

SKY SHOUT

WINTER 2018



LINCS & NOTTS
AIR AMBULANCE
SAVING LIVES EVERYDAY

f /AMBUCOPTER

@LNAACT

AMBUCOPTER.ORG.UK



HELP US SAVE MORE
LIVES LIKE SARAH'S

MORE ON PAGE 2

HELP
US FLY

24/7

THE OFFICIAL MAGAZINE OF THE LINCS & NOTTS AIR AMBULANCE

WHAT'S ON...

Throughout the year, the people of Lincolnshire and Nottinghamshire chose to support the Lincs & Notts Air Ambulance in various ways, including hosting a wide range of fundraising events. Here are just some of the festive fundraising events taking place this year...

NOVEMBER

Saturday 17th

CHRISTMAS CRAFT & GIFT FAYRE

Leasingham Village Hall

The **Stamford Santa Fun Run**, organised by the Stamford Burghley Rotary Club, will take place on **Sunday 9th December** – register at stamfordsantafunrun.com

The **Lincoln Santa Fun Run**, organised by the Rotary Club of Lincoln Colonia, will take place on **Sunday 16th December** – register at lincolnsantafunrun.com

Sunday 18th CHARITY MODEL MAKERS SHOW

Ruskington Village Hall

Sunday 25th CHRISTMAS PRIZE BINGO

Duke of Wellington, Midville

Sunday 25th NEWARK CHRISTMAS LIGHTS SWITCH ON & MARKET

Newark

DECEMBER

Sunday 2nd HEIGHINGTON CHRISTMAS MARKET

Heighington

Wednesday 7th WOODHALL SPA CHRISTMAS MARKET

Broadway, Woodhall Spa

Why not donate to the Lincs & Notts Air Ambulance in lieu of Christmas cards at your workplace this year? Contact us on **01522 548469** to request a giant Christmas poster on which to put your Christmas greetings to colleagues in return for donations.

All details correct at the time of going to press.



To find out more or if you would like to hold an event to raise money for the Lincs & Notts Air Ambulance email fundraising@ambucopter.org.uk or call **01522 548469 (Lincs)** or **0115 941 2255 (Notts)**. We look forward to hearing from you.

SARAH'S STORY...

Keen mountain biker Sarah suffered a traumatic brain injury after being catapulted over her handlebars and falling 30 feet onto her head in a disused quarry.

She was unconscious, bleeding and hardly breathing. Due to her deteriorating condition and the fact the quarry was inaccessible by land, the Lincs & Notts Air Ambulance was dispatched.

The helicopter was able to fly Sarah to Queen's Medical Centre, Nottingham in just 3 minutes. Due to her injuries she had to stay in hospital for over 4 weeks, but Sarah went on to make an amazing recovery.

Hear Sarah's story in her own words at ambucopter.org.uk/saving-lives/patient-stories/



DEAR SUPPORTERS

Can you believe we are already nearing the end of another year? And, it has been a truly momentous year for our Charity.

This month we have started to phase in 24 hour flying, with our helicopter flying 24 hours a day at weekends, enabling us to attend to even more patients. We are the only Air Ambulance in the East Midlands to operate our helicopter 24 hours, demonstrating our commitment to being at the forefront of UK Helicopter Emergency Medical Services (HEMS).

As we head to 2019 this will be a busy year for our Charity, it will not only be the first full year of our 24/7 operations, we will also celebrate both our 20,000th mission and our quarter century 'birthday'. It will certainly be a year of celebrations, so keep your eye out for more information on some of the exciting activities we have planned.

All of this is only possible thanks to the continued goodwill and generosity of people like you who continue to support us every year, enabling us to strive to be the best at what we do and save even more lives than ever before. So, a heartfelt thank you to each and every one of you.

Finally, as the year draws to a close I would like to take this opportunity to wish you a safe and peaceful Christmas and a Happy New Year.



Karen Jobling

Karen Jobling
Chief Executive Officer

CONTACT US

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LNAACT House, Bentley Drive,
Bracebridge Heath, Lincoln, LN4 2QW
01522 548469
enquiries@ambucopter.org.uk

NOTTS OFFICE

Unit 2 Chase Park, Daleside Road
Nottingham, NG2 4GT
0115 941 2255

LOTTERY OFFICE HOTLINE

01522 531308

WWW.AMBUCOPTER.ORG.UK

[@LNAACT](https://twitter.com/LNAACT)

[Facebook.com/Ambucopter](https://www.facebook.com/Ambucopter)

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Thank you to Rob Inglis for photography

TIME IS EVERYTHING!

