



UTASS

COMMUNITY NEWSLETTER

Supporting our Communities in the Durham Dales

Spring Newsletter...

Welcome to the spring community newsletter... IT'S A BUMPER EDITION!

We have the usual dates for your diary on page 9, a training update on page 14 & 15, and information about outreach services available in and around Teesdale and the Durham Dales on page 7. We also have a list of mart sale dates, update on broadband opportunities, details from the Carnival Committee about the Carnival Queen disco, the findings from the UTASS Service Users Survey and LOTS MORE!...

If you have anything for the Summer newsletter, which will be out at the end of May and will cover June, July & August; it could be a story, an event or an advertisement, please email details to me at emma@utass.org . Best Wishes, Emma

OUR MINIBUSES NEED YOU!!!

We're appealing for ideas on how our minibuses could better support the community, within the confines of operating as community transport vehicles. We have two minibuses (seating 14 or 9 passengers) which were donated to UTASS, both of which are wheelchair accessible.

Suggestions so far include groups going on shopping trips, trips out for lunch similar to those operating in Weardale as Wheels to Meals, outward and/or return transport for walking groups, visits to Museums,

Cinema, or Theatre, or perhaps a ride out after a Monthly Farmers' Social.

As a trial run we are planning a trip over to Stanhope on Wednesday, 7th March, dropping off and collecting in the Market Place, departure around 11.30 and allowing 1-2 hrs in Stanhope, depending on passengers' preferences.

If this would be of interest, please contact Julia or Alison. We'd love to hear from you.

We would like to extend massive thanks to all our volunteers - drivers and chaperones - who help with regular trips



including those attending Music & Memories sessions (with live music) and collecting & returning passengers on an evening from up the Dale.

This couldn't happen without our volunteers and your help is very much appreciated. We'd be delighted to talk to anyone interested in joining our regular volunteers and let them know more about what's involved.

Further guidance about using our minibuses can be found on our website: www.utass.org/minibus-training/



LOTTERY FUNDED

Spring 2018

Covering March, April & May



THE PRINCE'S COUNTRYSIDE FUND

GEORGE F. WHITE

Spring 2018

Get up to £350 to help improve your broadband speeds

Following the UK Government's commitment to provide access to a minimum of 2 megabits per second (Mbps) download speeds, a broadband subsidy scheme was launched to help eligible residents.

Part of the eligibility criteria is that you're unable to access download speeds of 2 Mbps or more, and are not in any current fibre broadband rollout plans.

You can apply for a voucher worth up to £350 towards the hardware and installation costs to get connected to alternative broadband technologies such as satellite, 4G and wireless. You would still be required to pay any additional costs such as the monthly service charge which starts at £10.

The scheme is open to both residents and businesses, and applications need to be submitted by 31 December 2018.

How do I find out more?

If you'd like to know more about the scheme and how these technologies can benefit you, members of the Digital Durham team will be available at the UTASS office in Middleton-in-Teesdale on Tuesday 13 March between 12noon – 6.00pm.

Please contact UTASS on 01833 641010 if you'd like to book a 30 minute appointment.

If you're unable to make this date, you can find out more through one of the following options:

Website: www.digitaldurham.org/better-broadband/

Email: digital.durham@durham.gov.uk

Phone: 03000 261160 leaving a short voicemail about your request

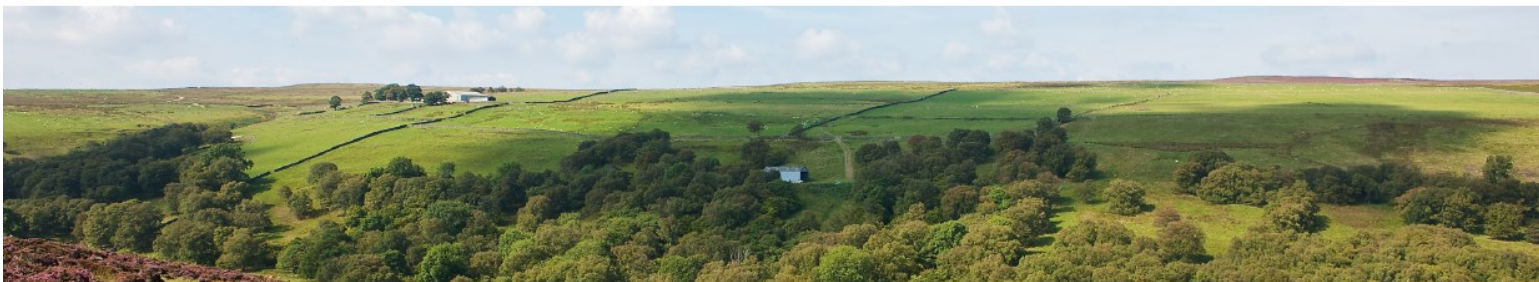


Theatre
Club

Next outing: 'Miss Saigon'
at the Sunderland Empire Theatre
OCTOBER 2018

Register your interest with Anne Scott
Email: annes@utass.org or Call 01833 641010

GEORGE F. WHITE



WE DO BUSINESS WHERE IT MATTERS MOST TO YOU

Barnard Castle • 14c Redwell Court, Barnard Castle, County Durham DL12 8BN • 01833 690390
Wolsingham • 8 Front Street, Wolsingham, County Durham DL13 3AA • 01388 527966

AGRICULTURE RESIDENTIAL COMMERCIAL DEVELOPMENT INVESTMENT ENERGY ENVIRONMENTAL



Blank Greeting Cards

As part of our 25th Anniversary celebrations we will soon have a range of blank cards for all occasions on sale.

The photographs have been kindly donated by our members and local businesses have very kindly sponsored some of the designs!



They'll be on sale from the UTASS office (and perhaps some other outlets) SOON !!



