

# All Wales People First

# Talk Back

The National Voice of People with  
Learning Disabilities in Wales

## Summer 2018



## DRILL Project Self-advocacy Toolkit Launch

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## Editorial

Welcome to the Summer 2018 edition of Talk Back. We are really excited about sharing what we have been up to. If you have anything you want to share in the next Edition, then please send an email to. [kelly@allwalespeople1st.co.uk](mailto:kelly@allwalespeople1st.co.uk)



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# DRILL Project Toolkit launch

## 17th October 2017...



In 2016 All Wales People First submitted a joint funding bid with Barod CIC, Bryan Collis, Jan Bardsley (Open University) and Jan Walmsley Associates.

We wanted funding for a project to evidence how well self-advocacy works for people with learning disabilities.

Through this project we have done lots of research work and have put together a toolkit.

We hope that the toolkit will help local self-advocacy groups to prove why they are needed, to plan and design a project, to run a project, to show if the project has done everything you wanted

The toolkit is for: Self advocacy groups and people who fund self advocacy groups.

We will be launching the toolkit at The All Wales People First AdFest National Conference on Wednesday 17th October.

Thanks to our Funders Big Lottery for making this project possible.

# AdFest National Conference

## 16th & 17th October 2018...



Our 2018 AdFest National Conference and AGM is taking place on Tuesday 16th & Wednesday 17th October at the Ramada Plaza Wrexham.

We will be talking about how well self-advocacy fits with advocacy under the Social Services and Wellbeing Act.

How can People First work more with other disability groups on a pan-disability level?

Do we still want to use the words Learning Disability?

How well is UK Government treating disabled people?

How well is the Social Services and Wellbeing Act working for you?

On day 1 there will be a Devil's Advocacy discussion, an Annual General Meeting and Workshops.

On day 2 there will be main stage performances and talks, exhibition stalls, and activity stalls.

We would love to see you there!

To book your place, please contact [victoria@allwalespeople1st.co.uk](mailto:victoria@allwalespeople1st.co.uk)



# Regional Update North Wales Group...



## Members in North Wales setting up a new regional group

Members of the North Wales Group have been very busy this year.



They have met five times and made lots of big decisions about the future of their group.

They decided that a person with a learning disability should be paid to coordinate the group and wrote down new rules for the group.



Councils in North Wales have agreed to give the group money for two years to do this work.

The group is now working with the Wales Co-operative Centre to find an organisation that can host the group.



They have also made big decisions about the new North Wales Learning Disability Strategy telling councils and the Health Board what should be in it.



# People First New Zealand visit June 2018...



Earlier this year we were contacted by New Zealand People First, who asked to visit All Wales People First and members during their summer 2018 tour of the UK.



Joe Powell welcomed Robert, David and Cindy of People First New Zealand on Wednesday 6th June, and gave the visitors a tour of Cardiff Bay and the Senedd.



On Thursday 7th June Joe and Kelly took the visitors to meet member groups at their offices. Thanks to Caerphilly People First and People First Bridgend for such a warm welcome and for sharing lots about your group's work and your personal experiences of self-advocacy.



We held a welcome event on 8th June, and Claire Howe from Welsh Government gave a presentation about the Learning Disability Improving Lives Programme.

During the event, All Wales People First Members and visitors from People First New Zealand enjoyed giving and hearing presentations about self-advocacy in Wales and New Zealand.

# New Self advocacy group in Ceredigion Our Voice Our Choice



Ceredigion has a new self-advocacy group called **Our Voice Our Choice**.



This Summer over 20 people with a learning disability from all over Ceredigion came together to make the group. They were helped by Mencap Ceredigion and All Wales People First.



The new members are very excited. They have already voted for a Chairperson and agreed some rules for how the group works.

Our Voice Our Choice has big plans to make transport, social services, jobs and housing better for members in Ceredigion. To get in touch email their coordinator Dylan [dylankenich@gmail.com](mailto:dylankenich@gmail.com)

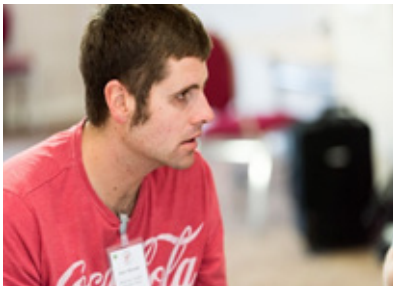


# News from Groups



## Blaenau Gwent

#BGWeWant



We are getting involved in the local Health & Well Being Plans.



Alex Wooler is now representing us on the Public Services Board Engagement Team.



We had a say in the new Active Travel Plans for the County.