Preparations for 24-hour operations are continuing to move forward, starting with increased hours of operation on a Friday through to Sunday.

Earlier this year we announced our commitment to providing a 24-hour Helicopter Emergency Medical Service (HEMS) in Lincolnshire and Nottinghamshire – enabling our crew to respond to more of the most serious medical emergencies and accidents than ever before.

The move to fly 24 hours a day is a bold one for our Charity, which has already responded to nearly 20,000 patients since our first mission back in March 1994. At that time we only flew when we had funding to do so, meaning our helicopter was often grounded while we raised the money to fly again. To think that we now have the support needed to fly 24 hours a day is amazing.

Currently, our HEMS crew operates weekdays between 7am and 7pm and 24 hours a day between Friday-Sunday as we build up to a full 24-hour HEMS service which will initially be for a two-year trial period. During this period the medical emergencies our helicopter is dispatched to will be closely reviewed and monitored to

“As we move closer to flying 24 hours a day 7 days a week we are already seeing an increase in the number of missions we are dispatched to after the hours of darkness.”

– Dr Chris Gough

ensure that we continue to provide the most appropriate critical care across our two counties. Emergencies don't stop at 7pm – nor will we.

Hundreds of families still have their loved ones today because of the fast actions and expertise of our crew and this is something we are extremely proud of. The increase in the hours that our helicopter will be flying means that we will be one of only three air ambulance charities in the UK to operate a helicopter 24 hours a day, ensuring the people of Lincolnshire and Nottinghamshire have the very best pre-hospital critical care possible.

As well as our state-of-the-art helicopter, we also have a Rapid Response Vehicle (RRV) which can quickly transport a Critical Care Paramedic and Doctor to a patient; this vehicle carries the same life-saving equipment as the helicopter. This means we can deliver an advanced level of clinical care and equipment to our patients that goes way above and beyond that of a land ambulance. Our RRV will continue to be used when our helicopter is grounded due to bad weather or unplanned maintenance.

**EMERGENCIES
DON'T STOP
AT 7PM AND
NOR WILL WE!**



24-HOUR CARE BY AIR WE NEED YOUR HELP!

Please get in touch today and give your support:

Call our fundraising team on **01522 548469 (Lincs)** or **0115 941 2255 (Notts)**


Join our weekly lottery by calling **01522 531308**

Donate via our website at **www.ambucopter.org.uk**

Make a donation using the form on **page 10**

Or follow us online:

 **@LNAACT**

 **Facebook.com/Ambucopter**

“Flying 24 hours a day presents its own challenges for our Pilots as we undertake more flights in the hours of darkness. After dark we fly with night vision goggles which vastly reduces our field of vision and depth perception. Our landing site also has to be bigger at night time and a pre-planned flight route and landing spot agreed before take-off.”

– Anna Loake, Co-pilot





ADOPT A 'COPTER DOCTOR THIS CHRISTMAS

Why not give the gift of life this Christmas to the next patient we are called to?

By adopting a Lincs & Notts Air Ambulance 'Copter Doctor' you can not only give a home to this exclusive 9" teddy bear, you can also make a meaningful donation to our Charity to help ensure our Pilots, Paramedics and Doctors can continue to save lives in your community for years to come.

For a monthly donation of just £5 you get this limited-edition bear dressed in the iconic red Lincs & Notts Air Ambulance Doctors' flight suit, the bear's birth certificate and a personalised letter from one of our real-life HEMS Doctors, as well as regular communications from the Charity.

If you order by December 1st we will make sure that your bear arrives with you in time for Christmas, making it the perfect gift for a loved one.

YOUR PERSONAL DETAILS

FIRST NAME: _____ SURNAME: _____
 ADDRESS: _____
 POSTCODE: _____ TELEPHONE: _____ EMAIL: _____

I WOULD LIKE TO ADOPT A BEAR WITH A MONTHLY DONATION OF: £5 £10 £ _____ Other please specify _____

Please complete the Direct Debit and Gift Aid instructions below and return to Lincs & Notts Air Ambulance, Bentley Road, Bracebridge Heath, LN4 2QW

Instruction to your bank or building society to pay by Direct Debit



Please fill in the form and send to: Lincs & Notts Air Ambulance, LNAACT House, Bentley Drive, Bracebridge Heath, Lincoln, LN4 2QW

Service user number
 4 4 3 9 0 7

To: The Manager Bank/Building Society
 Address _____

 Postcode _____

Name(s) of account holder(s)

Branch sort code

Bank/building society account number

Reference (For office use only)

Instruction to your bank or building society
 Please pay Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd and, if so, details will be passed electronically to my bank/building society.

