# myoka

# WELLNESS PROGRAMS

ΜΥΟΚΑ.COM

MYOKA SPAS WELLNESS PROGRAMS ARE DESIGNED TO PROMOTE YOUR HEALTH, PEACE OF MIND, BEAUTY AND VITALITY. WE SUGGEST VISITING THE SPA ON REGULAR INTERVALS TO MAXIMIZE THE THERAPEUTIC BENEFITS AND MAINTAIN WELLBEING.

### NON-SURGICAL FACIAL PROGRAMS

SIGNATURE PROGRAM (6 SESSONS) © 55mins / 85 mins €400 / €450

> Myoka Signature Facial Cavitation & Ultrasound Aromatherapy Facial PAÑPURI Lotus Defence Facial Oxygen Facial Vitamin C Facial

CUSTOMISED FACIAL PROGRAM (6 SESSIONS) © 55mins / 85 mins €450 / €500

> Cavitation & Ultrasound Mesotherapy Radio Frequency Microdermabrassion Acid Peels Frost Peel Dermal Roller

Combination of two treatments can be performed in one session depending on concern.

ANTI-CELLULITE PROGRAM © 55mins x 6 sessions / 12 sessions €400 / €650 Dermomassager (Vacuum/Roller) Therapy Radio Frequency Firming Treatment Lipo Cavitation Treatment Mesotherapy Ultrasound Lymphatic Drainage Massage Algae Body Wraps & Scrubs Parafango Body Wrap Manual Anti-Cellulite Massage Cellulite Reduction with Mocro Needling (Derma Roller)

## **BODY MIND & SOUL PROGRAMS**

#### BASIC MASSAGE BODY PROGRAM (6 SESSIONS) © 55 mins / 85 mins €350 / €400

Myoka Signature Massage Stress Buster Massage De-stress Massage Mum-to-be Massage

#### HOLISTIC PROGRAM (6 SESSIONS) © 55 mins / 85 mins €375 / €450

Hot Stone Massage Thai Massage Chinese Massage Balinese Massage Lomi Lomi Massage Reflexology PAÑPURI Massage Lymphatic Drainage Massage

#### AYURVEDIC PROGRAM (6 SESSIONS) <sup>©</sup> 55mins / 85 mins €375 / €450

Abhyanga Elakizhi Navarakizhi Naranakizhi Udvarthanam Shirodhara\*

\* Included in the 85mins program.

#### BODY PROGRAM (6 SESSIONS) © 25 mins €200

Indian Back Massage Hot Stone Back Massage Indian Head Massage Oriental Head Massage PAÑPURI Body Scrub Foot & Leg Massage Hydrotherapy Bath Foot Reflexology Radiance Facial

#### FACE & BODY PROGRAM (6 SESSIONS) © 85 mins / 120 mins €550 / €700

Each session will be designed by your personal therapist to suit your needs. The session may include any face or body treatments within the time frame of the course session.

#### DEEP TISSUE PROGRAM (6 SESSIONS) © 45 mins / 55 mins / 85 mins €275 / €350 / €450

All 85mins massages can be redeemed with the 85min DeepTissue Therapeutic Program.

#### NAILS CARE PROGRAM (6 SESSIONS) © 55 mins €230

Myoka Manicure Myoka Pedicure Myoka Shellac Manicure (including soak off) Myoka Shellac Pedicure (including soak off)

#### TERMS & CONDITIONS

The Myoka programs are non-transferable to other individuals or other Myoka spa locations. Booking is essential. Not valid with any other offers.

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