



myoka^{SPAS}

MYOKA.COM

LEARN TO LOVE YOURSELF

SPAS
myoka

Step into the world of total sensory well-being and allow your personal therapist to take you on a journey to a place where time stands still. Where ancient rejuvenating techniques deliver a health-renewing experience. We spare no luxuries when it comes to establishing a soothing home away from home for your body, mind and soul.

Let us indulge you with our selective variety of professional in-room spa experiences or visit our spa located right at the heart of Valletta.



BODY, MIND & SOUL

AROMATHERAPY MASSAGE

A full body massage that incorporates the use of essential oils to help promote self-healing and rejuvenation.

Dur. 55 Min €80

STRESS BUSTER MASSAGE

The ultimate full body massage that stimulates circulation, improves skin and muscle tone whilst soothing tense and tired muscles.

Dur. 55 Min €80

Dur. 85 Min €105

DEEP TISSUE MASSAGE

A therapeutic massage focusing on stretching back, neck and shoulders to treat stress and tension, soothing sore muscles and restoring energy flows.

Dur. 45 Min €60

Dur. 55 Min €85



HOT STONE MASSAGE

The form of an ancient eastern massage that consists of black basalt lava stones being heated, placed and massaged onto the body for deep stimulation, ensuring a high level of relaxation and balancing of emotional, mental and physical energies.

Dur. 55 Min €85

MATERNITY MASSAGE

A relaxing full body massage to help improve skin elasticity, reduce fatigue and target areas prone to tension during pregnancy .This massage is ideal for relaxation and relief of muscle tension and discomfort. Treatments can be tailored to suit your specific needs.

Dur. 55 Min €80

NOTE: This treatment is available only at the spa premises and is not available as in-room service.



MAGIC HANDS

SOLITUDE MASSAGE

Awaken and invigorate your senses with the delicately fresh zest and good manna of lemongrass and mandarin. Let their scents and healing properties switch off your overworked mind and reconnect you with your inner balance. The amazing reviving chattels of lemongrass and mandarin will clear your energy pathways and deliver a stimulating flow of vibrant energy that brightens your soul.

Dur. 55 Min €100

Dur. 85 Min €120

LEADING LIGHT MASSAGE

Harmonize your senses and surrender your body to the healing caresses of rosewood and eucalyptus oils. Sweet yet woody, rosewood heals and lifts your spirits and boosts your energy levels. The invigorating scent of Eucalyptus, renowned for its energizing effect, stimulates circulation in your muscles and relieves stiffness. The result is supreme equilibrium.

Dur. 55 Min €100

Dur. 85 Min €120



INNER PEACE MASSAGE

Set your mind to a remote place and let yourself be carried away to a tranquil escape with the use of sensual Ylang Ylang extracts. This creates a sweet exotic floral scent that perfectly aligns and opens your energy channels to receive the therapeutic benefits of Swedish, Aromatherapy and Shiatsu combination of strokes. Surrender to a divine place with a complimenting head massage to complete this peaceful journey.

Dur. 55 Min €100

Dur. 85 Min €120

CUSTOMIZED SPA MASSAGE

A treatment that combines two massage techniques of your choice. Our expert therapists will ensure the most suitable combination that will be personalised to your body's needs ensuring best results.

Dur. 55 Min €120

Dur. 85 Min €150



ANTI-AGE

ANTIOXIDANT PAÑPURI FACIAL

Experience the legendary healing and aromatic virtues of the purest white jasmine blossom essences with Pañpuri's Jasmine Signature Facial. Using the exclusive skincare with Jasmine Free-Radical Defense Complex, inspired by Thailand's most sacred flower, this comforting facial boasts hydrating and antioxidant properties that amplify your skin's defense against aging, letting your skin look younger, firmer and more luminous.

Dur. 85 Min €100

LA PRAIRIE PLATINUM FACIAL

An extraordinary, transformative experience the Cellular Platinum Facial is the height of luxury. La Prairie went to the ends of the earth to uncover the most beneficial ingredients. This facial helps to re-charge the skin's electrical balance increasing its absorption of nourishing ingredients. Applying the most advanced cellular science discoveries this rejuvenating facial preserves skin texture and tone and restores glow.

Dur. 85 Min €150



SPECIALISED NON-SURGICAL FACIAL TREATMENT

Specialised facial treatment, which combines two different non-surgical techniques used in one facial to offer instant results. One of our most loved and result-oriented treatments that is customised to your individual needs. This treatment may combine mesotherapy, cavitation, ultrasound, radio frequency and peels in one exclusive treatment.

Dur. 85 Min €105

SWISS MEN HYDRATING FACIAL

A detoxifying and soothing treatment for men that instantly cleanses, energises and conditions the skin. It helps to normalise skins behaviour, prevent irritation and correct stressed skin.