Signature(s)

Date

This Guarantee should be retained by the payer.

The Direct Debit Guarantee



This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.

If there are any changes to amount, date or frequency of your Direct Debit Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd to collect a payment, confirmation of the amount and date will be given to you at the time of the request.

If an error is made in the payment of your Direct Debit, by Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society.

- If you receive a refund you are not entitled to, you must pay it back when Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd asks you to.

You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

GIFT AID DECLARATION



Boost your donation by 25p of Gift Aid for every £1 you donate!
 Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.

- I can confirm that I would like all my donations, past, present and future, to the Lincs & Notts Air Ambulance Charitable Trust, Charity Number 1017501, to be treated as Gift Aid donations.
- I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed in all my donations in that tax year that it is my responsibility to pay any difference.

TITLE: _____ NAME: _____

ADDRESS: _____

POSTCODE: _____

TELEPHONE: _____ EMAIL: _____

Please notify the Charity if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

To contact us about this Gift Aid Declaration or for advice on Gift Aid, call our Accounts Department on 01522 548469 or email d.laking@ambucopter.org.uk

For more information on Gift Aid, go to HM Revenues and Customs at www.gov.uk/donating-to-charity/gift-aid

Your communication preferences

We'd love to share news of our life-saving Charity with you. Please use this form to let us know how you would like us to keep in touch.

Please tell us how you would like to hear from us in the future:

By post? Yes No
 By email? Yes No - Email _____
 By phone? Yes No - Phone no. _____
 By text? Yes No - Mobile no. _____

If you have ticked 'Yes' to any on the left, please tick from the options below:

- I would like to receive all communications and newsletters
- OR
- Fundraising news, appeals or initiatives
- Charity Lottery, Raffles or Draws
- Setting up a regular donation
- Volunteer opportunities
- Events information
- Leaving a gift in your Will
- Charity Shops

PRIVACY POLICY The Lincs & Notts Air Ambulance promises to respect any personal data that you share with us and will never share this with any third parties. You can opt out or change your preferences at any time. You can find our full Privacy Statement at www.ambucopter.org.uk/privacy-and-data-protection including information on your right to remove any data that we hold on you



ROTORS & WINGS LUNCH

The Lincs & Notts Air Ambulance has been privileged to have received an amazing amount of support from people, organisations and businesses over the last 24 years, enabling us to operate our Helicopter Emergency Medical Service (HEMS) in Lincolnshire and Nottinghamshire saving thousands of lives.

One group that has been tirelessly raising funds over the past two decades is a committee called the Nottinghamshire Air Ambulance Countryside Appeal (NAACA). During this time the committee, consisting of people with links to the farming community, has raised a staggering £500,000 for the Charity.

This money has funded everything from an on-board defibrillator, a training manikin and crew uniforms, to a 4x4 Rapid Response Vehicle and equipment for our airbase at RAF Waddington.

And, this year, the Lincolnshire Air Ambulance County Appeal (LAACA) committee was formed. The committee held its first ever fundraiser - a luncheon at the Epic Centre at Lincolnshire Showground and raised an amazing £80,000 for the Charity - enough to fund approximately 1½ weeks' worth of potentially life-saving missions.



The sell-out event welcoming almost 600 guests for a delicious 3 course meal, with a double Spitfire fly past to the sound of the RAF Waddington Pipes & Drums Band, and then at the end of the day, having attended 4 potentially life-saving missions the crew of the Air Ambulance Helicopter.

As we receive no direct Government funding, donations such as those from NAACA and LAACA are vital in ensuring we can continue to save lives 365 days of the year. Thank you to both Committees for their hard work and to everyone who has supported them.

EXPERIENCE SIGHTS YOU HAVE ONLY EVER DREAMED OF!

Life-changing moments happen every day here at the Lincs & Notts Air Ambulance, but next year we are giving YOU the opportunity to experience your own life-changing challenge.

