

## BCM

HELPING THE LESS FORTUNATE THROUGH ACTS OF KINDNESS AND CHARITY

## Charity projects

## BCM Pound Projects update

This month was the sixth project to help the others in order to gain good deeds. Thank you for your £1 donation this month and for the past five months!

This month we created 8 food hampers to help the hungry. As outlined in the previous newsletter this time of year is especially hard for some families. The weather gets colder and the days darker. We need to pay extra for our electricity and gas bills to stay warm and keep our houses lit. Some people face the decision of switching on the heating or feeding their children. When finances are so stretched people face very difficult decisions and find themselves in a situation that they cannot control.

We supported eight of these families who are struggling to cope with the financial demands of life today. Some families have been made homeless as a result of their struggles. Our food hampers 20 items included at least nonperishable food in each hamper. We included two bags of pasta, pasta sauce, a bag of rice, cereal, beans, tinned vegetables, lentils, biscuits, squash, and snacks for children. We hope this will help these families especially since the school holidays are approaching and this places

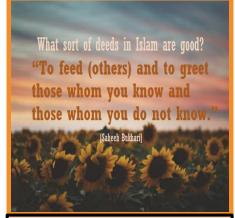


further pressure to feed children that extra meals, when they would otherwise have been at school.

We don't do these monthly deeds for gratitude or thanks. We do these deeds as acts of kindness and for the sake of humanity. No one should be a desperate situation but we hope that to know someone is thinking of you and trying to help brings some solace to the people we help.

We spent £110 this month in helping eight families. This would not have been possible without your monthly £1 donation. It may seem like a small amount but collectively look at what we have achieved. We must say a sincere thanks for your £1 contribution. Without you all taking part in our monthly projects we certainly would not have been able to provide as much food as we did this month. This is a clear example of how every little helps and how small efforts put together can be so powerful. We achieved eight large food hampers through your generosity. Thank you all.

We want to take a moment an extend a special thanks to those members who increased their donations to £2 or £5 per month, as well as those who spoke with family and friends and recruited more members! You have helped tremendously in increasing our ambitions for each month and have enabled us to help more people.



We can always do we more help. If family or friends wish to help with £1 per month please pass on the details:

Monthly standing order

Sort code:30-96-26

Account: 33569168

Name: BCM

Ref: Your name

Or they can give £12 cash for the year.



## **Next months focus**

Next month we will continue to help people who need our help and increase our good deeds. We want to focus on sadaqa jariyah and do a deed that will keep on rewarding us even after we die. Please let us know if there are any specific projects that you think we should do or donate towards. Jzk.