Dur. 85 Min €125

NOTE: This treatment is available only at the spa premises and is not available as in-room service.



SPA EXPERIENCES

SIAM RITUAL

This body experience goes beyond ordinary spa treatments. Start with an invigorating herbal scrub, followed by a traditional Thai body massage that uses stretching techniques with hot lava stones, this treatment promises ultimate relaxation and body rejuvenation.

PACKAGE INCLUDES

Body Exfoliation
Thai Massage with Hot Stone Therapy
Gentle Stretching

Dur. 115 Min €145

NOTE: This treatment is available only at the spa premises and is not available as in-room service.



MADE FOR MEN

Breathe in tranquility as your body relaxes and stress gently slips away. A refreshing sea salt body scrub with an uplifting mixture of aromatherapy oils is followed by an energizing full body massage. An express facial with a de-stressing head massage and reflexology pressure point massage will make your experience unforgettable.

PACKAGE INCLUDES

Sea Salt Body Scrub
Energizing Full Body Massage
Head Massage
Express Facial
Foot Reflexology

Dur. 140 Min €180



TIME FOR TWO

Embark on an intimate voyage with your loved one. This package is designed to spark the pleasure of romance. It begins with a rose body scrub followed by a side by side candle oil massage. You will then enjoy an ultra-nourishing caviar facial and a glass of elegant Prosecco to enhance the uplifting experience.

PACKAGE INCLUDES

Rose Body Scrub
Candle Oil Side by Side Massage
Caviar Facial
Glass of Bubbles and Chocolates

Dur. 120 Min €300

NOTE: This treatment is available only at the spa premises and is not available as in-room service.



ULTIMATE ANTIOXIDANT JOURNEY

Purify your body and soul in mineral-rich body detoxifier and top it off with the rich and sweet scent of Thai jasmine blossom in Pañpuri's inner peace relaxing massage. Followed by an antioxidant facial to make your experience unforgettable.

PACKAGE INCLUDES

Foot Ritual
Detoxifier Wrap
Inner Peace Full Body Massage (55 Min)
Antioxidant Facial

Dur. 115 Min €155



HANDS & FEET

MANICURE & PEDICURE COMBO

Experience our ultimate Manicure & Pedicure Combo treatment that focuses on an impeccable nail care experience. Our carefully selected products refresh and invigorate the skin. Treat your aches and pains with our deluxe hand and foot pampering and enjoy the rejuvenating and light sensation.

PACKAGE INCLUDES

- Nail and Cuticle Care
- Nail Buff
- Foot Exfoliation
- Foot Massage
- Hand and Feet Mask
- Nail Polish Application

Dur. 120 Min €100



MYOKA MANICURE EXPERIENCE

The hands are soaked in an essential oil base after which the nails are shaped and carefully worked around the cuticle. When necessary nails are then buffed and polished followed by a hand exfoliation and massaged with active ingredients which leave the hands well nourished before they are treated with an invigorating mask. Finally your expert therapist will apply a long lasting gel polish enabling nails to stay healthy and strong while maintaining a chic shine.

Dur. 55 Min €50

MYOKA PEDICURE EXPERIENCE

Begin your journey of relaxation with an infusion of herbal teas and a wonderful foot bath that will help melt away stress and tension. We will remove hard skin, push and cut cuticles, re-shape the nails and exfoliate the feet for optimum results. Finally you will be pampered with an energizing foot massage followed by a long-lasting polish.

Dur. 55 Min €50

* SHELLAC APPLICATION €10 extra to any of Hands & Feet treatments.



GIFT VOUCHER

TRUE TOUCH OF LOVE & CARE

An ideal present, gift vouchers are available in exchange for any treatment, full or half-day programmes, exchangeable at any Myoka Spa. Gift vouchers are not refundable and must be presented at the time of booking.



SPA POLICY

BOOKING INFORMATION

For booking information and guidance please call the spa on 2711 0933. Our therapists will guide you through our selection of treatments.

ARRIVAL

Spa guests are advised to arrive 15 minutes prior to their appointment to allow time to change into spa wear and to receive a detailed spa consultation.

PAYMENT

All bookings must be prepaid at the time of making the reservation. All reservations are pre-charged to your credit or debit card. We accept cash, cheques and all major credit cards.

CANCELLATION

Please allow 24 hours notice of cancellation to avoid an automatic 50% charge. No show's will be charged 50% of the price.



MEDICAL CONDITIONS

If you have undergone any surgery within the past 6 months, suffer from any medical condition or are pregnant please advise us at the time of booking. Our therapists will guide you to ensure that your experience suits and complements your physical condition.

SPA RULES

It is prohibited to use mobile phones, video cameras or personal stereos during your visit. Smoking is strictly prohibited in all areas.

DISCLAIMER: Prices and treatments are correct at the time of going to print and are subject to alteration without any notice.





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