We have signed up with trek hosts Travel and Trek, to take a team of our most adventurous supporters deep into the Sahara Desert on a 5-day trek.

You will witness sights other people will never see, stars so bright they hardly seem real, miles of uninterrupted golden sand, making friendships along the way that will continue long after the trek has finished.

The route will allow you to experience the beautiful region of twisting wadis, untouched windblown sand dunes, breath-taking sunsets, deserted villages and deep-water wells frequented by nomads.

This really is the experience of a lifetime!

The 100km trek will take place from September 28th to October 6th, 2019, forming a key part of the celebrations for our 25th anniversary year. As such, we are looking for 25 participants, one for each year our helicopter has been flying.

One of those taking part in the trek is our very own Paramedic Roger Linnell. Read his story here →



A VERY PERSONAL CHALLENGE

I have a very real reason for taking on this challenge – it will be in memory of my beloved parents, both of whom I lost to cancer.

As one of the paramedics on board the Lincs & Notts Air Ambulance, I deal with serious illness and injury every day of my life, but when it came to my own parents, I genuinely struggled to come to term with the loss. Mental health is a very personal but also extremely fragile thing and I am so grateful to have had the support of some amazing family, friends and colleagues during what has been an extremely difficult time for me.

By setting myself a personal goal – to undertake the trek and raise over £1,600 for the Lincs & Notts Air Ambulance, I feel I am making a fitting tribute to my parents and giving myself the closure that I badly need. I look forward to sitting at the top of a sand dune and raising a glass to my mum and dad.

SIGN UP NOW

To book your place you will need to pay a £250 deposit. Then the fun really starts! You will need to raise a minimum of £1,600 in sponsorship – but don't worry, you are not alone. We will support you to help raise the minimum sponsorship required through a variety of fundraising ideas and tools.

To find out more or to book your place visit www.ambucopter.org.uk/saharatrek

MAKE SAVING LIVES YOUR LASTING LEGACY

Last year, hundreds of our life-saving missions were paid for by kind donations left to us in people's Wills. By remembering the Lincs & Notts Air Ambulance in your Will, you can help us save lives.

You do not have to own property or have significant savings to leave a gift in your Will. Every donation will help to save lives, whatever the amount – every penny really does count.

If you want to contact us for more information or to ask any questions, we would love to hear from you, and will never pressure you into making a gift in your Will.

For more information please email our Legacy Team on enquiries@ambucopter.org.uk or call us on 01522 548469.



Keith Appleyard is just one of the many people who chose to leave a lasting legacy to the Lincs & Notts Air Ambulance through a gift in his Will.

Here his niece Linda explains why the Air Ambulance was so important to her uncle:

Uncle Keith was the most generous but also vulnerable man you could meet. He was paralysed down his right side after an accident when he was 11-years-old when he got hit by a lorry whilst out cycling. Although it was a tough recovery, he still managed to live alone with the help of family and carers.

He would often go to his local nursing home to do the residents' shopping at a drop of a hat. He didn't ask anyone for any help. He was so independent. He also went on regular holidays by himself which he loved, especially Scotland and the Isle of Wight. He had so many friends around him and everyone knew who he was in Coningsby where he lived.

He loved what the Lincs & Notts Air Ambulance does. In part because of his own accident, he realised just how important people's lives are and this is why he was a big supporter of the Charity and really appreciated the hard work and dedication of everyone involved.

The three ways in which you can leave a legacy:

A PECUNIARY GIFT

This is a tax-free donation of a specified amount of money. It doesn't matter how big or how small the amount – every penny helps to save lives.

A RESIDUARY GIFT

This is a donation from the remainder of your estate after you have provided for family and friends. You can leave the whole amount or a percentage of it.

A SPECIFIC GIFT

You can choose to leave any object that you own to our Charity. This can be any item, such as a painting or jewellery, or even a car or house.