Sue Ryder

**incredible hospice
and neurological care**

Charity Donations taken at UTASS until 30th June 2018

Sue Ryder provides person-centred hospice and neurological care for people facing a frightening, life-changing diagnosis. If you have any unwanted clothes items, household goods, toys, etc. that you would like to donate to the Sue Ryder Charity UTASS will be acting as a collection point until the end of June 2018.

Thereafter we will operate a rolling programme of collections for various charities.

Good Neighbours Scheme

A local resident contacted UTASS about a Good Neighbours Scheme operating in Cumbria which she thought might work well locally. Good Neighbour Schemes (GNS) aim to counter the loss of services and are generally set up to cater for older or disabled residents in a community. A GNS involves setting up a pool of volunteers who would undertake small jobs such as changing light bulbs, light gardening, shopping, errands, small household tasks, picking up prescriptions, lifts to visit relatives or friends in hospitals or care homes, telephone/social contact, etc. If you are prepared to join a local GNS as a volunteer or you could do with some help with small jobs and tasks or a phone call every now and then to chat to someone – please contact UTASS on 01833 641010.



UTASS Youth Sessions

Sessions for young people at UTASS take place during school term time and include Monday Girls Group 6pm to 8pm (8-13 year olds) and Thursday mixed gender drop in 6pm to 7.30pm (8-11 year olds) then 7.30pm – 9pm (12-19 year olds or up to 25 year old for those with additional needs).

During school holidays offsite visits to places of interest take place. Transport to and from sessions may be available for those living in remote locations or for those with specific needs.

For more information please pop along to a session and speak with either Jen, Gina or Theo.

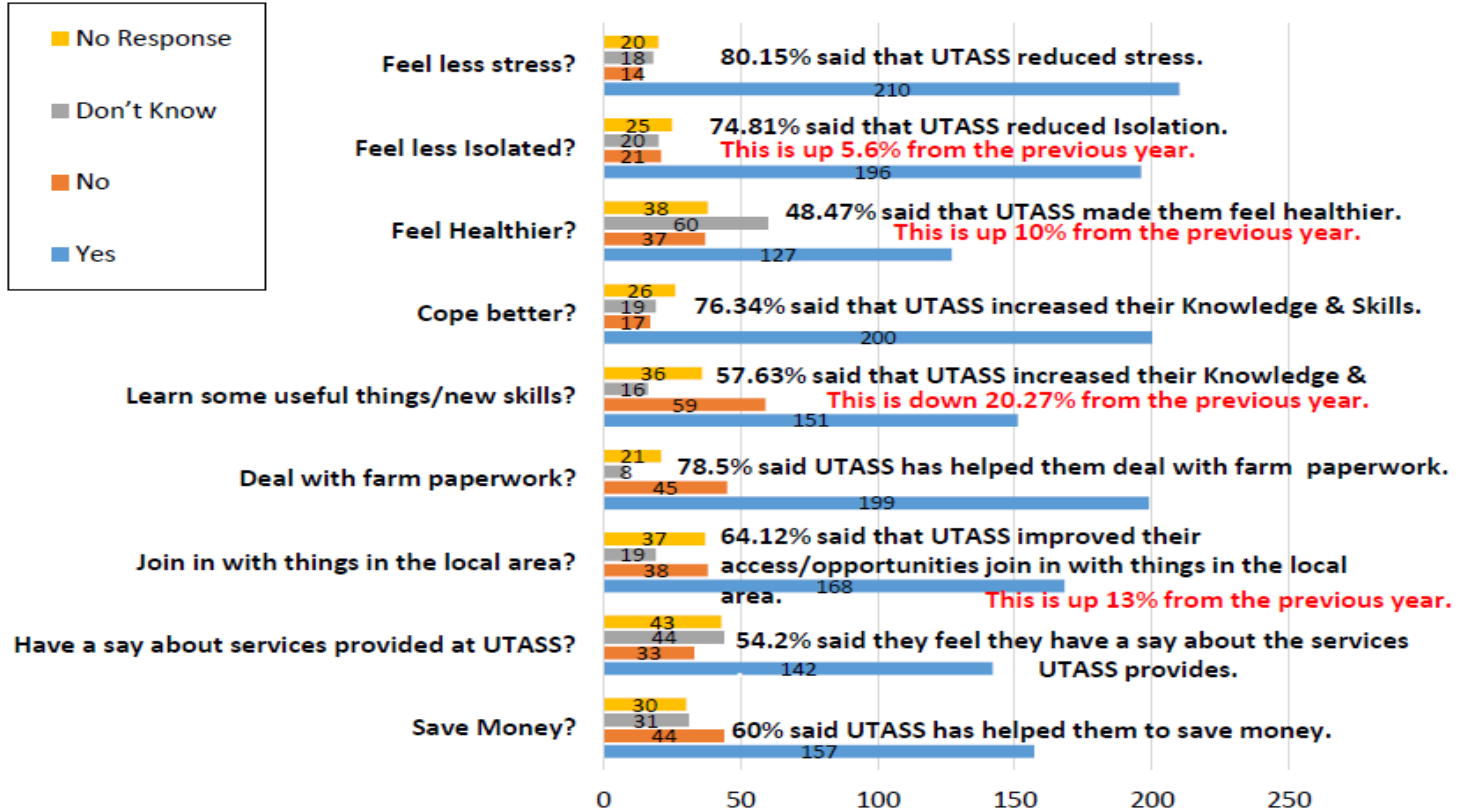
Service Users Survey of 2017 Findings

This year, due to our application to the Big Lottery Fund for continuation funding, our service users survey was sent out much earlier and with a much shorter deadline than previous years...

... With a very positive result, there were **262 responses** to this year's survey, which is **up by 52%**!

