



# Victoria Holness-Waud



**Based In:** Bedford  
**Background:** Occupational Therapy  
**Email:** Victoria.Holness-Waud@rehabwithoutwalls.co.uk

Victoria has worked with clients with a range of injuries, taking a holistic view of their unique situation and developing the comprehensive package of services which best meets each client's specific needs, including therapy, care and equipment. She has experience of managing complex care packages, providing client-specific brain injury training to support workers.

Victoria has advocated for and arranged funding for children with disabilities to attend specialist schools. She has also overseen major housing adaptations, and has arranged provision of suitable accessible housing through both statutory and private routes.

## CASE MANAGER – REHAB WITHOUT WALLS

NOVEMBER 2012 - PRESENT

Providing case management input for adults and children with acquired brain injury (including cerebral palsy) or spinal injury, who have complex rehabilitation and care needs.

This role involves:

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

## KEY SKILLS AND EXPERIENCE

- ✓ Managing care packages for clients with tracheostomies and in low awareness states
- ✓ Housing adaptations
- ✓ Special Educational Needs
- ✓ Managing multifaceted, highly specialist rehabilitation needs

## PROFESSIONAL QUALIFICATIONS

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|--|------|
| • BSc (Hons) Occupational Therapy. (Brunel university, London)             | 2004 |
| • Postgraduate Diploma in Neurorehabilitation. (Brunel university, London) | 2014 |
| • Diploma in Child Psychology. (NCC Home Learning)                         | 2015 |

## CONTACT

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## PREVIOUS EMPLOYMENT

- **OT Guru - Independent Occupational Therapist and Director** Jun 2013 – Present  
Provides independent occupational therapy to adults with neurological disabilities.
- **The Huntercombe Group – Blackheath Brain Injury Rehabilitation & Neurodisability Service**  
**Highly Specialist Occupational Therapist** Dec 2011 – Nov 2012  
Managed a complex caseload of neurologically-injured clients with wide-ranging deficits, complex medical and social histories, such as alcohol and drug abuse, criminal and psychiatric problems and eating disorders, in a specialised rehabilitation setting. Performed in-depth clinical assessments and prepared comprehensive treatment programmes and therapeutic care plans, recommendations for future care needs, assistive equipment and housing adaptations. Planned community access, transitional living and return to work. Provided and reviewed goal-led case management. Enhanced managerial and service delivery responsibilities. Performed internal audits and analysed work processes to ensure efficient service delivery. Deputised for the lead occupational therapist. Responsible for clinical supervision and management of rehabilitation technicians and patient activity leaders, induction for new staff members and training programme for occupational therapy staff. Responsible for moving and handling training for clinical and non-clinical staff in centre and for complex moving and handling issues.
- **Barnet & Chase Farm Hospitals NHS Trust – Barnet Hospital**  
**Team Lead Occupational Therapist - Neurology** Mar 2008 – Dec 2011  
Lead occupational therapist on the Stroke Unit and responsible for all neurological patients in the hospital, assessing physical, cognitive, perceptual, psychosocial and psychological impairments; developing and carrying out comprehensive treatment programmes and therapeutic care plans. Assessed and made recommendations for future care needs. Worked within a multi-disciplinary team providing training and managing a team of occupational therapy staff.
- **Barnet & Chase Farm Hospitals NHS Trust – Barnet Hospital**  
**Specialist Occupational Therapist – Rotational** May 2006 – Mar 2008  
8-9 month rotations in clinical units, including Acute Stroke Unit, Intensive Care, High Dependency, Critical Care, Accident & Emergency and Rapid Response, Clinical Decision, Medical Assessment and Medical/Care of Elderly wards.
- **Central & North West London NHS Hospitals Trust; Royal National Orthopaedic Hospital NHS Trust – Northwick Park Hospital & Royal National Orthopaedic Hospital**  
**Occupational Therapist – Rotational** Sep 2004 – May 2006  
6 month rotations in clinical areas including Care of Elderly ward, specialist neurological rehabilitation unit, orthopaedics (hips, knees, spinal and bone tumours), inpatient elderly mental health ward and dementia day centre.

## PROFESSIONAL MEMBERSHIP

- HCPC – Health & Care Professions Council
- BAOT – British Association of Occupational Therapists
- COTSS-NP – College of Occupational Therapists Specialist Section, Neurological Practice
- COTSS-IP – College of Occupational Therapists Specialist Section, Independent Practice
- BABICM – British Association of Brain Injury Case Managers