DONATION FORM

EVERY DONATION HELPS US TO SAVE LIVES

You can support your local Air Ambulance by making a one-off or regular donation online at ambucopter.org.uk. Alternatively, you can return the form on this page to set up a regular donation or make a one-off donation by cheque. Please return the form to LNAACT House, Bentley Drive, Bracebridge Heath, Lincoln LN4 2QW

YOUR PERSONAL DETAILS

FIRST NAME: _____ SURNAME: _____
 ADDRESS: _____
 POSTCODE: _____ TELEPHONE: _____ EMAIL: _____

I WOULD LIKE TO MAKE A REGULAR DONATION

Monthly Quarterly Annually (tick one box only) of £10 £25 £50 £100
 or other amount of £ _____ (please specify amount) Please complete the Direct Debit and Gift Aid instructions below

OR MAKE A ONE-OFF DONATION TO GIVE TODAY:

Amount £.....Date..... (Please make cheques payable to LNAACT)

Instruction to your bank or building society to pay by Direct Debit



Please fill in the form and send to:
 Lincs & Notts Air Ambulance, LNAACT House, Bentley Drive,
 Bracebridge Heath, Lincoln, LN4 2QW
 Name and full postal address of your bank or building society

Service user number

4	4	3	9	0	7
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To: The Manager Bank/Building Society
 Address _____

 Postcode _____

Name(s) of account holder(s) _____

Branch sort code _____

Bank/building society account number _____

Reference (For office use only) _____

Instruction to your bank or building society

Please pay Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Lincolnshire & Nottinghamshire Air Ambulance Charitable Trust Ltd and, if so, details will be passed electronically to my bank/building society.

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 I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed in all my donations in that tax year that it is my responsibility to pay any difference.

TITLE: _____ NAME: _____
 ADDRESS: _____
 _____ POSTCODE: _____
 TELEPHONE: _____ EMAIL: _____

Please notify the Charity if you:

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains.

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Your communication preferences

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Please tell us how you would like to hear from us in the future:

By post? Yes No
 By email? Yes No - Email _____
 By phone? Yes No - Phone no. _____
 By text? Yes No - Mobile no. _____

If you have ticked 'Yes' to any on the left, please tick from the options below:

- I would like to receive all communications and newsletters
OR
 Fundraising news, appeals or initiatives
 Charity Lottery, Raffles or Draws
 Setting up a regular donation
 Volunteer opportunities
 Events information
 Leaving a gift in your Will
 Charity Shops

PRIVACY POLICY The Lincs & Notts Air Ambulance promises to respect any personal data that you share with us and will never share this with any third parties. You can opt out or change your preferences at any time. You can find our full Privacy Statement at www.ambucopter.org.uk/privacy-and-data-protection including information on your right to remove any data that we hold on you

PATIENT STORY



Mark got the chance to catch up with Chief Pilot, Captain Paul Smith

AS DARKNESS APPROACHED I WAS VERY FORTUNATE THAT THE AIR AMBULANCE WAS ABLE TO ATTEND

It was a day like any other for Mark Desmond as he travelled home on the A18 to Lincoln after a day's work in Grimsby.

But, unbeknown to him, he would soon become the victim of one of around 350 serious road traffic collisions that the Lincs & Notts Air Ambulance would respond to that year.

When he awoke the following day in Hull Royal Infirmary, Mark discovered he had been airlifted to hospital by our iconic yellow Ambucopter and had suffered life-threatening injuries, including 19 broken ribs, a punctured lung, a fractured vertebra and a broken pelvis.

Mark said: "I have no memory of the accident whatsoever; however, it is doubtful that I would have survived without the very timely intervention of the Lincs & Notts Air Ambulance. It is a true miracle that I am alive and able to walk, thanks to the dedication and expertise of the Air Ambulance crew. Being a late afternoon on a winter's day I was very fortunate that the Air Ambulance was able to attend at all as darkness approached."

The Air Ambulance crew had been able to put Mark into a medically induced coma before flying him to hospital in time for life-saving surgery. Without this intervention he may not have survived.

Mark was released 3 weeks later and spent a further 10 weeks recuperating at a care home before being able to return home to his wife and family. It was another five months before he could return to work following intense physiotherapy.

This is not the only brush with an Air Ambulance that Mark has had; in 2011 his eldest son was badly injured in a parachuting accident, breaking both femurs and his pelvis and was also air lifted to hospital. He was told his son would not have survived without the Air Ambulance's intervention.

Mark now volunteers at events in a bid to give something back to the Charity that he says saved his life.



Mark Desmond now volunteers at various events for the Charity

Our fabulous Fundraisers

What is **YOUR** challenge?



More than **£80,000** has been donated by the Rotary Club of Sleaford over many years of fundraising for us.