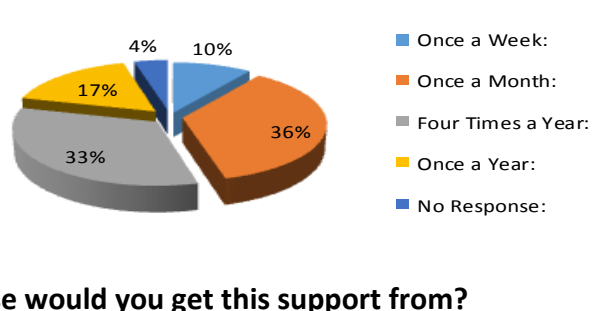
Question 1.

Thinking about yourself or anyone else in your household;
Over the last year would you say that the services, assistance or opportunities offered through UTASS has helped people to:



Question 2.

How often do you use UTASS?



Question 3.

If UTASS wasn't here, where else would you get this support from?

71.8% Said they wouldn't know where they would get the same support from

7.6% Gave no response

20.6% Gave the following suggestions:

- | | |
|---------------------------|------------------------------------|
| 27 → Land Agent | 1 → DEFRA |
| 14 → NFU | 1 → Health Authority |
| 4 → CAB (Citizens Advice) | 1 → South Durham Enterprise Agency |
| 3 → Accountant | 1 → If you care share foundation |
| 3 → RPA Helpline | 1 → Samaritans |
| 3 → Library | 1 → CLA |
| 3 → Barnard Castle | 1 → Solicitor |
| 3 → Online | 1 → Publications |
| 2 → Auction Marts | 1 → There is nowhere! |
| 1 → Trading Standards | |

Question 5.

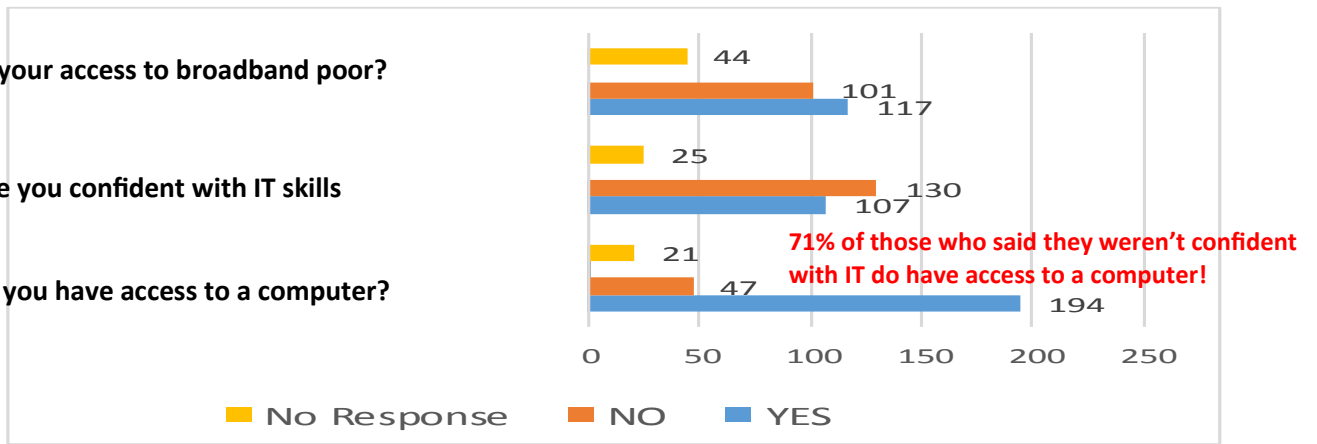
Are there any additional services you feel that UTASS could offer?

- Community cars for people to share the use of instead of owning a 'little used' car themselves.
- A 'shed' facility for people to repair furniture/bikes etc for themselves or to re-sell to the community.
- Any additional services that may be beneficial with regards to BREXIT.
- Providing a venue for counselling eg: Bereavement counselling via an organisation such as CRUSE.
- An idiots guide to cross-compliance and on-farm paperwork.
- Grow support if offers to local groups/businesses in the community by increasing/building up some small charges for services.
- A homeless facility.
- Credit Union access point.
- Youth provision.
- Dental practice.
- More training & leisure courses.
- Business support.
- Post Office Service.
- Room hire.
- Group purchasing power.
- More help with red tape.
- More training courses.
- Discussion groups.
- BREXIT information at a local level.
- Opticians
- More socials.
- Community laundrette.
- More mental health support.
- A helping hands scheme.
- Hospital visiting transport.

Question 7. Is your access to broadband poor?

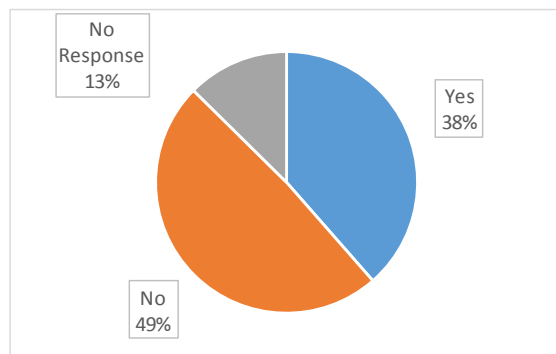
Question 8. Are you confident with IT skills

Question 9. Do you have access to a computer?



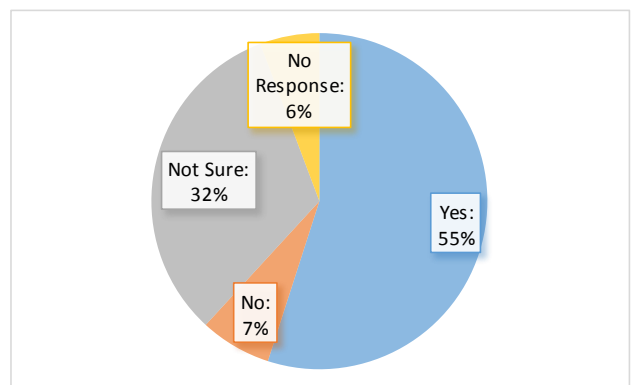
Question 10.

