours!**