

Route Planning Procedure

Route planning is done in a very particular way with BXM. Absolute focus is required from the participants to ensure this gets done on time and it is important that you as leaders encourage and help them as much as you can. It can be frustrating at times but keep with it.

They students must be in their walking groups for this task.

1. First they should mark on the start, finish and camp sites on their map, then they should draw an appropriate route on their map using a sharpie pen. Please make sure they draw arrows in the direction of travel on the maps and not thick lines that cover features.
2. They should then identify 8-12 significant points per day and note their grid reference down. These will be used for the legs of their route card.
3. Groups will download the route card from the website and begin to fill this in.
 - a. <http://www.bxmexpeditions.co.uk/dofe.htm>
 - b. scroll down and open 'Route card document'
4. Instructors to explain how by changing the speed of walking then the timings will reflect this on the route card. It will happen automatically due to the formulas. They should also change their times of start to realistic times. 08:00 is OK on days 2, 3 or 4 but on arrival day it is unlikely it will be before 10:00.
5. Next write in the grid references in the legs, when written in to the second column, if enter/return is pressed then it will enter automatically in the box below for ease.
6. They should complete the columns (using significant points for this)
 - a. Distance,
 - b. Height climbed,
 - c. details of route - The details of the route should be short and concise.
 - d. general direction
 - e. escape routes (if time allows).
7. The teams should aim to get this finished completely however if escape routes are not completed it is not the end of the world.
8. They should print it out and it should come back to BXM with their maps. They should also save it somewhere safe.
- 9.

Things to note:

1. The document does not allow for breaks so this must be done manually, being careful not to mess up the formulas,
2. If there are # in the boxes, it could be because they need to widen that column OR they have messed up the formula and will need to copy and paste their work in to another blank document.
3. There are tabs along the bottom so they can save it all as one document.

Bronze	Silver	Gold
6 hours out	7 hours out	8 hours out
3 hours MUST be journey time	3.5 hours MUST be journey time	4 hours MUST be journey time

PLEASE MAKE SURE THEY WRITE THEIR NAMES ON THEIR WORK (EVEN IF IT GOES IN THE COLUMN OF TEAM NAME!)