Have you had help from UTASS or agencies working out of UTASS to access new benefits or grants?



Question 13.

Going forward - do you feel you will need support/assistance from UTASS more than before?



Question 12.

Which of the services below do you feel are important?

- 234 ⊕ Advice & guidance for farmers with legislation & paperwork.
- 207 ⊕ Support for older people.
- 206 ⊕ Training.
- 195 ⊕ Activities for young people.
- 178 ⊕ Community events.
- 168 ⊕ Providing outreach services, such as CAB, Chiroprapist, Carers.
- 152 ⊕ Community transport.
- 78 ⊕ Credit Union.

Better health for the people of North Durham

NHS England Consultation: Reducing prescribing of over the counter medicines

What is the consultation?

NHS England launched a public consultation on 20 December 2017 in relation to reducing prescribing of over-the-counter (OTC) medicines for minor, short-term health concerns which could save the NHS millions of pounds a year and encourage more people to self-care. Patients, members of the public, and NHS staff are encouraged to feed into the consultation as the resulting guidance will be used to inform what is available on prescription from your GP in your local area

How can I get involved?

You can respond to the consultation by using the online form at https://www.engage.england.nhs.uk/consultation/over-the-counter-items-not-routinely-prescribed/user_uploads/otc-guidance-2.pdf

Alternatively, written responses can be submitted to england.medicines@nhs.net.

When does the consultation close?

The NHS England national consultation will close on **Wednesday 14 March 2018**.

Daniel Blagdon
Engagement Lead
NHS North Durham CCG



Carnival Disco

Friday 23rd March 6:00pm - 7:30pm
Middleton-in-Teesdale Primary School

2018 Middleton-in-Teesdale Carnival Queen will be announced
AND

the Queens attendants will be chosen on the night from those attending the disco.

To be eligible to be an attendant, you must be:

Aged 4, 5, 6 or 7 on Carnival Day (Saturday 4th August 2018) and live in Middleton-in-Teesdale, Lunedale, Holwick or the Upper Dale.
Your name needs to be put into the draw by an adult who comes to the disco with you.

The first two names drawn during the disco will be the attendants to the 2018 Carnival Queen.

Admission to the disco : £1.50 on the door

Proceeds to Middleton-in-Teesdale Carnival



OUTREACH FACILITIES AT UTASS

FULLY QUALIFIED & INSURED

MOBILE BEAUTY BY EMMA

TEL: 07555 685228

COVERING SUNDERLAND & SURROUNDING AREAS. AVAILABLE IN
MIDDLETON IN TEESDALE ON FRIDAYS

Mobile Beauty Therapist
Emma Richardson of
Tranquil Treatments works
from UTASS every Friday.

Her treatment menu and
price list is on the UTASS
website, www.utass.org



Janice Coulson, a carer
support worker from
Durham County Carers
Support visits UTASS every
other Friday,
supporting carers in our local
community.

You can find out more
information by visiting
www.ddcarers.org
or contact her on 01833 600
577.



Local Police Officers are available
at UTASS fortnightly on Thursdays
between 12 noon and 1pm.

Residents or visitors are welcome
to come in and discuss any issues
you may have.

No appointment required.
ALL WELCOME

RACHEL LOGAN

MCFHP MAFHP

Foot Health Professional

Telephone: 07825314487
e-mail: rachy87@hotmail.com

Rachel visits UTASS every 6 weeks,
offering nail trimming &
correction, skin conditions, heel
pain, removal of hard skin, corns,
callus, verrucae, blisters, athletes
foot, fungal infections, diabetic
foot assessments, ingrowing
toenails and general foot care
advice.

GEORGE F. WHITE

Managing Partner, Robyn Peat, is available on the first Monday of
every month for professional and business advice at UTASS.

Free appointments can be made through UTASS (01833 641010 or info@utass.org) or by
calling George F. White on 01388 527966.

AGRICULTURE RESIDENTIAL COMMERCIAL DEVELOPMENT INVESTMENT ENERGY ENVIRONMENTAL



Teesdale Citizens Advice Bureau
(CAB) offer a drop-in service at
UTASS fortnightly on Mondays.
10am - 1pm.

UTASS Youth Sessions

Monday's

Girls Group
6pm til 8pm
8 - 12 year olds

Wednesday's

Off Site visits In School Holidays
times and costs vary

Thursday's

Youth Club
6pm til 7.30pm 8 - 11 year olds
7.30pm til 9pm 12 - 19 year olds

**If you have any
suggestions,
please do get in
touch with
jen@utass.org**

We champion
ourselves upon the
youth sessions
working, because they
are what the young
people want.

All Sessions £1 per child per session

Dog Poo Bags

Thank you for taking dog poo bags so that you can clean up after your dog

These bags are funded by
Middleton-in-Teesdale and Newbiggin Parish Council

The Council is proud of this village and its surroundings and appreciates any help it gets in keeping the place clean and tidy.

Please consider making a donation towards the cost of providing these bags.

Thanks!

Exhibitions Here At UTASS

Our recent exhibition celebrating 100 years of Top Sales at Middleton Mart has now finished; originally planned for September & October, it continued on and on due to the high interest!

Our sincere thanks to John Stephenson, the Swaledale Sheep Breeders Association and Anne Scott.

We're hoping to have an exhibition of artefacts from the DLI Museum later in the year.

If you'd like to showcase an exhibition here at UTASS please get in touch!

DID YOU KNOW??

COMMUNITY COMPUTER AND PRINTER

Did you know there is a community computer at UTASS?

Need to print an email or train ticket?
Broadband not working?
The Community Computer
is FREE to use!

Have you changed your email address?

Please keep us up to date & let us know of any changes to your email address. This will help UTASS minimise exceeding our limit of failed email attempts on our server.

