

# 'Plants in Detail'

The complete  
guide to plants

The logo for Oasis interior landscaping features a green leaf icon above the word "Oasis" in a bold, black, sans-serif font. Below "Oasis" is the phrase "interior landscaping" in a smaller, black, sans-serif font. A thin green wavy line is positioned below the text.

**Oasis**  
interior landscaping

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# 'Plants in Detail'

'Plants in detail' is specifically designed for everyone with an interest in plants for the interior: both professionals (such as interior plant specialists and interior architects) and non-professionals.

The plants in this book - we have learned from experience - will give years of pleasure (provided they have an average amount of daylight or artificial light).


We have deliberately not included any tips on care in 'Plants in detail' so what does it include then?

'Plants in detail' takes a practical approach to the naming of the plants that appear in it. Let's be honest: there is considerable confusion about those names. Old names and new names are used interchangeably. Some plants even have different names depending on whether they are grown in compost or in hydroculture.

The plants shown in this book have been grouped according to their appearance and not their botanical indexation.

We have naturally checked the names for consensus. Here too, we have done our best. However, if you do not fully agree with anything: your comments are very welcome.





The Health Benefits of  
Plants in the workplace





Do you suffer from a dry throat, headache, dizziness, tiredness, eye irritations and coughing at work? These complaints don't always mean that you have to visit the doctor, because they can also be greatly alleviated by air-purifying plants. In addition, people find workplaces with plants more pleasant and they become more productive.

Plants not only brighten up a room, they also create a pleasant, inviting and healthy atmosphere to work in. They release water into the air via the leaves, absorb heat and noise and remove fine dust and chemical impurities from the air. In this way, plants keep the climate more healthy and stable, and reduce sick-building syndrome and asthma-like complaints.

Plants don't only give benefits within the building - deciduous plants placed on the sunny side of the building provide shade from the heat in summer - reducing air conditioning costs - and draw warmth into the building in winter. This can cut a company's heating cost by 20%!

This is nothing new to interior plant specialists, stylists, (interior) architects and facility managers. After all, you've known for a long time about the benefits of plants in offices. Interior plant specialists are naturally the pre-eminent authorities in this area: when asked - and even when not? - You give expert advice in the choice of suitable indoor plants in the work environment.

Aechmea

TIP: keep in mind that a few people are allergic to these plants

Aechmea Chantini



Aechmea Fia



Aechmea Inca



Aechmea Romer





Aechmea



“He who plants a tree, plants a hope.”

Abraham Lincoln





Agave Macroacantha



Aglaia Odorata





Aglaonema Many Ann



Aglaonema Maria Christina



Aglaonema Jubilee



Aglaonema Black



Aglaonema Patty a Beauty



Aglaonema Maria Compacta



Aglaonema Maria



Aglaonema Green Lady





Aglaonema





Aglaonema





Aglaonema

Aglaonema Pseudobracteatum



Aglaonema Silver Frost



Aglaonema Silver Queen Compact



Aglaonema Royal Diamond



Aglaonema Silver Queen



Alocasia

Alocasia Calidora



Alocasia Calidora



Alocasia Portado



Alocasia Wentii









Aloe Vera





Ananas comm Teresita



Ananas comm Aureovariegata



Ananas Champaca





Anthurium andreanum



Anthurium andreanum



Anthurium and Dakota



Anthurium Jungle King







Anthurium



# Araucaria - Asplenium

A

Asparagus Falcatus



Areca Triandra



Araucaria Heterophylla





Aspidistra Elatoir



Asplenium Nidus







Bambusa Vulg Striata



Bambusa Vulg Striata



Bambusa Ventr Buddha Belly



Bambusa Ventr Buddha Belly



Bambusa Siamensis





Bismarkia Nobilis



Bucida Buceras Shady Lady



Butia Capitata



“Trees are poems that the earth writes upon the sky”

Kahlil Gibran





“Keep a green tree in your heart  
and perhaps the singing bird will  
come.”

Chinese Proverb

Buxus semp Bol



Buxus Semp Pыр







Buxus

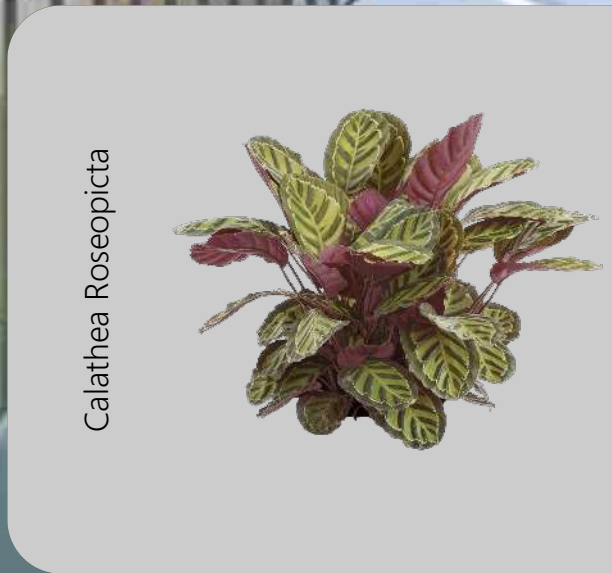




Calathea Crocata



Calathea Medaill



Calathea Roseopicta



Calathea Rufibarba



Calathea Rufibarba



Calathea Warszewiczii







Chamaerops Humilis



Chamaedorea Seifrizii



Chamaedorea Metallica



Chamaedorea Elegans



Caryota Mitis



“He who plants a tree loves others beside himself”