RIDE TO SAVE LIVES
£7,000



ANNUAL CHARITY FISHING MATCH
Lowfield's Retreat, Lincolnshire
£1,415.80

A YEAR OF FUNDRAISING
Bomber County Minis
£200



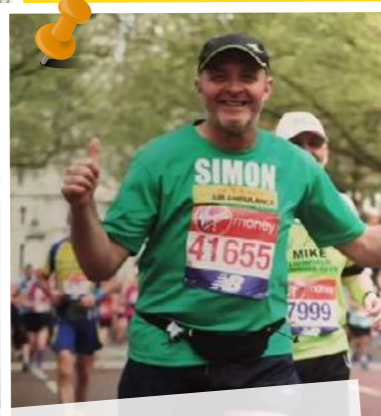
3 PEAKS CHALLENGE
Savills
£3,500 and rising!

LONDON MARATHON

More than **£45,000** was raised by those who ran the 2018 London Marathon for us including:



CRAIG WILLIAMSON
£15,337.05
(from 2017 & 2018 London Marathons)



SIMON BRYSON
£9,200.69



EMMA BROWN
£8,003.12



BLACK HORSE INN



CIDER AND SAUSAGE FESTIVAL
Adam & Victoria of the Black Horse Inn, Donington
£925.96



A YEAR OF FUNDRAISING
Bulwell Rotary Club
£1,000



KILLINGHOLME TO PARIS CYCLE
Total Lindsey Oil Refinery
£3,835



AIR AMBULANCE CHARITY
Blankney Golf **£4,700**



FUNDRAISING DURING PHILLIP TWELLS' YEAR AS CAPTAIN
Chilwell Manor Golf Club
£1,200



GARDEN PARTY
St Mary Magdalene Church, Bailgate, Lincoln
£445



DEEPIING DUCK RACE
Deeping Lions
£3,000



24TH ANNUAL VIKING RUN
Louth MG Owners Club
£1,500



FUN DAY
Norwood Park Gold Centre
£1,000



DONATION
Royal Order of Scotland
£1,500



Have you been inspired to raise money for the Lincs & Notts Air Ambulance?

Could you hold a bake sale or teddy bears' picnic; organise a fun day or concert; or even take part in a fun run, 10k or marathon?

Let us know what you are doing by emailing fundraising@ambucopter.org.uk and let us shout about it! Every penny raised, donated or sponsored ensures we can continue to keep the Ambucopter in the sky and saving lives 365 days of the year. We can only do this with your help – **THANK YOU!**

@LNAACT Facebook/Ambucopter
Ambucopter.org.uk 01522 548469

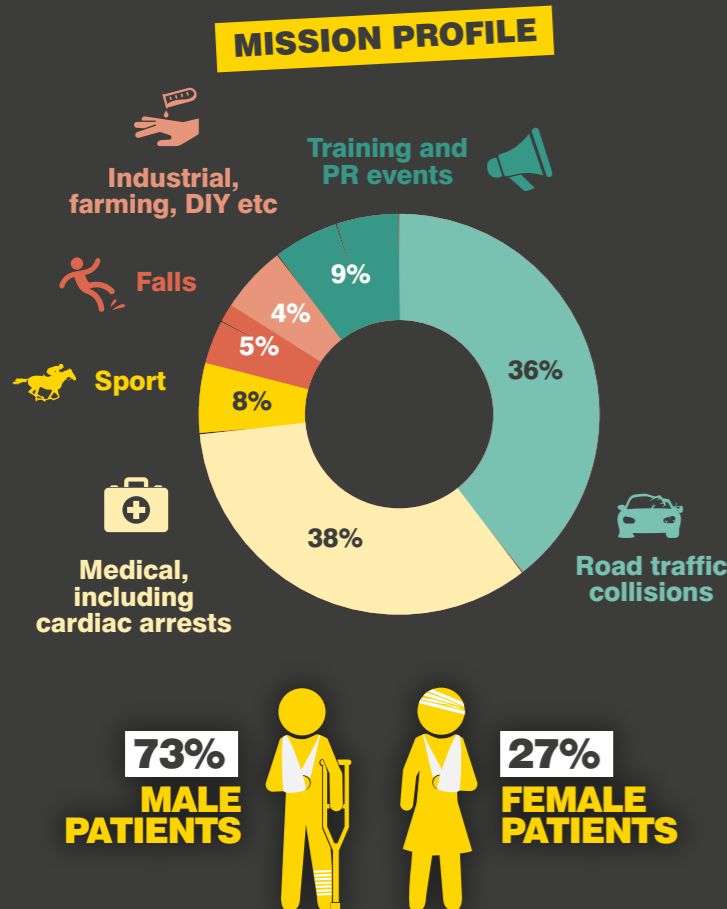
THERE FOR YOU IN YOUR GREATEST HOUR OF NEED

Every year our highly trained Pilots, Paramedics and Doctors respond to around 1,000 of the most serious and time critical 999 calls in Lincolnshire & Nottinghamshire. The patients that they encounter are the ones in greatest need.