To update any of your contact details please send amendments to ann@utass.org

Sing with a Smile...Sing A'cappella

Female Choir Singers

Meet
New Friends

Come and Join us

Ladies A'cappella Choir

A new Choir is looking for Ladies of all abilities and voice ranges to join our local group.
You don't need to be a great singer or read music as audio tracks will be provided for easy learning.
All ages are welcome and all that is needed is the desire to have fun.



Interested ? Contact Barbara on 07979265279 for more info

SUPPORTING UTASS

YOU CAN NOW SUPPORT UTASS VIA VIRGIN MONEY GIVING.

YOU CAN VISIT WWW.UTASS.ORG AND IN THE "SUPPORT US" TAB YOU'LL FIND A LINK TO OUR VIRGIN MONEY GIVING PAGE.

ALTERNATIVELY YOU CAN USE THE QR CODE OPPOSITE.



March 2018

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March Events Listings:

- Citizens Advice are at UTASS every other Monday, 10am - 1pm. (5th & 19th)
- 'Mobile Beauty By Emma' is at UTASS on Fridays.
- Durham County Carers are at UTASS every other Friday, (9th & 23rd).
- Pilates - every Wednesday, 9.15am.
- Yoga - every Tuesday, 6.15pm
- 1st - PACT Police Drop in Session, 12noon - 1pm.
- 8th - Rachel Kidd Chiroprapist at UTASS. (contact details on page 7)
- 13th - Music & Memories at UTASS- Extra date due to postponed session in February. 2.30pm - 3.30pm.
- 14th - St Johns Chapel Farmers Lunch.
- 15th - PACT Police Drop in Session, 12noon - 1pm.
- 20th - Middleton in Teesdale Farmers Lunch.
- 22nd - Barnard Castle Farmers Lunch.
- 27th - Music & Memories at UTASS the 4th Tuesday of every month, 2.30pm - 3.30pm.
- 29th - PACT Police Drop in Session, 12noon - 1pm.
- 30th - UTASS OFFICE CLOSED.

April 2018

Mo	Tu	We	Th	Fr	Sa	Su
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

April Events Listings:

- Citizens Advice are at UTASS every other Monday, 10am - 1pm. (16th, & 30th)
- 'Mobile Beauty By Emma' is at UTASS every Friday.
- Durham County Carers are at UTASS every other Friday. (6th & 20th)
- Pilates - every Wednesday, 9.15am.
- Yoga - every Tuesday, 6.15pm - no class on 3rd April or 10th April.
- 2nd - UTASS OFFICE CLOSED
- 11th - St Johns Chapel Farmers Lunch.
- 12th - PACT Police Drop in Session, 12noon - 1pm
- 17th - Middleton in Teesdale Farmers Lunch.
- 19th - Barnard Castle Farmers Lunch.
- 24th - Music & Memories at UTASS the 4th Tuesday of every month, 2.30pm - 3.30pm.
- 26th - PACT Police Drop in Session, 12noon - 1pm

May 2018

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

May Events Listings:

- Citizens Advice are at UTASS every other Monday, 10am - 1pm. (14th)
- 'Mobile Beauty By Emma' is at UTASS every Friday.
- Durham County Carers are at UTASS every other Friday. (4th & 18th).
- Pilates - every Wednesday, 9.15am.
- Yoga - every Tuesday, 6.15pm
- 7th - UTASS OFFICE CLOSED
- 9th - St Johns Chapel Farmers Lunch.
- 10th - PACT Police Drop in Session, 12noon - 1pm
- 15th - Middleton in Teesdale Farmers Lunch.
- 22nd - Barnard Castle Farmers Lunch.
- 22nd - Music & Memories at UTASS the 4th Tuesday of every month, 2.30pm - 3.30pm.
- 24th - PACT Police Drop in Session, 12noon - 1pm
- 26th - High Force Spring Show.
- 28th - 1st - UTASS OFFICE CLOSED, NO YOUNG PEOPLES SESSIONS.

UTASS Christmas Cards & 2019 Calendar

If you're 'out and about', or 'down on the Farm' and have a great photograph send it in sooner rather than later..

If you have any photographs you'd like to offer for the 2018 Christmas card or the 2019 calendar please email them to emma@utass.org

If you would like to advertise your business in the calendar, get in touch for sponsorship details.

Events get updated regularly on our online diary, which can be found at:

www.utass.org/events

VOLUNTEER DRIVERS AND CHAPERONES NEEDED

Could you spare a couple of hours once every 2 months – particularly on a Thursday evening? If so we'd love to hear from you. Volunteer Drivers would need to be aged over 25, with a clean driving licence.

Appropriate Criminal Records Bureau (DBS checks) will need to be undertaken.

Contact Jen on 01833 641010 or email jen@utass.org



Durham Deafened Support (DDS)

Do You suffer from Tinnitus ?

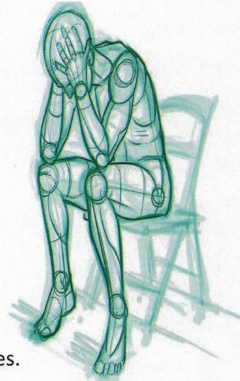
A 6-week course is starting at

Skerne Medical Centre
Sedgefield

Wednesday 21st March
2:00pm to 3:30pm



- Is tinnitus getting the better of you?
- Do you feel like nobody understands?
- Is tinnitus affecting your life?
- Are you having trouble sleeping?



Find out about :

- The cause of Tinnitus.
- What makes symptoms worse.
- Equipment that may help.
- Information regarding alternative therapies.

