

Face to Face Counselling Support

Short term solution focused & Cognitive Behavioural Therapy



“additional support for employees & managers alike”.

Summary of Service

Health Assured recognises there can be times when additional support is needed for employees and managers alike. Balancing the pressures of work with the needs of home and personal life can be at times, stressful. Health Assured provides complete nationwide coverage and guarantees all of our counsellors meet stringent quality criteria.

- All counsellors have a minimum of Diploma level qualification from the British Association of Counselling and Psychotherapy - BACP.
- Have conducted a minimum of 50 hours tutor lead counselling.

- Undertake a counselling practice placement for at least one year prior to qualifying.
- Conduct counselling in consulting rooms which offer a confidential and safe environment.
- Are insured, indemnified and engage in continuous personal development.

A contract is not required to proceed, we simply ask you to complete a referral form and email it to Health Assured.



To arrange face to face counselling, obtain a referral form or to find out more please call:

0844 8922 493

* We would recommend pre-authorisation of 8 sessions of face to face counselling to be used as clinically appropriate.