

# GLEDWOOD CARE HOMES



A CARE HOME AWAY FROM HOME



Gledwood Care Homes is situated in West London in a quiet residential area within reach of local shops and public transport links.

Gledwood Care homes provides a warm, friendly and homely atmosphere in a safe and secure environment, caring for both Men and Women from the age of 18 & upwards. Through Practical, Professional and most importantly Personal Care Services bespoke to service users needs - we aim to improve and enhance quality of life, bringing happiness and fulfilment.

With over 30 years Qualified RMN & SEN experience in Mental Health Nursing within the NHS and local communities, our goal is to deliver a home where service user's needs can be professionally taken care of without the strains of being in a large establishment or hospital.

Gledwood Care Homes is unique in that it is offering is for 4 service users in total.

The care provision is aimed at service users who are in need of care due to mental illness, disability, or frailty of age and encompasses the following core values: Privacy, Dignity, Independence, Choice, Rights & Fulfilment.

## OUR PHILOSOPHY OF CARE

Our goal is to provide a warm friendly environment where there is a sense of home feeling even though service users are away from their natural home.

Our Carers will strive to preserve and maintain the dignity, individuality and privacy of all service users within a warm and caring atmosphere, and in so doing will be sensitive to the service users' ever-changing needs.

Through our experience we will adapt and cater for needs such as medical/therapeutic. We will preserve service user's physical and mental welfare as best as possible. Respect their cultural, psychological, spiritual, emotional and social needs at every opportunity.

Individualised Care Plans are the corner stone for ensuring service users needs are met. Through understanding of a service user's medical history and behaviour as well as input from social workers, family and friends - a structured care plan will be created to include mental alertness, self esteem, and social interaction. This will be monitored and implemented to ensure

## OUR VALUES

- PRIVACY
- DIGNITY
- INDEPENDENCE
- CHOICE
- RIGHTS
- FULFILMENT



## SAFE & COMFORTABLE LIVING

Our care home is a home away from home. We have purposely created homely, warm, cosy, and comfortable areas to suit service users every need - all of which are in a safe and secure environment compliant with National Minimum Care Standards.

All service users have access to a large spacious communal area where they will find all the amenities you would expect to find within a modern newly refurbished home. Plasma screen entertainment, music, books, reading area, as well as a large dining table and comfortable sofas are all provided to ensure the comfort of service users and their guests.



### **Privacy, Dignity, Independence, Choice, Rights & Fulfilment.**

Should residents wish to cook their own meals, 'have a cup of tea when they want' or a light snack (all under supervision), we have created a fully fitted kitchen with all modern amenities for their use.

All meals are freshly prepared to cater for service user's diets, and nutritional requirements.

We will always provide a laundry service where clothes and bed linen can be freshly prepared as well as dressing down of rooms when required.

There is a lovely patio area facing the garden for recreational purposes, smoking or if service users simply wish to sit outside with a cup of tea.



## PRIVATE BEDROOMS with En-suite facilities

Gledwood Care homes is offering 6 private bedrooms each with their own en-suite facilities.

Each room has been decorated and refurbished for the comfort of each service user.

In helping with the adjustment to new surroundings each service user will find a bed, side table, lamp, drawers and wardrobes. We understand that service users may wish to retire to the comfort of their own rooms from time to time and as such we have ensured each room is fitted with a TV port should they wish to have their own TV and an Easi chair for their relaxation.

As always we encourage individuality and will endeavour to tailor rooms to service user's requirements or personal taste whenever possible.

Each room has private en-suite facilities to protect and ensure privacy and independence. We understand that this can be an important factor when trying to adjust to new surroundings.



For further enquires please contact Gledwood Care Homes at:  
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