



# THERAPY

by liftup

## The flexible stair trainer!

### Quick and safe rehabilitation

Thanks to our unique Therapy stair trainer it's now possible to begin rehabilitation at a very early stage. The patented FlexStep™ system makes it possible to begin with very small steps, right down to 2.5 cm. This allows the user to train without being frightened by high stairs or the fear of falling down a long set of stairs.

### Digital height adjustment

With the digital display of current height it is possible to recreate the precise position from one time to the next or chart the progress of the user as they rehabilitate.

### Transportable

The stair trainer can be easily and elegantly transported around as the turning wheels remain active when the stair trainer is down to the floor. The stair

trainer can pass through an ordinary 90 cm door opening.

### Safety

The stair trainer is fitted with a robust banister on each side meaning that the user never needs to fear falling during training.

## BENEFITS

- Rehabilitation after illness
- Strength training for walking-impaired
- Maintenance training for the elderly or walking-impaired
- Several adjustment options for level of difficulty
- Simple to transport
- Digital display enables user to follow progress







## REFERENCES

PTU – Danish Society of Polio and Accident Victims  
– Rødovre

PTU – Danish Society of Polio and Accident Victims  
– Aarhus

RASK, Køge  
– Physiotherapy Department

Aalborg Hospital  
– Physiotherapy

Svendborg Hospital  
– Physiotherapy / geriatric department



## Technical specifications:

- Length: 1650 mm.
- Width: 820 mm.
- Height: 1085 mm.
- Dead weight: 105 kg
- Electrical connection: 230 VAC – 10 A
- Max. load: 180 kg
- Note: no load during operation