As we move towards flying 24 hours a day 7 days a week, this number will increase by around 400 per year. Our Charity transports the equivalent of an A&E department to some of the most seriously ill and injured people in the two counties that we cover, giving them their very best chance of survival possible in what is often their greatest hour of need.

The early intervention that our crew provide really can make the difference between life and death to some of the most seriously injured and critically ill men, women and children that we see.

So far this year we have responded to...



We would like to wish the very best of luck to brave Mum Hayley Hodson, at this year's Pride Of Britain Awards!

Her outstanding fundraising has helped to raise in excess of £30,000 for three charities including the Lincs & Notts Air Ambulance, following the sad loss of her daughter Amelia aged 11, earlier this year.

Tragedy struck on March 6, when a wheel came off a passing 4x4 vehicle and hit Amelia as she walked for her school bus at Manby Middlegate. Our crew were immediately despatched to the incident and arrived within 11 minutes from take-off, they then flew Amelia to Queens Medical Centre (QMC) in Nottingham. Sadly Amelia later died in hospital.



Following this terrible tragedy we hope that the family took some comfort in meeting the crew that attended Amelia, when they visited our Airbase earlier this year.

The star-studded finals are in London on October 29, where Hayley said she aims to focus on promoting organ donation in memory of Amelia, whose own organs were donated at QMC.

Further fundraising information can be found at [facebook.com/inmemoryofameliawood/](https://www.facebook.com/inmemoryofameliawood/)

SPOTLIGHT ON...

Liam Waring

TIME WITH CHARITY: 1 1/2 months

POSITION: HEMS Paramedic



When asked what they know about the Lincs & Notts Air Ambulance, most people talk about our distinctive yellow helicopter and the life-saving work of our Pilots, Paramedics and Doctors, but how much do you know about these amazing people whose daily job regularly involves saving lives?

In this Spotlight feature we get to know a little bit more about Liam Waring who recently joined our crew as a HEMS Paramedic!

Q. What does your role entail?

A. Being part of the crew for the Lincs & Notts Air Ambulance, working alongside Pilots, Doctors and other Paramedics to provide life-saving critical care in a pre-hospital setting.

Q. What is the best thing about being part of the Lincs & Notts Air Ambulance?

A. Meeting the supporters of the charity, when out and about. They are fantastic people, which we could not be without. I have met some amazing people and heard some incredible stories of ways that they have raised funds for us.

Q. If you could do any job for the day, what would it be?

A. I would love to be a fast jet pilot, even if it was just for one day.

Q. What do you enjoy doing when not at work?

A. I enjoy watching movies, either at the cinema or at home, spending time with my wife and pets, a dog and a cat. I enjoy hill walking and have recently become a runner, and completed my first half marathon at the end of September.

Q. What is the most recent book you have read?

A. The last book I read was a book about pre-hospital anaesthesia, before that was Crisis Four, by Andy McNab

Q. What three words would sum you up?

A. Friendly, Caring, Funny

Q. Who inspires you most?

A. The person that inspires me the most is my Dad, he is such a hard working man. He worked for years in the coal mines and later changed his career to become a specialist in high pressure water jetting.

Q. Which actor would you choose to play you in a movie of your life?

A. I would like to say someone like Daniel Craig, but probably more accurate would be Will Ferrell.

Q. Tell us something about yourself that might surprise us?

A. I am a volunteer for the Royal Air Force Air Cadet Organisation. I have been with them since I was 13, which is where I accredit my interest in aviation from. I have been an adult instructor for the last 14 years, and hold the rank of Flight Lieutenant.

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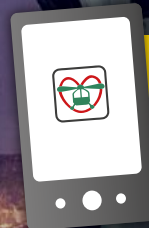
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