Coping with stress **To book a place contact us -**
admin@ddsupport.org.uk 0191 5183358 / 07463259216 (Text only)

Funded by: NHS
Darlington Clinical Commissioning Group, NHS North Durham Clinical Commissioning Group and NHS Durham Dales, Easington, and Sedgefield Clinical Commissioning



LOTTERY FUNDED



Volunteering

We're looking for volunteers to help us in our new Superstore opening in 2018 at Mandale Park, Belmont Industrial Estate

Opportunities include helping in the shop and warehouse, doing admin or driving the van



For more information contact us

t 0191 374 6570

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**JOE SIMPSON
ABATTOIR
BUTCHERS & FARMERS**

Our team of butchers have been trained in all aspects of butchery.

Animals arriving at our abattoir are treated with kindness and respect. Animal welfare is one of our top priorities.

We provide a full service cutting, wrapping, labelling and boxing.

The booking in system is easy.

Ring to discuss your requirements on **01388 718264**

Take a look at our website

www.joesimpsonsbutchers.co.uk

**UTASS would like to thank
Simpsons for very kindly
donating sausages used for hot
suppers during our
Highlights Theatre visits.**



UTASS will be offering FREE monthly music and memories sessions between 2.30pm and 3.30pm.

Tuesday 13th & 27th March

Tuesday 24th April

Tuesday 22nd May

Tuesday 26th June

The aim of the session is to provide a warm, welcoming and caring setting where people can come together for a singalong, socialise, cup of tea and a cake.

The Monday Night Girls Group at UTASS will bake the cakes for participants to share, at the music and memories sessions.

Transport to and from UTASS may also be available if required.

If you want to come along please contact UTASS on 01833 641010.



Units at The Aspire Building

Middleton in Teesdale Auction Mart, DL12 0NG
And UTASS 9-11 Chapel Row, DL12 0SN

Yan - Unit 1 - AVAILABLE TO LET

250sqft / 23sqm

Workshop for office and light manufacturing use, targeted at new or expanding small enterprises.

£250 inc VAT per calendar month, which includes phone & broadband*

Available to let - Call Diane on 01833 641010 for full details.



Tyan - Unit 2 - Currently Occupied by Simmi Performance

Tethera - Unit 3 - Farm, Pet & Equine



Stock a complete range of Farm, Pet and Equine supplies including:

- Stable Supplies
- Tack and Horse Rugs
- Saddles, Bridles and Ropes
- Livestock Health Products and Supplements
- Equestrian Wear
- Outdoor Clothing
- New products include Dog and Horse Feed
- **And much more ...**

The price you see is what you pay
(includes VAT and free delivery to UK mainland).

Open Tuesday, Thursday and Friday 9am-5pm, Saturday 9am-1pm and Sunday 10am-2pm

If you require further information about our products, please contact Mike on 01833 641111 or 07747002184

Email: mike@farmpetandequine.uk or visit the website: www.farmpetandequine.uk

Farm Pet & Equine now have an eBay Shop : [farm/pet&equine](https://www.ebay.co.uk/shop/farm-pet-equine)

Which offers FREE POSTAGE on all items!

Methera - Unit 4 - Currently Occupied by Simmi Performance

Pip - Unit 5 - AT UTASS - Steve Messam

An environmental artist based in the North of England. With his site-specific installations, he sets visual accents in rural or urban settings, which include historical relics and vacant architecture that make us perceive the familiar environment in a new way.

Mart Sale Days

TUESDAY 06/03/2018	HAWES - Sale of Swaledale Gimmer Hogs. Sale of in lamb Ewes. Prime Hogs & Cast Ewes.
WEDNESDAY 07/03/2018	KIRKBY STEPHEN - Swaledale crowned single inlamb ewes and gimmer hogs. Also Swaledale and Mule hogs and other breeds of inlamb ewes and geld gimmer hogs
SATURDAY 10/03/2018	HAWES - Spring Show & Sale of Store Cattle, Beef Breeding Cattle, Cull Cows.
MONDAY 12/03/2018	KIRKBY STEPHEN - Store, breeding and OTM cattle. Also Kirkby Classic potential show cattle.
TUESDAY 13/03/2018	MIDDLETON-IN-TEESDALE - Store and breeding cattle. DARLINGTON - Multi Breed Sale of Registered & non-Registered Bulls, Cows & Heifers.
MONDAY 19/03/2018	DARLINGTON - Mid-March Extravaganza Show & Sale of Suckled Calves and Grazing Cattle
TUESDAY 20/03/2018	KIRKBY STEPHEN - Easter show and sale of prime cattle and Easter show and sale of prime and light-weight lambs, cast and feeding ewes and store lambs. BARNARD CASTLE - Sale of OTM & breeding cattle, feeding bulls and store cattle.
THURSDAY 22/03/2018	DARLINGTON - Easter Show & Sale of Prime Stock
MONDAY 26/03/2018	KIRKBY STEPHEN - OTM Cattle.
SATURDAY 07/04/2018	DARLINGTON - Early Spring Collective Sale of Tractors, Implements & Machinery.
MONDAY 09/04/2018	KIRKBY STEPHEN - Sale of Store and Breeding Cattle, Cast Cows & OTM Cattle. DARLINGTON - Junior Farmers Club Show & Sale of Store Cattle.
TUESDAY 10/04/2018	HAWES - Spring Show & Sale of Calves for the Bill Thompson Trophy. Also Prime & Store Sheep. MIDDLETON-IN-TEESDALE - Store and Breeding cattle.
TUESDAY 17/04/2018	BARNAARD CASTLE - Sale of OTM & Breeding Cattle. Feeding Bulls & Store cattle. HAWES - Opening Sale of Ewes with Lambs. Also Prime & Store Sheep.
MONDAY 23/04/2018	DARLINGTON - Stars of the Future Show & Sale of Suckled Calves & Store Cattle.
TUESDAY 24/04/2018	HAWES - Ewes with Lambs. Prime & Store Sheep.
MONDAY 30/04/2018	DARLINGTON - Store sale incorporating special sale of native & rare breed cattle & sheep.
TUESDAY 01/05/2018	BARNARD CASTLE - CENTENARY PRIZE SHOW & SALE of feeding bulls & store cattle - Also Sale of OTM Cattle. HAWES - Ewes with lambs. Prime & store sheep, spring lambs, Sale of gimmer hogs (All Breeds.)
WEDNESDAY 02/05/2018	BARNARD CASTLE - Sale of Prime & Cast Sheep. Sale of Ewes & Hogs with Lambs at foot.
MONDAY 07/05/2018	KIRKBY STEPHEN - Sale of store and breeding cattle, cast cows and OTM Cattle. DARLINGTON - Bank Holiday Show & Sale of Ewes, Shearlings & Hogs with lambs at foot. Also Store Sale incorporating Multi Breed Cattle, Bulls and Females.

