



## Corporate Race League Handicap Adjustments

<u>Equipment</u>	<u>Seconds</u>
Telemark Ski	1.0
Snowboard	3.5
Female	0.5
35-39	.25
40-44	0.5
45-49	1.0
50-54	1.5
55-59	2.0
60-64	2.5
65-69	3.0
70-74	3.5
75-79	4.0
80+	5.0