Chinese Proverb







Chrysalidocarpus lutescens

“I have grown taller from walking with the trees...”

Karle Wilson Baker



Cissus antartica



Cissus Romb Ellen Danica





Citrofortunella



Clusia Rosea



Cocos Nucifera





Codiaeum Petra Vertakt



Codiaeum Petra Vertakt



Codiaeum Petra



Codiaeum Excellent



Codiaeum Banaan Vertakt



Codiaeum Aucubafolia Vertakt







Cordyline Congesta



Cordyline Austr Red Star



Coffea Arabica



Corynocarpus Laevigatus



Corynocarpus La Aureovariegata





Coffea - Corynocarpus



Crassula Minor



Crassula Horn



Crassula Arb Undulatifolia



Crassula Afra



Crassula Summerset



Crassula Portulacea



Crassula Portulacea





“One who plants a garden, plants happiness”

Chinese Proverb





Cycas Revoluta



Cycas Revoluta



Cycas Revoluta



Cymbidium Hybr









Dizygotheca Elegans



Dicksonia Squarosa



Dicksonia Fibrosa



Dendrobium Compactum

Plants do photosynthesis, a complicated process, and without plants, we'd all be dead.







Kanzi



Janet Graig



Compacta Variagata



Compacta



Art



Kanzi



Janet Graig



Green Jewel



Compacta Variagata



Compacta



Lemon Lime



Kanzi



Jade Jewel



Compacta Variagata



Compacta



Dracaena Fragans





Lemon Lime



Lemon Lime Vertakt



Lemon Surprise



Massangeana



Massangeana Vertakt



Riki



Riki



Riki Vertakt



Santa Rosa



Santa Rosa Vertakt



Surprise



Surprise



Surprise Vertakt



Ulises



Ulises



Dracaena Fragrans





Fragrans Warneckii



Fragrans Warneckii



Fragrans Warneckii



Fragrans White Jewel



Fragrans White Jewel



Fragrans White Jewel



Fragrans White Stripe



Fragrans White Stripe



Fragrans White Stripe  
Vertakt





Fragrans



Fragrans



Godd Florida Beauty



Godd Pubescens



Godd Surculosa



Marg Bicolor



Marg Bicolor Vertakt



Marg Magenta



Marg Magenta





Dracaena Steud  
Golden Coast



Dracaena re Song of  
Sri Lanka Vertakt



Dracaena re Anita Vertakt



Dracaena Marginata



Dracaena Steud  
Yellow Coast



Dracaena reflexa Vertakt



Dracaena re Song of  
India Vertakt



Dracaena Marginata Vertakt



Dypsis Decaryi



Dracaena Steud Cintho



Dracaena re Song of  
Jamaica Vertakt



Dracaena re Anita





Dracaena - Dypsis



Echinocactus Grusonii











Aureum



Aureum



Pictus



Trebi



Trebi





Vertakt



Tirucalii



Ingen Variegata



Ingen











Fatsia Japonica



Ferocactus Glaugescens



Benj Anastasia



Benj Bushy Prince



Benj Busy King



Benj Columnar



Benj Danielle



Benj Exotica



Benj Exotica



Benj Exotica



Benj Exotica



Benj Exotica



Benj Exotica



Benj Exotica







Bin Alii



Benj Twilight



Benj Midnight Lady



Benj Golden King



Binn Amstel Green Gold



Ben Verano



Benj Monique



Benj Gonden Monique



Binn Amstel King



Binn Alii



Benj Samantha



Benj Golden Naomi





Ficus



Lingua



El Decora



Deltoidea



Binn Amstel King



Lyrata



El Robusta



El Abidjan



Cyathistipula



Lyrata



Folirole



El Burgundi



Cyathistipula







Pumila



Microcarpa Compacta Panda



Microcarpa Compacta



Microcarpa Compacta



Pumila White Sunny



Microcarpa Compacta Panda



Microcarpa Compacta Nitida



Microcarpa Compacta



Natalensis Trinova



Microcarpa Compacta Nitida



Microcarpa Compacta











Ficus



Apache



Conifera



Hilda



Marjan



Michiel



Rana



Rosie



Switch









Hedra Hel



Hedra Hel



Howea Forsteriana









Laurus Nobilis

Laurus Nobilis

Licuala Grandis

Liriope

Livistonia Chinensis



Laurus - Livistonia





Mascarena Lagenicaulis



Monstera Deliciosa



Monstera Deliciosa



Monstera Deliciosa



Murraya Paniculata



Musa







Tricolor Perfecta



Mme Van Durne



Meyendorffii



Flandria



Devroe





Nephrolepis Ex Boston



Nidularium Fireball





Recurvata



Recurvata



Recurvata



Recurvata



Recurvata



Recurvata Vertakt



Recurvata Vertakt



Recurvata Vertakt



Recurvata Vertakt



Nolina







Olea Europea



Oncidium Hybr



Ophiopogon Jaburan Variegata



Opuntia





Pachira Aquatica



Pachira Aquatica



Pachycereus Pringlei





Pachypodium



Pandanus Utilis



Pandanus Utilis Variegata





Phalaenopsis Hybr



