

WMT Morocco 2019 Teaching Team v2 (15 July 2019)

Dr Duncan Gray MBChB DA FRCS FRCEM

After 18 years as an A&E consultant in Glasgow, Duncan has recently moved to the Highlands to pursue his love of outdoor sports. Recently he passed the summer and winter Mountain Leader assessments and the Advanced Sea Kayak leader qualification. His expedition experience includes the Chinese Himalayas, a ski crossing of South Georgia and climbing Denali in Alaska. On Masherbrum in the Karakoram he reached an altitude of 6500m before turning back while treating a case of cerebral oedema. In Antarctica he worked for Adventure Network International, visiting the South Pole four times, and provided medical cover for the first marathon to the South Pole. He has worked widely in Australia including hospital based helicopter rescue and the RFDS. In Canada he worked in the medical centre in Whistler and was a part time ski patroller there for three seasons. He has also worked and travelled in Pakistan, Nepal, India and Saudi Arabia and in Vietnam worked for an emergency repatriation company. His aviation medical experience also includes nine months with HEMS, the London air ambulance. For many years he was in the British Army Airborne Forces, and served in the second Gulf war overseeing a resuscitation unit and provided medical instruction for Royal Marines.

In the last four years he provided medical cover for three treks in the Sahara, treks in China and Costa Rica, a jungle trek in Myanmar, two ascents of Kilimanjaro, two hut to hut ski trips in Norway and white water kayaking trip in Slovenia, Italy and northern Finland. In 2018 he completed his second wilderness canoe trip in the Yukon, two jungle trips in Central America and provided running race medical cover in Rajasthan, Guatemala and Peru. His other achievements and pursuits include a transatlantic yacht race, scuba diving and recently free fall parachuting.

Barry Roberts BSc BEd, WMT Commercial Director

Barry has maintained a long-standing interest in adventure and wilderness medicine since ski patrolling, climbing and leading canoe expeditions in Canada starting at age 15. As a co-founder of WMT he has developed, managed and instructed on WMT courses for 28 years. He was a Director of Raleigh International and has 40+ diverse international expeditions under his belt, mostly as the leader, and mainly to the mountains in East Africa, India, Nepal, Pakistan, Tibet and Greenland. He is an advanced diver, paraglider pilot, skydiver (now retired), a qualified Day Skipper, ski instructor and ski mountaineer. He is the co-author of *Staying Alive Off-piste*, a contributing author to the OUP expedition medicine handbook (3 chapters) and author of many adventure magazine features. From '04 to '08 he was an ambassador for The North Face. Expedition highlights include taking young cancer survivors to climb Mt. Kenya, attempting Everest and guiding the first winter ascent of the highest mountain in the Arctic (Gunnsbjornsfjeld in Greenland) from which he paraglided off.

Barry divides his time between the Lake District (UK) and Chamonix (France) where his two very sporty young daughters keep him active. Barry has worked in Morocco many times with WMT, The North Face and many corporate business groups. He is the expedition leader in Morocco.

Dr Alex Taylor MBChB DTM&H IDEWM

Alex is a Clinical Fellow in Emergency Medicine and Expedition Medicine at Bristol Royal infirmary. She has interests in global health, expedition and travel medicine. She completed the Diploma in Tropical Medicine and Hygiene in 2015 and the International Diploma in Expedition and Wilderness Medicine in 2018. She is currently working towards a Masters in Global Health and Remote Healthcare. Alex teaches on a popular Wilderness Medicine SSC in Bristol.

Alex has travelled extensively, with recent expeditions to Kilimanjaro, Ghana, Fiji and Indonesia, medical electives to LaDakh and Tanzania, and pending trips to the Amazon and Great Wall of China. In 2016 she worked in New Zealand for 18 months.

She has a passion for the outdoors and holds Summer Mountain Leader, Advanced PADI, and Competent Crew qualifications. She is an aspiring ski tourer and climber.

Nigel Williams MIC IML

From 1997 to 2017 Nigel was Head of Training / Deputy Principal at the Scottish National Outdoor Centre, Glenmore Lodge from which he recently retired. During his first career in the army he spent many years based in Norway teaching mountaineering and cross-country skiing. He commanded the remote sub Antarctic Island of South Georgia just after the Falkland war and took part in five major Himalayan expeditions including two to Everest where he reached 8000m on four occasions without oxygen. He likes the Arctic and cold climates having spent more than 365 nights of his life snow holing! Since leaving the military in 1993 Nigel has worked in outdoor education and enjoyed further expeditions in the Himalayas, Alaska, Morocco and Greenland including a 26-day crossing of the Ice cap following Nansens' original 1888 route. Nigel's outdoor qualifications include the Mountaineering Instructors Certificate (MIC), International Mountain Leader (IML), BASI Nordic ski instructor and Level 3 orienteering coach. To wide acclaim, Nigel published his first book in 2018; **Teaching Navigation**. Nigel is a long-time contributor to the WMT Chamonix summer course and the Morocco expedition where is the safety consultant.