Mart Sale Days


TUESDAY 08/05/2018	KIRKBY STEPHEN - Sale of prime and lightweight lambs, cast and feeding ewes and store lambs including PRIZE SHOW & SALE of Spring Lambs. HAWES - Prize Show & Sale of Ewes with Lambs. Prime & Store Sheep. Spring Lambs. MIDDLETON-IN-TEESDALE - Store and breeding cattle – show and sale. Machinery sale.
WEDNESDAY 09/05/2018	BARNARD CASTLE - PRIZE SHOW & SALE OF HOGGS WITH LAMBS AT FOOT also sale of ewes with lambs at foot. Sale of Prime & Cast Sheep.
THURSDAY 10/05/2018	KIRKBY STEPHEN - 'New Fair' show and sale of ewes and lambs also geld hogs.
SATURDAY 12/05/2018	BARNARD CASTLE - Machinery Sale - To Be confirmed. DARLINGTON - Late Spring Collective Sale of Tractors, Implements & Machinery.
TUESDAY 15/05/2018	BARNARD CASTLE - PRIZE SHOW & SALE Breeding Cattle (inc. dispersal of suckler herd M&B Coulthard) Also sale of OTM Cattle, Feeding bulls and store cattle.
WEDNESDAY 16/05/2018	BARNARD CASTLE - Sale of Ewes & Hogs with Lambs at foot.
SATURDAY 19/05/2018	HAWES - Annual Show & Sale of Store Cattle, Beef Breeding Cattle & Sale of Beef Breeding Bulls. Catalogue Closes Tuesday May 8th.
MONDAY 21/05/2018	KIRKBY STEPHEN - Sale of Store and Breeding Cattle, Cast Cows & OTM Cattle. DARLINGTON - 'Growing Season Show & Sale' of Suckled Calves & Store Cattle
TUESDAY 29/05/2018	BARNARD CASTLE - Sale of OTM & Breeding Cattle. Feeding Bulls & Store cattle. HAWES - Annual Sale of Tractors, Implements, Tools etc. Spring Lambs. Ewes with Lambs. Store Sheep.



MIDDLETON

HARRISON & HETHERINGTON
Farmstock Auctioneers, Brokers & Valuers

Monthly Sale & Weekly Prime Sheep Collection



WEEKLY SALES
Every Thursday

nes:

9:30 am: 100 Plus Prime Bulls
10:30am: 100 Plus Clean Cattle,
12:30pm: 2500 Plus Prime Hogg's
followed by 1000 Plus Cast Sheep

To receive weekly Monday Store Catalogues and newsletters by a Thursday, email info@dfam.co.uk and request a Catalogue with your name, address and phone number



WEEKLY SALES

Every Wednesday

Sale of Prime and Cast Sheep



WEEKLY SALES

Every Tuesday

Sale of Prime Hogs & Cast Ewes.



WEEKLY SALES

Farmstock Auctioneers, Brokers & Valuers

KIRKBY STEPHEN

Every Tuesday

Sale of prime and lightweight lambs, cast and feeding ewes and store lambs

TRAINING UPDATE

Please view our website's Training Opportunities page: <http://utass.org/training-available/>

& Minibus Training <http://utass.org/minibus-training/>

We regret training courses can only run when there are sufficient numbers, please contact Julia Stephenson or Charlotte Fletcher on 01833 641010 or email julia@utass.org and charlotte@utass.org and let us know what's of interest

LATEST NEWS...

Thanks to The Wellesley Trust at The Community Foundation Tyne & Wear and Northumberland and The Hedley Foundation, another Lantra 13-15 Tractor Driving training was held on 24th February and there are still spaces available for future dates, as well as for Quad Bike Training & Pre-Test Tractor Driving. So far this year 7 successful applicants have been reimbursed for their driver training.

The UTASS British Wool Shearing Course date has been confirmed for Wednesday, 27th & Thursday, 28th June, to be held in Woodland by kind permission of John & Fay Hutchinson. Whether you are a beginner or wanting to improve your technique, our usual excellent instructors, will be there to help to make shearing a better experience for all involved! We would like to thank Weardale Action Partnership and John Warren ABP for providing part funding for all trainees last year and hope to have some some funding available again for 2018.

Thanks to all those who attended last year and congratulations on the British Wool "Seals" they achieved.

Trying to get sufficient numbers to run The NPTC Safe Use of Pesticides and/or **NPTC City & Guilds Level 2 Award in Land-based Forklift Truck Operations (Rough Terrain, Masted and Telescopic Types)** training and assessments in early/mid March. For anyone who hasn't already been in touch and wants to do this training, please get in touch. Some funding may be available for eligible farmers in Weardale (see heading below on funding for Weardale Rural Skills with application form detailing part funding).