We are trying to get the Local Authority to produce things in easy read



# Cwm Taff



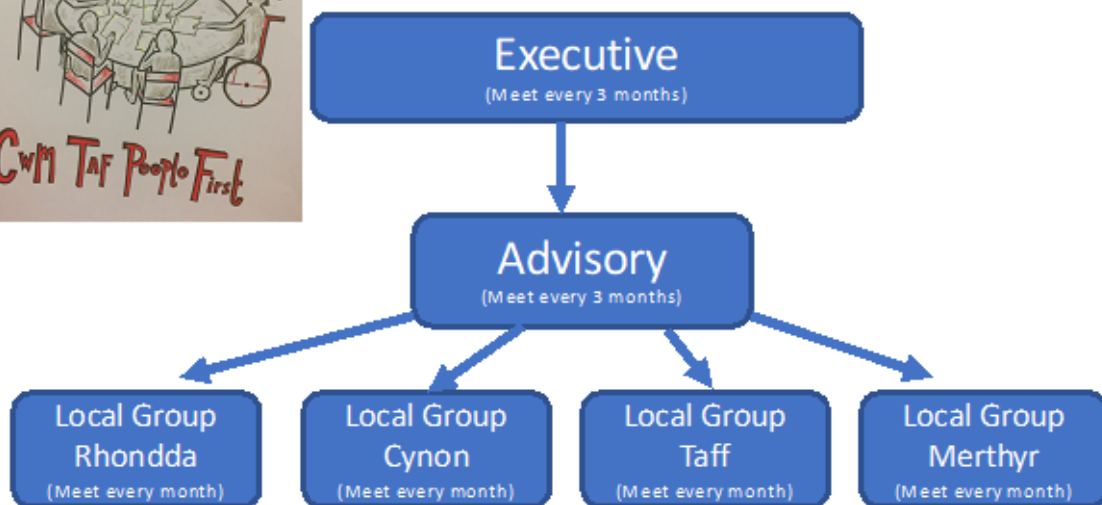
We have held our second Regional People First Group and we have representatives from our members in Merthyr on some groups.

We have agreed that we will change our name to CWM Taff People First.

This change will happen by 1st April 2019



## Agreed Structure





Rhondda Cynon Taf

PEOPLE FIRST



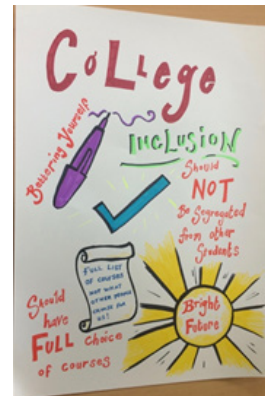
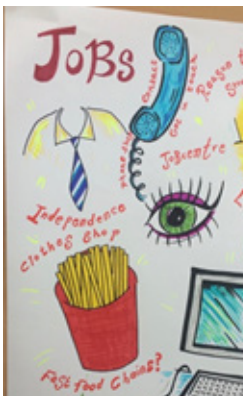
We have received funding to support our members across Cwm Taff to speak up for our rights to design the services we want in the future.



We have been looking at:-

Isolation & Loneliness.

Housing needs now and in the future.

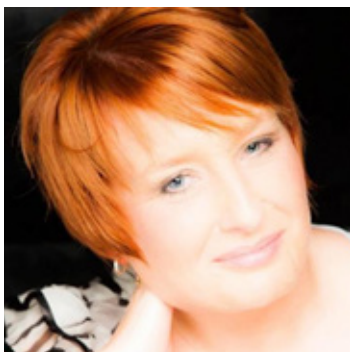


Education, employment & Lifelong Learning.

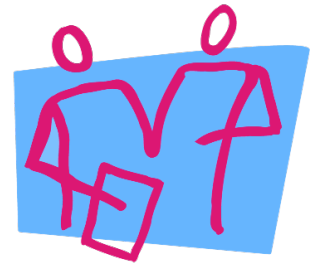
Reducing Stigma.



We have held our second Regional People First Group and we have representatives from our members in Merthyr.



Pauline Carter has joined our staff team



putting people first  
rhoi pobl yn gyntaf

## Autism Works



People First Bridgend has been awarded £10,000 by the National Lottery Awards for All Scheme for a pilot project to help people with autism into work.

People First Bridgend is going to run pilot project during summer 2018, called Autism Works.



**LOTTERY FUNDED**

People First Bridgend will provide:

Free Training for professionals on how to support people with ASD into work.

Free Training for employers about the benefits of employing people with ASD & how they can support people with ASD.

Free Condition Specific Training for people with ASD, such as travel training and social skills, as well as the more traditional training such as CV writing ,how to search for jobs, complete applications and undertake interviews.



For more information, contact the Autism Works Project Facilitator Daniel Kirk

[asd@peoplefirstbridgend.co.uk](mailto:asd@peoplefirstbridgend.co.uk)  
07983 825 025 or 01656 668 314



**Happy Birthday.....**

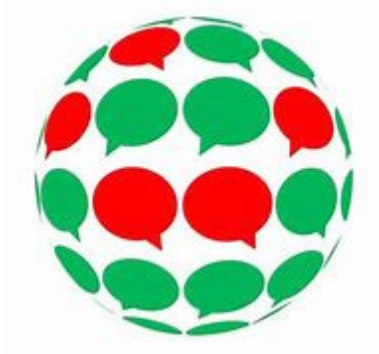
## **70 years of the National Health Service**

Health Hacks And Angie rocks the Bevan Foundation Conference.