Phalaenopsis Hybr







Brasil



Congo Green



Congo Red



Red Emerald



Scandens



Scandens



Selloum



Silver Queen



Xanadu



Philodendron





Canariensis



Roebelinii



Roebelinii



Phoenix







Pittosporum Tobira



Platycerium Bifurcatum



Platycerium Grande





Pittosporum | Platycerium





Podocarpus Macrophyllus



Podocarpus Macrophyllus



Podocarpus Gracilior



Polaskia Chichipe





Polyscias Balfouriana



Polyscias Fabian



Polyscias Fruticosa Ming





Ravanea Rivularis



Rhapsis Excelsa



Rhapsis Gracilis



Rhapsis Humilis









Cilindrica Skyline



Stuckyi



Trif Black Coral



Trif Black Superba



Trif Hahnii





Sanseveria





Trif Jiboa



Trif Laurentii



Trif Laurentii



Trif Moonshine



Trif Superba



Zeylanica Compacta





Sanseveria





Amate



Amate



Arb Gold Capella



Arb Gold Capella



Arb Louisiana







Arb Nora



Arb Trinette



Arb Trinette Stam



Arboricola



Arboricola



Arboricola Stem









Siderasis Festuca



Spathiphyllum Sensation



Spathiphyllum Figuro



Strelitzia Reginea





Tupidanthus Calyptratus



Trachycarpus Fortunei



Tillandsia Cyanea



Tillandsia - Tupidanthus





Veitchia Merillii



Vriesea Annie



Vriesea Carolien



Vriesea Cathy



Vriesea Christiane



Vriesea Splendens





Washingtonia - Yucca



Washingtonia Robusta



Xanthorrhoea Glauca



Yucca El



Yucca El



Yucca El Stam





Washingtonia - Yucca



Yucca



Yucca El Vertakt



Yucca El Vertakt



Yucca Rostrata



Yucca Tompsoniana









Zamioculcas zamiifolia



Zamia Furfuraceae



Zamia Furfuraceae







Plants have been proven to remove airborne harmful contaminants.

Most people spend the majority of time indoors at home or work. Air conditioning, improved insulation, and energy-saving all reduce air exchange in buildings, so we breathe the same air again and again.

Because the modern internal environment is virtually hermetically sealed and the construction materials used, modern synthetic furnishings, computers, electrical equipment, and everyday household products such as cleaning material, can produce harmful substances that are trapped inside the building. These all contribute to the well-recognized 'sick building syndrome'. Polluted indoor air, contaminated by volatile organic compounds (VOCs), are a major cause of headaches, nausea, sore & itchy eyes, loss of concentration and other 'sick building' symptoms. The simple addition of interior plants is a natural way to help remove these pollutants significantly.

Humidity is another important and often underestimated factor in human health.

When humidity levels are too low, individuals are more likely to develop viral infections; when humidity is too high, vulnerability to other disease increases. Plants tend to control humidity to within the optimum range for human health.

Plants absorb carbon dioxide and emit oxygen.

This obviously reduces your carbon footprint but also the increased oxygen level refreshes the air -and you! - leading to increased concentration and productivity (in various studies between 10%-15% increase).

A wealth of scientific study

There is a wealth of scientific study into the beneficial effects of live plants in the interior environment including a large NASA programme.



Other benefits of Indoor Plants

As well as purifying the air we breathe the presence of indoor plants have also been shown to have many other beneficial effects. These benefits include:

Increased positive feelings and reduced feelings of anxiety, anger and sadness.

Reduction of sound levels

Reduction of stress levels

Control of humidity to the within the optimum levels for human health

Cooling effect

Absorption of carbon dioxide and emission of oxygen refreshing the air

Improved concentration levels leading to improved productivity particularly with those working with computers

Reduction of absenteeism in the workplace

Faster recovery from mental tiredness

Interiors feel spacious, looked after and clean

People prefer to occupy rooms that contain plants

Improved image - interiors are perceived as "more expensive"




The Air Purifying benefits of Indoor Plants!!



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