



*A Home For Jewish Herts*

**Kol Nidre**

**Appeal**

**5780/2019**

To make a donation please pay into bank account number 00017157, sort code 40-52-40 or send a cheque payable to SAMS, 9 The Dencora Centre, Campfield Road, St Albans, AL1 5HN.

In both instances, please send a covering note or email [info@e-sams.org](mailto:info@e-sams.org) stating how you would like your donation directed.

## Leket Israel



Leket Israel is a leading food rescue organisation whose sole purpose is rescuing healthy, nutritious, surplus food and delivering it to those in need through partner non-profit organisations.

Leket Israel deals with harvesting surplus agricultural produce and also collect cooked meals, all held to the highest food safety regulations and transported in refrigerated lorries.

In 2018, Leket Israel rescued an amazing 2,200,000 hot and nutritious meals and 15,000 tons of agricultural produce that would have otherwise become environmental and economic waste.

The fresh fruits and vegetables are rescued through partnerships with over 600 farmers around the country. All the food that Leket Israel rescues – both cooked food and fresh produce – is redistributed to 175,000+ needy Israelis each week, through a network of 200 non-profit organizations.

This year, Leket Israel is asking communities to support Project Leket – their agricultural rescue program. With every £1 that a community contributes, Leket Israel will rescue and redistribute £4 worth of food.

## Human Milk Foundation



Co-founded and led by our member Dr Natalie Shenker, the HMF was launched 1 year ago, with the mission to make sure every baby that could benefit from receiving donor human milk can receive it. Few people know about milk bank services and they have been chronically underfunded in the UK for 40 years.

However, as with blood transfusions, screened donated human milk can save lives of the smallest babies. Through the work of their team at the Hearts Milk Bank (based at the Rothamsted Institute in Harpenden), HMF has provided over 2,000 litres of screened, pasteurised milk donated by over 400 mothers.

Most of this has gone to 30 neonatal intensive care units, where it is used to feed very sick premature babies. It not only helps them to avoid life-threatening complications, but relieves the pressure on mothers, supporting them to recover from the shock of having a preterm baby and establish their own milk supply.

Based on recent data, this work will have saved up to 30 lives in the last year. One hospital that started using donor milk has seen its breastfeeding rates rise from 40% to 84% over the course of the last year.

With more support for vital supplies as a result of being one of the charities supported by SAMS, HMF can rapidly expand this completely innovative service across the UK.

## St Albans Masorti Synagogue



When Rabbi Adam gave a sermon on the different colours that were used in the production and decoration of the tabernacle, several members were so taken with the idea that a number of different ways that these colours - blue, purple and scarlet - could be incorporated into our building were considered.

It was decided that wall hangings with these colours could be a delightful way to beautify the SAMS' sanctuary.

SAMS met with a weaver, Francesca Kletz, who runs the London Loom in Hackney to discuss a weaving project, with the aim of creating woven wall hangings to go above the cupboards on either side of the main hall.

The benefits would be to

- improve the aesthetics of the main hall
- improve the acoustic qualities of the main hall
- engage the whole community in a project to enhance our building.

We will hold a series of opportunities/workshops to allow SAMS' members to weave sections of our very own wall hangings. The whole project is likely to cost between £2,000 - £3,000 so the Kol Nidre appeal would be a great way to get the project started.