Everyone wishes for good health and Angie Edwards, Chair of Carmarthenshire People First, believes in the importance of making sure people know their rights for good healthcare.



Angie is the CarmsPF Health Champion. She works alongside organisations like MacMillan and the Paul Ridd Foundation promoting health rights. She trains health staff including consultants, doctors, nursing staff and hospital support staff. She was involved in the Patient First scheme and works with the Learning Disability Nursing Team in the Hywel Dda health board.



Last year Angie went to Cardiff University to attend a Health Hack weekend. She went with the Barod Team. They were asked to think of an idea that could be turned into an Ap to be used on phones or computers. Angie decided to take along the Health Passport. The Health Passport is a form that has a person's health

details plus other information such as how that person likes to be spoken to, what would make that person's hospital stay a good one.



The idea to make the Health Passport into an Ap was voted the best idea of the weekend. Since then the NHS has been working with Angie and Barod to make this idea real.

The NHS was so excited about this idea, and the other work Angie does with the health board, she was asked to speak at the Bevan Foundation conference held at the Celtic Manor in Newport. This conference was to celebrate the NHS being 70 years old.



Angie spoke about her own health issues, good and poor experiences with health staff, turning the Health Passport into an Ap and her wish for great healthcare for all in the future. Her speech was really well received and she had many people asking her questions after she had spoken.



Angie believes that everyone should have access to good healthcare and that people should be safe when having treatment. We will let you know if the Health Passport Ap becomes real.

# Caerphilly

## Ffion's New Job

I am proud to announce that I am now a part time paid employee with an organisation called Growing Space. I have been given the post of Gwent Ambassador which involves working across Gwent, attending strategy forums, meetings, and Job clubs where I help people with their ideas for employment. I am really enjoying my new job and just have received my first ever pay slip, which lasted me all of one day (lol).

By Ffion Bethell, Chairperson.



## Training In Schools

Caerphilly People First are preparing to begin a very exciting project which involves visiting schools to provide learning disability awareness training to pupils aged 7-11. This training will be provided by our members, who have a lot of experience of carrying out this work.

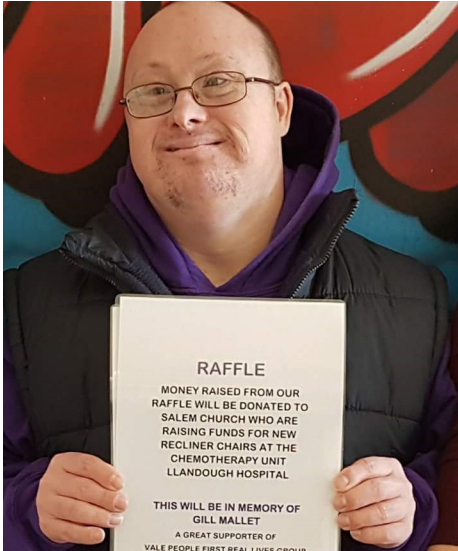
## People First New Zealand visit

We were recently honoured to receive a visit from People First-New Zealand. Caerphilly People First members began by talking about our organisation and the work we do.

Also at our office to welcome People First New Zealand was Councillor David Poole, leader of Caerphilly County Borough Council.



### Transforming Lives Program



Vale People First took part in the Transforming Lives Program and our photo is on the front of the Easy Read leaflet.

We visited Cardiff and were involved in the consultation.

We talked about or disabilities and what we need in the community



### Manifesto

Vale People First is making a manifesto or guidance for professionals on how to deal with people with learning disabilities.

We have about a year left to do the Manifesto.



# facebook®

## Round up



### All Wales People First, National Director- Joe Powell 5 July

I Attended a Co Production Wales Conference 'All in this Together' at the Catrin Finch Centre in Wrexham today. There were some useful workshops and information which I hope can help when thinking of the strategic view of All Wales People First in the future. Huw Irranica Davies AM opened the event.



### All Wales People First, 14 June

Spent today at the Engage to Change awards and celebration event in Holywell, North Wales today. The Ambassadors made a fabulous debut. They will be doing it all again this Tuesday in Cardiff.



### All Wales People First - 19 July What's in a name?

Take a look at The latest Joe's Soapbox article. We would love to know what our full members think. Why not drop us a message?



### All Wales People First, National Director - 16 July

Attended the Autism Spectrum Disorder (Condition) strategy group this morning at Cathays Park, Cardiff. There could be some opportunities for some of our members on the autism spectrum to feed their ideas and experiences into the group. I will update members as soon as I know more.

