

"You were there for me when I needed someone and I take great comfort knowing that you are going to be there from now on "
Carer - 78 years

"Thank you for all your help through school and college - I am off to university soon "
Carer - 18 years

"I realised things could change for the better after speaking to Solihull Carers who are a lifeline for people like me. Help and support is just a phone call away"
Carer - 48 years

"The young carers festival was really fun and I learned what I was capable of with support from other people"
Carer - 11 years

Formerly known as



Get in touch and give with confidence



Registered address

Carers Trust Solihull
Fire Station Annexe
620 Streetsbrook Road
Solihull
B911QY

Contact us

0121 788 1143
centre@solihullcarers.org

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Donate at

www.solihullcarers.org/donate

Charity No. 1092613



Corporate Fundraising



Supporting the lives of unpaid carers of all ages
in Solihull



Unpaid caring saves the government 132 billion pounds a year



The number of carers who care for more than 50 hours a week is increasing



1 in 12 school children are young carers



There are 24,113 carers in Solihull - set to increase by 17% by 2019



More than 3 million people work and have caring responsibilities



Supporting carers in the work place saves the UK economy 1.3 billion pounds



Who we are

A charity that provides free and meaningful support to carers in Solihull aged **from 5 years old to 95+**

Why we need your support

Caring for a loved one can happen to any one of us at any time or stage of our lives. The number of people caring is growing every day and we want to reach and improve the lives of every carer of all ages and backgrounds. Carers look after family members or friends who require care due to physical or learning disability, mental health needs or long term or terminal illness. Caring can be deeply rewarding but can also consume a lot of time and physical and emotional energy. We exist to enable carers to have equal access to fulfilled lives and keep families together. As a charity - **we rely on donations** to support our work.

4 reasons to fundraise with us

HELP carers to access support that prevents crisis

SUPPORT them to remain emotionally & physically well

IMPROVE carers quality of lives & experiences

FUND valuable projects that are chosen by carers

What your fundraising can help towards

£50

COULD PAY FOR A QUALITY RESPITE BREAK FOR A CARER
Some time to relax, unwind and recharge their batteries

£100

COULD COVER THE COST OF A FAMILY DAY OUT
Quality time together, to have some fun and make memories

£400

COULD PAY FOR GROUP TRAINING FOR 12 YOUNG ADULT CARERS
To prepare for work, training and plan for their future

£1000

COULD ENABLE CARERS (ALL AGES) TO ACCESS EMERGENCY FUNDS
For white goods, transport, school uniforms, equipment, food

£2500

COULD PAY FOR A TRAINING PROGRAMME FOR ADULT CARERS
Including First Aid, Coping with Caring, Moving and Handling

£5000

COULD PAY FOR AN ACTIVITY PROGRAMME IN SCHOOL HOLIDAYS
For young carers to access fun, respite and peer support



What you could do?

- Request a fundraising pack
- Tell your customers about us
- Have a Charity Fun Run team
- Make a one off donation
see reverse for details
- Have a charity box
- Enable Payroll Giving for staff -
see www.gov.uk/payroll-giving for details
- Make us your chosen Charity
- Hold fundraising events -
e.g. odd shoe day or cake sale