COURSES CURRENTLY ON OFFER AT UTASS:

- ⇒ **Introduction to Counselling & Listening Skills (5 Week Course)**
- ⇒ **Introduction to Stress Awareness & Developing Emotional Resilience (5 Week Course)**
- ⇒ **L2 Award Food Safety in Catering (1 Day Course)**
- ⇒ **L3 Award Emergency First Aid at Work (1 Day Course)**
- ⇒ **Introduction to Confidence Building and Personal Development (5 Week Course)**

Computer Training

This training was delivered during November and December by our usual trainer, Sarah Peart from Frosterley, who is an Accountant and farmer. We would like to thank The Sir James Knott Trust for making funding available towards the cost. Whilst most of the subject matter for the "Getting On Line" basic training had a farming theme, the skills and knowledge gained enabled trainees to do lots of things online, with sessions covering:

1. **How to get online – "What do I need to Know?"**
2. **Online already & like to know more ... How to send & receive e-mails including attachments (including managing e-mails when online e.g. using Gmail)**
3. **Using the "Whole Farm Approach" to access BCMS & VAT online & more (password required beforehand to access this service – instructions available prior to the course to facilitate this)**
4. **How to submit VAT online using existing records for working out (or progressing to using Sarah's Excel VAT training).**



Photo courtesy of Martin Paul, Teesdale Mercury

The more advanced 5 weeks training "VAT using Excel" enabled 6 trainees to learn how to input their farm payments and receipts into Sarah's specially designed spreadsheet which calculates the amount of VAT to claim/payable each quarter. Trainees also learn how to check formulae and lots of useful information relevant to VAT, when the sessions ran from 4.15-6.45pm on **Wednesdays**. Trainees were able to start inputting data right from the first session by bringing along their own invoices and receipts. One trainee commented "Learnt about spreadsheets, VAT, working out VAT, understanding it all a lot better. Just need to put into practice."

Vehicle Training to Improve Employability

We would very much like to thank the Wellesley Trust Fund at The Community Foundation Tyne & Wear and Northumberland for the opportunity for young people to access driver training and to thank applicants too. Unfortunately there were a lot more applications than spaces for the Trailer & Car Lessons, however due to this high demand, we applied to a second funder and we are so grateful to The Hedley Foundation for providing more funding, with previous applicants for car lessons or trailer lessons not needing to reapply.

If there are any new applicants who want to apply for Pre-Test Tractor, Quad Bike or Lantra 13-15 Tractor Driving, an Application Form can be downloaded by clicking on this link: <http://utass.org/training-available/> or forms are available from the UTASS Office. (Jack Atkinson & Adam Finch did their Lantra Tractor driving in February.)



Funding for Weardale Rural Skills Training

So far 45 trainee places have been part funded from WAP, which has also enabled other trainees to attend training courses locally as well:-

- 12 for NPTC Safe Use of Pesticides training & assessment (2 days training)
- 2 for the Semex DIY Artificial Insemination for Cattle (4 days training)
- 4 for British Wool Marketing Board Sheep Shearing (2 days training)
- 7 for Lantra Chainsaw (2 days training)
- 4 for Trailer lessons in preparation for B+E Test
- 6 for NPTC City & Guilds Level 2 Award in Land-based Forklift Truck Operations (Rough Terrain, Masted and Telescopic Types) (2 days training)
- 8 for Emergency First Aid Training (1 days training fully funded)
- 2 for Dry Stone Walling (3 day course held October 17 and pictured below)



We also have a few names for Spraying and Telehandler training and for the Emergency First Aid training. If you would like to apply an application form is available on the UTASS website or from the UTASS office.

Other Courses Available

NPTC Safe Use of Pesticides (approx cost £350 for theory + Handheld or Mounted)-Plan to run this in early 2018. In May '17 another 10 trainees in total attended this training over three days at Middleton Mart, with assessments the following week. Our thanks go to Middleton Mart for the use of their facilities as a venue, alongside UTASS.

NPTC Rough Terrain Telescopic (approx cost £345) – A few requests have been received

Lantra Award in Chainsaw Maintenance & Crosscutting – A few requests have been received

NPTC Certificate of Competence for the Transport of Livestock (Cattle & Sheep) – contact John Jones on 01768 898731 (further details on the UTASS Website)

Rodenticides – please call our Office to request a copy of the AHDB publication “Rodent Control on Farms” booklet with details of how to access on line training and Lantra assessment, if required.

Thank you!

Grateful thanks too, go for the team effort to make young people's driver training possible – this time involving tractors & trailers kindly loaned by Watsons of Strand Foot; Karl, Loraine & Michael Robinson and Peter & Barbara Needham & Stuart Richardson and latterly to Jamie & Rosie Finch and Trevor & Amanda Simpson & family for hosting the Lantra training. Thanks too to all trainers involved with helping young people achieve their goals. The venue is usually provided by kind permission of Middleton in Teesdale Mart, with voluntary help from H & H Staff, community & UTASS Members much appreciated.

New – Book Exchange Facility at UTASS

Do you have books you no longer want/need?
Would you like to share those books with others?

If so – please let UTASS know as we are establishing a book exchange scheme where, once established, you can bring in a book you no longer want/need and take a book of your choice away to enjoy. The suggestion for this facility came from the UTASS Annual Service Users Survey.



Cheaper heating oil

Several years ago Adam Hearn established an oil bulk buying scheme which he has successfully managed in a voluntary capacity.

Adam has decided to retire from this role and has handed over the management of the scheme to UTASS.

The existing 130 group members will already have been contacted by Adam about the changes, however, going forward UTASS welcomes others to join the scheme which offers a 2.5p per litre discount.

UTASS intends to keep the timings of invitations of oil orders and the placing of orders the same as it always has been i.e. an invitation to place orders will go out to members in the middle of the month and group members should place their orders by midnight on the last day of the month. Members will then be advised of the price per litre and anticipated start date of deliveries.

Membership of the group is **FREE** and the minimum order amount is 500 litres.

If you would like to join the scheme or find out more about it – please contact Charlotte at UTASS on 01833 641010 on Tuesdays or Thursdays or email Charlotte@utass.org

UTASS disclaimer

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